Isolation and Identification of Staphylococcus spp. in Fresh Beef

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Abstract: Forty samples of fresh meat (beef) were randomly sampled from Khartoum, Omdurman and Bahri in Khartoum State, Sudan and analyzed microbiologically for the bacterial load and Staphylococcus (Staph.) count and identify Staph. spp. present in fresh meat. Total viable count ranged from 4.78 x 10⁶ to 3.39 x 10⁷ cfu/g and Staph. count ranged from 3.23 x 10⁵ to 8.7 x 10⁵. A total of 58 Staph. isolates belonging to 19 species of Staphylococcus genus were grouped as follows: 1) coagulase-positive species, was Staphylococcus aureus; 2) coagulase-negative species (Novobiocin-sensitive): ten isolates, Staph. epidermidis, Staph. caseolyticus, Staph. lugdunensis, Staph. chromogenes, Staph. capitis, Staph. felis, Staph. warneri, Staph. haemolyticus, Staph. capitis ssp. urealyticus and Staph. hycus; 3) coagulase-negative species (Novobiocin-resistant): eight isolates, Staph. saprophyticus, Staph. xylosus, Staph. Kloosii, Staph. lentus, Staph. cohnii, Staph. sciuri, Staph. gallinarum and Staph. cohnii ssp. urealyticus. The frequency of isolation of staphylococci in Khartoum State was higher in Omdurman City (39.7 %) followed by Bahri City (31%) and Khartoum City (29.3%). Among these isolates of staphylococci, Staph. epidermidis, Staph. aureus, Staph. caseolyticus and Staph. saprophyticus were the most abundant isolates. Statistical analysis of the microbial load and total staphylococci count showed no significant difference between the Cities (P>0.05).

Keywords: Khartoum, Staphylococcus spp., fresh meat, total viable count, coagulase test

INTRODUCTION
Meat is a major constituent of the human diet in Sudan. It is an essential food item and one of the main sources of protein, fats, minerals and vitamins. Most meat have high water content corresponding to the water activity approximately 0.99 which is suitable for microbial growth (Rao et al., 2009). Meat is subjected to changes by its own enzyme, by microbial action and its fat may be oxidized chemically microorganisms grow on meat causing visual, textural and organoleptic change when they release metabolites (Jackson et al., 2001).

Meat is a good material for bacterial growth; its quality depends on the initial bacterial contamination. This contamination causes meat deterioration, lowers quality and sometimes illness may be caused by bacterial pathogens or their toxins through meat and meat products.

Generally, animal proteins such as meats, meat products, fish and fishery products are generally regarded as high risk commodity in respect of pathogen contents, natural toxins and other possible contaminants and adulterants (Yousuf et al., 2008). In fact, tissue from healthy animal are sterile however, it has been pointed that during slaughter, dressing and cutting, microorganisms came chiefly from the exterior of the animal and its intestinal tract but that more added from knives, cloths, air, carts and equipment in general. External contamination of meat is a constant possibility from the moment of bleeding unit consumption (Lawrie, 1984). Among the factors that affect microbial growth in meat are intrinsic properties (physical and chemical properties of meat) and extrinsic (environmental factors) (Rombout and Nouts, 1994), however the factors having the greatest influence on the growth of microorganisms in meat and meat products are the storage temperatures, moisture and oxygen availability (Forest et al., 1985). The possible sources of these bacteria are likely to come from the skin of the animal from which the meat was obtained. Other potential sources of microbial contaminations are the equipment used for each operation that is performed until the final product is eaten, the clothing and hands of personnel and the physical facilities themselves are all implicated (Rombouts and Nouts, 1994). Retail cut could also result in greater microbial load because of the large amount of exposed surface area (Forest et al., 1985).
However in Sudan, there are studies on the genera of aerobic bacteria in fresh meat (Hussein, 1987, Mohammed, 2000) Bacillus spp., Micrococcus spp., Staphylococcus spp., Pseudomonas spp., Acinetobacter spp. and Proteus spp. were isolated from beef. But additional research is needed to know the species of each specific genus. The present work was done to assess the total viable count, isolate and identify the Staphylococcus spp. in fresh meat sold in Khartoum State and investigate the presence of staphylococcal pathogens that may constitute a public health hazard from consumption of meat.

MATERIALS AND METHODS

Samples collection: A total of 40 fresh beef samples were collected from different markets in Khartoum State; the samples were wrapped with sterile aluminum foil, labeled and stored in sterile containers in ice water and transferred immediately to the laboratory for further bacteriological analysis as described by the methods of (Harrigan, 1998).

Samples preparation: Under aseptic conditions the samples were opened, 10 gram of sample was taken, pounded with sterile mortar and pestle and suspended in 90 ml of normal saline. Ten fold dilutions of the homogenates mixer were made using sterile pipettes as described by the methods of (Harrigan, 1998).

Culturing, isolation, purification and preservation: Media used in this study included: Nutrient Agar, Peptone Water, Blood agar medium, Nutrient broth, Glucose phosphate medium and Cooked meat medium as general and enriched media. Other media with selective and differential characteristics used were Baird-Parker medium and Mannitol salt agar medium. All media were prepared according to the manufacturer's specification and sterilized at 121°C 1 bar for 15 min. From the 10-fold dilutions of the homogenates; 1ml of 10-2, 10-3, 10-4 and 10-5 dilutions of the homogenate was plated in replicate on different media (in triplicates), using pour plate method. The plates were then incubated at 37°C for 24-48 h. Baird-Parker medium and Mannitol salt agar were used for staphylococcus spp. count while the Plate count agar was used for the total viable aerobic bacteria count. At end of the incubation periods, colonies were counted using the colony counter (Gallenkamp, England). The counts for each plate were expressed as colony forming unit of the suspension (cfu/g). Staphylococcal colonies obtained from selective media were subjected to gram staining and catalase test. Purification was done by several sub-culturing on corresponding media. Pure colonies were used for biochemical test according to Prof Elsanousi scheme (Appendix) for identification of Staphylococcus species. The pure cultures were inoculated on cooked-meat medium and then incubated at 37°C for 24-48 hrs, then stored at 4°C in refrigerator.

Identification of staphylococci isolates: Staphylococcus spp. Were identified based on coagulase test (slide test and tube test) and Novobiocin sensitivity as well as biochemical tests for example Urea test, Voges-Proskauer (VP) test and Sugar fermentation as described by (Harrigan, 1998) and (Barrow and Gelthan, 1993) were carried out.

RESULTS AND DISCUSSION

Forty samples of fresh meat, 14 samples from Khartoum, 13 samples from Omdurman and 13 samples from Bahri were analyzed microbiologically for incidence of Staphylococcus spp. and bacterial load. The Staphylococcus count of fresh meat samples was found to range from 3.26 x 10^2 to 8.7 x 10^5. In Khartoum City the range was 4.56 x 10^2 to 8.71 x 10^5, Bahri 3.81 x 10^5 to 4.56 x 10^5 and Omdurman 3.23 x 10^5 to 5.01 x 10^5. Total viable count was ranged 4.78 x 10^8 to 3.39 x 10^9, whereas in Khartoum it was 4.78 x 10^6 to 9.55 x 10^7, Bahri 6.31 x 10^6 to 3.39 x 10^7 and Omdurman 7.07 x 10^6 to 1.41 x 10^7 as shown in Table 1. The results show that Staphylococcus count was highest in Omdurman and lowest in Khartoum. However, the total viable count was highest in Bahri.

The result obtained in this study was in agreement with Canadian Government guidelines which specified that the Aerobic Plate Count (APC) at 35°C for non-frozen ground beef should be less than 1.0 x 10^7 CFU/g. Our finding differed from the finding that, in meat, APC ranged between 10^5 and 10^7 CFU/g (Alalla, 1990). This difference will be due to different factors such as different locations. In this last work (Alalla, 1990) the samples were taken from abattoirs, while the fresh meat in this study was taken from butcheries from different markets where additional contamination may have taken place during transportation.

Nineteen species of the staphylococci genus were isolated as shown in Table 2. It was appeared at different frequencies in different cities, some of them appeared more than once and others appeared once, as individual it's observed that, the highest prevalence of staphylococci species was that of Staph. epidermidis (13.8%). This finding is in agreement with other workers who found that Staph. epidermidis was the most frequently recovered organism isolated from clinical infection and also in agreement with others who reported that Staph. epidermidis was found in large numbers all over human skin and mucous membrane (Allen et al., 1997; Lamb et al., 1990; Duerden et al., 1992). Staphylococcus aureus ranks as a second. The presence of this organism could be indicative of contamination of meat from skin, mouth and nose of butchers and this is in agreement with others who reported that Staph. aureus was found on the anterior of nasal mucosa of 40-50% of healthy adults and in the throats of many of them (Duerden et al., 1992). This may contaminate food during handling and cutting but contamination may also come from other sources.
Table 1: Total viable count and Staphylococcus count of fresh beef collected from Khartoum State

<table>
<thead>
<tr>
<th>Location</th>
<th>Total viable count</th>
<th>Staph count</th>
<th>Std. Dev.</th>
<th>Std. Dev.</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Minimum</td>
<td>Mean</td>
<td>Maximum</td>
<td>Minimum</td>
</tr>
<tr>
<td>Khartoum</td>
<td>4.78 x 10^4</td>
<td>6.31 x 10^4</td>
<td>9.55 x 10^4</td>
<td>4.46 x 10^3</td>
</tr>
<tr>
<td>Bahri</td>
<td>6.31 x 10^4</td>
<td>1.39 x 10^4</td>
<td>3.93 x 10^4</td>
<td>3.81 x 10^3</td>
</tr>
<tr>
<td>Omdurman</td>
<td>7.07 x 10^4</td>
<td>5.0 x 10^4</td>
<td>1.41 x 10^4</td>
<td>3.23 x 10^3</td>
</tr>
<tr>
<td>Total</td>
<td>4.78 x 10^4</td>
<td>8.55 x 10^4</td>
<td>3.39 x 10^4</td>
<td>3.23 x 10^3</td>
</tr>
</tbody>
</table>

Table 2: Percentage of Staphylococcus spp. isolated from fresh beef collected from Khartoum State

<table>
<thead>
<tr>
<th>Staphylococcus species</th>
<th>Total No. of isolates</th>
<th>% of individual Staph spp. to the total No. of isolates*</th>
<th>Percentage</th>
<th>Khartoum</th>
<th>Omdurman</th>
<th>Bahri</th>
</tr>
</thead>
<tbody>
<tr>
<td>Staph. epidermidis</td>
<td>8</td>
<td>13.6</td>
<td>25</td>
<td>37.5</td>
<td>37.5</td>
<td></td>
</tr>
<tr>
<td>Staph. aureus</td>
<td>7</td>
<td>12.0</td>
<td>26.6</td>
<td>42.9</td>
<td>28.6</td>
<td></td>
</tr>
<tr>
<td>Staph. caseolyticus</td>
<td>7</td>
<td>12.0</td>
<td>42.9</td>
<td>28.6</td>
<td>28.6</td>
<td></td>
</tr>
<tr>
<td>Staph. saprophyticus</td>
<td>6</td>
<td>10.3</td>
<td>33.3</td>
<td>50</td>
<td>16.7</td>
<td></td>
</tr>
<tr>
<td>Staph. sciuri</td>
<td>5</td>
<td>8.6</td>
<td>40</td>
<td>0</td>
<td>60</td>
<td></td>
</tr>
<tr>
<td>Staph. capitis</td>
<td>4</td>
<td>6.9</td>
<td>0</td>
<td>50</td>
<td>50</td>
<td></td>
</tr>
<tr>
<td>Staph. lugdunensis</td>
<td>4</td>
<td>6.9</td>
<td>25</td>
<td>25</td>
<td>50</td>
<td></td>
</tr>
<tr>
<td>Staph. cohnii</td>
<td>2</td>
<td>5.2</td>
<td>0</td>
<td>33.3</td>
<td>66.7</td>
<td></td>
</tr>
<tr>
<td>Staph. xylosus</td>
<td>2</td>
<td>3.4</td>
<td>100</td>
<td>0</td>
<td>0</td>
<td></td>
</tr>
<tr>
<td>Staph. kloosii</td>
<td>2</td>
<td>3.4</td>
<td>0</td>
<td>100</td>
<td>0</td>
<td></td>
</tr>
<tr>
<td>Staph. captis ssp. Urealyticus</td>
<td>2</td>
<td>3.4</td>
<td>50</td>
<td>50</td>
<td>0</td>
<td></td>
</tr>
<tr>
<td>Staph. cohnii ssp. Urealyticus</td>
<td>1</td>
<td>1.7</td>
<td>0</td>
<td>100</td>
<td>0</td>
<td></td>
</tr>
<tr>
<td>Staph. felis</td>
<td>1</td>
<td>1.7</td>
<td>0</td>
<td>100</td>
<td>0</td>
<td></td>
</tr>
<tr>
<td>Staph. warneri</td>
<td>1</td>
<td>1.7</td>
<td>0</td>
<td>100</td>
<td>0</td>
<td></td>
</tr>
<tr>
<td>Staph. galinorum</td>
<td>1</td>
<td>1.7</td>
<td>0</td>
<td>100</td>
<td>0</td>
<td></td>
</tr>
<tr>
<td>Staph. hyicus</td>
<td>1</td>
<td>1.7</td>
<td>0</td>
<td>100</td>
<td>0</td>
<td></td>
</tr>
<tr>
<td>Staph. chromognes</td>
<td>1</td>
<td>1.7</td>
<td>100</td>
<td>0</td>
<td>0</td>
<td></td>
</tr>
<tr>
<td>Staph. lertus</td>
<td>1</td>
<td>1.7</td>
<td>100</td>
<td>0</td>
<td>0</td>
<td></td>
</tr>
<tr>
<td>Staph. haemolyticus</td>
<td>1</td>
<td>1.7</td>
<td>0</td>
<td>100</td>
<td>0</td>
<td></td>
</tr>
</tbody>
</table>

1) Coagulase-positive, Staph. aureus.

Table 3: Coagulase-positive and coagulase-negative Staphylococcus species isolated from fresh beef samples collected from Khartoum State

<table>
<thead>
<tr>
<th>Coagulase-negative Staphylococcus species</th>
<th>Coagulase-positive Novobiocin-resistant</th>
<th>Novobiocin-sensitive Staph. spp.</th>
<th>Location</th>
</tr>
</thead>
<tbody>
<tr>
<td>Staph. xylosus</td>
<td></td>
<td>Staph. epidermidis</td>
<td></td>
</tr>
<tr>
<td>Staph. saprophyticus</td>
<td></td>
<td>Staph. caseolyticus</td>
<td></td>
</tr>
<tr>
<td>Staph. lertus</td>
<td></td>
<td>Staph. lugdunensis</td>
<td></td>
</tr>
<tr>
<td>Staph. sciuri</td>
<td></td>
<td>Staph. chromogenese</td>
<td></td>
</tr>
<tr>
<td>Staph. capitis ssp. Urealyticus</td>
<td></td>
<td>Staph. cohnii</td>
<td></td>
</tr>
<tr>
<td>Staph. cohnii ssp. Urealyticus</td>
<td></td>
<td>Staph. xylosus</td>
<td></td>
</tr>
<tr>
<td>Staph. xylosus</td>
<td></td>
<td>Staph. epidermidis</td>
<td></td>
</tr>
<tr>
<td>Staph. saprophyticus</td>
<td></td>
<td>Staph. caseolyticus</td>
<td></td>
</tr>
<tr>
<td>Staph. galinorum</td>
<td></td>
<td>Staph. hyicus</td>
<td></td>
</tr>
<tr>
<td>Staph. haemolyticus</td>
<td></td>
<td>Staph. felis</td>
<td></td>
</tr>
<tr>
<td>Staph. cohnii</td>
<td></td>
<td>Staph. lugdunensis</td>
<td></td>
</tr>
<tr>
<td>Staph. lertus</td>
<td></td>
<td>Staph. chromogenese</td>
<td></td>
</tr>
<tr>
<td>Staph. epidermidis ssp. Urealyticus</td>
<td></td>
<td>Staph. cohnii ssp.</td>
<td></td>
</tr>
</tbody>
</table>


In the present study, the isolates of staphylococci were divided into two groups according to the coagulase test, as shown in Table 3. These results show that most of staphylococci isolates were coagulase-negative and this was in agreement with other researchers who reported that most of...
Table 4: Prevalence of staphylococci in Khartoum, Bahri and Omdurman

<table>
<thead>
<tr>
<th>Staphylococcus species</th>
<th>Khartoum</th>
<th>Bahri</th>
<th>Omdurman</th>
</tr>
</thead>
<tbody>
<tr>
<td>Staph. epidermidis</td>
<td>+</td>
<td>+</td>
<td>+</td>
</tr>
<tr>
<td>Staph. Aureus</td>
<td>+</td>
<td>+</td>
<td>+</td>
</tr>
<tr>
<td>Staph. caseolyticus</td>
<td>+</td>
<td>+</td>
<td>+</td>
</tr>
<tr>
<td>Staph. saprophyticus</td>
<td>+</td>
<td>+</td>
<td>+</td>
</tr>
<tr>
<td>Staph. sciuri</td>
<td>+</td>
<td>+</td>
<td>-</td>
</tr>
<tr>
<td>Staph. epidermidis</td>
<td>+</td>
<td>+</td>
<td>+</td>
</tr>
<tr>
<td>Staph. lugdunensis</td>
<td>+</td>
<td>+</td>
<td>-</td>
</tr>
<tr>
<td>Staph. cohnii</td>
<td>-</td>
<td>-</td>
<td>-</td>
</tr>
<tr>
<td>Staph. xylosus</td>
<td>+</td>
<td>-</td>
<td>-</td>
</tr>
<tr>
<td>Staph. kloosii</td>
<td>-</td>
<td>-</td>
<td>+</td>
</tr>
<tr>
<td>Staph. capitis ssp. Urealyticus</td>
<td>+</td>
<td>-</td>
<td>+</td>
</tr>
<tr>
<td>Staph. cohnii ssp. Urealyticus</td>
<td>-</td>
<td>-</td>
<td>-</td>
</tr>
<tr>
<td>Staph. felis</td>
<td>-</td>
<td>-</td>
<td>+</td>
</tr>
<tr>
<td>Staph. warneri</td>
<td>-</td>
<td>-</td>
<td>+</td>
</tr>
<tr>
<td>Staph. gallinarum</td>
<td>-</td>
<td>-</td>
<td>-</td>
</tr>
<tr>
<td>Staph. hycius</td>
<td>-</td>
<td>-</td>
<td>-</td>
</tr>
<tr>
<td>Staph. chromogenes</td>
<td>+</td>
<td>-</td>
<td>-</td>
</tr>
<tr>
<td>Staph. lentus</td>
<td>+</td>
<td>-</td>
<td>-</td>
</tr>
<tr>
<td>Staph. haemolyticus</td>
<td>-</td>
<td>-</td>
<td>+</td>
</tr>
</tbody>
</table>

Table 5: % Isolates of the first four predominant species (Staph. epidermidis, Staph. aureus, Staph. caseolyticus and Staph. saprophyticus) from fresh beef collected from Khartoum, Bahri and Omdurman

<table>
<thead>
<tr>
<th>Isolation</th>
<th>Staph. epidermidis (%)</th>
<th>Staph. aureus (%)</th>
<th>Staph. caseolyticus (%)</th>
<th>Staph. saprophyticus (%)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Khartoum</td>
<td>25</td>
<td>28.8</td>
<td>42.9</td>
<td>33.3</td>
</tr>
<tr>
<td>Bahri</td>
<td>37.5</td>
<td>28.6</td>
<td>28.6</td>
<td>10.7</td>
</tr>
<tr>
<td>Omdurman</td>
<td>37.5</td>
<td>42.9</td>
<td>28.6</td>
<td>50</td>
</tr>
</tbody>
</table>

staphylococci found in the skin and respiratory tract are coagulase-negative (Duerten et al., 1992). This could be due to the presence of isolates which come from human skin by contact.

Figure 1 illustrates that Staphylococcus spp. isolated from Khartoum beef samples (17 isolates, 29.9% of staphylococci) were identified during this study to belong to 10 species, Staph. caseolyticus, Staph. epidermidis, Staph. aureus, Staph. saprophyticus, Staph. sciuri, Staph. xylosus, Staph. lugdunensis, Staph. chromogenes, Staph. lentus and Staph. capitis ssp. urealyticus.

The number of staphylococci species isolated in Khartoum City was lower than that in Bahri and Omdurman. Among the 10 species isolated from Khartoum City, Staph. caseolyticus was representing the most common species 17.8% compared to 11.8% for each of Staph. epidermidis, Staph. aureus, Staph. saprophyticus, Staph. sciuri and Staph. xylosus and 5.9% for each of Staph. lugdunensis, Staph. chromogenes, Staph. lentus and Staph. capitis ssp. urealyticus. These results are in agreement with those who found that the Staph. caseolyticus is the most frequently isolated species from meat (Igimi et al., 1989).

In Bahri City 18 isolates (31% of staphylococci) belonged to 9 species of the genus Staphylococcus, Staph. epidermidis, Staph. aureus, Staph. saprophyticus, Staph. sciuri, Staph. cohnii, Staph. caseolyticus, Staph. lugdunensis, Staph. hycius and Staph. capitis as shown in Fig. 2.

Staph. epidermidis and Staph. Sciuri rank first with 16.7% for each, followed by Staph. aureus, Staph. cohnii, Staph caseolyticus and Staph. capitis (11.1% each) and Staph. saprophyticus and Staph. hycius (5.6% each). Most of the isolates were coagulase-negative. This is due to the normal flora found in human and animals and this was in agreement with others who stated that the coagulase-negative staphylococci are endogenous to human and certain animals (Lennette et al., 1985).

The isolated species are in agreement with studies done in Sudan where these species were isolated from various organs of man and animals (Saeed, 1995; Hussein, 1997).

In Omdurman 23 isolates (39.7% of staphylococci) belonged to 14 species of the genus Staphylococcus as shown in Fig. 3. Staph. epidermidis, Staph. saprophyticus and Staph. aureus, were the top isolates (13% each). Staph. caseolyticus, Staph. capitis and Staph. kloosii came second (8.7% each). Staph. cohnii, Staph. felis, Staph. lugdunensis, Staph. cohnii ssp. urealyticus, Staph. gallinarum, Staph. warneri, Staph. haemolyticus and Staph. capitis ssp. urealyticus came as the last isolates (4.3% each). The first isolates were considered to be well-known pathogens to humans and animals, specially Staph. aureus. Their presence could
condition of the butcher and absence of the health services in butcheries. This was in agreement with others who reported that *Staph. aureus* should be considered a potential pathogen (Lennette *et al.*, 1985). However, *Staph. epidermidis* and *Staph. saprophyticus* have low pathogenicity (Cruckshank *et al.*, 1975). Generally, in this study, the prevalence rate did vary with different places under studies, for example in Omdurman, where the number of isolates were higher and also in their species, that is to say 23 isolates from 13 fresh beef samples contained 14 species. This means that more contamination takes place during the handling and preparation of the meat and also from air dust and personal contact during selling and this is in agreement with others who reported that the contamination of meat came from external sources during bleeding, handling, skinning and cutting and additional contamination took place in the retails markets, chopping blocks, sawdust and containers (Harrigan and McCance, 1976). According to the results some *Staphylococcus* species appeared in some places and were absent in others. As shown in Table 4, *Staph. kloosii, Staph. cohnii* spp. *urealyticus*, *Staph. felis*, *Staph. warneri, Staph. gallinarum* and *Staph. haemolyticus* were isolated from Omdurman samples and were absent in both Khartoum and Bahri. *Staph. lentus*, *Staph. chromogenes* and *Staph. xylosus* were found in Khartoum samples but were absent in both Bahri and Omdurman. *Staph. sciuri* was found in Bahri samples and *Staph. capitis* and *Staph. cohnii* were found in Bahri and Omdurman and were not found in Khartoum. These differences may be attributed to the differences in cities, location and handling, selling way and methods of meat exposure in markets and whether the meat was sold on the same table as the viscera. Data in Table 5 show that the first four predominant species with their percent appearance in Khartoum, Bahri, and Omdurman respectively, in brackets: *Staph. epidermidis* (25, 37.5 and 37.5), *Staph. aureus* (28.6, 28.6 and 28.6), *Staph. caseolyticus* (42.9, 28.6 and 28.6) and *Staph. saprophyticus* (33.3, 18.7 and 50). All these species are associated with human, especially in the skin and mucosa membrane and are considered as normal human flora. In the Sudan, these species were isolated by others (Esmail, 1997; Saeed, 1995; A'Elkarim, 1987; Hussein, 1997) at various rates. Fresh meats sold to the public in open markets are grossly contaminated with staphylococcus as well as other bacterial forms. The finding of this study revealed that fresh meat sold at Khartoum, Omdurman and Bahri are contaminated with pathogenic staphylococci bacteria (*Staph. aureus*). The possible source of contaminants, are due to the unhygienic manner of handling meat from the slaughters to the markets (Okonko *et al.*, 2008b,c,d, 2009a,b). This study also reveals that the highest load of bacteria and staph. count were $39 \times 10^2$ and $8.7 \times 10^3$. 

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**Fig. 1:** *Staphylococcus* spp. Isolated from fresh beef in Khartoum city

**Fig. 2:** *Staphylococcus* spp. Isolated from fresh beef in Bahri city

**Fig. 3:** *Staphylococcus* spp. Isolated from fresh beef in Omdurman city
cuff/g., respectively and the higher isolation percent of staphylococci was in Omdurman (39.7%) followed by Bahri (31%) and Khartoum (29.3%). Among these isolation of staphylococci, coagulase negative staphylococci were the major isolates. This mean that all these species were associated with human specially on the skin and mucous membrane and considered as normal human flora, some of these isolates (Staph. epidermidis, Staph. saprophyticus, Staph. warneri, Staph. lugdunensis and Staph. hemolyticus) have become a major problem in human infection. They cause nosocomial infection in neonatal and urinary tract infections, particularly in young women. Moreover, staphylococcal food poisoning, toxic shock syndrome and scaled skin syndrome are caused by Staph. aureus. (Kabir, 2009), it is therefore necessary that we also make the following recommendations from the findings of this study, that 1.) Meat handlers and sellers should be educated on the adverse effect of lack of proper personal and environmental hygiene and sanitation; 2.) Veterinary doctors should inspect the animals to be slaughtered before the meat is sold to the general public; 3.) The slaughter houses should be routine investigated for hygiene; 4.) Workers in connection with meat production and distribution must be routinely medical examined.; 5) Meat must be transported by special refrigerator cars and stored at low temperature to prevent staphylococcal growth, because food poisoning is caused by ingestion of improperly stored food in which Staphylococcus aureus has grown.; 6) Meat must be stored in refrigerated cases at selling point, so as to avoid contamination resulting from an, dust...etc.; 7) Meat should be sold in big cuts as further cutting increases contamination.; 8.) Cutting boards and utensils must be kept clean and butchers should use gloves during work. and 9.) Meat must be kept away from viscera during the transportation and selling, especially in remote area.

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