

## The Relationship Between Tendency to Prayer, Meaning of Life and Social Competence among Employees of Ilam Gas Company

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**Abstract:** What tends to prayer is important in a person's motivation. The meaning of life depends on the attitude to life and social competence is personal independence and social responsibility in implementing human performance ability. The research is an applied descriptive and correlational survey. The population studied consisted of ILAM Gas Company employees that 164 people were selected as sample. To collect data questionnaires tends to prayer, meaning in life and social competence was used. Statistical analysis software through AMOS (structural equation model) was analyzed. The findings suggest that variables tend to prayers the meaning of life and social competence together communicate and between them two by two there is a significant correlation. It can be concluded that in this study the impact of intellectual variables which includes tendency to pray and meaningfulness in life were investigated and the investigation related to the variable component linking them with social competence was measured and shown that the higher the tendency to prayer and meaningful life people, high sense of social competence will enjoy.

**Key words:** Tends to prayer, the meaning of life, social competence, tendency, variables

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### INTRODUCTION

Prayer giving praise to God the beneficent Creator and most complete reply to the highest human need, namely seeking perfection is. "Prayer" is an opportunity for refreshing the soul made up to reach the peak of perfection and grace the character believers (Taflisi, 1992). The effect of prayer on the field of mental health is obvious. Prayer as creating constructive relationships in the community and prevent many deviations from known behavior (Taleban, 1999). About Factors Influencing people to religion, several theories have been proposed. Some socio-cultural factors and some have pointed to individual characteristics. A happy man is he who worships Allah Almighty to find refuge in divine revelation to reach their fullest. Adib Haj Bagheri has stated in their study, prayer, regardless of religious aspects has positive psychological effects and properly filed if the presence of the heart and is formally a significant impact in reducing and eliminating anxiety and psychological stress, coordinate mental because of the expansion, the elimination of arrogance and pride, discipline, mindfulness and mindfulness and create inner peace and assurance. One of the proposed interventions on the topic of mental health, therapy where its effectiveness has been demonstrated in different studies

and can be individual helped to find the meaning of life and reduced tension and his psychological problems (Shariati *et al.*, 2002). The meaning of life one of the categories that a man of truth, Joe following the awareness of its nature. A meaningful life, totally to the people's attitude to life depends. For that significant individual life, he must understand the meaning of life (Lavasani and Mohammadi, 2012). The meaning of life refers to a sense of connection with the Creator having a purpose in life, pursue and achieve valuable goals is to evolve. The meaning of life is essentially cognitive nature because it involves people's beliefs about the existence of an ultimate purpose in life, spirituality and belief in life after death (Ho *et al.*, 2010). In fact having a meaning in life is one of the predictors of well-being and satisfaction with life (Halama and Dedova, 2007). Social competence is personal independence and social responsibility in implementing human performance ability. Felner *et al.* (1990) argued that social competence has four components: cognitive skills including treasury information and information processing skills, decision making ability beliefs documentary style is efficient and inefficient; behavioral skills as social competence is another important component. When a person to achieve a desired result, the behavior is behavior that takes must be available. Discussions, role playing, assertiveness, conversational skills to start and sustain social

interaction, learning skills and learning friendly behavior with others, have been considered the main components of behavioral skills; the third component is the emotional skills to establish positive relations with others, create and extend relationships of trust and mutual support, recognition and proper response to social interaction or emotional symptoms of stress management seems necessary; motivational skills valuable structure of the individual, the level of moral development and sense of self-efficacy and the patient's control and finally feel he is (Felner *et al.*, 1990; Kendall and Braswel, 1993). According to Frankl (2011), the meaning of life, the positive response to life and whatever's face it, whether it is suffering or death. The man accepted the fate and their suffering will mean.

Feldman showed that meaning in life, like a key that can open the knot of difficulty and lead to positive action in people and hence, often meaningful life, psychological health are important factors (Feldman and Snyder, 2005). Nadi and Sajjadian (2012) showed a statistically significant and purposeful behavior in life is based on spirituality. Joseph and Lakshmi (2011) also showed that the development of spiritual intelligence in improving interpersonal relationships, achieve the purpose and meaning, motivation, commitment, responsibility, self-awareness, team spirit, stress management and time management, human resources has been successful. Also McMahan and Renken (2011) showed that significant ethics in the life and well-being is positively correlated.

Considering the importance tendency to prayer and worship, researcher in this research is aimed to enhance relations between the tendency to prayer, the meaning of life and social competence to examine and study them.

**MATERIALS AND METHODS**

This study is practical in nature, descriptive-type structural equation modeling. The population of this research included all employees of the gas company Ilam Province. Sampling was done. The following questionnaire was used.

**Prayer disposition questionnaire:** This questionnaire has been developed for this study which included 50 questions. The questionnaire is based on the whole 5-item Likert (strongly agree, 5; I agree, 4; without idea, 3; disagree, 2 and strongly disagree, 1) is divided. Cronbach's alpha coefficients to assess the reliability tends to prayer in this study were 0/989. Meaning of life questionnaires: the meaning of life scale by Stiger to detect and trying to find its meaning is presented. This

scale consists of two subscales that meaning in life and the search for meaning in their assessment. Total scores questions 2, 3, 7, 8 and 10 the person trying to find meaning and scores questions 1, 4, 5, 6 and 9 (Question 9 by reverse coded) significantly determine the person's life. Cronbach's alpha coefficient is to assess the reliability of the scale of meaning in life study 0/716. Social competence questionnaire: the questionnaire of 47 questions is a tool that is built on the theory Felner. Each question has 7 options included in the questionnaire (strongly agree, 7; I agree, 6, somewhat agree, 5; idea, 4, somewhat disagree, 3, disagree or strongly disagree 2, 1) and the participants have the option to choose which is more the feelings and opinions. As well as question No. 3, 6, 8, 9, 11, 12, 15, 16, 21, 25, 26, 28, 32, 36, 37, 38, 43, 44 and 45 in reverse scored, the strongly disagree to strongly agree if they score first and 7 score awarded. Cronbach's alpha coefficient to assess the reliability of social competence questionnaire in this study was 0/992.

Assessment of the proposed model fit structural equation modeling was conducted. Assessment and impact analysis required for independent variables and the dependent variable statistical software interface Amos structural equation modeling was used.

**RESULTS AND DISCUSSION**

Results are shown in Table 1-4, Fig. 1 and 2. In this study, we determined the sample gas company employees 164 people, 35 person <30 years, 99 person between 35-31, 37 between 40-36 and 9 person were 40 years and older. As well as 10 associate members, 35 associate degree, bachelor's, 124 master and 14, respectively. Based on the criteria of goodness of fit in the Table 2 to reach the conclusion that the model is not designed to goodness of fit index ( $\chi^2/df$ , RMSEA, AGFI) are lower than desirable

Table 1: Demographic information staff (of 164)

Variables	Levels	Frequency
Age	<30	38
	31-35	99
	36-40	37
	40 and above	9
Education	Diploma	10
	Associate degree	35
	Undergraduate	124
	Masters	14

Table 2: Measures of initial structural model

Fit index	Desired values	Results
$\chi^2/df$	<0/3	5/38
GFI (Goodness of Fit Index)	>0/90	0/920
RMSEA (Root Means Square Error of Approximation)	<0/08	0/155
NFI (Nommed Fit Index)	>0/90	0/978
AGFI	>0/90	0/814

Table 3: Indicators of final structure model

Fit index	Desired value	Results
$\chi^2/df$	<3/00	1/389
GFI (Goodness of Fit Index)	>0/90	0/984
RMSEA (Root Means Square Error of Approximation)	<0/08	0/046
NFI (Normed Fit Index)	>0/90	0/996
AGFI	>0/90	0/943

Table 4: Standard factors ( $\beta$ ) and significant level of different routes

Direction	$\beta$	p-values	Results
The tendency to pray <--- social competence	0/080	0/014	Hypothesis confirmation
The tendency to pray <--- The meaning of life	0/921	0/000	Hypothesis confirmation
The tendency to pray <--- The meaning of life	0/920	0/000	Hypothesis confirmation

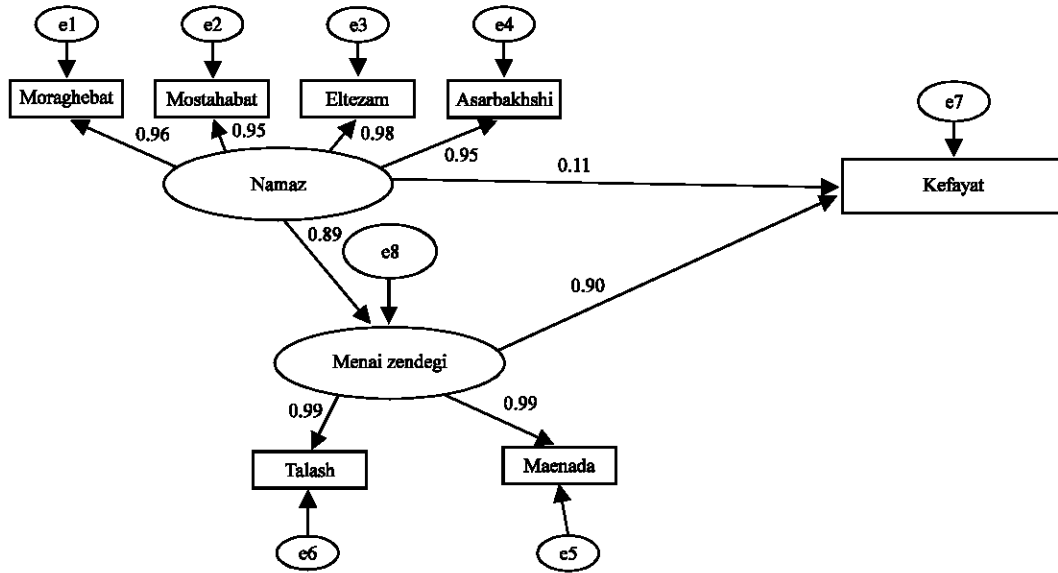


Fig. 1: Modeling (basic model) SEM (standard estimate  $\beta$ )

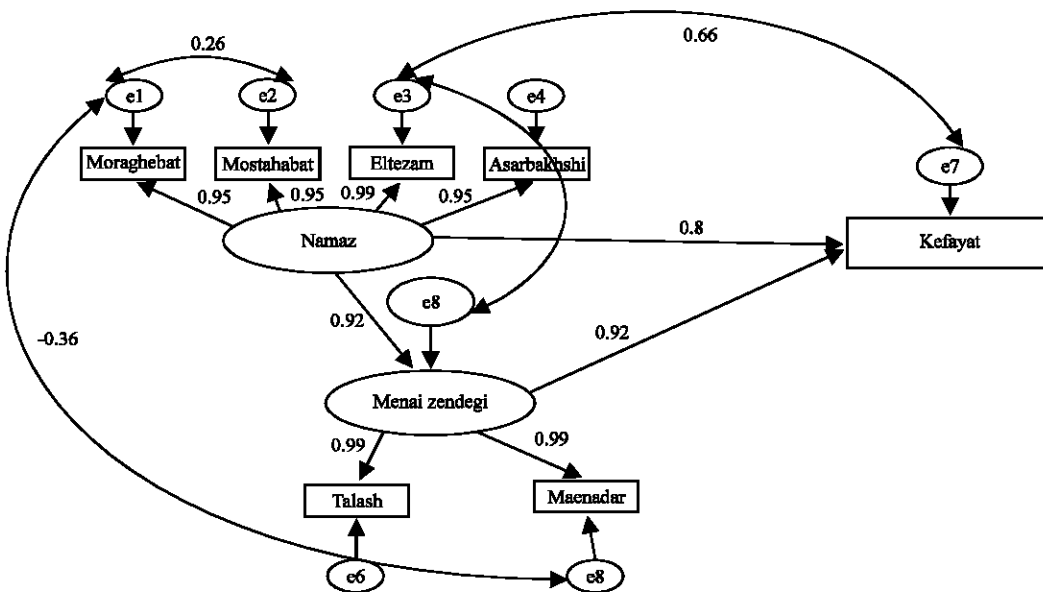


Fig. 2: Modeling (final version) SEM (standard estimate  $\beta$ )

and should be secondary rectification on it be made to optimize the model. Beta coefficient obtained for the track tends to prayer and social competence (0/080) suggests that social competence trend of prayer and a direct relationship with the poor (0/080) establishes that it is also significant is confirmed because the significance level (p-value) obtained for this relationship is smaller than (0/05). Thus, the first hypothesis is confirmed. confirmed, because the significance level (p-value) obtained for this relationship is smaller than (0/05). Thus, the second hypothesis is confirmed. Beta coefficient obtained for the meaning of life and social competence (0/920) suggests that the meaning of life and social competence in a direct relationship with the (0/920) establishes that its significance is approved, due to the significance level (p-value) obtained for this relationship is smaller than (0/05). Therefore, the third hypothesis is confirmed.

### CONCLUSION

The aim of this study was to investigate the association between prayer, meaning in life and social competence among employees is ILAM gas with increasing tendency to prayer and a meaningful life, people will have a high sense of social competence. The results of the study Feldman and Snyder (2005), Nadi and Sajjadian (2012), Joseph and Lakshmi (2011) and McMahan and Renken (2011) is consistent. It is considered as a collection or organizations to increase social competence (cognitive skills, behavioral skills, emotional and mental set of motivational adequacy and waiting as defined by Felner *et al.* (1990) of the step taken, the effort that ultimately organization will be created where people in such areas as decision-making or judgment, learning and acquisition of essential information, discussion, role playing, assertiveness, acquisition support, having the kind treatment of others and regulation formidable will.

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