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The Potentiality of Grape Seed Extract as a Novel Anti-hepatitis C virus Agent

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Hepatitis C virus (HCV) is a major cause of chronic hepatitis, liver cirrhosis and hepatocellular carcinoma worldwide. A vaccine to prevent HCV infection has yet to be introduced and the treatment options for chronic HCV infection are limited. In this study, the effect of Grape Seed Extract (GSE) and its major constituents (Gallic acid, catechin and epicatechin) were investigated as anti-HCV by using the susceptible cell culture human hepatoma (HepG2 cell). In order to test the ability of the tested treatments to scavenge the free radicals, the Flow Cytometer assay was used on which, the scavenging HCV-induced free radical in HepG2 cell line was measured. Cytotoxicity assay was then used to determine the non-toxic concentrations to the culture cells. In order to study the inhibitory effect of GSE or its constituents, the HepG2 cells were infected with HCV and treated with GSE or one of its constituent. Inhibition of viral replication was detected by the amplification of viral RNA using the RT-PCR technique. Both the whole GSE and its constituents were considered active upon inhibiting the viral replication into HepG2 cells, as evidenced by the disappearance of the (+) and/or (-) strands of viral RNA-amplified products detected by RT-PCR (compared with the positive control). A quantitative analysis was then done by real time-qPCR on which three modes of treatments (post-, pre- and co-treatments) were carried out. The quantitative analysis by real time-qPCR revealed that, all treatments have the ability to inhibit the HCV with priority to epicatechin (76%), in addition, the potentiality to scavenge the free radicals reached up to 87.74%.

Key words: Epicatechin, PCR, cytotoxicity, antioxidant, HepG2

INTRODUCTION

Hepatitis C virus (HCV) is a major cause of liver cirrhosis and hepatocellular carcinoma (Alter, 2007; Asselah *et al.*, 2010). In 2009, the WHO report stated that, the number of people worldwide infected by HCV is estimated to be over 170 million (WHO, 2009). HCV remains endemic in many countries; Egypt reported the highest prevalence of HCV worldwide, ranging from 6% to more than 40% among different regions and demographic groups (Lehman and Wilson, 2009). There is no vaccine effective for HCV at present (Jawaid and Khuwaja, 2008). The current standard treatment for HCV is combination therapy consisting of pegylated interferon (PEG-INF) and Ribavirin. This therapy achieves 50% Sustained Virological Response (SVR) (Schvarcz *et al.*, 1995; Reichard *et al.*, 1998). In under developed countries, standard interferon is still the main choice for HCV therapy since the pegylated interferon is expensive. On the other hand, adverse effects with treatment are common, like hematological complications. Alternatively, new therapeutic approaches such as Direct Acting Antivirus (DAA), internal ribosome entry site (HCV IRES) inhibitors, NS3 and NS5a inhibitors, Ribavirin and interferon modified forms are still under study (Munir *et al.*, 2010).

Since HCV infects the liver and requires two or more decades to extend into substantial disease, an alternative herbal supplement might decrease or stop disease development. More recent studies induce hope for HCV patient that is based on the Chinese medicinal herb *Rhodiola kirilowii* (Zuo *et al.*, 2007). According to our previous study, the rhizomes of *Zingiber officinale* may also act as possible inhibitor of HCV (El-Adawi *et al.*, 2011a).

Wine grapes's (*Vitis vinifera* L.) seed extract has a broad spectrum of medicinal and therapeutic properties due to its high concentration of proanthocyanidins (Ray *et al.*, 2001; Wang *et al.*, 2005; Chang *et al.*, 2006; El-Adawi *et al.*, 2006; Abd El-Wahab *et al.*, 2008). We previously screened qualitatively the possible inhibitory effect of Grape Seed Extract (GSE) on HCV (Abd El-Wahab and El-Adawi, 2009) and the promising result prompted us to confirm the previous work quantitatively and investigate the invasion inhibitor mechanism.

MATERIALS AND METHODS

Grape seeds extraction: The GSE was extracted and analyzed by HPLC as described in details by El-Adawi *et al.* (2011b).

Cell culture: Kato *et al.* (1996) have found that among several human hepatocyte cell lines analyzed, the hepatocellular carcinoma HepG2 cell line was found to be the most susceptible to HCV infection; therefore, HepG2 was used in this study. The procedure was carried out as described in details by El-Adawi *et al.* (2011a).

Cytotoxicity assay: For the determination of treatments concentration that does not exert a toxic effect on HepG2 cells, the cytotoxicity assay was carried out. A cell suspension of 6×10^4 cell mL^{-1} was collected and seeded in 96 well plates (100 μL cell suspension per well). The plates were incubated at 37°C in humidified 5% CO_2 for 24 h, the exhausted old medium were discarded and 100 μL of different treatment concentrations ($\mu\text{g}/100 \mu\text{L}$ RPMI) or medium (as a negative control) were added. The cell plates were incubated at the same growth conditions for 3 days. After 3 days, culture medium was discarded, 100 μL of neutral red stain ($100 \mu\text{g mL}^{-1}$) was added to each well and incubated for 3 h at 37°C in humidified 5% CO_2 (Borenfreund and Puermer, 1985).

Antioxidant activity of GSE and its constituents: The total intracellular Reactive Oxygen Species (ROS) generated during HCV infection was detected in HepG2 using 2',7'-dichlorofluorescein diacetate (DFCH-DA) method. DFCH-DA enters cells and further oxidized by ROS forming fluorescent product (DFC).

HepG2 cells were grown in 96 well plates in complete RPMI medium at 37°C in humidified 5% CO_2 for 24 h, 100 μL of the recorded non-toxic doses of the extracts were added to cells and incubated at the previous incubation conditions for 24 h, after that, the treatments were removed and cells were washed again with pre-warmed PBS. Cells were incubated with DFCH-DA at a final concentration 50 μM for 30 min, after incubation, ROS was induced by loading infected serum in RPMI (50 mL of medium containing 1 mL of serum 1.09×10^9 copies mL^{-1}). In the control groups, 100 μL RPMI was added. After incubation for 1 h, the stimulants were discarded and cells were washed three times with prewarmed PBS, all cell samples were analyzed using a BD FACSCalibur flow cytometer (Hafer *et al.*, 2008) with Cell Quest software, Cells were excited at 485 nm and DCF fluorescence was read on FL1 (530 nm) in log scale with FL1 gain set to 443. The inhibition percentage of ROS production was calculated by formula:

$$\text{Inhibition (\%)} = \frac{F_0 - F_1}{F_0} \times 100$$

where, F_0 is fluorescence of the control sample and F_1 is fluorescence of the treated sample.

Inhibition potential of the GSE on HCV: HepG2 cell culture were prepared as discussed, then aqueous extract of GSE as well as its major constituents (gallic acid, catechin and epicatechin) were added at non toxic concentrations of treatment. Positive and negative control cultures were included; the culture was allowed to be infected with 1 mL of serum (1.09×10^9 copies mL^{-1} , genotype 4a) and then incubated for 90 min at 37°C , 5% CO_2 and 95% humidity. The culture was then washed three times with PBS and incubated for seven days at 37°C followed by washing three times with 1 mL of PBS and further cultured for 7 days at 37°C , followed by total RNA extraction. The positive strand and its replicating form (negative strand) were detected by reverse transcriptase (RT)-PCR using HCV specific primers to the 5'-untranslated region of the virus.

RNA extraction from HepG2 cells: The (+) and /or (-) HCV-RNA strands was isolated from HepG2 as described by Lohr *et al.* (1995).

PCR of genomic and anti-genomic RNA strands of HCV: Reverse transcription-nested PCR was carried out according to Lohr *et al.* (1995) with few modifications. Retrotranscription was performed in 25 μL reaction mixture containing 20 U of AMV reverse transcriptase (Clontech, USA) with either 400 ng of total HepG2, 40 U of RNAsin (Clontech, USA), a final concentration of 0.2 mmol L^{-1} from each dNTP (Promega, Madison, WI, USA) and 50 pmol of the reverse primer 1 CH (for plus strand) or 50 pmol of the forward primer 2CH (for minus strand). The reaction was incubated at 42°C for 60 min and denatured at 98°C for 10 min. Amplification of the highly conserved 5'-UTR sequences was done using two rounds of PCR with two pairs of nested primers. First round amplification was done in 50 μL reaction mixture, containing 50 pmol from each of 2CH forward primer and P2 reverse primer, 0.2 mmol L^{-1} from each dNTP, 10 μL from RT reaction mixture as template and 2 U of *Taq* DNA polymerase (Promega, USA) in a $1 \times$ buffer supplied with the enzyme. The thermal cycling protocol was as follows: 1 min at 94°C , 1 min at 55°C and 1 min at 72°C for 30 cycles. The second round amplification was done similar to the first round, except for use of the nested reverse primer D2 and forward primer F2 at 50 pmol each. A fragment of 174 bp was identified in positive samples. Primer sequences were as follows: 1CH: 5'GGTGACGGTCTACGAGACCTC-3', 2CH: 5'-AACTACTGTCTTCACGCAGAA-3', P2: 5'-TGC TCATGGTGACGGTCTA-3', D2: 5'-ACTCGGCTAGCAGT CTCGCG-3' and F2: 5'-GTGCAGCCTCCAGGACCC-3'. To control false detection of negative-strand HCV RNA and known variations in PCR efficiency, specific control assays and rigorous standardization of the reaction were employed: (1) cDNA synthesis without RNA templates to exclude product contamination, (2) cDNA synthesis

without RTase to exclude *Taq* polymerase RTase activity and (3) cDNA synthesis and PCR step done with only the reverse or forward primer to confirm no contamination from mixed primers. These controls were consistently negative. In addition, cDNA synthesis was carried out using only one primer present followed by heat inactivation of RTase activity at 95°C for 1 h, in an attempt to diminish false detection of negative-strand prior to the addition of the second primer.

Strand-specific RT-qPCR: The real time quantitative (RTq) PCR was done to the final PCR product based on the SYBR Green I dye and light cycler fluorimeter using a standard HCV infected serum samples (Komurian-Pradel *et al.*, 2001). Amplicon synthesis was monitored continuously by SYBR Green I dye binding to double stranded DNA during PCR of the 5'HCV non-coding (NC) region. Specificity was verified by amplicon melting temperatures. An external standard curve was constructed with serial 10 fold dilutions of a modified synthetic HCV 5'NC RNA (22). The RT-qPCR step was followed by first round PCR using the 2CH and P2 primers in 50 μL reaction containing 20 μL cDNA, 50 pmol from each of 2CH forward primer and P2 reverse primer and 12.5 μL master mix SYBR green, The thermal cycling protocol was as follows: 30 cycles of 1 min each at 94 , 55 and 72°C , with the final extension done at 72°C for 5 min.

The mode of action of the treatment: In order to confirm the mode of action of the most potent treatment, modified Acridine Orange (AO) stain methods was used to detect viral RNA content in proliferating cells according to Criswell *et al.* (1998) with some modifications. HepG2 cells (2×10^5) were allowed to grow on a sterile cover slip on 6 well tissue culture plate, cells were treated by the most potent treatment in three different manners (post-, pre- and co-treated). At the end of incubation, cells were washed twice with pre-warmed PBS. Cells on the cover slip were stained with 0.01% acridine orange in Gey's solution for 45 sec at room temperature and washed with HBSS. The cells were then stained with 0.05% crystal violet in 0.15% NaCl for 45 sec and washed with HBSS. The slides were examined at 40x magnification, switching between fluorescent and phase contrast optics. The positive AO stain virus genome will take the bright yellowish-orange and the other cells will take the apple green.

RESULTS

Cytotoxicity assay: The cytotoxicity results (Fig. 1) indicated that, generally, GSE were safer than its constituents and have no TC_{50} even in the maximum concentrations 50%; followed by epicatechin, gallic acid

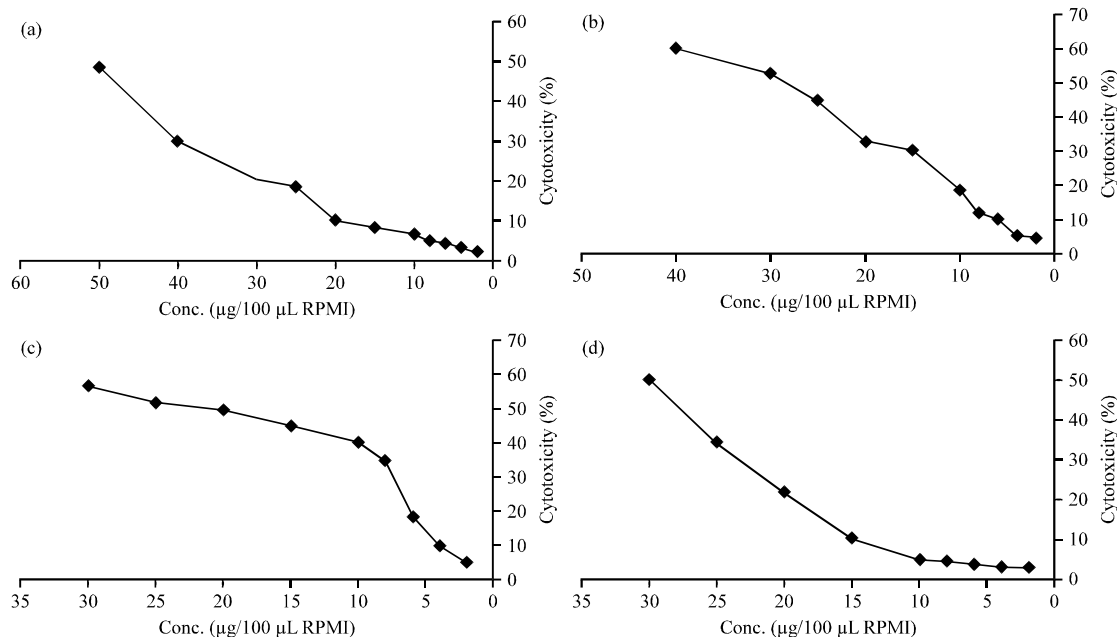


Fig. 1(a-d): The cytotoxicity results of (a) GSE and its major constituents (b) Gallic acid, (c) Catechin and (d) Epicatechin on HepG2 cell line

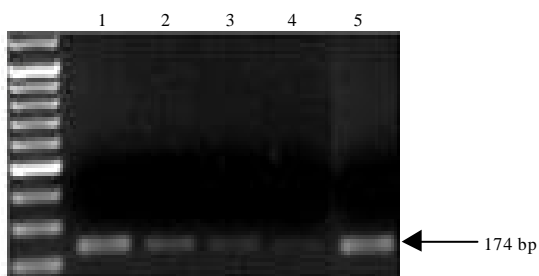


Fig. 2: GSE and its major constituent's activity against HCV, amplified RT- nested PCR products were resolved in 3% agarose gel/ethidium bromide staining, Lane 1: Gallic acid treatment, Lane 2: GSE treatment, Lane 3: Catechin, Lane 4: Epicatechin and Lane 5: Amplified 174 bp of HCV from used positive control

and finally catechin that have TC_{50} 30, 30 and 25% ($\mu\text{g}/100 \text{ uL RPMI}$), respectively. The non toxic doses (recommended) of GSE, epicatechin, gallic acid and catechin reached up 20, 15, 6 and 4% ($\mu\text{g}/100 \text{ uL RPMI}$), respectively.

The scavenging capacity of GSE and its constituents on ROS induced by HCV infection using flow cytometric analysis: Total induced ROS scavenging capacity results (Table 1) of the treatments clarified that, epicatechin was

Table 1: Flow cytometry report of free radicals scavenging ability of GSE and its major constituents

Treatment	ROS inhibition (%)
Grape seeds	62.24
Epicatechin	87.74
Catechin	85.35
Gallic acid	50.00

the most potent antioxidant constituent that showed a scavenging percentage reached 87.74%, followed by catechin and GSE that showed 85.35 and 62.24% scavenging percentage. Finally, the gallic acid recorded the lowest percentage 50%.

Antiviral effect of GSE and its constituents: Inhibition of viral replication was detected qualitatively by RT-nested PCR (Fig. 2) and quantitatively by amplification of the viral RNA segments using RT-qPCR technique (Table 2). The obtained results were calculated by analogy with a standard curve of different known virus concentrations in a positive control infected cells. The tested extract is considered to be active when it is capable of inhibiting the viral replication inside the HCV-infected cells, as evidenced by the inhibition of virus concentration (copies/mL) compared with positive control. Among all treatments, epicatechin showed the highest inhibition percentage (76%) where, it reduced the viral concentration from 1.09×10^9 to 2.4×10^8 , while, catechin, GSE and gallic acid inhibited the HCV with a percentage 64.2, 60.1 and 30.4, respectively.

DISCUSSION

It was reported that the level of Radical Oxygen Species (ROS) as well as lipid peroxidation elevated in case of HCV infection due to the HCV core protein (Okuda *et al.*, 2002; Waris *et al.*, 2005). Such increase might induce fibrosis and carcinogenesis in chronic HCV (Koike, 2005). Based on these data, a rationale for antioxidant treatment of chronic hepatitis C was suggested. The difference in the ability of polyphenols to deactivate the ROS depends upon the variation in the chemical structure, position of hydroxyl groups and many other features of the plants secondary metabolites (polyphenols). In the case of GSE, the main polyphenol components are gallic acid, catechin, epicatechin (EC) and

proanthocyanidin dimer B2 (EC-EC). It was shown in the results section that, both the crude extract and each main component possess a free radical scavenging activity with priority to epicatechin (87.74%). Such effect might help to reduce or protect from fibrosis and hepatocellular carcinoma by interrupting the initiation of a new ROS chain reaction.

In addition to scavenging activity of GSE, the inhibitory effect on HCV was also recorded qualitatively by RT-nested PCR (Fig. 2) and then quantitatively by RT-qPCR where the epicatechin inhibited the HCV by 76% (Table 2).

Regarding the mechanism underlying the antiviral activities (Table 2, Fig. 3), pretreatment of HepG2 cells with epicatechin before HCV inoculation moderately

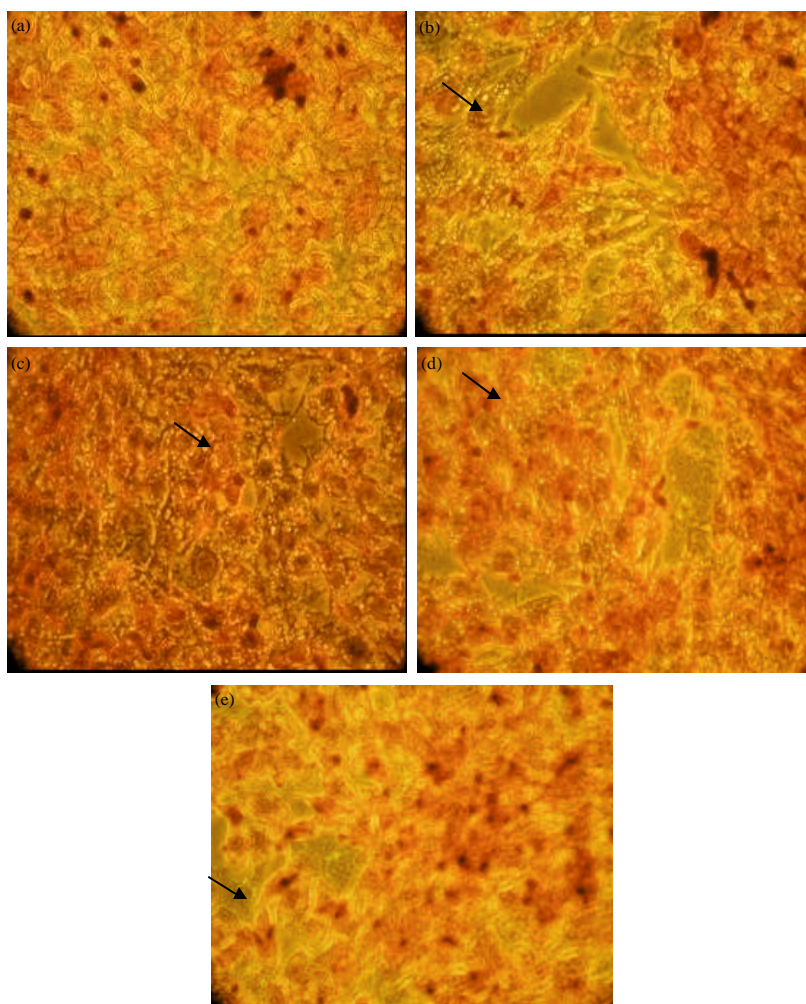


Fig. 3(a-e): HEPG2 cell infected with HCV virus were stained by acridine orange stain after three different treatments with epicatechin, Acridine orange stain interacted with viral RNA inside infected cells giving a green fluorescent plaque, The small black arrows in the photos indicated the fluorescent plaque induced by viral RNA in (a) Negative control, (b) Positive control, (c) Post-treatment, (d) Pre-treatment and (e) Co-treatment

Table 2: RT-qPCR results as inhibition of HCV due to the mode of treatment of GSE and its constituents, respectively

Mode of treatment	Inhibition (%)			
	GSE	Gallic acid	Catechin	Epicatechin
Post-treatment	8.7	6.19	9.0	11
Pre-treatment	28.0	14.42	30.2	36
Co-treatment	60.1	30.40	64.2	76

reduced the HCV infectivity and after HCV inoculation (post-treatment) slightly reduced the HCV infectivity. On the other hand, the application of epicatechin during inoculation (co-infection) strongly inhibited HCV infectivity. These results could be interpreted at two levels: the first is at the intracellular level (viral replication) and the second is at the direct interaction with virus molecule (extracellular level).

At the intracellular level: absorption of epicatechin from the digestive tract has been reported (Schroeter *et al.*, 2006) and may cross the blood-brain barrier (Abd El Mohsen *et al.*, 2002) suggesting the possibility of epicatechin internalization into cells, the idea which has been proven recently by Maurya and Prakash (2011). Based on the last information, in case of pre- and post treatment, the epicatechin might bind to the translational initiation complex associated with HCV Internal Ribosome Entry Site (IRES) and thereby suppresses the HCV genome expression that means viral replication inhibition. However, the effect of natural product-derived polyphenolic compounds on HCV IRES-directed translation is poorly studied and further investigation is needed.

At the extracellular level: in case of co-infection, the epicatechin might inhibit the HCV entry through direct interaction with virus molecules rather than interaction with HepG2 cells. That explanation might interpret the strong inhibition in co-infection (low number of HCV genome inside the host cells) than both pre-and post treatment. The idea behind was epicatechin might inhibit viral attachment to the HepG2, probably by acting directly on the particle surface, thus disrupting the initial step of HCV cell entry. This entry inhibition recorded here agreed with the recent study by Ciesek *et al.* (2011) and Calland *et al.* (2012) where they have proven that epigallocatechin-3-gallate (EGCG), another polyphenol member, as a good inhibitor for HCV entry.

CONCLUSION

This study suggested that all treatments possessed anti-viral and anti-oxidative properties, which were associated with their direct free radical scavenging abilities. The GSE molecule, epicatechin has dual

functions, at the extracellular level where it could inhibit the HCV entry and at the intracellular where it could interrupt the HCV replication. Further studies of the mechanism underlying epicatechin-mediated HCV inhibition may open new ways to design novel anti-HCV drugs.

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