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Research Article

Synovial Knee Joint in Rheumatoid Arthritis Treated with TDZD-8: An Association between Synovial Fibrosis and the TNF- α /VEGF/ α -SMA Axis

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Abstract

Background and Objective: Inflammation and fibrosis-induced swelling are key features in rheumatoid arthritis (RA) that causes joint damage and disability. The inflammatory biomarker, Tumor Necrosis Factor-Alpha (TNF- α) is known to be involved in RA pathology. The RA can cause synovial membrane fibrosis through the activation of the TNF- α /Vascular Endothelial Growth Factor (VEGF)/ α -smooth muscle actin (α -SMA) pathway, which can be inhibited by TDZD-8, the inhibitor of the enzyme Glycogen Synthase Kinase-3 β (GSK3 β). **Materials and Methods:** The RA was induced in rats using active immunization by injection with collagen type II (COII). A matched group of rats was treated with 1 mg kg⁻¹ TDZD-8 (COII+TDZD-8) for 3 weeks after the immunization protocol. At the end of the experiment (week 6), blood and synovium tissue samples were collected. **Results:** The development of RA was established and confirmed by a sharp increase in the blood levels of the rheumatoid factor (RF) as well as swelling and deformities in the hind limbs. Blood levels of TNF- α and synovium tissue levels of VEGF, α -SMA and collagen fibers were significantly ($p < 0.0001$) increased in the model group (RA). The TDZD-8 was significantly associated with the inhibition of all these parameters and curing the swelling and deformities in the hind limbs. In addition, a significant correlation between RF, TNF- α , VEGF, α -SMA and synovial fibrosis was observed. **Conclusion:** These findings in a rat model of rheumatoid arthritis that affects synovial knee joint demonstrate an association between the fibrosis in the synovial membrane and the synovium TNF- α /VEGF/ α -SMA axis while being treated by TDZD-8.

Key words: Rheumatoid arthritis, knee joint, TNF- α /VEGF/ α -SMA axis, fibrosis, TDZD-8

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Data Availability: All relevant data are within the paper and its supporting information files.

INTRODUCTION

Rheumatoid arthritis is an autoimmune chronic disease that affects women more than men and is characterised by inflammation, swelling and deformities of joints^{1,2}. This disease (RA) that affects 1% of the population in the world cannot be treated, but it can be managed by medications³. People with RA have increased risk of other diseases such as cardiovascular and lung diseases due to systemic inflammation that extends beyond the knee joint^{4,5}. The TNF- α as well as the key regulator of new blood vessel formation from existing blood vessels (angiogenesis), VEGF is associated with RA pathology⁶. The synovium is a notable part of the joint's structure, which is injured in rheumatic diseases⁷. The VEGF interacts with synoviocytes and increases bone resorption via augmentation of osteoclasts activities, which is one of the hallmark characteristics of RA⁷. In addition, several growth and transcription factors such as Transforming Growth Factor- β (TGF- β) and NF- κ B as well as cytokines like Interleukin-6 (IL-6), Interleukin-1 (IL-1) and TNF- α contribute to the VEGF regulation⁶. The TNF- α mediated the nuclear translocation of NF- κ B leading to the expression of the proinflammatory cytokine gene in synoviocytes as well as matrix metalloproteinase production and the destruction of cartilage in the joint⁸. Furthermore, collagen expression in cardiac fibroblasts is dependent on the profibrogenic biomarker α -SMA that participates in myocardial fibrosis⁹ and synovium cells expression of α -SMA¹⁰.

The enzyme GSK3 β has pleiotropic effects in diverse systems (I) Participated in the pathophysiology of rheumatic diseases since inhibiting GSK-3 β reduced collagen-induced RA, cartilage matrix degradation in a cultured chondrogenic cell line and increased in a mouse model of osteoarthritis the thickness of bones¹¹, (II) Played a role in neuroinflammation and pain¹², (III) proposed as a potential link between diabetes and Alzheimer disease¹³ and (IV) Inhibited IL-10, the anti-inflammatory cytokine¹⁴. Thus, this study explored in a rat model of RA, the synovium TNF- α /VEGF/ α -SMA axis mediated fibrosis in the presence and absence of the specific pharmacological inhibitor of GSK3 β , TDZD-8.

MATERIALS AND METHODS

Study area: This study was conducted at the Research Centers, College of Medicine, Princess Nourah University and King Khalid University, Saudi Arabia from February, 2022 to June, 2022.

Animals: Wistar rats (160 ± 10 g) were used to carry this work endorsed by the Princess Nourah University (Ethical Committee, IBR No. 17-0201). Animals were kept in clean cages inside the animal house provided with a cycle of 12 hrs light/dark and a constant room temperature as well as having free access to water and food.

Experimental design: After the acclimatization period, rats were separated equally into three groups ($n = 8$ per group). The model group (RA): Rats were immunized (active immunization) with collagen type II (COII) (bovine source, Sigma-Aldrich, MO, USA) as reported before¹⁵, which was confirmed after 21 days. The treated group (COII+TDZD-8): matched immunized rats started the treatment with 1 mg kg^{-1} TDZD-8 at day 21 for three more weeks¹⁶. The control group: Untreated rats received vehicles via the same route, intraperitoneal injections. Blood was withdrawn under anesthesia before sacrificing the animals. Synovia were collected, snap-frozen in liquid nitrogen and stored until being used at -80°C .

Histological examination: Synovium tissue samples were immediately fixed for about 15 hrs in 10% formalin. Paraffin blocks were prepared and sections ($5 \mu\text{m}$ thick) were deparaffinized and processed for Masson's trichrome staining as previously described by Dawood *et al.*¹⁷. This stain detects collagen fibers deposited in synovium that reflects the degree of fibrosis.

VEGF and α -SMA immunohistochemistry: Synovium tissue sections ($5 \mu\text{m}$ thick) obtained from all rats groups were deparaffinized and processed as described before by Dawood *et al.*¹⁷. Rabbit Anti-Human VEGF-A polyclonal antibody (Catalog No. SPC-1291, StressMarq Biosciences, Victoria, BC, Canada) that has species reactivity with human, mouse and rat and anti- α -SMA obtained from abcam, Cambridge, UK were used at a dilution 1/200 as the primary antibody added to tissue sections in a humidity chamber for 60 min at room temperature. The secondary antibody was added after washing the slides and left for half an hour at room temperature. Sections were then counterstained with Meyer hematoxylin. The areas percentage of VEGF and α -SMA immunostaining and collagen fibers deposition was evaluated using the "Leica Qwin 500 C" image analyzer (Cambridge, UK). The ANOVA followed by *post hoc* analysis (Tukey's Test) was used for comparing the quantitative data, which is presented as Mean $\pm$ Standard Deviations (SD). The $p < 0.05$ was deemed statistically significant.

Rheumatoid factor (RF) and TNF- α enzyme-linked immunosorbent assay: The ELISA kits for blood determination of RF (CUSABIO Technology LLC, TX, USA) and TNF- α (Abcam, Cambridge, UK) in all rats' group at the end of the investigation at week 6 were used as suggested by the manufacturer.

Statistical analysis: Statistical software package (GraphPad Prism, version 6) was used to carry out the statistical analysis. In order to calculate the differences among the involved groups of rats, one-way ANOVA was performed followed by Tukey's Test. Data were expressed as Mean $\pm$ SD and results were considered significant when $p \leq 0.05$.

RESULTS

TDZD-8 is associated with the inhibition of RF, TNF- α and VEGF augmented by COII immunization: The TNF- α is increased in the blood and synovial fluid obtained from children with chronic arthritis and VEGF upregulation is associated with rheumatic diseases and is located downstream of TNF- α . However, the effect of TDZD-8, the

inhibitor of the enzyme GSK3 β that is well-known to contribute to RA on the augmentation of TNF- α /VEGF axis in RA has not been investigated before. Therefore, blood levels of the RA biomarker (RF) and the inflammatory biomarker (TNF- α) and synovium tissue levels of VEGF have assessed in all rat groups 6 weeks post COII immunization in the presence and absence of TDZD-8. A sharp increase in RF (Fig. 1a) and TNF- α (Fig. 1b) as well as tissue protein expression of VEGF (Fig. 1c) that was significantly ($p < 0.0001$) inhibited by TDZD-8 was observed. However, the level of RF and TNF- α in the animal group treated with TDZD-8 (COII+TDZD-8) was still significantly ($p < 0.0001$) higher when compared with the control untreated rats, which pointed to a partial inhibition. Whereas, complete inhibition of VEGF tissue expression was achieved by TDZD-8 since its levels were comparable to the control group. Compared to weak VEGF-positive immunostained cells depicted in the control group (Fig. 1d), active immunization with COII caused strong widespread VEGF positive immunostained cells in all layers of the synovial tissue of the model group (RA) (Fig. 1e) that appeared to be substantially inhibited by TDZD-8 in the treated group (COII+TDZD-8).

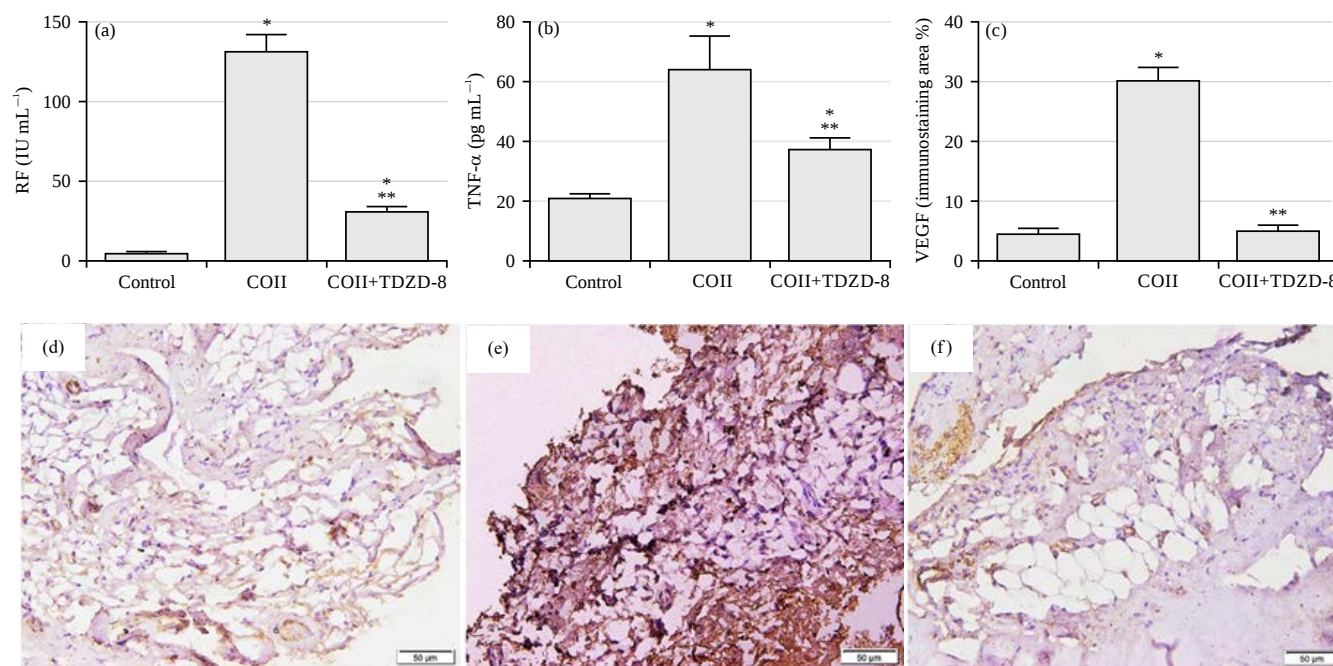


Fig. 1 (a-f): COII immunization activates biomarker of RA and TNF- α /VEGF axis with inhibition being associated with TDZD-8. Blood levels of (a) RF and (b) TNF- α as well as (c-f) Synovium tissue levels of VEGF were measured end of week 6 in all groups of rats Control group, model group (COII) and treated group (COII+TDZD-8). The VEGF immunohistochemistry representative images ($\times 200$) of synovium sections prepared at the end of the experiment, end of week 6 from the (d) Control group, (e) Model group (COII) and (f) Treated group (COII+TDZD-8) are displayed. Presented p-values are significant. * $p < 0.0001$ vs control, ** $p < 0.0001$ vs COII. RA: Rheumatoid arthritis, RF: Rheumatoid factor, TNF- α : Tumor Necrosis Factor-alpha, VEGF: Vascular Endothelial Growth Factor, COII: Collagen type II and TDZD-8: Thiadiazolidine derivative

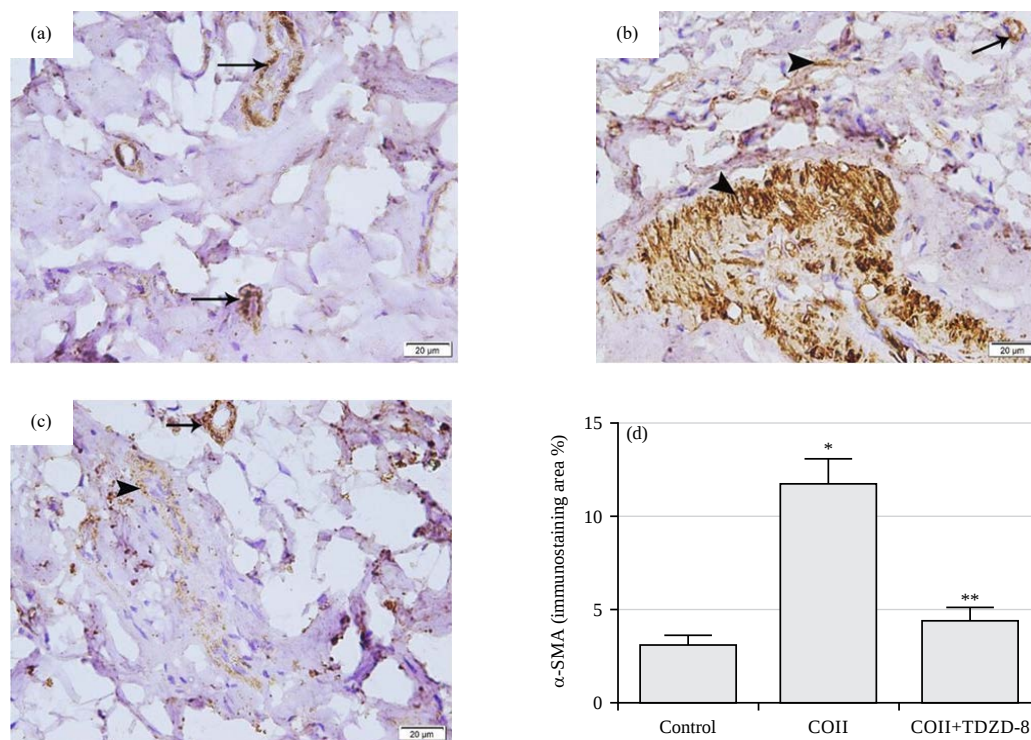


Fig. 2(a-d): COII immunization activates synovium α -SMA protein expression with inhibition being associated with TDZD-8. α -SMA immunohistochemistry representative images ($\times 400$) of synovium sections prepared end of week 6 from the (a) Control rats, (b) Model rats (COII) and (c) Treated rats (COII+TDZD-8) are displayed and (d) A quantitative analysis of α -SMA immunostaining deduced from these images

Presented p-values are significant, * $p = 0.0002$ vs control, *** $p < 0.0001$ vs COII, α -SMA: Alpha-smooth muscle actin, COII: Collagen type II and TDZD-8: Thiadiazolidine derivative

TDZD-8 is associated with the inhibition of α -SMA augmented in injured synovium by COII immunization:

In cell signalling, α -SMA is located downstream of VEGF. Therefore, in view of the upregulation of VEGF in our model of RA that was inhibited with TDZD-8, we assessed α -SMA protein expression in the synovial knee joint tissue in all rats groups. Compared to weak positive immunostaining cells in the blood vessels' smooth muscles (arrow) of the control group (Fig. 2a), immunohistochemical staining of α -SMA showed that RA increased the number and intensity of α -SMA positive immunostaining cells in the stroma of the synovial tissue (arrow head) and besides the wall of the blood vessels (arrow) (Fig. 2b). The TDZD-8 treatment for 3 weeks appeared to substantially decrease α -SMA positive immunostaining cells in the synovial tissue (arrow head) and besides the wall of the blood vessels (arrow) (Fig. 2c-d), but still significant in comparison with the control rats.

TDZD-8 is associated with the inhibition of fibrosis augmented in injured synovium by COII immunization: The VEGF and α -SMA promotes synovial fibrosis in osteoarthritis.

To evaluate the association of TNF- α /VEGF/ α -SMA axis with synovium fibrosis, synovial fibrosis was assessed with and without TDZD-8 incorporation. Masson trichrome-stained sections of the control group (Fig. 3a) showed weak positive staining, compared to a coarse collagen deposition in all layers of the synovium prepared from the model group (COII) (Fig. 3b). The TDZD-8 treatment substantially but not completely inhibited the deposition of collagen since moderate collagen deposition in the subintimal region and scattered between adipocytes are observed (Fig. 3c-d).

Correlation between synovial fibrosis score and synovial TNF- α /NF- κ B/VEGF/ α -SMA axis as well as biomarker of RA:

The correlation between the score of collagen deposition (fibrosis) in synovium tissue and the investigated axis was determined to link these parameters in a rat model of RA. Knee joint synovium fibrosis score demonstrated a significant ($p < 0.0001$) positive correlation with TNF- α ($r = 0.992$) (Fig. 4a), VEGF ($r = 0.979$) (Fig. 4b), α -SMA ($r = 0.964$) (Fig. 4c) and RF ($r = 0.985$) (Fig. 4d).

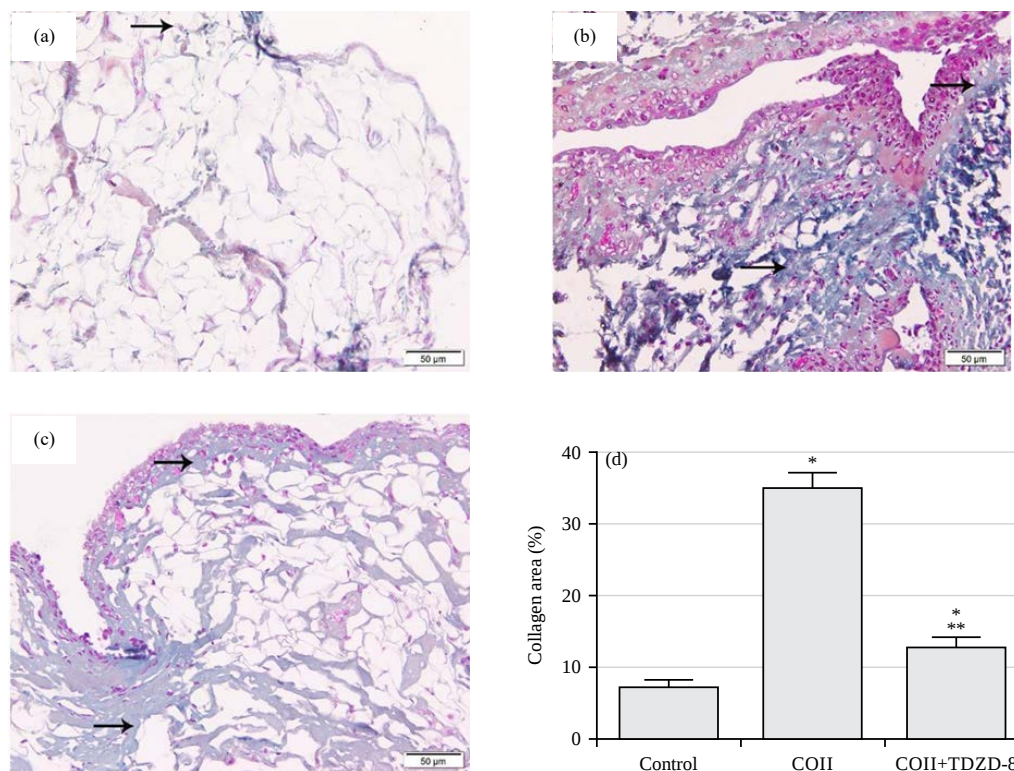


Fig. 3(a-d): TDZD-8 inhibits COII immunization-induced synovial fibrosis in rats, (a-c) Masson's trichrome stained images ($\times 200$) for synovium sections of (a) Control group, (b) COII group and (c) COII+TDZD-8 group are displayed. Arrows point to collagen fibers deposition. Histograms in (d) show a quantitative analysis of fibrosis (collagen area (%)) in synovium sections from the above groups

COII: Collagen type II and TDZD-8: Thiadiazolidine derivative

Based on the above data, a proposed model of rheumatoid arthritis that link the inflammation, angiogenesis and fibrosis in the pathogenesis of rheumatoid arthritis which appeared to be inhibited by TDZD-8 was shown in (Fig. 5).

DISCUSSION

Using a rat model of knee joint RA induced by active immunization with bovine collagen type II, this report examined the working hypothesis that pointed to the potential activation of TNF- α /VEGF/ α -SMA axis-mediated synovium fibrosis as well as the potential inhibition of this axis with the pharmacological inhibitor of the enzyme GSK3 β , TDZD-8. Also, a link between these parameters and synovium fibrosis was investigated. The data presented here confirmed the induction of RA in these rats as demonstrated by a sharp increase in the blood levels of RF and TNF- α , besides changes in the macroscopic features of paws in rats, which was associated with the augmentation of VEGF and α -SMA protein expression in the synovium of the knee joint, as well as a sharp

increase in the formation of collagen fibers in the synovium, which were effectively inhibited by TDZD-8 (Fig. 5). Moreover, a significant positive correlation between TNF- α /VEGF/ α -SMA axis and knee joint fibrosis (Fig. 4) was additional support to the above stated working hypothesis.

The damage to the joints caused by RA negatively affects the quality of life of the person carrying the disease since there is no cure for RA, leaving the management of the disease as the only available option. Therefore, investment in the discovery of a new signalling pathway associated with RA is needed to further understand the pathophysiology of the disease that may help to cure RA in the future. Thus, the signalling pathway investigated in this work (TNF- α /VEGF/ α -SMA axis-mediated fibrosis) with and without the incorporation of TDZD-8 is a new approach through the involvement of these parameters is known to participate in rheumatic diseases. The TNF- α inhibitor, infliximab decreased VEGF levels in patients with RA¹⁸ and TNF- α augmented the production of VEGF by chondrocytes harvested from osteoarthritis patients¹⁹, which demonstrated the pathological

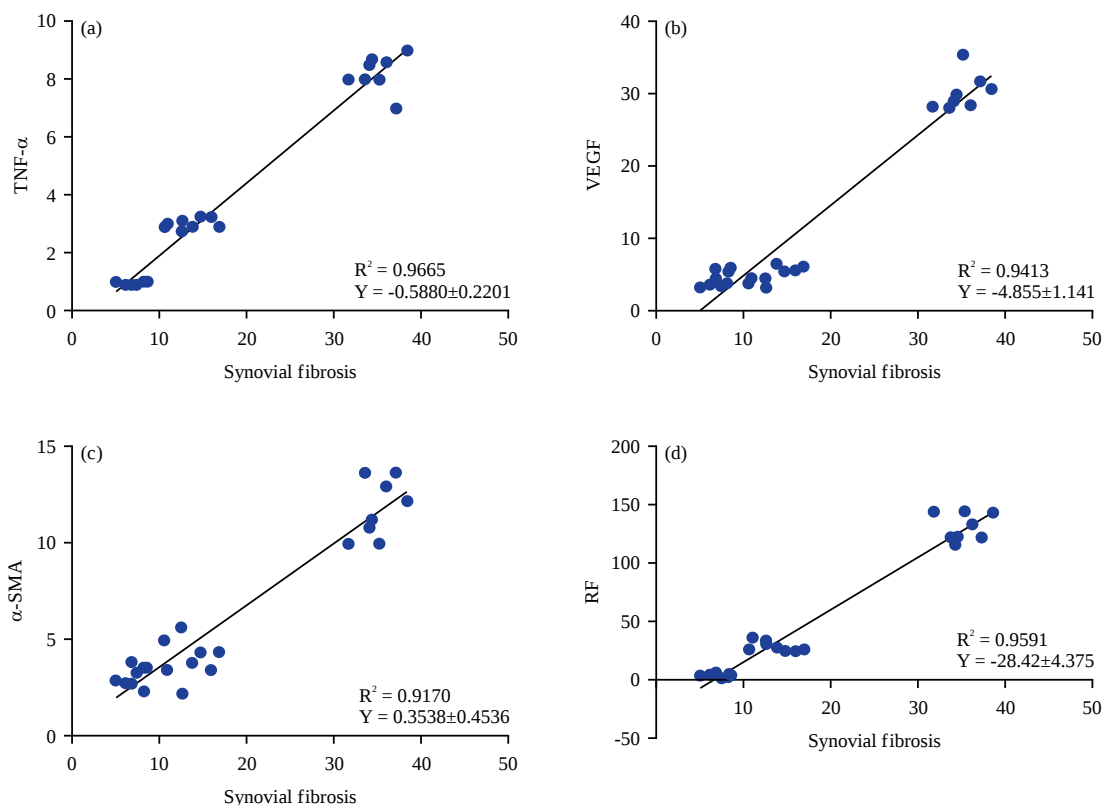


Fig.4(a-d): Correlation between the scoring of fibrosis collagen fibers deposition and TNF- α /VEGF/ α -SMA axis-mediated fibrosis and arthritis. Degree of the deposition of collagen fibers in synovium was evaluated in all rats' group end of week 6 to link between fibrosis and (a) TNF- α , (b) VEGF, (c) α -SMA and (d) RF

TNF- α : Tumor Necrosis Factor-alpha, VEGF: Vascular Endothelial Growth Factor, α -SMA: Alpha-smooth muscle actin and RF: Rheumatoid factor



Fig. 5: Proposed model for rheumatoid arthritis TDZD-8

COII: Collagen type II, TDZD-8: Thiadiazolidine derivative, TNF- α : Tumor Necrosis Factor-alpha, VEGF: Vascular Endothelial Growth Factor, α -SMA: Alpha-smooth muscle actin and RA: Rheumatoid arthritis

role of these molecules in diseases affecting the joints, as well as placing TNF- α upstream of VEGF in cell signalling. The increase in the expression of VEGF in rheumatic diseases was reported, (I) In RA pathology since it causes synovial

angiogenesis, a process that leads to RA⁶. In addition, expression of VEGF is increased in synovial macrophages and fibroblasts of patients with RA⁶, (II) In synovia obtained from patients with osteoarthritis that was positively

correlated with the severity of the disease²⁰, (III) In blood obtained from Systemic Lupus Erythematosus (SLE) patients that demonstrated a significant correlation between VEGF levels and SLE disease activities²¹ and (IV) In juvenile idiopathic arthritis that demonstrated a significant correlation between VEGF serum levels and disease activities as well as the augmentation of IL-1, IL-6 and TNF- α ²² and (V) in ankylosing spondylitis, which is treated with the TNF- α inhibitors⁶. All these reports together with the study that demonstrated the upregulation of the inflammatory cell infiltration like macrophages, leukocytes and lymphocytes as well as α -SMA expression in the synovium of the hip joint of severe developmental dysplasia of the hip²³, were in agreement with the findings presented in this study that points to the upregulation of synovial TNF- α , VEGF and α -SMA in knee joint RA (Fig. 1-2). In addition, synovial tissue inflammation, TNF- α , Nuclear Factor Kappa B (NF- κ B), VEGF and α -SMA promoted synovial fibrosis in osteoarthritis^{24,25} and *in vitro* study demonstrated that VEGF was able to directly induce the synthesis of collagen in dermal fibroblasts²⁶, which were also in parallel with the data shown in Fig. 3.

The TDZD-8 was reported to inhibit the enzyme GSK3 β in different systems. For example, (I) TDZD-8 maintained water homeostasis in a rat model of acute kidney injury induced by renal ischemia reperfusion (I/R) injury by inhibiting the decrease in the number of a water channel (aquaporin-1) and sodium transporters caused by I/R injury²⁷, (II) TDZD-8 protected against amyloid-like aggregation that has a possible role in the pathogenesis of Alzheimer's disease²⁸, (III) GSK3 β inhibitors attenuated pulmonary TNF- α , NF- κ B and fibrosis^{29,30}, and (IV) TDZD-8 inhibited synovial leukocyte infiltration in RA rat model¹⁵. These studies are in parallel with the data shown in Fig. 1-4.

This study demonstrated that this animal model of rheumatoid arthritis may be useful in dissecting mechanisms of synovial knee joint injury. However, a fourth group of immunised rats treated with the drug of choice for rheumatoid arthritis, the immunosuppressive drug methotrexate would provide more strength to this work.

CONCLUSION

The data obtained from the synovium of knee joints in a rat model of rheumatoid arthritis induced by injecting bovine collagen type II into rats (active immunization approach) point to the critical role of the TNF- α /VEGF/ α -SMA axis-mediated fibrosis in the pathogenesis of the inflammatory autoimmune disease rheumatoid arthritis, which appears to be inhibited by the treatment with TDZD-8 for a period of 21 days.

SIGNIFICANCE STATEMENT

This work represents an essential contribution to the area of rheumatic diseases that involve rheumatoid arthritis (RA) characterised by inflammation of joints which compromises the quality of life if not managed properly. Using a rat model of the disease generated by the active immunization method over a period of 3 weeks, blood levels of rheumatoid factor and TNF- α and synovial membrane protein expression of VEGF, α -SMA and collagen fibers were documented, which appeared to be inhibited by the pharmacological inhibitor of the enzyme GSK3 β , TDZD-8. Further work will determine whether the treatment effect of TDZD-8 can be extended over a longer period of time.

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