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# Role of the Nutritional Condition of Breeding Anchovies in the Subsequent Recruitment to their Population in the Bay of Biscay (NE Atlantic)

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#### ABSTRACT

The recruitment of marine fish populations is a central concern of fisheries scientists. Multiple research pathways have been explored, with emphasis of the causes of mortality affecting principally the early developmental stages of fish life. The small data set presented focuses on a feature often inadequately considered, i.e., the nutritional condition of the breeding parent fishes estimated from the levels of the RNA/DNA ratio determined in fish white muscle. This is applied to the European anchovy population inhabiting the French continental shelf of the North-east Atlantic Ocean. In four of the five years analysed, the annual recruitment shows a tight relationship with the mean values for the RNA/DNA ratio determined in the parent fish during the previous breeding season. One year is clearly distinguished from this model, owing to a strong drop of the recruitment, of which an explanation is tentatively advanced. This drop coincides with the beginning of a strong collapse of the population. A very low level of the anchovy biomass will last ten years. The role of the nutrition of breeding fish in the recruitment success is discussed in connection with the literature that emphasized the importance of conditions providing fish with sufficient fuel during the crucial period of its gametogenesis, particularly in clupeoids and anchovies.

Key words: Anchovy, Bay of Biscay, breeding season, recruitment, RNA/DNA ratio

#### INTRODUCTION

It is widely accepted by fisheries scientists that the recruitment of marine fish populations is a central concern in improving fisheries management. The mechanisms thought to be involved in regulating this recruitment are numerous and their possible interactions complex, notably because they may evolve in space and time during the ontogenesis of most species. Therefore, multiple research pathways have been explored, with emphasis on the causes of mortality linked to either biotic factors, such as starvation (Ferron and Leggett, 1994) and predation (Leggett and Deblois, 1994) or abiotic factors (Bergeron, 2000; MacKenzie, 2000) during the early developmental stages of life (Govoni, 2005).

Fewer studies have suggested that the condition of the parental population plays a major role, as cited in recent studies (Rosa *et al.*, 2010; Sutharshiny and Sivashanthini, 2011). Here, we introduce new data in a similar spirit, using another biochemical tool, the RNA/DNA ratio

(the quantitative ratio of ribonucleic acid to deoxyribonucleic acid) which is widely used to study a number of marine organisms, in particular fish larvae (Bergeron, 1997), although less commonly directed toward larger animals (although a study based on the same index was recently published by Pulgar et al. (2011). The RNA/DNA ratio has also proved to be a reliable index of nutritional condition when determined in the white muscle of adult fish (Lied et al., 1983). This ratio is used with increasing frequency (Chicharo and Chicharo, 2008) and our research team began its routine implementation in 1993, within the framework of ecological surveys of small pelagic fish populations, especially of the anchovy (Engraulis encrasicolus L.). These studies were carried out on the French continental shelf in the Bay of Biscay (NE Atlantic) to identify variations in the spatial distributions, abundance and main environmental factors that might explain fluctuations in recruitment.

#### MATERIALS AND METHODS

Six spring surveys were conducted between 1993 and 2001 on board the French RV Thalassa during the peak of the anchovy breeding season (late April-early June). The determinations of the RNA/DNA ratio ceased after 2001, so the available series is relatively short. The survey of the small pelagic fish community was made with acoustic methods which allowed us to detect the presence of shoals worthy of sampling by pelagic trawling. The individuals subjected to nucleic acid analysis were taken from the catch (14-23 trawls per cruise, 15-18 individuals per catch). All details of the sampling process and analytical procedures have been recently published (Bergeron and Massé, 2011).

#### RESULTS AND DISCUSSION

Unlike other anchovy species that may spawn twice a year such as the Japanese Engraulis japonicus (Ahmed et al., 2001; Ahmed and Ozawa, 2002), Engraulis encrasicolus in the Bay of Biscay spawns only once a year in spring-early summer. Because the anchovy is a short-lived species, reaching sexual maturity one year after hatching, one-year-old individuals enter the fishery at this age and these recruits constitute at least 75% of the annual catch (Uriarte et al., 1996). Therefore, the recruitment of anchovy in the Bay of Biscay is estimated from the difference, expressed as a percentage, between the number of individuals inhabiting the fishery area in a given year and the number of recruits found the following year (Table 1). In four of the five years analysed, the annual recruitment showed a tight relationship with the mean values for the RNA/DNA ratio determined in the white muscle of the parent fish during the previous breeding season (Fig. 1).

Table 1: Details of the data used for establishing the relationship presented in Fig. 1  $\,$ 

Year Y	Dates of cruises	RNA/DNA				(%) Variation
		1994	15/05-08/06	2.83	1.62	120
1995					53.8	
1997	06/05-03/06	3.51	1.43	210	51.6	0.577
1998	23/05-21/06	2.41	0.59	315	82.0	-0.024
1999					79.7	
2000	16/04-15/05	1.68	0.62	285	127.7	-0.344
2001	26/04-06/06	2.77	0.74	345	83.8	-0.845
2002	06/05-08/06				13.0	

ind.: Individual, \*drawn from ICES, 2010

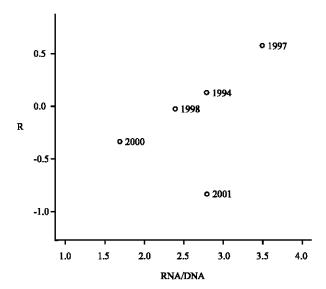


Fig. 1: Variations in the annual recruitment (R) of the Anchovy population in the Bay of Biscay as a function of the mean RNA/DNA ratios determined in the white muscle of individual fish during the breeding season of the preceding year

This relationship was only apparent in four years, although the index for the parental nutritional condition was determined on six cruises, so the data for two years (1993 and 2001) were inconsistent with the model. These discrepancies may be explained by several events. First, as recently shown (Bergeron and Massé, 2011), an unusual wind event occurred in 1993 during the cruise and disturbed the environmental conditions. This unexpected event led the scientific team on board the RV Thalassa to modify the initially defined strategy so that they could study the consequences of wind stress at a fine scale. This explains why the data set for the nutritional condition of the breeding anchovies collected in 1993 were considered to be unusable and were not taken into account in the analysis described here. Second, in the year 2001, the unexplained very low recruitment rate was an early sign of the collapse of the population (Petitgas et al., 2010) which lasted for several years, at least until 2010 (ICES, 2010). This serious situation was amplified one year later, in 2002, probably because of the simultaneous occurrence of other factors. Among these, the weak nutrient enrichment from the discharge of a large river was especially striking.

The anchovy population in the Bay of Biscay is a very important resource shared by the Spanish and French fishing fleets. As mentioned above, the success of the annual recruitment plays a central role in the catches of these fleets. For this reason, fisheries scientists have focused on understanding the environmental factors potentially involved in the regulation of the annual stock abundance, i.e., the conditions that favour good recruitment in this short-lived species and those that preclude it. Empirical models founded on theoretical knowledge of the factors known to enhance biological productivity in marine ecosystems led to initial success and promising early results at the turn of the century (Borja et al., 1996; Allain et al., 2001). These studies principally took into account abiotic factors, such as wind strength and direction (which induce upwelling processes if moderate or have deleterious consequences if too strong) or river inflows (which introduce low-salinity nutrient-enriched water). Biotic factors have also drawn the attention of a

few researchers, notably the quantitative spatial distribution of zooplankton (Irigoien *et al.*, 2009) or metabolic descriptors of the biotic environment (Bergeron *et al.*, 2010). No really decisive advances were made with these attempts.

We have described a new method of recruitment analysis based on an often-overlooked concept, the nutritional status of the breeding parent fish. This approach resembles or at least shares its inspiration with a recently published study of small pelagic fish in the upwelling off the western Portuguese coast (Rosa et al., 2010), although our data set is weaker because it is very much smaller than the set of Rosa et al. (2010). Our ultimate goal is clearly not reached in this study. Nevertheless, a clear positive trend is apparent which could point to the importance of this factor in the recruitment of small pelagic fish stocks. A recent study (Bergeron and Massé, 2011) provided an opportunity to emphasize the role of the nutritional condition of multiple spawner fishes in the success of the breeding season. Because nutrition plays an essential role in sustaining gametogenesis in fish, the phenomenon proposed in this study may have consequences for the overall fecundity of the anchovy population.

In a review of the biology of clupeoid fishes, Blaxter and Hunter (1982) showed that a large majority of these small pelagic species reproduce using multiple (serial or asynchronous) spawning strategies. Motos (1996) confirmed that the Bay of Biscay anchovy is a multiple spawner, with asynchronous oocyte development. De novo vitellogenesis is a continuous process during the reproductive season and all oocyte stages are present at the same time in the ovary. Motos (1996) estimated that during an annual spawning season, the Bay of Biscay anchovy can spawn about 19-20 times. This number is very close, if not quite identical, to that (20) established by Hunter and Leong (1981) for the northern anchovy Engraulis mordax. These authors reported that because the caloric equivalent of only two spawnings exists in the ovary at any one time, northern anchovies must use the energy stored in other tissues and their food intake to support their reproduction. They also calculated that a daily ration of copepods equivalent to 4-5% of the female wet weight is required to support the annual cost of growth and reproduction. It is quite possible that the European anchovy inhabiting the Bay of Biscay has even larger metabolic requirements, given its highly dynamic growth and sexual maturation characteristics (Motos, 1996).

In short, the potential success of recruitment to the anchovy population in the Bay of Biscay seems to be, at least partly, estimated from the nutritional condition of the spawners during the previous breeding season. The case observed in 2001 does not conform to this view and illustrates the limits of this approach. The succession of low recruitment rates experienced by the anchovy population since 2001 has led researchers to other factors that act at larger scales than those previously studied (Borja et al., 2008). The 2001 spawning season was characterized by extremely high outflow rates from the Gironde estuary and despite its rather good effect on the pelagic ecosystem enrichment in nutrients and the subsequent improvement of the nutritional condition of the anchovies (Bergeron et al., 2010), this had negative consequences for recruitment, possibly linked to the excessive scattering of eggs and larvae from the spawning ground (as noticeable in Bergeron et al. (2010), nuclei of less saline water were found in front of the mouths of rivers and moved away from the coast under the effect of northwesterly winds, according to P. Lazure, IFREMER-Centre Bretagne, personal communication). This is also consistent with the findings of quantile regression models of fish recruitment-environment relationships (Planque and Buffaz, 2008).

The data set presented here is too small to be considered really significant. However, it can be seen to offer a narrow window onto a feature inadequately addressed in the literature which plays a prominent role, among other factors, in the recruitment of small pelagic fish.

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