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# Research Paper

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## Chemical Status of Glutathione in the Presence of a Salicylic Acid Derivative and its Copper Complex

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The objective of this investigation was to determine the chemical status of Glutathione (GSH) in the presence of a drug and its copper complex employing simple spectrophotometric analysis. A salicylic acid derivative, 3, 5-di-isopropyl salicylic acid (3,5-DIPS) and its copper complex, tetrakis- $\mu$ -3,5-di-isopropylsalicylato-diaquodicopper (II) [Cu (II)<sub>2</sub> (3,5-DIPS)<sub>4</sub>.2H<sub>2</sub>O] was used as a model drug and its complex, respectively. A prominent and regular decrease in the level of GSH was caused by Cu (II)<sub>2</sub> (3,5-DIPS)<sub>4</sub> 2H<sub>2</sub>O as compared to the simple ligand 3, 5-DIPS. The decrease in the levels of GSH was found to be dependant upon the concentration and time of the Cu (II)<sub>2</sub> (3,5-DIPS)<sub>4</sub> 2H<sub>2</sub>O. Some changes in the status of GSH might be the basis of this chemical change observed in the form of depletion.

**Key words:** Glutathione, chemical status, 3,5-di-isopropyl salicylic acid, tetrakis- $\mu$ -3,5-di-isopropylsalicylato-diaquodicopper (II)

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## Introduction

Tetrakis- $\mu$ -3,5-di-isopropylsalicylato-diaquodicopper (II)  $[\text{Cu}(\text{II})_2(3,5\text{-DIPS})_4 \cdot 2\text{H}_2\text{O}]$  is a binuclear copper complex (Greenway *et al.*, 1988). It has anti-inflammatory, anti-ulcer (Sorenson, 1976); analgesic (Okuyama *et al.*, 1987); antidiabetic (Gandy *et al.*, 1983); anti-convulsant (Sorenson *et al.*, 1979); anti-cancer, anti-carcinogenic, anti-mutagenic (Leuthauser *et al.*, 1981) and radioprotectant (Sorenson, 1984) activities. These pharmacological activities have been related to its disproportionation of superoxide, the facilitation of *de novo* synthesis of other copper (Cu) dependant enzymes required to overcome these disease states (Sorenson, 1984).

On the other hand interest in a xenobiotic, glutathione (GSH) is also increasing because of its varied physiological and pharmacological activities. Glutathione (L- $\gamma$ -glutamylcysteinyl glycine) is the most important non-protein thiol widespread in animals, plants and micro-organisms (Kosower and Kosower, 1987). SH-group of the cystein moiety is the most reactive functional group of GSH in the biological processes. It acts as a cellular reductant, catalyst in a number of reactions, reactant in various phases of metabolism, as a storage and transport form of cystein, and as a cell protector against free radicals, reactive oxygen species and toxic compounds of endogenous and exogenous origin (Wilson, 1983).

GSH and Cu (I or II) are considered to have anti-oxidant properties and they are involved in a large number of physiological and pharmacological activities (Moldeus and Jernstrom, 1973). Following the reports that copper complexes of anti-arthritis drugs are more active and less toxic anti-inflammatory agents than their parent drug (Khan *et al.*, 1992a; Khan *et al.*, 1997; 1997a), the effect of 3,5-DIPS and Cu (II)  $[\text{Cu}(\text{II})_2(3,5\text{-DIPS})_4 \cdot 2\text{H}_2\text{O}]$  on the chemical status of GSH in aqueous solutions was investigated to further understand their mechanism of action in the above mentioned diseases.

## Materials and Methods

The experimental work was done at the Faculty of Pharmacy, Gomal University, D. I. Khan and at the Department of Pharmacy, Peshawar University, during 1999-2001.

Glutathione (GSH), 5,5-dithiobis-(2-nitrobenzoic acid) (DTNB) (Sigma Chemical Co.), 3, 5-di-isopropyl salicylic acid (3,5-DIPS) (Aldrich Chemicals) were used. Tetrakis- $\mu$ -3, 5-di-isopropylsalicylato-diaquodicopper (II)  $[\text{Cu}(\text{II})_2(3,5\text{-DIPS})_4 \cdot 2\text{H}_2\text{O}]$  was prepared with 3, 5-DIPS and  $\text{CuCl}_2$  according to the method of Sorenson, 1976a; Khan *et al.*, 1997; 1997a. UV-Dec-610, double beam spectrophotometer was used for the analysis.

One mM GSH,  $10^{-2}$  M DTNB solutions were prepared in 0.1M phosphate buffer (pH, 7.6). One mM 3,5-DIPS and 1mM  $[\text{Cu}(\text{II})_2(3,5\text{-DIPS})_4 \cdot 2\text{H}_2\text{O}]$  solutions were prepared in water and water-ethanol ( $\text{H}_2\text{O}:\text{C}_2\text{H}_5\text{OH}$ ); 97:3 solvent system, respectively.

To 800 $\mu\text{L}$  of 1mM GSH in three separate test tubes, 1000, 500 and 250 $\mu\text{L}$  of 1mM 3, 5-DIPS solutions were added, shook and further diluted each to 2 ml with phosphate buffer (pH, 7.6).

Similarly, 1000, 500 and 250 $\mu\text{L}$  of 1mM  $[\text{Cu}(\text{II})_2(3,5\text{-DIPS})_4 \cdot 2\text{H}_2\text{O}]$  were added to 800  $\mu\text{L}$  of 1mM GSH in three separate test tubes and final volumes of 2ml were made with phosphate buffer (pH, 7.6) in each case.

The effects of 3,5- DIPS and  $[\text{Cu}(\text{II})_2(3,5\text{-DIPS})_4 \cdot 2\text{H}_2\text{O}]$  on the chemical status of GSH were investigated by determining the GSH concentration in the respective mixtures by Elman's method (Sorenson 1976a; Khan *et al.*, 1997; 1997a).

## Results and Discussion

3, 5-DIPS apparently caused an insignificant decrease in the concentration of GSH at initial stages followed by a regular increase in its concentration with the increase in the concentration of 3, 5-DIPS. This increase in the concentration of GSH was also time dependent, as shown in Figs. 1 and 2.  $[\text{Cu}(\text{II})_2(3,5\text{-DIPS})_4 \cdot 2\text{H}_2\text{O}]$  caused a very prominent decrease

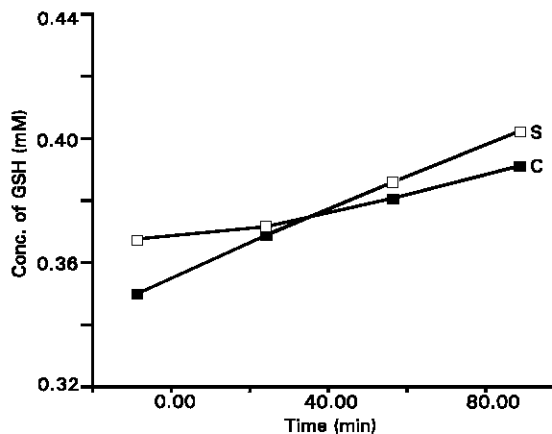


Fig. 1: Effect of 3,5-DIPS on chemical status (concentration) of GSH (400  $\mu\text{M}$ ) (■). The final concentration of 3,5-DIPS in the mixture containing GSH and 3,5-DIPS was 500 $\mu\text{M}$  (□) C, Control; S, Sample

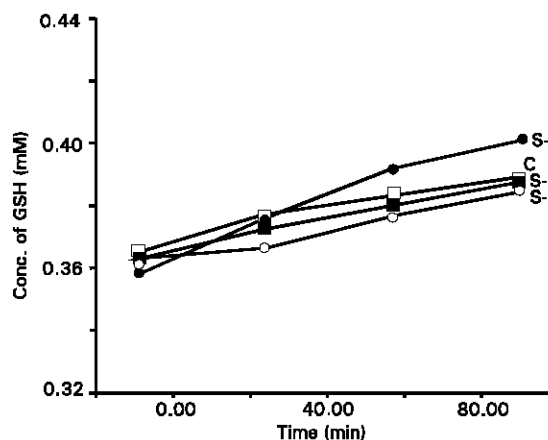


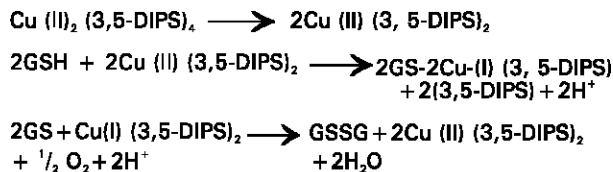
Fig. 2: Effect of different concentration of 3,5-DIPS on the chemical status Concentration of GSH 400 $\mu\text{M}$  (□). The final concentration of 3,5-DIPS in the mixture containing GSH and 3,5-DIPS were 500  $\mu\text{M}$  (●), 250 $\mu\text{M}$  (■) and 125 $\mu\text{M}$  (○) C, Control; S, Sample

in the concentration of GSH, in a concentration and time dependant manner, as shown in Figs. 3 and 4.

The effect of 3, 5-DIPS and  $[\text{Cu}(\text{II})_2(3,5\text{-DIPS})_4 \cdot 2\text{H}_2\text{O}]$  on the chemical status of GSH was investigated by determining the concentration of GSH at  $\lambda_{\text{max}}$  412nm (Sorenson, 1976a). During this research work it was found that  $[\text{Cu}(\text{II})_2(3,5\text{-DIPS})_4 \cdot 2\text{H}_2\text{O}]$  was more effective in lowering the GSH concentration than the simple ligand, 3,5-DIPS.

To summarize  $[\text{Cu}(\text{II})_2(3,5\text{-DIPS})_4 \cdot 2\text{H}_2\text{O}]$  oxidized GSH and

The following sequence of reactions were suggested:



Thus

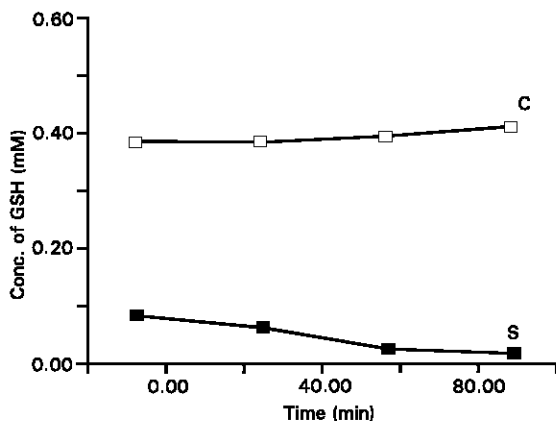


Fig. 3: Effect of  $\text{Cu(II)}_2 \text{ (3,5-DIPS)}_4 \cdot 2\text{H}_2\text{O}$  on the chemical status, concentration of GSH  $400 \mu\text{M}$  ( $\square$ ). The final concentration of  $\text{Cu(II)}_2 \text{ (3,5-DIPS)}_4 \cdot 2\text{H}_2\text{O}$  in the mixture containing GSH and  $\text{Cu(II)}_2 \text{ (3,5-DIPS)}_4 \cdot 2\text{H}_2\text{O}$  was  $500 \mu\text{M}$  ( $\blacksquare$ ); C, Control; S, Sample

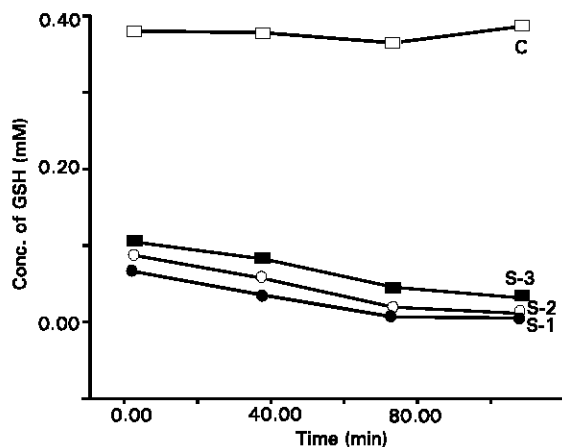


Fig. 4: Effect of  $\text{Cu(II)}_2 \text{ (3,5-DIPS)}_4 \cdot 2\text{H}_2\text{O}$  on the chemical status, concentration of GSH  $400 \mu\text{M}$  ( $\square$ ). The final concentration of  $\text{Cu(II)}_2 \text{ (3,5-DIPS)}_4 \cdot 2\text{H}_2\text{O}$  in the mixture containing GSH and  $\text{Cu(II)}_2 \text{ (3,5-DIPS)}_4 \cdot 2\text{H}_2\text{O}$  were  $500 \mu\text{M}$  ( $\bullet$ ),  $250 \mu\text{M}$  ( $\circ$ ) and  $125 \mu\text{M}$  ( $\blacksquare$ ); C, Control; S, Sample

GSSG in the presence of air oxygen ( $\text{O}_2$ ). Therefore, it is to be point out that determination of GSH concentration in biological

samples should be performed in the nitrogenous ( $\text{N}_2$ ) atmosphere to avoid oxidation of thiols (-SH) or GSH to a greater extent, which will in turn helps us to interpreting correct results in certain clinical investigations.

The results also suggested that there was a possibility of formation of intermediate or conjugate between 3,5-DIPS,  $\text{Cu(II)}_2 \text{ (3,5-DIPS)}_4 \cdot 2\text{H}_2\text{O}$  and GSH. However, it was not possible to determine or estimate these conjugates. This hypothesis is in agreement with the results obtained by Khan *et al.* (1992). The results of this research work also give clues for further investigation of the scavenging effect of mixtures containing 3,5-DIPS and/or  $\text{Cu(II)}_2 \text{ (3,5-DIPS)}_4 \cdot 2\text{H}_2\text{O}$  and GSH on the oxygen derived free radicals in the biological samples because  $\text{Cu(II)}_2 \text{ (3,5-DIPS)}_4 \cdot 2\text{H}_2\text{O}$  exhibits the property to scavenge free radicals (Khan *et al.*, 1997).

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