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## Research Article

# Enhanced Targeting Function and Anti-colon Cancer Efficacy by Wheat Germ Agglutinin-modified Nanoparticles for Matrine Delivery

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## Abstract

**Background and Objective:** A novel delivery system of matrine (MT) using Wheat Germ Agglutinin (WGA), an ideal bio-adhesive material, had been developed by us. The present work was aimed to evaluate the targeting function, anti-colon cancer efficacy and mechanisms of this novel delivery system on cell level. **Materials and Methods:** After WGA-modified matrine nanoparticles (WGA-MT-NPs) were prepared with our optimized methods, the Encapsulation Efficiency (EE) of MT and modification rate of WGA were measured by HPLC and folin-phenol method, respectively. Subsequently, Transmission Electron Microscopy (TEM) was used to further confirm the modification of WGA and HT-29 human colon cancer cells and NCM460 normal colonic epithelial cells were applied to assess the targeting function of WGA-MT-NPs. Furthermore, in HT-29 cells, the cell growth inhibition was determined by tetrazolium salt reagent (MTT) method and the apoptosis and cell cycle arrest were measured using flow cytometry assay. **Results:** The EE and modification rate of WGA were  $89.99 \pm 5.08\%$  and  $87.57 \pm 8.61\%$ , respectively. And, TEM revealed that WGA was effectively assembled on the surfaces of nanostructures. Moreover, WGA-MT-NPs possessed the specific affinity towards HT-29 cells, rather than NCM460 cells. In HT-29 cells, the growth inhibition rate was significantly improved by WGA-MT-NPs compared with MT-NPs. Furthermore, the apoptosis of HT-29 cells was significantly higher in WGA-MT-NPs than in MT-NPs. **Conclusion:** WGA-MT-NPs significantly increased the anti-tumor effect of MT-NPs *via* stronger affinity towards HT-29 cells and higher promotion of apoptosis. Thus, WGA-MT-NPs may provide a promising new strategy for anti-colon cancer.

**Key words:** Matrine, wheat germ agglutinin, colon-targeting, nanoparticles, cancer, apoptosis, drug delivery

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**Competing Interest:** The authors have declared that no competing interest exists.

**Data Availability:** All relevant data are within the paper and its supporting information files.

## INTRODUCTION

Colorectal Cancer (CRC) is the fourth most common cancer for morbidity and the second most common for mortality in human beings<sup>1</sup>. Matrine (MT), a natural alkaloid, has favorable anti-colon cancer effect, such as inhibiting the proliferation and inducing the apoptosis on SW1116, HT-29, LoVo and SW480 colon cancer cells<sup>2-5</sup>. However, due to the poor permeability of MT across the intestinal epithelial cells<sup>6</sup>, the absolute oral bioavailability of MT is only 17% in rat<sup>7</sup>, which hinders MT from achieving its full potential as an anti-colon cancer agent<sup>8</sup>.

The aberrant protein glycosylation of mucin in intestinal mucosal tissue is a frequent pathological alteration associated with the onset, progression and poor prognosis of CRC<sup>9,10</sup>. Wheat Germ Agglutinin (WGA), one of the lectins which are a family of glycan-specific proteins and relatively non-toxic and inexpensive<sup>10</sup>, can specifically recognize and bind to sugar moieties on cell surfaces of mucus and further to become the "glyco" portion of glycoconjugates on the cell membranes<sup>11,12</sup>. Thus, WGA is the ideal bio-adhesive material with target-finding properties and ability of reaching the underlying epithelia<sup>13,14</sup> and has been used to predict the presence of a colorectal neoplasm<sup>9,10</sup>. We postulated that modifying WGA on matrine nanoparticles would overcome the MT's problem of poor permeability to enhance its anti-colon effect.

In the present study, based on our previous report of a novel delivery system for MT using WGA, we further confirmed the modification of WGA by TEM. Then, targeting function, the antitumor efficacy and mechanisms of the system were evaluated on cell level for exploring whether WGA could enhance the antitumor effect of MT-NPs as expected.

## MATERIALS AND METHODS

**Materials:** Polyvinyl Alcohol (PVA), Wheat Germ Agglutinin (WGA), Carbodiimide (EDAC) N-hydroxysuccinimide (NHS), Folin-Ciocalteu's phenol Reagent, poly (lactic-co-glycolic acid) (PLGA), matrine (MT) and tetrazolium salt reagent (MTT) were purchased from companies with good quality and reputation. HT-29 colon cancer cell lines (Shanghai Institute of Biochemistry and Cell Biology), NCM-460 human normal colonic epithelial cell line (Guangzhou Jini Ou Biotechnology Co., Ltd.), Annexin V-FITC/PI Apoptosis Detection Kit (Beijing Kang Century Biotech Co., Ltd.), DNA content detection kit (Nanjing KGI Biological Technology Development Co., Ltd.) and Dil red fluorescent membrane probe (Bi Yun Tian Biotechnology Co., Ltd), etc. were used. The entire research

was conducted at Henan University of Traditional Chinese Medicine in the period from December, 2017-January, 2019.

### Preparation of WGA modified matrine nanoparticles

**(WGA-MT-NPs):** WGA-MT-NPs were prepared using the double emulsification-solvent evaporation method followed by the carbodiimide method as previously described<sup>15,16</sup>. Briefly, after the hot water solution of MT was dropped into the acetone solution of PLGA under magnetic stirring, the resulting emulsion was injected rapidly into the water solution of PVA under stirring condition. Subsequently, the resulting solution was continuously stirred to remove acetone and filtered to obtain MT nanoparticles (MT-NPs). After PBS solution of EDAC and NHS added into the MT-NPs solution to activate for 4 hrs, EDC and NHS were removed by centrifugation. Then PBS solution of WGA was added to modify for 14 hrs, WGA-MT-NPs were obtained by centrifugation and wash to remove free lectin and lyophilized.

**Characterization:** HPLC and nano-laser particle size analyzer were used to measure encapsulation efficiency, average particle size and potential value, respectively. The folin-phenol method was used to measure the unbound WGA lectin as per manufacturer's instructions (Sigma):

$$\text{Modification rate (\%)} = \frac{\text{Initial amount} - \text{The amount of unbound}}{\text{Initial amount}} \times 100\%$$

And transmission electron microscopy (TEM) was used to determine the image of WGA-MT-NPs.

### Interactions between WGA-MT-NPs and HT-29 cells as well as NCM460 cells:

The affinity of nanoparticles towards colon cells was measured using fluorescein isothiocyanate (FITC) labeled WGA, according to the method reported by Tammam *et al.*<sup>17</sup> with modification. Briefly, after HT-29 cells or NCM4460 cells ( $1 \times 10^5 \text{ mL}^{-1}$ ) were seeded and cultured for 24 hrs, WGA-MT-NPs solution ( $200 \mu\text{g mL}^{-1}$  of MT) was added. Cells were then incubated for 25 min, washed with PBS, stabilized for 10 min with 4% paraformaldehyde at room temperature, washed again with PBS and immediately added the plasma membrane fluorescent dye Dil 500  $\mu\text{L}$  pre-balanced at room temperature to incubate for 15 min. Discarding Dil, cells were washed and imaged with confocal microscopy.

**Effect on HT-29 human colon cancer cell proliferation:** HT-29 cells ( $1 \times 10^5 \text{ mL}^{-1}$ ) were seeded and cultured in a 96-well plate for 24 hrs. WGA-MT-NPs and MT-NPs with MT concentrations

of 25, 50, 100, 200 and 400  $\mu\text{g mL}^{-1}$  were separately added. After culturing for 24, 48 and 72 hrs, the MTT method was used to detect cell proliferation as described previously<sup>18</sup>.

**Effects on HT-29 human colon cancer cell cycle and apoptosis:** HT-29 cells ( $2 \times 10^5 \text{ mL}^{-1}$ ) were seeded and cultured for 24 hrs. WGA-MT-NPs or MT-NPs were added at final concentration 100, 150 and 200  $\mu\text{g mL}^{-1}$  of MT. After 48 hrs, cells were digested with 0.25% trypsin, washed with 4°C pre-cooled PBS buffer. Then, cells were treated according to manufacturer's instructions for detecting cell cycle and cell apoptosis by flow cytometry. The apoptotic rate was the sum of the percentage of early and late apoptosis.

**Statistical analysis:** Statistical analysis was performed by SPSS19.0 software using the one way ANOVA,  $p < 0.05$  and  $< 0.01$  represented significant and extremely significant differences, respectively.

## RESULTS

### MT encapsulation efficiency and WGA modification rate:

The encapsulation efficiency of WGA-MT-NPs was  $89.99 \pm 5.08\%$  according to the result of HPLC (Fig. 1a). And, according to the standard curve of WGA:  $y = 4.789 \times 10^{-4} x + 0.7107$ ,  $R = 0.9996$  (Fig. 1b), the modifying efficiency of WGA for MT-NPs was determined as  $87.57 \pm 8.61\%$ .

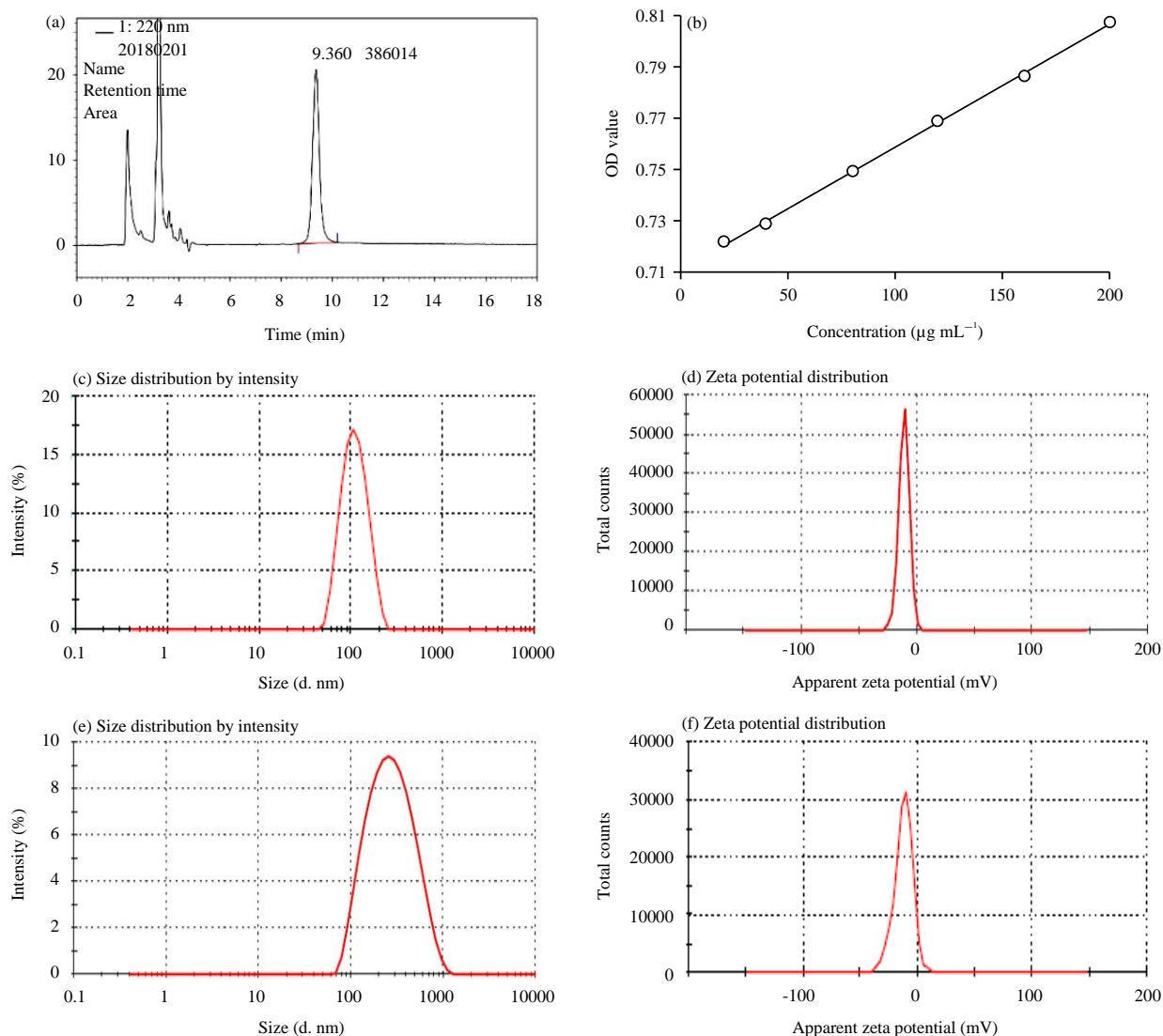


Fig. 1(a-f): HPLC chromatogram, (a, b) WGA-MT-NPs and standard curve of WGA, (c, d) MT-NPs size distribution and zeta potential and (e, f) WGA-MT-NPs size distribution and zeta potential

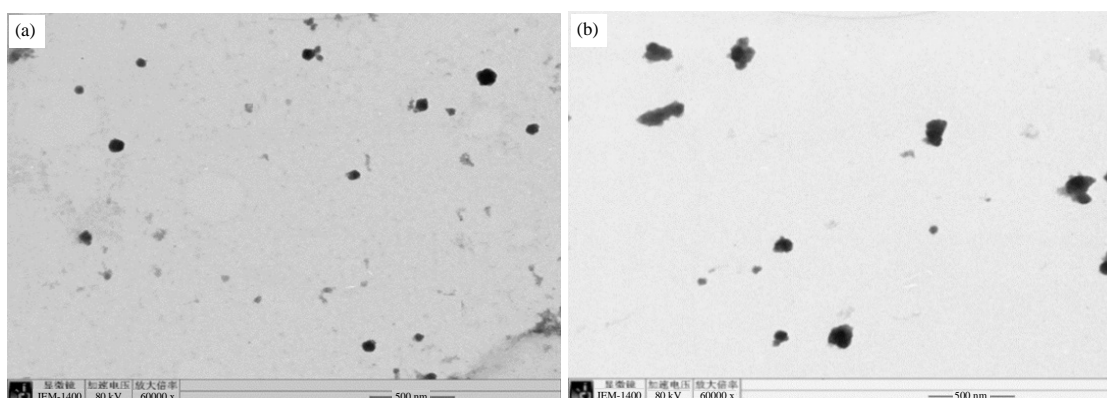


Fig. 2(a-b): TEM images of (a) MT-NPs and (b) WGA-MT-NPs

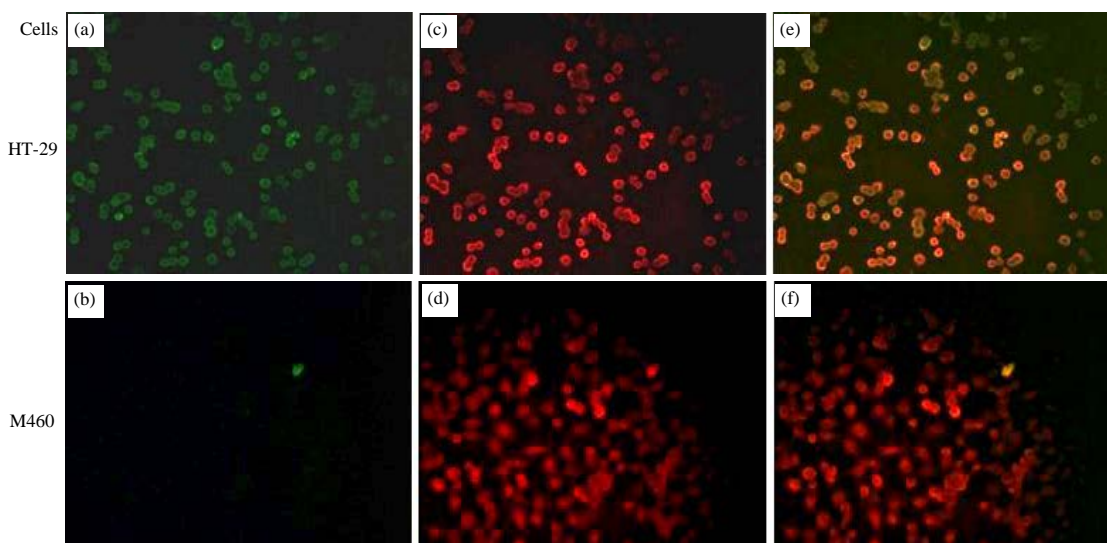


Fig. 3(a-f): Confocal images of WGA-MT-NPs affinity towards HT-29 cancer cells and NCM460 normal cells  
a-b: FITC-WGA, c-d: Dil red fluorescent membrane, e-f: Merged channels

**Size distribution, zeta potential and morphology:** As shown in Fig. 1c-f, the sizes and potential of MT-NPs and WGA-MT-NPs were  $102.93 \pm 5.53$  nm,  $-12.73 \pm 0.68$  mV and  $220.10 \pm 13.80$  nm,  $-10.50 \pm 0.70$  mV, respectively. TEM images further revealed their morphology. The MT-NPs particles were a distinct spherical or near-spherical shape (Fig. 2a). However, WGA-MT-NPs (Fig. 2b) were significantly changed after modified by WGA, became irregular with some viscous material attached to MT-NPs core.

**Higher affinity between WGA-MT-NPs and HT-29 cells:** The Fig. 3 reveals the affinity of WGA-MT-NPs. After the FITC-WGA conjugates were used to prepare WGA-MT-NPs, HT-29 cells had obvious green fluorescence, while NCM460 normal colon

cells only had very little green fluorescence. The overlap of the FITC green fluorescence and the red fluorescence of Dil, a lipophilic membrane stain, in HT-29 cells had evident colocalization, showing that WGA-MT-NPs had a significant stronger affinity towards HT-29 cells membrane compared with NCM460 cells.

**Effects of WGA-MT-NPs on HT-29 cells proliferation:** The cell inhibition *in vitro* is shown in Fig. 4. Within the concentration at  $25-100 \mu\text{g mL}^{-1}$  of MT, the inhibition rate of WGA-MT-NPs on HT-29 cells were 3-6 times compared to that of MT-NPs. With an increase of MT concentration to  $200 \mu\text{g mL}^{-1}$ , WGA-MT-NPs inhibition rate had almost reached its maximum, which was up to 81.6% at 48 hrs. Whereas the inhibition rate

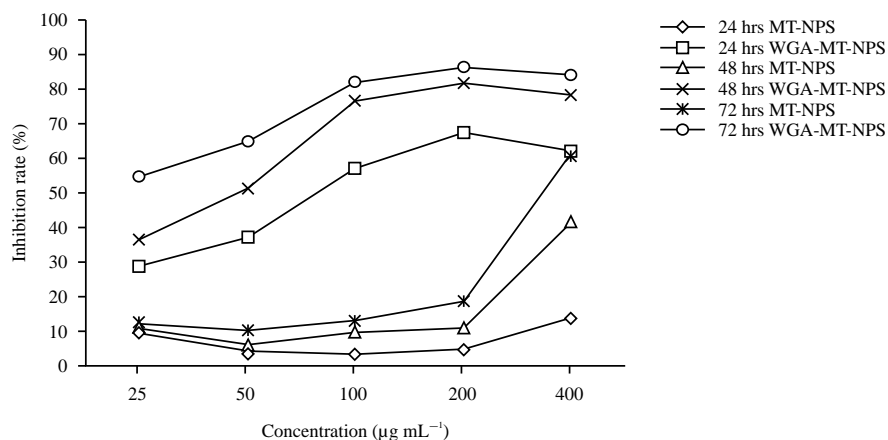


Fig. 4: WGA-MT-NPs enhanced the growth inhibition of MT-NPs in HT-29 cells. The effect on HT-29 human colon cancer cell proliferation was detected by MTT method

at 48 hrs was only 41.6% even if the MT-NPs concentration reached 400 µg mL<sup>-1</sup>. The result suggested that with the help of the WGA, the effect of WGA-MT-NPs at low concentrations nearly equal at high concentrations of MT-NPs.

**Effect of WGA-MT-NPs and MT-NPs on HT-29 cell cycle and apoptosis:** Results in Fig. 5 show the effects of the nanoparticles on the HT-29 cell cycle. Compared with the control group, treatment with 100, 150 and 200 µg mL<sup>-1</sup> both MT-NPs and WGA-MT-NPs were able to significantly increase the cells at the G1 phase and decrease the cells at S phase ( $p < 0.05$  and  $< 0.01$ ) with a dose-dependent effect. However, no statistically significant differences were observed between the WGA-MT-NPs group and the MT-NPs group.

As shown in Fig. 6, both MT-NPs and WGA-MT-NPs can induce HT-29 cell apoptosis. Compared with the control group, the 100, 150 and 200 µg mL<sup>-1</sup> of MT-NPs groups caused significant apoptosis with an apoptotic rate of 19.06, 22.73 and 30.20%, respectively ( $p < 0.01$ ). The corresponding WGA-MT-NP caused more severe apoptosis with an apoptotic rate of 26.82, 38.30 and 55.70%, respectively. The significant differences were found between the WGA-MT-NPs group and the same concentration MT-NPs group at 150 and 200 µg mL<sup>-1</sup>.

## DISCUSSION

The modification of WGA was confirmed by the increase of the average diameter of nanoparticles (Fig. 1c, e) and the change of shape from near-spherical to non-uniform (Fig. 2a, b), which may be due to WGA grafting on the surface of MT-NPs, its hydrophilic properties can make the protein's macromolecular chains extend to the water phase and cause

the hydrated radius of the nanoparticles to increase. Increased size after WGA modification in the present study is in agreement with Liu *et al.*<sup>19</sup> report.

WGA-MT-NPs had better affinity on HT-29 cells, rather normal colon cells (Fig. 3a,b). It was reported that the cell surface of colon cancer epithelial cells, such as Caco-2 and HT-29, had a large number of glycoproteins, while there was an apparent lack of these glycoproteins on normal colon cells<sup>20,21</sup>, thus CRC could be successfully distinguished from normal cells by targeting this glycosylation with affinity capillary electrophoresis<sup>22</sup>. Our result also accounts for targeting glycoproteins, the binding sites of WGA, could recognize colon cancer cells.

Protein glycosylation is the attachment of carbohydrate to the amino acid residue of the protein backbone<sup>23,24</sup>. O-GlcNAcylation in which N-acetyl glucosamine (GlcNAc) is added to the serine or threonine residue of protein, N-linked and O-linked modifications are the commonly occurring types of glycan modifications of protein<sup>25</sup>. Altered mucin expression in conjunction with differential glycosylation has been strongly associated with malignant pathologies of colon<sup>26</sup>. The aberrant glycosylation, such as an increase in core fucosylation and GlcNAc branching on N-glycans, alteration of O-glycans and O-GlcNAcylation, have been reported in CRC<sup>20</sup>. Also, WGA can bind GlcNAc-related oligosaccharides and has applications as a commercial reagent to detect glycans containing GlcNAc modified residues<sup>27</sup> and WGA was used to determine the mucin secreted by colon carcinoma Caco-2 and mucus-producing HT29-MTX-E12 cell monolayers<sup>28</sup>. And, a lectin-based reverse-phase protein microarray method had been developed for screening the glycosylation pattern of receptors isolated from the patients of colonic carcinoma<sup>29</sup>. All of these studies may further explain the mechanisms of WGA



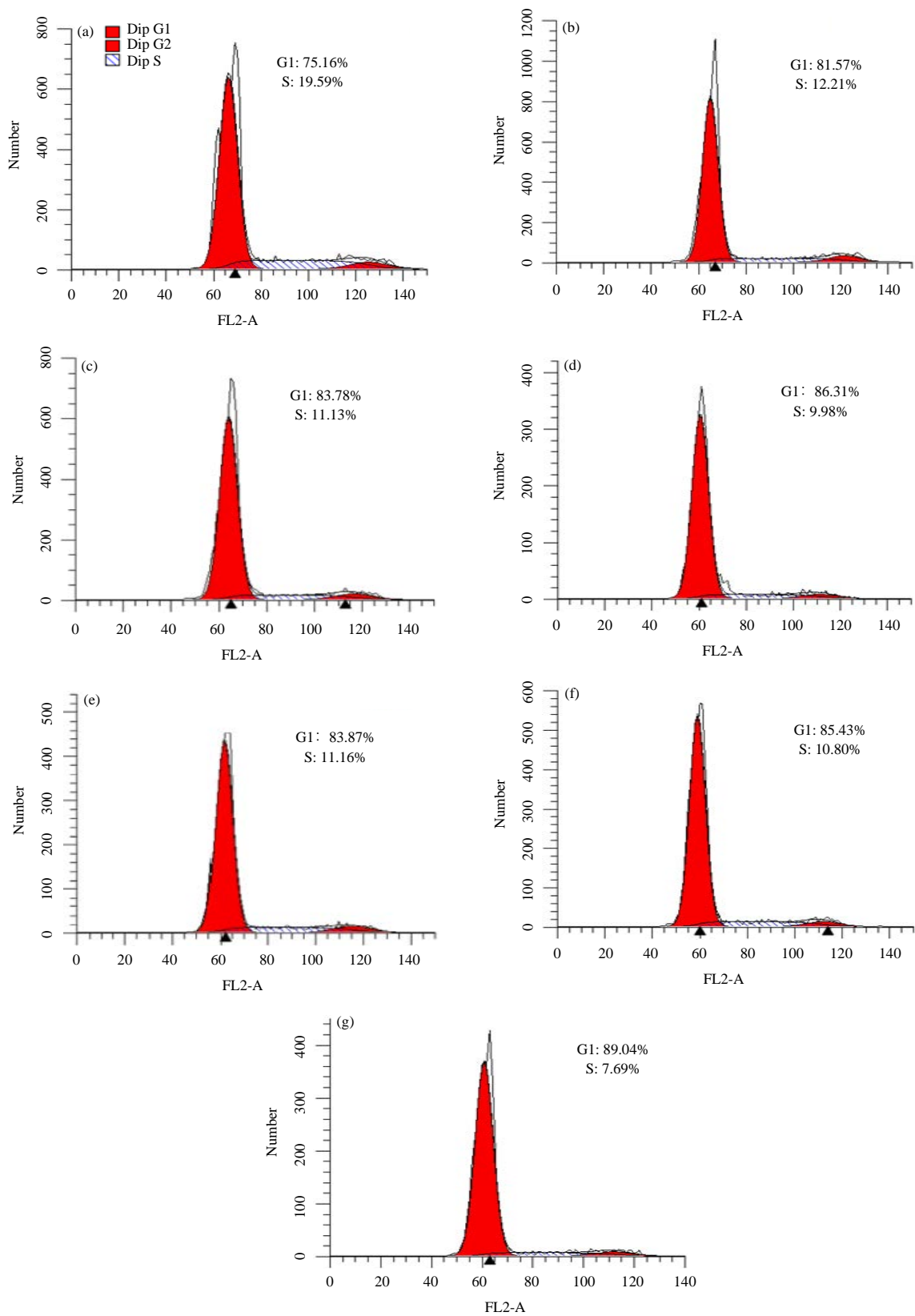


Fig. 5(a-g): Effect on HT-29 human colon cancer cell cycle

a: Control, b-d: 100, 150 and 200  $\mu\text{g mL}^{-1}$  of MT-NPs, e-g: 100, 150 and 200  $\mu\text{g mL}^{-1}$  of WGA-MT-NPs

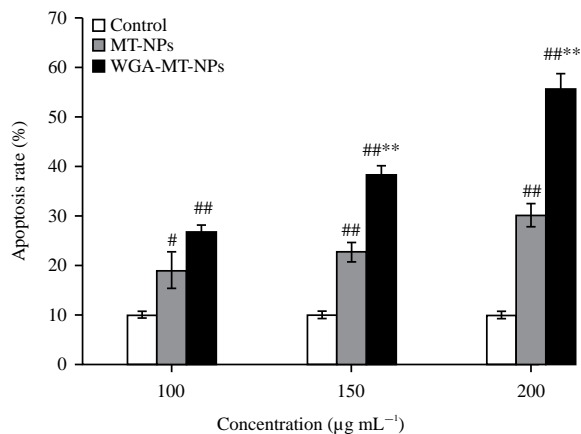


Fig. 6: Effect on HT-29 colon cancer cell apoptosis

Percent of apoptosis cells included the early and late apoptosis cells.  
#p<0.05, ##p<0.01 vs the control group, \*\*p<0.01 vs the same concentration of MT-NPs group

targeting CRC. These mechanisms may contribute to the targeting function of WGA-MT-NPs.

Modification with WGA significantly increased the growth inhibitory activity of the corresponding MT-NPs group at the same concentration (Fig. 4). In accordance with our results, Pandey *et al.*<sup>30</sup> also reported the WGA-conjugated polylactic-co-glycolic acid nanoparticles of 5-fluorouracil could significantly inhibit the growth of colon cancer cells compared to the non-conjugated NPs and pure drug. Also, recent study has shown that glycosylation and glycan interactions affect clathrin-independent endocytosis<sup>31</sup>. And, the lipid nanoparticles of bufalin with WGA could also increase bufalin's uptake by colon cancer CaCo-2 cells *in vitro*<sup>32</sup>. These results suggested that the improved inhibition effects of MT-NPs by WGA modification may be related to the uptake.

Both WGA-MT-NPs and MT-NPs were able to hinder DNA synthesis and induce apoptosis in HT-29 cells (Fig. 5 and 6). However, compared with the same concentration MT-NPs, WGA-MT-NPs significantly enhanced the apoptosis of HT-29 cells (Fig. 6). This may be because MT can inhibit DNA synthesis and induce apoptosis in HT-29 cells<sup>3,33</sup> and with the help of WGA, WGA-MT-NPs enabled more cells to apoptosis. In similar to our results, WGA-EF-NPs (5-fluorouracil and epigallocatechin-3-gallate co-loaded in wheat germ agglutinin-conjugated nanoparticles) exhibited superior anti-tumor activity and pro-apoptotic efficacy compared to the drugs nanoparticles without WGA decoration<sup>34</sup>. Therefore, the significantly increased apoptosis in HT-29 cells may play a role in WGA-MT-NPs significantly enhancing the antitumor effect of MT-NPs.

## CONCLUSION

WGA-MT-NPs significantly increased the antitumor effect of MT-NPs *via* stronger affinity towards HT-29 cells, higher promotion of apoptosis and maintenance of inhibiting proliferation. Thus, WGA-MT-NPs may provide a promising new strategy for anti-colon cancer. The potential of WGA-MT-NPs for the effective treatment of CRC is worthy of further study *in vivo*.

## SIGNIFICANCE STATEMENT

This study discovered the targeting function and the increased apoptosis effect of WGA modifying matrine nanoparticles, which can be beneficial for improving the anti-colon cancer efficiency of matrine. This study will help the researchers to uncover the critical areas of colon cancer treatment with MT's nano-pharmaceutics that many researchers were not able to explore. Thus a new therapy strategy of MT on colon cancer may be arrived at.

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