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## Optimal Dietary Phosphorus for Broiler Performance Based on Body Weight Group

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### ABSTRACT

Due to environmental and economic concerns there is a great interest in providing adequate Phosphorus (P) level to sustain performance of poultry while reducing P excretion with manure to the environment. The purpose of the present study was to determine the effect of dietary Total Phosphorus (TP) in birds sorted into 2 groups: Heavy (H) and Light (L) from three to seven weeks of age on performance, serum phosphorus (serum P) and intestinal phytase activity. From three to six weeks of age, diets contained 5.0, 5.5, 6.0 and 6.5 g TP kg<sup>-1</sup>. From six to seven weeks, birds received diets that contained 3.8, 5.5, 6.0 and 6.5 g TP kg<sup>-1</sup>. At six and seven weeks of age interactions were not detected and either dietary TP or weight group had a significant effect on performance. Serum P was affected by the amount of inorganic phosphorus in the diet. Phytase activity was dramatically affected by diet; birds that received 3.8 g TP kg<sup>-1</sup> diet (no inorganic supplement) had the highest activity. The results obtained from this study indicate that it is possible to reduce P excretion with no adverse effect on the performance from three to seven weeks of age. In conclusion, dietary P could be reduced to 5.0-5.5 g kg<sup>-1</sup> from 3 to 6 weeks and omitted from the withdrawal diets without adverse effects on live performance and this could decrease P intake and as a result P excretion.

**Key words:** Total phosphorus, body weight group, performance, broiler, intestinal phytase enzyme

### INTRODUCTION

Cereal grains and oilseed meals are relatively high in P but a high percent of that P is present as Phytate Phosphorus (PP) (Wise, 1983; Bozkurt *et al.*, 2006). Phytate, a salt of phytic acid, is the main storage form of phosphorus in plants has long been considered to be poorly utilized by chickens, due to the lack of endogenous phytase enzyme which hydrolyze phytate to myo-inositol and inorganic phosphate via intermediate myo-inositol phosphates (Nelson, 1976; Raboy, 1990; Ahmed *et al.*, 2004). Several reports have shown that neither of these assumptions is correct; phytase is present in the mucosa of the small intestine of poultry (Bitar and Reinhold, 1972; Maenz and Classen, 1998; Abudabos *et al.*, 2000) and PP utilization in chickens exceeds 50% (Edwards, 1983; Mohammed *et al.*, 1991; Liem *et al.*, 2009). There are several factors that affect the utilization and under P-deficient conditions, birds respond by increasing the utilization of PP to minimize decreases in performance (Punna and Ronald, 1999).

The lack of complete understanding of PP utilization and variation in bioavailability of P from inorganic sources may lead to over supplementation of P causing excessive amount of P to be excreted in poultry manure (Manangi and Coon, 2008; Bingol *et al.*, 2009; Somkuwar *et al.*, 2010). However, due to environmental concerns regarding the potential pollution from P in poultry

excreta, there is great interest in providing adequate P to sustain productivity of poultry while reducing P excretion. Feeding broilers closer to requirement has been shown to reduce the concentration of P in the excreta (Sharpley, 1999; Waldroup *et al.*, 2000; Leytem *et al.*, 2008).

The greatest portion of skeletal development of the bird takes place during the first 3 weeks of life; it is generally recognized that the P requirement of the chick decreases with age (Skinner and Waldroup, 1992). Numerous studies have been conducted to determine P requirement of broiler chicks from d-old to 3 week of age. However, it is during the latter part of growing and finishing periods that P consumption and excretion are the greatest due to the greatest percentage of total feed consumption by the broilers (Dhandu and Angel, 2003). Several reports have shown that 5 g kg<sup>-1</sup> TP is required for maximum growth. However, a higher level was required for maximum bone ash (Dhandu and Angel, 2003; Abas *et al.*, 2011). The evidence suggests that P excretion in manure could be decreased by formulating grower and finisher diets with reduced concentration of inorganic P. The purpose of the present study was to examine the effect of dietary TP on performance, bone integrity and P excretion of broilers from three to seven weeks of age based on body weight group.

## MATERIALS AND METHODS

Day-old, mixed chicks (Ross x Arbor Acres), obtained from a commercial hatchery, were used in this experiments. The chicks were wing-banded and randomly placed into 24 pens in an open-sided poultry house with partial environment control. The growth experiment was conducted for 28 days from March to April, 2009. Each earth floor pen was covered with about eight cm of wood shavings. The pen measured 2.6 m<sup>2</sup> and was stocked with 25 chicks. Birds were individually weighed at 3 weeks and sorted into two groups: Heavy (H) and Light (L), with average body weights of 712 and 531 g, respectively and stocking density adjusted to 22 birds per pen from three to six weeks. The birds were individually weighed at six weeks, sorted into heavy and light body weight classes with mean body weight of 2089 and 1733 g, respectively and pen size adjusted to 13 birds. The birds were exposed to 23 h light from three to seven weeks of age.

Ingredients were analyzed for TP and Ca content (AOAC, 1984) and the adjusted values were used to formulate the diets. Chicks were fed a standard corn-soybean meal starter mash *ad libitum* to three weeks of age. In the experiment TP was varied in the grower and finisher diets. From three to six weeks of age, the diets contained 5.0, 5.5, 6.0 and 6.5 g TP kg<sup>-1</sup> (Table 1). From six to seven weeks of age birds received diets that contained 3.8 (diet devoid of supplemental phosphate), 5.5, 6.0 and 6.5 g TP kg<sup>-1</sup>. Each diet was fed to six replicate pens. Considerable variation in body weight seen in previous experiments prompted a repeat of the experiment with body weight as a source of variance.

Individual body weight and feed consumption were recorded at six and seven weeks of age and feed conversion computed. At both ages one female and one male was sampled from each pen. Blood samples were collected by cardiac puncture for serum phosphorus (Baginski *et al.*, 1967) and after euthanasia; the breast muscle was dissected and weighed (Uittenboogaart and Gerrits, 1982). Intestinal phytase activity was measured, a total of 36 birds per treatment were sampled for intestinal phytase activity (Iqbal *et al.*, 1994; Biehl and Baker, 1997). The duodenal loop mucosa from three males and three females per treatment was pooled. Six pooled samples per sex within each treatment were used for the assay.

**Statistical analysis:** All statistical analyses were performed using the Statistical Analysis System (SAS) statistical package (SAS, 1996). Pen of birds constituted the experimental unit. The

Table 1: Dietary ingredients (g kg<sup>-1</sup>) and chemical composition of the broiler chick grower and finisher diets

Item	Grower diets (g kg <sup>-1</sup> )				Finisher diets (g kg <sup>-1</sup> )			
	1	2	3	4	1	2	3	4
<b>Ingredients</b>								
Maize	611.2	610.1	606.9	605.9	688.5	680.8	678.0	676.0
Soybean meal	312.5	312.5	312.5	312.5	257	258.5	259.0	259.0
Poultry fat	46.0	46.0	48.0	48.0	31.5	34.0	35.0	36.0
Dicalcium phosphate	5.5	8.0	11.0	13.5	0.0	9.0	11.8	14.5
Ground limestone	16.2	14.8	13.0	11.5	17.0	11.7	10.2	8.5
Choline chloride	1.5	1.5	1.5	1.5				
DL-methionine	0.6	0.6	0.6	0.6				
Salt	3.0	3.0	3.0	3.0	3.0	3.0	3.0	3.0
Vitamin premix <sup>1</sup>	2.5	2.5	2.5	2.5	2.5	2.5	2.5	2.5
Trace mineral mix <sup>2</sup>	0.5	0.5	0.5	0.5	0.5	0.5	0.5	0.5
Coccidiostat	0.5	0.5	0.5	0.5				
<b>Calculated analysis</b>								
ME (MJ kg <sup>-1</sup> )	13.3	13.3	13.3	13.3	13.3	13.3	13.3	13.3
Total phosphorus (g kg <sup>-1</sup> )	5.0	5.5	6.0	6.5	3.8	5.5	6.0	6.5
Non phytate P (g kg <sup>-1</sup> )	2.4	2.9	3.4	3.9	1.3	3.0	3.5	4.0
<b>Determined analysis</b>								
Total phosphorus (g kg <sup>-1</sup> )	5.1	5.7	6.1	6.7	4.0	5.5	6.1	6.4
Calcium (g kg <sup>-1</sup> )	9.2	9.2	10.1	10.0	8.5	8.5	8.5	8.4

<sup>1</sup>Vitamin mix provided per kg diet using Roche Broiler Premix: Retinyl acetate, 3.41 mg; cholecalciferol, 0.07 mg; DL- $\alpha$ -tocopherol acetate, 27.5 mg; menadione sodium bisulphate, 6 mg; riboflavin, 7.7 mg; niacin, 44 mg; pantothenic acid, cyanocobalamin, 0.02; choline 496 mg; folic acid, 1.32 mg; pyridoxine HCl, 4.82 mg; thiamine mononitrate, 2.16 mg; D-biotin, 0.11 mg. <sup>2</sup>Mineral mix provided per kg diet using Mar-Jac Poultry Trace Mineral Mix: manganese, 67 mg; zinc, 54 mg; copper, 2 mg; iodine, 0.5 mg; iron, 75 mg; and selenium, 0.2 mg

treatments were arranged in a split plot design. The whole plot factor was body weight class (H and L) and the sub-plot factor was level of TP. The experimental design for the whole plot was a randomized complete block design with 6 replications from 3 to 6 weeks and 3 replications from 6 to 7 weeks of age. The data were subjected to analysis of variance for a split-plot design using the Proc Mixed of SAS and the following statistical model:

$$Y_{ijk} = \mu + \alpha_i + \rho_k + \gamma_{ik} + \beta_j + (\alpha\beta)_{ij} + \epsilon_{ijk},$$

where,  $Y_{ijk}$  = variable measured,  $\mu$  = overall mean,  $\alpha_i$  = effect for  $i$ th level of weight,  $\rho_k$  = the effect of the  $k$ th block,  $\gamma_{ik}$  = random error for the weight,  $\beta_j$  = effect for the  $j$ th level of phosphorus,  $(\alpha\beta)_{ij}$  = interaction effect for  $i$ th level of weight and  $j$ th level of phosphorus,  $\epsilon_{ijk}$  = random error term for subplot.

Significant differences among weight class or total phosphorus means were determined using pair wise comparisons. Means $\pm$ SEM are presented in the tables and differences were considered statistically significant at  $p < 0.05$ .

## RESULTS

Decreasing dietary TP 6.5 to 5.0 g kg<sup>-1</sup> from three to six weeks had no effect on feed intake, body weight gain and feed conversion (Table 2). Breast muscle yield was not influenced by any dietary treatment (Table 3). A dietary TP x sex interaction was not detected for Serum P (Table 3),

Table 2: Effect of dietary phosphorus and weight group on feed consumption, body weight change and feed conversion, from three to six weeks in broiler chicks

Analysis	Total phosphorus (g kg <sup>-1</sup> )	Feed consumption (g)	Body weight change (g)	Feed conversion (g feed:g gain)
<b>Diet</b>				
1	5.0	2482	1262.0	2.01
2	5.5	2542	1300.0	1.99
3	6.0	2558	1353.0	1.93
4	6.5	2574	1360.0	1.92
SEM		41.0	39	0.0
<b>Weight</b>				
H		2624.0	1328	2.02
L		2454.0	1310	1.91
SEM		31.0	30	0.03
<b>Statistical probabilities</b>				
Treatment		NS	NS	NS
Weight		NS	NS	NS
Treatment x weight		NS	NS	NS

Within treatments means within columns followed by different superscripts are different (p<0.05)

Table 3: Effect of dietary phosphorus and weight group on breast muscle yield, serum P and phytase activity from three to six weeks in broiler chicks

Analysis	Total phosphorus (g kg <sup>-1</sup> )	Breast muscle yield <sup>1</sup> (g)	Serum phosphorus <sup>1</sup> (mg dL <sup>-1</sup> )	Phytase activity <sup>1</sup> (umol/mg/min)
<b>Diet</b>				
1	5.0	301.0	6.2 <sup>b</sup>	28.5
2	5.5	301.0	8.3 <sup>a</sup>	33.1
3	6.0	306.0	9.1 <sup>a</sup>	29.4
4	6.5	292.0	9.1 <sup>a</sup>	27.1
SEM		11.0	0.6	4.2
<b>Sex</b>				
F		300.0	8.3	28.7
M		300.0	8.0	30.4
SEM		9.0	0.6	3.0
<b>Weight</b>				
H		313.0	8.1	29.2
L		287.0	8.3	29.8
SEM		31.0	0.6	3.0
<b>Statistical probabilities</b>				
Treatment		NS	0.001	NS
Sex		NS	NS	NS
Treatment x sex		NS	NS	NS
Weight		NS	NS	NS
Treatment x weight x sex		NS	NS	NS

Within treatments means within columns followed by different superscripts are different (p<0.05). <sup>1</sup>Each mean is based on a total of 12 birds per treatment at 42 day of age

however, serum p values were lower (p<0.001) for birds fed 5.0 g kg<sup>-1</sup> TP compared to the other 3 diets from three to six weeks. Serum P increased abruptly when TP was increased to 5.5 g kg<sup>-1</sup> and as dietary TP increased from 5.5 to 6.5 g kg<sup>-1</sup> serum P was not responsive. Intestinal phytase activity based on extracts from individual birds showed no significant differences between dietary treatments, weight groups and sex (p>0.05). Numerically, birds that received 5.5 g kg<sup>-1</sup> TP had 22% higher phytase activity than those received 6.5 g kg<sup>-1</sup> (Table 3).

Table 4: Effect of dietary phosphorus and weight group on feed consumption, body weight change and feed conversion from six to seven weeks in broiler chicks

Analysis	Total phosphorus (g kg <sup>-1</sup> )	Feed consumption <sup>1</sup> (g)	Body weight change <sup>2</sup> (g)	Feed conversion (g feed:g gain)
<b>Diet</b>				
1	3.8	1230	590.00	2.19
2	5.5	1301	617.00	2.28
3	6.0	1306	684.00	2.01
4	6.5	1272	658.00	2.02
SEM		36.0	26	0.07
<b>Weight</b>				
H		1386.0 <sup>a</sup>	666	2.18
L		1168.0 <sup>b</sup>	608	2.07
SEM		26.0	18	0.04
<b>Statistical probabilities</b>				
Treatment		NS	NS	NS
Weight		0.02	NS	NS
Treatment x weight		NS	NS	NS

Within treatments means within columns followed by different superscripts are different (p<0.05). <sup>1,2</sup>Feed consumption and body weight gain per bird during 8 d period. <sup>1</sup>Each mean is based on 6 pens. <sup>2</sup>Each mean is based on 13 bird's weight in six pens

Table 5: Effect of dietary treatments on breast muscle yield, serum phosphorus and phytase activity from 6 to 7 weeks

Analysis	Total phosphorus (g kg <sup>-1</sup> )	Breast muscle yield (g)	Serum phosphorus (mg dL <sup>-1</sup> )	Phytase activity (umol/mg/min)
<b>Diet</b>				
1	3.8	386.0	4.6 <sup>c</sup>	44.6 <sup>a</sup>
2	5.5	390.0	7.9 <sup>b</sup>	32.0 <sup>ab</sup>
3	6.0	373.0	8.6 <sup>ab</sup>	21.9 <sup>b</sup>
4	6.5	415.0	9.2 <sup>a</sup>	28.7 <sup>b</sup>
SEM		13.0	0.2	5.0
<b>Sex</b>				
F		383.0	7.5	33.3
M		399.0	7.6	30.3
SEM		10.0	0.1	3.7
<b>Weight</b>				
H		423.0 <sup>a</sup>	7.5	30.4
L		359.0 <sup>b</sup>	7.6	33.2
SEM		10.0	0.2	3.7
<b>Statistical probabilities</b>				
Treatment		NS	0.01	0.02
Sex		NS	NS	NS
Treatment x sex		NS	NS	NS
Weight		0.03	NS	NS
Weight x sex		NS	NS	NS
Treatment x weight x sex		NS	NS	NS

Within treatments means within column followed by different superscripts are significantly different (p<0.05). <sup>1</sup>Each mean is based on 12 birds per treatment at 49 d of age

The responses to dietary TP at seven weeks (Table 4) were similar to those observed at six weeks for growth, feed conversion and breast muscle yield. When body weight group was used as a source of variance the only variable affected was feed consumption (Table 4). Birds in the heavy group consumed more feed than those in the light group. The gender effect on breast meat at seven weeks was not seen (Table 5). Serum P content was affected by dietary treatment (p<0.01) as shown in

Table 5. Omitting the dicalcium phosphate from diet 1 resulted in 103% lower serum P compared to the control (6.5 g kg<sup>-1</sup> TP). Phytase activity was affected by dietary treatment at 7 weeks (p<0.05). Birds that received a diet without inorganic P supplementation produced (39, 103 and 55%) higher phytase activity (p<0.02) than birds that received 5.5, 6.0 and 6.5 g TP kg<sup>-1</sup>, respectively (Table 5).

## DISCUSSION

The results obtained from this study indicate that it is possible to reduce dietary P and as a result reduce P excretion with no adverse effect on the performance from three to seven weeks of age. During the growing period, there were no differences in body weight gain between birds fed the four levels of TP. Birds fed diets with 5.0 g kg<sup>-1</sup> TP gained weight similarly to those fed the highest level 6.5 g kg<sup>-1</sup>. These results agreed with the results obtained when we measured the breast muscle yield, no significant effects were detected for the dietary treatments. Moreover, TP did not affect feed consumption or FCR. In agreement with the results obtained by Chen and Moran (1995) feed to gain ratio was not affected by the level of P in the diet, however, they reported 8 and 12% reduction in body weight and gain in Ross x Ross males from 3-6 weeks when they fed a low P growing feed (3.5 g kg<sup>-1</sup>) compared to control (6.3 g TP kg<sup>-1</sup>). In this experiment, we found 11.5% reduction in body weight gain from three to seven weeks period when the birds were fed 30% less TP but this was not a significant difference. Several studies reported that after 3 weeks of age P requirements are greatly reduced and there is little or no need for P supplementation (Skinner *et al.*, 1992). Waldroup *et al.* (2000) found that available P could be reduced by 0.75 g kg<sup>-1</sup> within an age period from zero to three, three to six and six to eight weeks of age without adverse effects on broiler growth. Several reports have shown that 5.0 g kg<sup>-1</sup> P level was required for maximum growth (Skinner *et al.*, 1992; Chen and Moran, 1995; Dhandu and Angel, 2003). Yan *et al.* (2001) did not find any significant difference in body weight gain of broilers which had fed levels of available P from 1.5 to 4.5 g kg<sup>-1</sup> from three to seven weeks. However, recently, Shaw *et al.* (2010) found that body weight increased significantly with an increase in available P from 3.5 to 5.0 g kg<sup>-1</sup> at four week. On the other hand, a higher level of P was required for maximum bone ash (Fritz *et al.*, 1969; Dhandu and Angel, 2003). Yan *et al.* (2001) reported that tibia ash was significantly lower for of broilers fed 1.5 compared to those fed 4.5 g kg<sup>-1</sup> available P; 3.3, 1.86 and 1.63 g kg<sup>-1</sup> of available P were required to optimize tibia ash, body weight gain and FCR, respectively.

Live performance was not affected when the inorganic P source was omitted from the finishing diets. No significant differences could be detected for any dietary treatment on feed intake, body weight gain and FCR. The body weight gain data agreed with the breast muscle weight data since no differences in performance could be detected between treatments at six to seven weeks of age. Previous investigators had removed inorganic P source from the withdrawal feed of broiler males without adverse effects on body weight gain, feed intake, feed utilization and carcass yield (Skinner *et al.*, 1992; Chen and Moran, 1994, 1995). Waldroup *et al.* (1974) studied the requirement of broilers for P between four and eight weeks of age. They reported no more than 1.2 g kg<sup>-1</sup> added inorganic P was needed in addition to the 4.2 g kg<sup>-1</sup> P present in the corn-soy meal diet. Yan *et al.* (2000) reported that males fed diets with 0.75 g kg<sup>-1</sup> less available P did not differ significantly in body weight (at six and eight weeks old) from those fed NRC level but they detected significant differences when the birds fed diets with 1.5 g kg<sup>-1</sup> less than the NRC level.

Serum P showed treatment and sex effects during growing and finishing periods. Gardiner (1962) concluded that the level of plasma inorganic P responded very quickly to

suboptimal dietary P levels and to feed withdrawal. During the growing period, birds that received 5.5 g kg<sup>-1</sup> TP showed no significant differences than those that received the highest level of TP. During the finishing period, serum P was inconsistently responsive to dietary P levels. Birds that received any level of inorganic P supplementation showed no significant differences among them. Females in both periods had a higher serum P compared to males; this could be explained by the fact that males have more phosphate deposited in their bones since they have longer and heavier bones.

Dietary P levels have been shown to influence the utilization of PP (Temperton and Cassidy, 1964; Ballam *et al.*, 1984; Simons *et al.*, 1990; Mitchell and Edwards, 1996). These reports indicated that PP retention increased when low levels of dietary P were fed. According to Punna and Ronald (1999), dietary P level significantly affect PP utilization. Broiler that consumed the P-deficient diet utilized significantly more PP than birds fed the control diet at the end of second and fourth weeks (69.4 vs. 17.1% and 65.5 vs. 19.5%), respectively. In the current experiment PP utilization was not measured but intestinal phytase activity was measured.

Phytase enzyme improves performance by increasing the availability of PP; the ability of broilers to utilize PP becomes critically important, especially under P-deficient conditions. This increase in PP utilization is directly related to increased activity of intestinal phytase (Davies *et al.*, 1970; McCuaig *et al.*, 1972). Literature indicates that intestinal phytase activity is subject to regulatory mechanisms and it contributes to the utilization of PP. The activity of the enzyme may be regulated by the mineral status of the animal (Matterson, 1948; McCuaig *et al.*, 1970; Davies *et al.*, 1970). In this experiment, we found that birds that received the low P diets had double the phytase activity. The results of the present study agree with the reports of Davies *et al.* (1970) and McCuaig *et al.* (1972) in which they found that intestinal phytase activity was more than twice as high when the diet contained no supplemental phosphorus compared to a supplemented diet. At 42 day of age phytase activity showed no differences between treatments, weight and sex. Numerically, 22% higher phytase activity was measured in mucosal extracts from birds that received 5.5 g TP kg<sup>-1</sup> compared to those fed 6.5 g kg<sup>-1</sup>.

Body weight group had little influence on criteria measured in this experiment from six to seven weeks of age. Birds from the heavy group consumed more feed and produced heavier breast muscles compared to the light group. Generally, it was found that variation in body weight between birds on the same treatment group had a little influence on P utilization. Punna and Ronald (1999) suggested that a great variation among birds in utilizing PP influences the phosphorus requirements of chickens. The larger birds retained more PP and used more TP than the smaller birds within the P-deficient group.

The results of this study, in which variation in body weight was included as a source of variation, indicated that the TP levels needed by broilers to maintain growth and feed utilization from three to seven weeks could be lower than that recommended by NRC (1994). On the other hand, retention of P will decrease as the P consumed surpasses the requirement. Birds utilized PP, especially those that received a low level of inorganic source during the growing period and no supplementation during finishing period.

## CONCLUSION

The results of this study clearly show that dietary P could be reduced to 5.0-5.5 g kg<sup>-1</sup> from three to six weeks and omitted from the withdrawal diets without adverse effects on live performance and this could decrease P intake and as a result P excretion.



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