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## Research Article

# Cardioprotective Effects of Glatiramer Against Ischemia-Reperfusion Injury in Coronary Artery Ligation Model in Rats Through Activation of AKT-GSK-3 $\beta$ -TNF- $\alpha$ -Nrf2 Signalling Pathway

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## Abstract

**Background and Objective:** Glatiramer is extensively used in the management of multiple sclerosis. However, recent studies have shown its widespread usefulness in preventing injury to other tissues including cardiomyocytes from oxygen-glucose deprivation injury. The present study was aimed to explore the cardioprotective potential of glatiramer in attenuating IR-injury in coronary artery ligation models in rats. **Materials and Methods:** Male Wistar albino rats were subjected to left coronary artery ligation for 30 min followed by reperfusion for 120 min. Glatiramer (0.5, 1.0 and 2.0 mg kg<sup>-1</sup>) was administered 30 min before subjecting to IR injury. The levels of cTnT and CK-MB were quantified to assess the degree of myocardial injury, while the levels of TNF- $\alpha$ , p-AKT, p-GSK-3 $\beta$ /GSK-3 $\beta$  ratio and nuclear: cytoplasmic ratios of Nrf2 were estimated in the heart homogenates. **Results:** Glatiramer abolished IR-induced increase in the release in cTnT and CK-MB along with the reduction in the TNF- $\alpha$  level in a dose-dependent manner. It also restored IR-induced decrease in p-AKT levels, p-GSK-3 $\beta$ /GSK-3 $\beta$  ratio and nuclear: cytoplasmic ratio of Nrf2 in the heart. **Conclusion:** Glatiramer may attenuate myocardial injury in the coronary artery ligation model in rats, which may be possibly attributed to the activation of the AKT-GSK-3 $\beta$  signalling pathway along with the decrease in inflammation and increase in antioxidant activities in rat hearts.

**Key words:** Glatiramer, ischemia, heart, inflammation, reperfusion, cardioprotection

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**Competing Interest:** The authors have declared that no competing interest exists.

**Data Availability:** All relevant data are within the paper and its supporting information files.

## INTRODUCTION

Ischemia refers to a state of decrease in blood flow, which is different from hypoxia in which there is a decrease in oxygen supply. Nevertheless, these two terms ischemia and hypoxia are used interchangeably in clinical setup, where ischemia and hypoxia are found to coexist<sup>1</sup>. Persistent myocardial ischemia in the form of myocardial infarction needs immediate treatment and this is done by recanalizing the occluded blood vessel, either through thrombolytic agents or using percutaneous angioplasty<sup>2</sup>. However, the institution of reperfusion also contributes to enhancing ischemia-induced myocardial injury and collectively, the term ischemia-reperfusion-induced myocardial injury is used to describe the injury as a result of ischemia and reperfusion<sup>3</sup>. However, there is no specific treatment to attenuate ischemia-reperfusion injury in a clinical setup and there is a need for novel interventions to attenuate ischemia-reperfusion-induced myocardial injury.

Glatiramer is an immunomodulator and it has been approved for relapsing-remitting multiple sclerosis<sup>4</sup>. Its beneficial effects have been attributed to multiple mechanisms including a decrease in the release of inflammatory cytokines<sup>5</sup>. Apart from multiple sclerosis, it is effective in many other disease states including ischemia-reperfusion-induced cerebral injury<sup>6</sup>, cognitive dysfunction<sup>7</sup>, renal injury<sup>8</sup>, spinal cord injury<sup>9</sup> and epileptic seizures<sup>10</sup> etc. A recent study has also described the beneficial effects of glatiramer in oxygen-glucose deprivation-induced injury to cardiomyocytes<sup>11</sup>. However, its role in an *in vivo* model of cardiac ischemia-reperfusion injury has not been explored.

Left coronary artery occlusion in rats has been widely employed to produce ischemia in rats and it represents an *in vivo* model of ischemia-reperfusion injury, a true representative of ischemia taking place in humans<sup>7</sup>. Accordingly, the present study was designed to investigate the cardioprotective effects of different doses of glatiramer in an *in vivo* model of ischemia-reperfusion injury in rats. Considering the key role of AKT<sup>12</sup>, GSK-3 $\beta$ <sup>13</sup>, TNF- $\alpha$ <sup>14</sup> and Nrf2, a transcriptional factor controlling the antioxidant activities<sup>15</sup> in ischemia-reperfusion injury, the present study also explored the possible role of AKT, GSK-3 $\beta$ , TNF- $\alpha$  and Nrf2 in glatiramer mediated beneficial effects in ischemia-reperfusion injury in rats.

## MATERIALS AND METHODS

**Study area:** All experimental studies were conducted in the Department of Cardiology, Shanxi Cardiovascular

Hospital, Taiyuan, Shanxi Province, 030024, China between March-June, 2021.

**Animals and drugs:** Male Wistar albino rats (300-350 g) were used for this study and these were kept in the animal house in standardized laboratory conditions. The animal experiments were approved by the Research Ethical Approval Committee of Shanxi Cardiovascular Hospital and the approval number was SXV2. 0/2021.01.05. The doses of glatiramer were selected<sup>8</sup>.

**Induction of myocardial ischemia-reperfusion injury:** The animals were anaesthetized and a left-sided thoracotomy was performed to open the pericardium and the heart was exteriorized with a cardiac holder consisting of a plastic loop. The left anterior descending coronary artery (LAD) was localized and a 5.0 silk suture was used to ligate the LAD for 10 min to induce ischemia<sup>16</sup>. Thereafter, the ligation was removed and blood flow was restored to induce reperfusion injury. After 120 min of reperfusion, rats were sacrificed to remove blood samples and hearts for further processing.

**Quantitative assessment of myocardial injury:** The extent of myocardial injury was assessed by quantifying the circulating levels of cardiac troponin (cTnI) and heart specific-isoform of creatine kinase (CK-MB). The levels of cTnT and CK-MB were measured using commercially available kits (MyBioSource, San Diego, CA, USA).

**Estimation of biochemical parameters in the heart:** The hearts were removed and homogenized in PBS buffer (pH: 7.4). Thereafter, the homogenized samples were centrifuged to separate supernatant. In the supernatants, the estimation of different parameters of TNF- $\alpha$  (Abcam, Cambridge, USA), p-AKT levels (MyBioSource, San Diego, CA, USA), p-GSK-3 $\beta$ /GSK-3 $\beta$  ratio (MyBioSource, San Diego, CA, USA), nuclear: cytoplasmic ratio of Nrf2 (MyBioSource, San Diego, CA, USA) was done using commercially available ELISA kits.

**Experimental design:** There were five groups and each group comprised of 10 animals.

**Non-ischemic:** No surgery was performed and no drug was given to rats. The animals were kept for 150 min and rats were sacrificed to collect blood (for quantification of heart injury parameters) and hearts (for biochemical analysis to unfold the mechanisms).

**IR injury:** Surgery was performed and LAD was ligated for 30 min to induce ischemic injury and it will be followed by reperfusion for 120 min to induce reperfusion injury. Afterwards, the rats were sacrificed to collect blood and hearts for biochemical analysis.

**Glatiramer (0.5 mg kg<sup>-1</sup>) in IR injury:** Glatiramer (0.5 mg kg<sup>-1</sup>) was administered in rats 30 min before performing coronary artery ligation and thereafter, the same procedure was followed as described in group II.

**Glatiramer (1.0 mg kg<sup>-1</sup>) in IR injury:** Glatiramer (1.0 mg kg<sup>-1</sup>) was administered in rats 30 min before performing coronary artery ligation and thereafter, the same procedure was followed as described in group II.

**Glatiramer (2.0 mg kg<sup>-1</sup>) in IR injury:** Glatiramer (2.0 mg kg<sup>-1</sup>) was administered in rats 30 min before performing coronary artery ligation and thereafter, the same procedure was followed as described in group II.

**Statistical analysis:** The data were represented in the form of Mean ± SD. The data were analysed using One way ANOVA followed by Tukey's *post hoc* test. The value of  $p < 0.05$  was considered statistically significant.

## RESULTS

### Effect of glatiramer on ischemia-reperfusion-induced cardiac injury:

There was a significant increase in myocardial injury in response to left coronary artery ligation, which was assessed by measuring the levels of cardiac injury-specific biomarkers i.e. cTnT in Fig. 1 and CK-MB in Fig. 2. The levels of cTnT were increased from 97 pg mL<sup>-1</sup> in non-ischemic to 2482 pg mL<sup>-1</sup> in ischemia-subjected rats; while the levels of CK-MB increased from 475 U L<sup>-1</sup> in non-ischemic to 1769 U L<sup>-1</sup> in ischemia-subjected rats. However, treatment with glatiramer (0.5, 1.0 and 2.0 mg kg<sup>-1</sup>) significantly attenuated the ischemia-reperfusion-induced increase in the release of cTnT and CK-MB in a dose-dependent manner. The levels of cTnT were decreased to 1746, 900 and 319 pg mL<sup>-1</sup> and the levels of CK-MB were decreased to 1285, 870 and 672.5 U L<sup>-1</sup> in Glatiramer-treated animals with doses of 0.5, 1.0 and 2.0 mg kg<sup>-1</sup>. It signifies the importance of glatiramer in conferring cardioprotective actions in ischemia-reperfusion-subjected rats.

### Effect of glatiramer on ischemia-reperfusion-induced other biochemical parameters:

There was a significant increase in inflammation in hearts in response to ischemia-reperfusion as it was assessed by an increase in the TNF-α levels

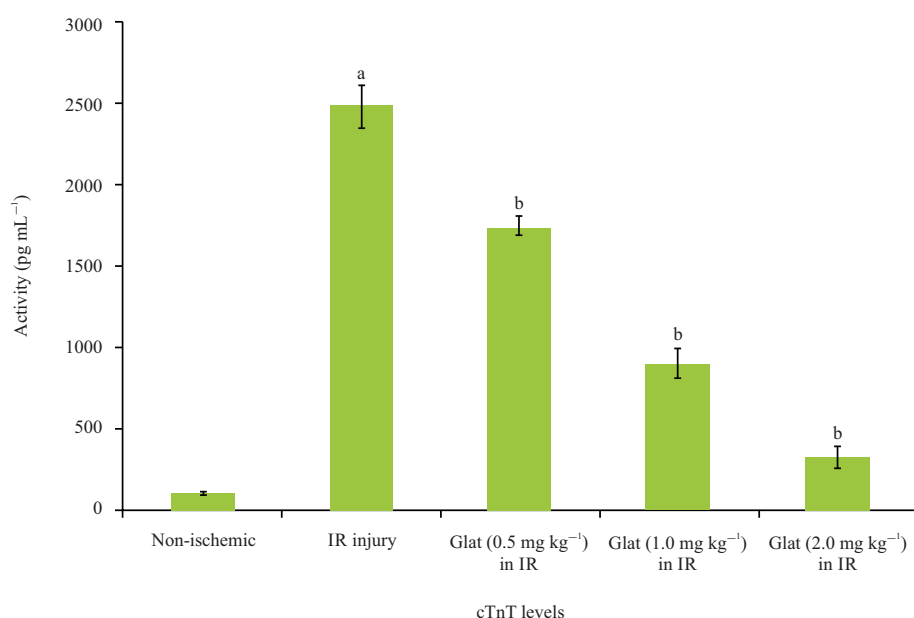


Fig. 1: Effect of different doses of glatiramer on the release of cTnT in the blood in coronary artery ligation model in rats

Value was in Mean ± SD, <sup>a</sup> $p < 0.05$  vs. non-ischemic, <sup>b</sup> $p < 0.05$  vs. IR injury

(95.5 pg mL<sup>-1</sup> in non-ischemic vs 458 pg mL<sup>-1</sup> in ischemia) in the heart homogenates in Fig. 3. Moreover, there was a significant decrease in the p-AKT levels (100% in non-ischemic to 46.5% in ischemia) in Fig. 4 and a decrease in the p-GSK-3 $\beta$ /GSK-3 $\beta$  ratio (1.16 in non-ischemic to 0.343 in ischemia) in Fig. 5 in the heart homogenates of

ischemia-reperfusion-subjected rats. The decrease in p-AKT and decrease in p-GSK-3 $\beta$ /GSK-3 $\beta$  ratio suggests the inhibition of enzymatic activities of AKT and activation of GSK-3 $\beta$ . Furthermore, the nuclear:cytoplasmic ratio of Nrf2 (1.45 in non-ischemic to 0.35 in ischemia) in Fig. 6 was significantly reduced in

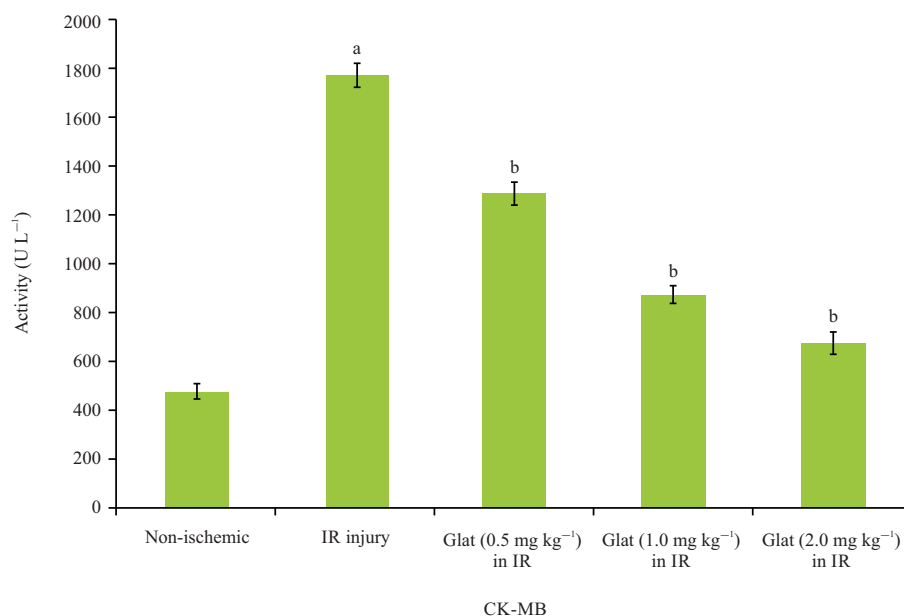


Fig. 2: Effect of different doses of glatiramer on the release of CK-MB in the blood in coronary artery ligation model in rats  
Value was in Mean  $\pm$  SD, <sup>a</sup>p<0.05 vs. non-ischemic, <sup>b</sup>p<0.05 vs. IR injury

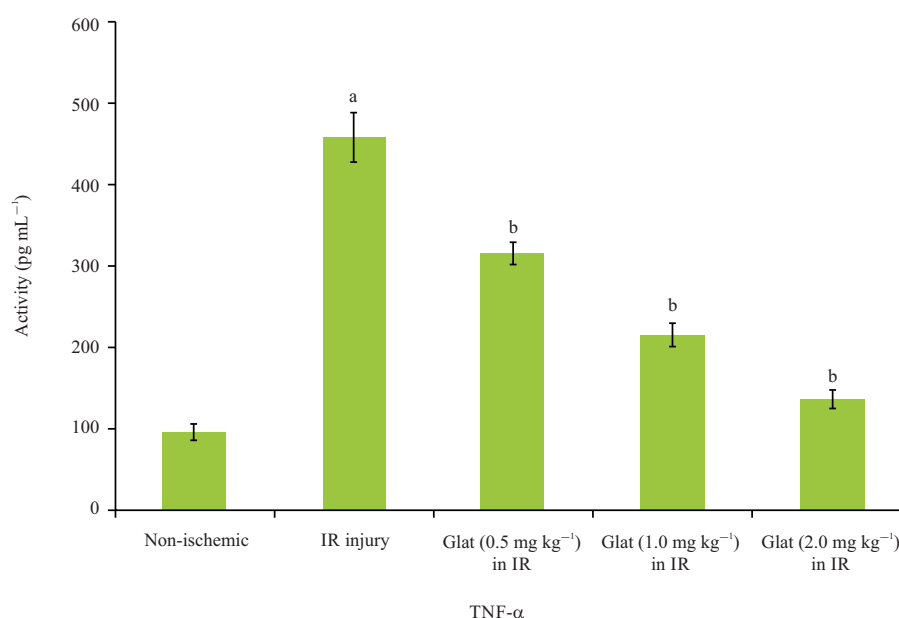


Fig. 3: Effect of different doses of glatiramer on the TNF- $\alpha$  levels in the heart homogenates coronary artery ligation model in rats  
Value was in Mean  $\pm$  SD, <sup>a</sup>p<0.05 vs. non-ischemic, <sup>b</sup>p<0.05 vs. IR injury

ischemia-reperfusion-subjected rat hearts. However, treatment with glatiramer (0.5, 1.0 and 2.0 mg kg<sup>-1</sup>) significantly attenuated ischemia-reperfusion-induced deleterious changes in biochemical parameters in a dose-dependent manner. Glatiramer (0.5, 1.0 and 2.0 mg kg<sup>-1</sup>)

reduced the levels of TNF- $\alpha$  (315.2, 215, 136.3 pg mL<sup>-1</sup>), increased the levels of p-AKT (57.4, 72.9, 86%), increased the ratio of p-GSK-3 $\beta$ /GSK-3 $\beta$  (0.532, 0.743, 0.871) and nuclear: cytoplasmic Nrf2 (0.55, 0.76, 1.17) in a dose-dependent manner.

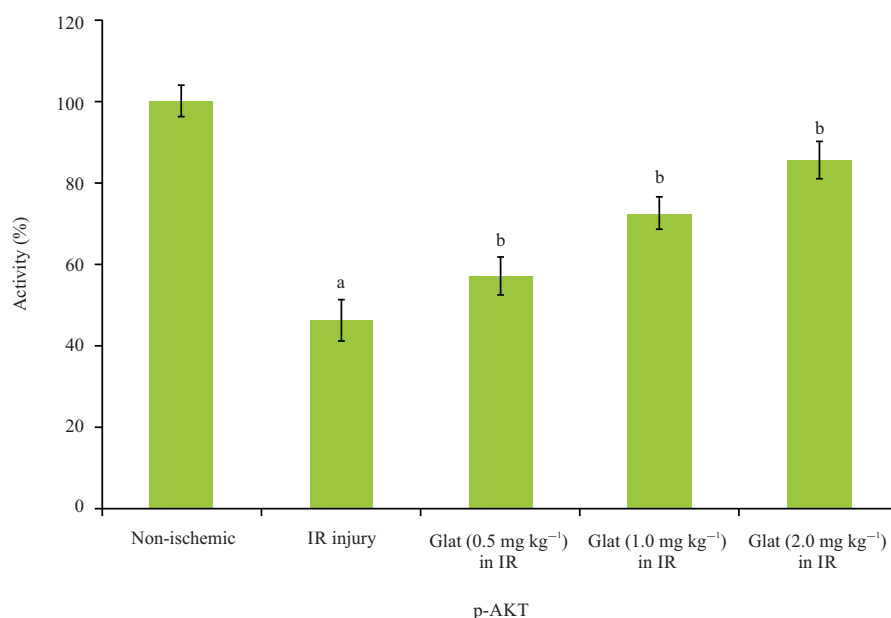


Fig. 4: Effect of different doses of glatiramer on the p-AKT expression in heart homogenates in coronary artery ligation model in rats

Value was in Mean  $\pm$  SD, <sup>a</sup>p<0.05 vs. non-ischemic, <sup>b</sup>p<0.05 vs. IR injury

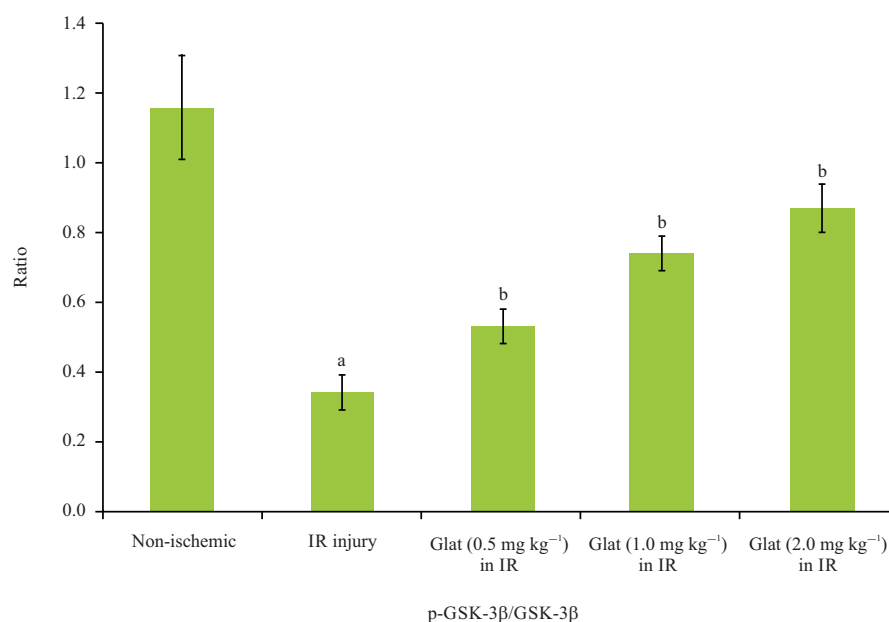


Fig. 5: Effect of different doses of glatiramer on the p-GSK-3 $\beta$ /GSK-3 $\beta$  ratio in heart homogenates in coronary artery ligation model in rats

Value was in Mean  $\pm$  SD, <sup>a</sup>p<0.05 vs. non-ischemic, <sup>b</sup>p<0.05 vs. IR injury

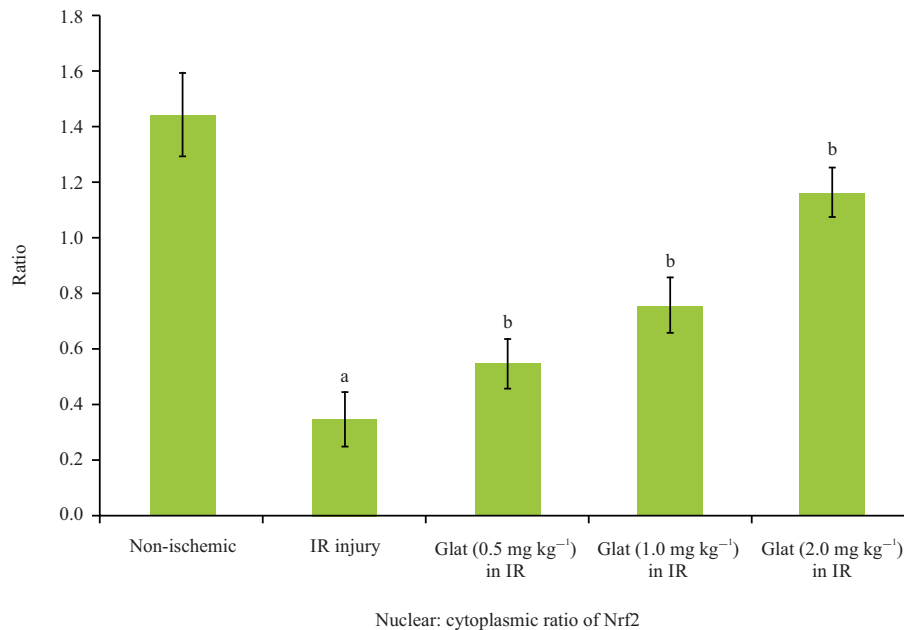


Fig. 6: Effect of different doses of glatiramer on the nuclear: cytoplasmic ratio of Nrf2 ratio in heart homogenates in coronary artery ligation model in rats

Value was in Mean ± SD, <sup>a</sup>p<0.05 vs. non-ischemic, <sup>b</sup>p<0.05 vs. IR injury

## DISCUSSION

In the present investigation, there was a significant increase in the myocardial injury in response to occlusion of left descending coronary artery ligation. The increase in myocardial injury was assessed by noting the increase in the release of heart injury-specific biomarkers including cTnT and CK-MB in the blood after ischemia and reperfusion injury. Coronary artery ligation is a commonly employed model to assess myocardial injury in laboratory models<sup>17,18</sup> and it closely mimics the ischemic conditions in humans<sup>8</sup>. cTnT and CK-MB are very specific biomarkers to assess myocardial injury<sup>19</sup> and thus, their assessment in this study specifically depicts myocardial injury. There have been studies documenting that ischemia-reperfusion injury in the form of coronary artery ligation produce significant cardiac injury in rats<sup>20,21</sup>. In these studies, the increase in cardiac injury markers were found to be significantly increased following coronary artery ligation, which was also observed in the current study in which there was a significant increase in the levels of cardiac injury biomarkers in coronary artery ligation model.

In this present study, administration of glatiramer in three different doses produced cardioprotective effects and significantly attenuated the release of cTnT and CK-MB from the heart into the bloodstream in response to ischemia and reperfusion injury. It depicts the cardioprotective effects of glatiramer in a dose-dependent manner in the ischemia-

reperfusion injury model in rats. Glatiramer is an immunomodulator and has been used in the management of replacing-remitting multiple sclerosis<sup>22</sup>. Apart from it, it has been shown to produce beneficial effects in ischemia-reperfusion induced cerebral injury in non-diabetic<sup>23</sup> as well as diabetic rats<sup>6</sup> along with improvement in hypo perfusion-induced cognitive dysfunction<sup>7</sup>. A very recent study has shown its potential in attenuating oxygen-glucose deprivation-induced injury to cardiomyocytes<sup>11</sup>. However, to the best of our knowledge, it is the first study showing the beneficial effects of glatiramer in attenuating ischemia-reperfusion-induced myocardial injury.

In this study, the glatiramer also attenuated the ischemia-reperfusion-induced increase in TNF- $\alpha$  levels and increased the ratio of nuclear: cytoplasmic Nrf2. There have been studies showing the important role of TNF- $\alpha$  in producing ischemia-reperfusion-induced cardiac injury<sup>24</sup> and a significant rise in the levels of TNF- $\alpha$  has been documented in previous studies involving coronary artery ligation in rats<sup>25</sup>. Nrf2 is a transcriptional factor and its increase in nuclear: cytoplasmic ratio suggests an increase antioxidant activity<sup>26</sup>. There have been previous studies showing that the ratio of Nrf2 is significantly reduced in hearts after coronary artery ligation-induced ischemia-reperfusion injury<sup>27</sup>. Furthermore, an increase in nuclear: cytoplasmic ratio of Nrf2 has been shown to confer cardioprotection against ischemic injury<sup>28</sup>. Previous studies have shown that glatiramer may attenuate the

expression of TNF- $\alpha$  and exhibit strong anti-inflammatory effects<sup>29</sup>. However, it is the first study showing the effects of glatiramer on increasing the expression of Nrf2. Based on these, it is hypothesized that a glatiramer-mediated decrease in inflammation and increase in antioxidant activity may contribute to attenuating ischemia-reperfusion-induced myocardial injury.

In this investigation, glatiramer also normalized ischemia-reperfusion-induced decrease in p-AKT levels and p-GSK-3 $\beta$ /GSK-3 $\beta$  ratio in rat hearts. AKT and GSK-3 $\beta$  constitute an important intracellular signalling pathway<sup>30,31</sup>. The activation of AKT (depicted by an increase in p-AKT) leads to phosphorylation of GSK-3 $\beta$  and phosphorylation of GSK-3 $\beta$  (p-GSK-3 $\beta$ ) leads to a decrease in enzymatic activity of GSK-3 $\beta$ <sup>32,33</sup>. Therefore, it may be proposed that treatment of glatiramer led to an increase in the activation of AKT, which subsequently increased the phosphorylation of GSK-3 $\beta$  to decrease its activity. The previous studies have shown that coronary artery ligation leads to a decrease in p-AKT levels<sup>34</sup> and p-GSK-3 $\beta$ /GSK-3 $\beta$  ratio in hearts<sup>35</sup>. Moreover, there have been various studies showing that activation of AKT and inhibition of GSK-3 $\beta$  attenuates ischemia-reperfusion-induced cardiac injury<sup>36,37</sup>. Moreover, there has been a previous study showing that glatiramer may activate AKT-GSK-3 $\beta$  linked pathway<sup>38</sup>. Therefore, it may be proposed that glatiramer may produce beneficial effects in ischemia-reperfusion injury by activating the AKT-GSK-3 $\beta$  signalling pathway.

## CONCLUSION

Glatiramer may attenuate myocardial injury in the coronary artery ligation model in rats, which may be possibly attributed to the activation of the AKT-GSK-3 $\beta$  signalling pathway along with the decrease in inflammation and increase in antioxidant activities in rat hearts.

## SIGNIFICANCE STATEMENT

This study discovered that glatiramer can be beneficial for treating the ischemia-reperfusion-induced cardiac injury. Till now the therapeutic effects of glatiramer in ischemia-reperfusion-induced heart injury were not discovered. Moreover, the other researchers were not able to find the molecular mechanism involved in glatiramer-mediated cardioprotection, which involves activation of the AKT-GSK-3 $\beta$  signalling pathway. This study will help the researchers to uncover the cardioprotective uses of glatiramer in ischemic hearts.

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