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Adherence of Virulent and Avirulent *Legionella* to Hydrocarbons

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The hydrophobic nature of the outermost surface of microbial cells has been implicated in their interaction with phagocytes and attachment to host cells. The interaction between seven isolates of *Legionella pneumophila*, of differing virulence and n-hexadecane and n-octane was investigated. Virulent strains had a higher affinity to hydrocarbons than avirulent strains. The hydrophobicity of strains appeared to be related to LD₅₀ hyperbolically and an empirical expression relating the two variables was derived. This report extends the use of microbial adherence to hydrocarbons (MATH) as a possible tool for distinguishing between pathogenic and non-pathogenic *Legionella* strains. In the context of this study, the terms hydrophobic *Legionella* and hydrophilic *Legionella* are used to indicate the affinity of the organism to hydrocarbons.

Key words: *Legionella pneumophila*, hydrocarbons, virulence, hydrophobicity

INTRODUCTION

Legionella pneumophila, the causative agent of Legionnaires' disease, is a facultative intracellular parasite that is capable of multiplying in human phagocytes and protozoa (Horwitz, 1988; Halablab *et al.*, 1990a). The first step in phagocytic ingestion is adhesion of the invading particle to the phagocyte surface. Once attachment has taken place, a cohesive force prevents their separation despite their circulation in the blood stream. The physicochemical mechanism of this adhesion may be either a Van der Waals-type attraction (van Oss *et al.*, 1983), a hydrophobic attraction and/or (more rarely) an electrostatic attraction (Nagura *et al.*, 1977), or a receptor mediated bond. Albertsson (1971) introduced the use of immiscible aqueous dextran and polyethylene glycol solution in partition separation of microorganisms. Similar techniques were used (Stendahl *et al.*, 1973) to demonstrate that the more hydrophobic (rough forms) of salmonellae are phagocytized more readily than smooth forms. Later, an interesting and novel approach for measuring cell surface hydrophobicity based on microbial adhesion to hydrocarbons (MATH) (Rosenberg *et al.*, 1980, 1981, 1982; Rosenberg and Rosenberg, 1981) was introduced. The inherent simplicity of their technique, which involves mixing washed suspension of cells with hydrocarbons and observing their adhesion, has made it a popular assay for testing surface hydrophobicity of microorganisms (Wojnicz and Jankowski, 2007; Szabelska *et al.*, 2006).

The majority of legionellae isolated from the environment are non-pathogenic but estimating their virulence in terms of their LD₅₀, with guinea pigs for example, is laborious and expensive. In this study, we report a novel application of the MATH assay to virulence estimation which is relatively inexpensive, rapid and may be a convenient way of assessing the pathogenicity of virulent and avirulent isolates of *Legionella*.

MATERIALS AND METHODS

A total of seven strains (Table 1) of *Legionella pneumophila* serogroup 1 were used in this study. The Corby Av strain was isolated in our laboratory following two passages of the Corby strain (LD₅₀ 1×10^{2.2} as estimated by aerosol infection of guinea pigs (Jepras *et al.*, 1985) on Mueller-Hinton agar (Difco) supplemented with 0.025% ferric citrate and 0.025% cysteine (Sigma). This has been reported to act as a selective medium for growing avirulent *L. pneumophila* (Catrenich and Johnson, 1988). The virulence of the latter derivative was estimated to be 4.9×10⁴, using a previously established technique (Halablab *et al.*, 1990b).

Multiple sub-culture of strains was avoided by maintaining original cultures at -70°C on glass beads and inoculating onto buffered charcoal yeast extract agar supplemented with α-ketoglutarate (Edelstein, 1981) (α-BCYE) for 72 h at 37°C only once for each experiment. Cells were then harvested from the plates, washed three times in saline (1.25% NaCl) and adjusted to an optical density (OD_{400 nm}) of 0.8 units (final volume 3 mL).

Math: For the MATH assay, a modification of the method of Rosenberg and colleagues developed in 1980 was used. To the washed cells (3 mL) in acid-cleaned test tubes, 0.2 mL of either n-hexadecane or n-octane was added. The mixture was then mixed by vortexing for timed periods. After phase separation, the optical density (400 nm) of the aqueous phase was determined. Results were recorded as the percentage change in turbidity which was assumed to reflect the number of cells that partitioned into the aqueous phase.

Light microscopy: After vortexing the cells with hydrocarbons, a drop of n-octane-associated organisms was taken onto a glass slide and was examined under an Olympus BH2 microscope fitted with a 100X phase contrast objective.

Table 1: Characteristics of strains used in this study

Reference strain	Monoclonal type	LD ₅₀	History	Source
1400 (Corby)	Pontiac	1×10 ^{2.2}	Clinical isolate	Porton Down, UK
1172	Pontiac	1×10 ^{4.6}	Environmental isolate from site epidemiologically associated with disease	Porton Down, UK
1018 (74/81)	Pontiac	5×10 ⁴	Clinical isolate	Porton Down, UK
1627 (Dodge)	Pontiac	1×10 ^{4.7}	Clinical isolate	Porton Down, UK
1142	Olda	1×10 ^{5.2}	Environmental isolate from site with no known association with disease	Porton Down, UK
1397	Pontiac	>1×10 ⁶	Philadelphia strain	Porton Down, UK
1400Av	Pontiac		Corby isolate subcultured twice on Mueller-Hinton	Our laboratory

‡ Additional details in text

RESULTS AND DISCUSSION

Figure 1a shows the effect of vortexing time on virulent isolate (1400), an attenuated strain of the same isolate (1400 Av) and an avirulent strain (1397) and on surface hydrophilicity in n-hexadecane (a) and n-octane (b). In both hydrocarbons the hydrophilicity of the virulent strain decreased with increased vortexing time while the avirulent strain remained relatively constant. However, the avirulent isolate was at all times more hydrophilic than the virulent strain. The Corby Av variant showed intermediate attachment to the hydrocarbons used. Cell-coated hydrocarbon droplets were stable at room temperature for several days. This was confirmed by microscopic examination of the samples (Fig. 2) which related a significant number of virulent cells associated with hydrocarbon droplets. This resulted in a greater decrease in the optical density of the aqueous phase than when avirulent microorganisms were used.

Longer mixing times than that indicated in Fig. 1b resulted in fluctuating turbidity readings. This is probably due to coalescence of the hydrocarbon droplets and desorption of the bacteria into the bulk aqueous phase. More legionellae appeared to adhere to octane than to n-hexadecane, an observation which is in agreement with previous reports (Rosenberg *et al.*, 1982, 1983).

It is noteworthy that attachment of microorganisms to hydrocarbons was closely related to adhesion to other substrata of interest (Rosenberg and Doyle, 1990). Several microorganisms with pathogenic properties have been shown to adhere to different hydrocarbons (Rosenberg *et al.*, 1980; Magnusson and Johansson, 1977). Other studies have proposed (Ofek *et al.*, 1983) that *Streptococcus pyogenes* cells are hydrophobic during adhesion and colonization and subsequently elaborate a hydrophilic capsule which protects the organism against phagocytosis. *L. pneumophila* has not been reported to colonize humans (Bridge and Edelstein, 1983). A high percentage of clinical isolates, from different sources including infected catheters and tracheal and bladder devices, have shown affinity to hydrocarbons (Boujaafar *et al.*, 1990). It is, therefore, likely that virulent legionellae, which have a tendency to adhere, might behave in a similar manner and hence be more hydrophobic. Surface hydrophobicity of microbial cells influences their uptake by phagocytes; bacteria that are more hydrophobic than the phagocytes are readily phagocytosed; bacteria that are more hydrophilic than the phagocytic cells resist phagocytosis. Avirulent *L. pneumophila* have been shown to resist phagocytosis (Horwitz, 1987). Legionellae multiply in eukaryotic cells.

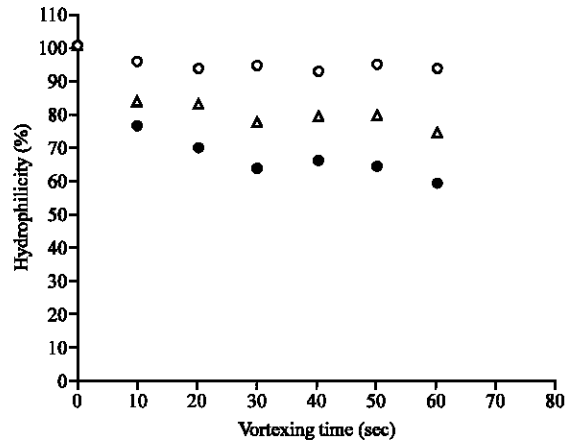


Fig. 1a: Surface hydrophobicity test, using n-hexadecane (0.2 mL), of virulent (Corby) (●), Corby Av (Δ) and avirulent strain Philadelphia-1 (1397) (○)

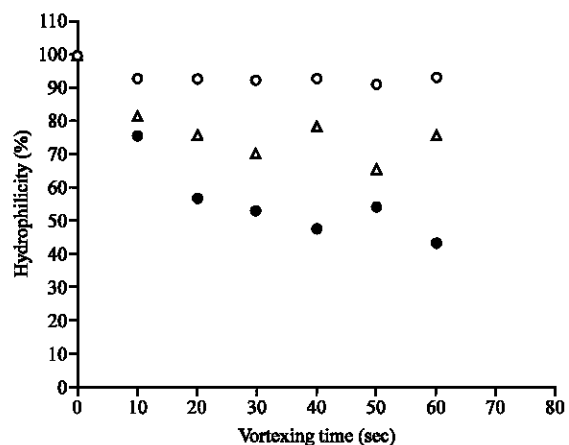


Fig. 1b: Surface hydrophobicity test, using n-octane (0.2 mL), of virulent (Corby) (●), Corby Av (Δ) and avirulent strain Philadelphia-1 (1397) (○)

Phagocyte-phagocytes-hydrophobicity interaction might be necessary for such organisms to attach and gain entry into mammalian cells and subsequently, to initiate infection. If avirulent isolates fail to attach then they will not be ingested and will ultimately be removed from the body.

Figure 3 shows the relationship between hydrophilicity after 30 sec vortexing and LD₅₀ as estimated by aerosol infection of guinea pigs. For the more virulent strains (lower LD₅₀s), there is a rapid decrease in hydrophilicity but at higher LD₅₀ values relatively little change occurs. The dependence of % hydrophilicity (H) on LD₅₀ (L) can be described in terms of a simple, empirical saturation function of the form:

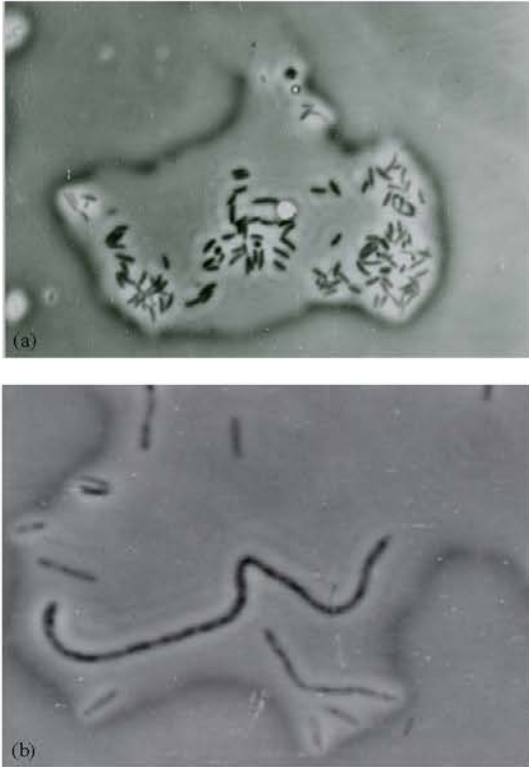


Fig. 2: Adhesion of avirulent (a) and virulent (b) *Legionella* cells to droplets of octane. Fewer avirulent cells, which were mostly filamentous, associated with the hydrocarbon. Magnification was X10000 (a) or X2250 (b)

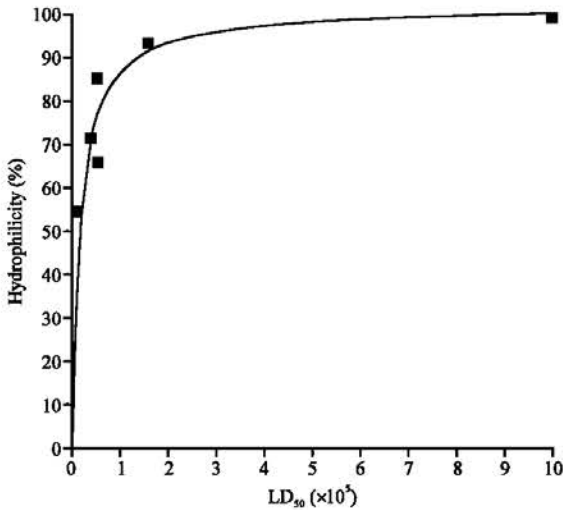


Fig. 3: Adherence of six strains of *L. pneumophila* to n-octane as a function of LD₅₀. Cells were vortexed with the hydrocarbon for 30 sec

$$H = \frac{H_m L}{K + L} \quad (1)$$

where, H_m and k are constants. The theoretical value of H_m , the maximum % hydrophilicity, is 100. Using the Marquardt algorithm (Marquardt, 1963) available in the computer package Regression (Blackwell Scientific Software, Oxford, 1989) we computed a value for H_m of 100.85/7% and an LD₅₀ for k of $1.7/0.7 \times 10^4$.

Rearrangement of Eq. 1 gives:

$$L = \frac{kH}{H_m - H} \quad (2)$$

This equation has the potential of forming the basis of predicting the virulence of *Legionella* strains in terms of their LD₅₀ values from hydrophilicity data. For such purposes it has the particular advantage that it is more discriminatory for virulent organisms and consequently might be of significant practical value.

Present results indicate the possibility that a surface component(s) of *L. pneumophila* mediates attachment to hydrocarbons. Although the MATH assay does not determine specific surface properties of microorganisms, the results were in general agreement with the so-called hydrophobicity tests reviewed by Rosenberg and Doyle (1990). In addition, organisms which do adhere in the MATH assay often tend to adhere to solid surfaces (Busscher *et al.*, 1990). The lipopolysaccharide of virulent and avirulent *L. pneumophila* of the same serogroup have very similar SDS-PAGE pattern (Horwitz, 1987; Conlan *et al.*, 1988). However, a better understanding of its configuration with regard to hydrophobicity is still to be determined.

CONCLUSION

Until the surface component(s), or other factors, which mediate the MATH assay are known, the data presented in this report offer a simple and rapid system for differentiating between virulent and avirulent legionellae

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