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## A Quantitative Survey of Air-borne Fungal Spores from Schools in Riyadh, Saudi Arabia

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**Abstract:** The air-borne fungal flora inhabiting school environments at different places in Riyadh city, Saudi Arabia were screened. A total of 36 fungal species belonging to 6 genera were isolated from the air of schools at different places in Riyadh, while a total number of 68 fungal species belonging to 21 genera were isolated from the schools dust. The highest number of fungal species was found in the secondary stage followed by intermediate stage. The primary stage, which had a less populated classroom, recorded the lowest number of fungal species. The commonest genera of fungi isolated were *Aspergillus* and *Penicillium*. All the localities, the highest number of fungal colonies were obtained from schools in the south location of Riyadh city followed by schools in the central area.

**Key words:** Fungal spores, air-born, schools, mycoflora, environments

### Introduction

Spores and other particles of actinomycetes, bacteria and fungi are always present in atmospheric air-dust and grain-dust particles (Abdel-Hafez, 1984; Ali *et al.*, 1977; Holtmeyer and Wallin, 1981; Moustafa and Kamal, 1976; Palmgren *et al.*, 1983; Robert *et al.*, 1984). These spores and particles are associated with human and animal diseases such as allergy, poisoning and infection (Abdel-Hafez *et al.*, 1986; Pepys, 1969; Purchase, 1974). Fungi are common in both outdoor and indoor environments as spores, conidia, mycelial fragments or dissociated intracellular and extracellular components. In closed environments like schools, the situation for occupants is exacerbated when these fungal components coincide with pollen grains and mites which commonly cause allergic diseases like asthma, rhinitis, nasal eosinophilia and also dermatitis (Krillis *et al.*, 1985; Al-Fryah *et al.*, 1989). Children are more susceptible to these diseases than adults (Mori *et al.*, 1985; Bronswijk *et al.*, 1986). A knowledge of the fungal flora causing these diseases in school environments becomes necessary to facilitate, taking appropriate control measures.

In arid regions like Saudi Arabia, where dust storms are common, allergic diseases are increasing in frequency, especially in children (Al-Fryah *et al.*, 1989; Rafii, 1990). In Saudi Arabia, a few investigations were carried out on the mycoflora in the air at different governorates (Krillis *et al.*, 1985; Bronswijk *et al.*, 1986; Bokhary and Parvez, 1995), but none of these studies were focussed on school environments. The aim of present study is to estimate, the composition, density and frequency of the mycoflora in school environments at Riyadh area of Saudi Arabia. This research and other studies may help in finding suitable means to control some human diseases in Saudi Arabia such as chronic bronchitis, emphysema, asthma and allergies.

### Materials and Methods

**Sample collection:** This research project was conducted in Central Laboratory of Teachers College at Riyadh region of Saudi Arabia during 2000. Samples were collected from schools at different localities in Riyadh. These localities were central, east, north, south and west. Fungi were isolated using two methods described by Bokhary and Parvez (1995), these

two methods were carried out as follows:

**Settle plate method:** For the settle plate method, ten schools were chosen for each stage including primary, intermediate and secondary school (a total of 30 schools). Inside the school, twenty plates were put in each classroom. Czapek-Dox agar (Oxoid Ltd., London) with the addition of rose bengal (0.03 g/l) and streptomycin sulphate (0.033g/l) was used for fungal isolation (Bokhary and Parvez, 1995). The Czapek-Dox agar plates were exposed for 30 minutes at different places inside the school. These plates were then closed and incubated for four days at 30°C.

**Dilution plate method:** Samples of school dust were collected from the same 30 schools which were chosen for settle plate method. Dust samples were taken from the vacuum cleaners used in the schools. Samples of dust collected from different classrooms were mixed together for each school. Ten replicates, each of five grams were taken from the mixed dust samples. The serial dilution plate method (Al-Falih, 1997) used Czapek-Dox agar (Oxoid Ltd., London) for isolation and maintenance of cultures. Fungal genera and species were identified according to Johnson and Curl (1972), Pitt (1979), Ramirez (1982), Nelson *et al.* (1983). Standard statistical procedures were applied and a Minitab-for-Windows program was used in analysis of variance and standard deviation.

### Results and Discussion

The total number of fungal colonies per plate collected from the air of schools at different sites of Riyadh area are given in Fig. 1. The number of colonies per plate was in general higher in secondary schools than in other stages, which may be attributed to the densely populated classrooms compared to less populated classrooms in primary and intermediate stages. The number of colonies was almost double in secondary stage than primary stage. Schools in the south of Riyadh exhibited higher numbers of fungal colonies (mean = 71 / plate) than schools in other localities. Basahy (1989) reported that the highest level of suspended dust particles was observed in the south Riyadh city because of cement factory and other factories in this site.

The total number of fungal colonies per gram of school dust collected from schools at different places in Riyadh was also

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Table 1: Fungi isolated from the air of schools at different places in Riyadh. (including all localities, n = 20,  $\pm$  SD)

Fungi species	Stages		
	Primary	Intermediate	Secondary
<i>Alternaria</i> Total count	21	35	62
<i>A. alternata</i> (Fr.) Keissler	7 $\pm$ 2	-	10 $\pm$ 1
<i>A. chlamydospora</i> Mouchacca	-	9 $\pm$ 3	12 $\pm$ 5
<i>A. humicola</i> Oudem	6 $\pm$ 1	7 $\pm$ 2	9 $\pm$ 2
<i>A. phragmospora</i> van Emden	-	11 $\pm$ 2	17 $\pm$ 3
<i>A. tenuissima</i> (Fr.) Wiltshire	8 $\pm$ 2	8 $\pm$ 1	14 $\pm$ 4
<i>Aspergillus</i> Total count	33	80	246
<i>A. apicalis</i> Mehrotra & Basu	-	18 $\pm$ 2	22 $\pm$ 5
<i>A. candidus</i> Link ex Fries	-	13 $\pm$ 4	-
<i>A. clavatus</i> Desm.	5 $\pm$ 2	-	30 $\pm$ 1
<i>A. flavus</i> Link ex Fries	8 $\pm$ 1	10 $\pm$ 2	19 $\pm$ 2
<i>A. fumigatus</i> Fres.	-	5 $\pm$ 1	28 $\pm$ 1
<i>A. nidulans</i> (Eidam) Winter	-	-	3 $\pm$ 0
<i>A. niger</i> van Tieghem	7 $\pm$ 0	11 $\pm$ 4	41 $\pm$ 5
<i>A. ochraceous</i> Withelm	-	-	24 $\pm$ 2
<i>A. oryzae</i> (Ahlburg) Cohn	5 $\pm$ 2	9 $\pm$ 3	32 $\pm$ 6
<i>A. raperi</i> Stolk & Meyer	8 $\pm$ 3	6 $\pm$ 1	28 $\pm$ 4
<i>A. terreus</i> Thom	-	8 $\pm$ 2	19 $\pm$ 2
<i>Chaetomium spirale</i> Zopf	4 $\pm$ 2	3 $\pm$ 1	-
<i>Curvularia</i> Total count	9	24	46
<i>C. intermedia</i> Boedijn	-	11 $\pm$ 3	19 $\pm$ 2
<i>C. tuberculata</i> Jain	9 $\pm$ 2	-	20 $\pm$ 1
<i>C. pallescens</i> Boedijn	-	13 $\pm$ 0	24 $\pm$ 3
<i>Fusarium</i> Total count	4	21	57
<i>F. solani</i> (Mart.) Sacc.	-	12 $\pm$ 1	-
<i>F. oxysporum</i> Schlecht.	4 $\pm$ 1	-	14 $\pm$ 2
<i>F. coeruleum</i> (Lib.) Sacc.	-	-	26 $\pm$ 5
<i>F. ciliatum</i> Link	-	9 $\pm$ 2	-
<i>Mucor</i> Total count	7	54	117
<i>M. pusillus</i> Lindt	-	16 $\pm$ 3	35 $\pm$ 4
<i>M. mucedo</i> L. ex Fr.	3 $\pm$ 0	20 $\pm$ 2	-
<i>M. hiemalis</i> Wehmer	-	-	43 $\pm$ 2
<i>M. racemosus</i> Fres.	4 $\pm$ 2	18 $\pm$ 5	39 $\pm$ 6
<i>Penicillium</i> Total count	45	69	220
<i>P. lanosum</i> Westl.	-	19 $\pm$ 3	28 $\pm$ 2
<i>P. notatum</i> Westl.	8 $\pm$ 3	5 $\pm$ 1	41 $\pm$ 5
<i>P. citrinum</i> Thom	12 $\pm$ 4	-	35 $\pm$ 3
<i>P. nigricans</i> (Bain.) Thom	7 $\pm$ 2	-	-
<i>P. expansum</i> Link	-	14 $\pm$ 2	52 $\pm$ 4
<i>P. frequentans</i> Westl.	6 $\pm$ 0	-	34 $\pm$ 6
<i>P. chrysogenum</i> Thom	-	31 $\pm$ 6	-
<i>P. islandicum</i> Sopp	12 $\pm$ 1	-	30 $\pm$ 2

Table 2: Fungi isolated from school dust at different places in Riyadh. (including all localities, n = 20,  $\pm$  SD)

Fungi species	Stages		
	Primary	Intermediate	Secondary
<i>Alternaria</i> Total count	56	114	150
<i>A. alternata</i> (Fr.) Keissler	-	32 $\pm$ 3	19 $\pm$ 2
<i>A. chlamydospora</i> Mouchacca	22 $\pm$ 1	-	41 $\pm$ 5
<i>A. humicola</i> Oudem	-	27 $\pm$ 4	55 $\pm$ 4
<i>A. phragmospora</i> van Emden	-	55 $\pm$ 2	-
<i>A. tenuissima</i> (Fr.) Wiltshire	34 $\pm$ 6	-	35 $\pm$ 1
<i>Aspergillus</i> Total count	117	290	616
<i>A. aeneus</i> Sappa	-	-	11 $\pm$ 2
<i>A. ambiguus</i> Sappa	-	-	10 $\pm$ 0
<i>A. apicalis</i> Mehrotra & Basu	34 $\pm$ 7	-	89 $\pm$ 12
<i>A. candidus</i> Link ex Fries	-	18 $\pm$ 1	-
<i>A. clavatus</i> Desm.	-	-	84 $\pm$ 5
<i>A. flavus</i> Link ex Fries	6 $\pm$ 0	52 $\pm$ 8	65 $\pm$ 9
<i>A. fumigatus</i> Fres.	11 $\pm$ 2	61 $\pm$ 5	72 $\pm$ 6
<i>A. nidulans</i> (Eidam) Winter	-	-	42 $\pm$ 7
<i>A. niger</i> van Tieghem	43 $\pm$ 5	44 $\pm$ 6	53 $\pm$ 8
<i>A. ochraceous</i> Withelm	15 $\pm$ 3	51 $\pm$ 9	-

<i>A. oryzae</i> (Ahlburg) Cohn	-	17 $\pm$ 0	70 $\pm$ 11
<i>A. raperi</i> Stolk & Meyer	8 $\pm$ 1	32 $\pm$ 4	54 $\pm$ 7
<i>A. terreus</i> Thom	-	15 $\pm$ 1	66 $\pm$ 5
<i>Blastobotrys</i> Total count	0	15	32
<i>B. elegans</i> de Hoog et al.	-	-	32 $\pm$ 1
<i>B. proliferans</i> Marvanova	-	15 $\pm$ 4	-
<i>Botrytis cinerea</i> Pers.:Fr.	12 $\pm$ 3	5 $\pm$ 1	-
<i>Chaetomium</i> Total count	60	103	163
<i>C. aureum</i> Chivers	34 $\pm$ 5	16 $\pm$ 0	23 $\pm$ 2
<i>C. bostrychodes</i> Zopf	-	28 $\pm$ 2	-
<i>C. cymbiforme</i> Lodha	16 $\pm$ 1	-	56 $\pm$ 1
<i>C. globosum</i> Kunze: Fr.	-	-	31 $\pm$ 7
<i>C. gracile</i> Udagawa	-	17 $\pm$ 1	53 $\pm$ 4
<i>C. homophilum</i> Orvik	10 $\pm$ 7	42 $\pm$ 5	-
<i>Cladosporium</i> Total count	14	15	36
<i>C. cladosporioides</i> (Fres.) de Vries	8 $\pm$ 1	-	12 $\pm$ 3
<i>C. herbarum</i> (Pers.; Fr.) Link	6 $\pm$ 0	15 $\pm$ 2	24 $\pm$ 5
<i>Curvularia</i> Total count	7	14	67
<i>C. intermedia</i> Boedijn	7 $\pm$ 1	14 $\pm$ 3	26 $\pm$ 1
<i>C. tuberculata</i> Jain	-	-	41 $\pm$ 6
<i>Dimargaris</i> Total count	14	19	18
<i>D. cristalligena</i> van Tieghem	5 $\pm$ 2	15 $\pm$ 3	18 $\pm$ 4
<i>D. verticillata</i> R.K. Benjamin	9 $\pm$ 0	4 $\pm$ 1	-
<i>Embellisia indefessa</i> Simmons	7 $\pm$ 1	12 $\pm$ 3	23 $\pm$ 1
<i>Epicoecum purpurascens</i> Ehrenb.	9 $\pm$ 2	10 $\pm$ 1	7 $\pm$ 0
<i>Eurotium echinulatum</i> Delacr.	14 $\pm$ 5	26 $\pm$ 4	-
<i>Fusarium</i> Total count	39	102	161
<i>F. solani</i> (Mart.) Sacc.	-	52 $\pm$ 2	47 $\pm$ 5
<i>F. oxysporum</i> Schlecht.	14 $\pm$ 5	18 $\pm$ 3	54 $\pm$ 8
<i>F. coeruleum</i> (Lib.) Sacc.	25 $\pm$ 1	-	60 $\pm$ 7
<i>F. ciliatum</i> Link	-	32 $\pm$ 4	-
<i>Mortierella</i> Total count	-	45	49
<i>M. macrocystis</i> W. Gams	-	-	12 $\pm$ 0
<i>M. oligospora</i> Bjorling	-	45 $\pm$ 6	-
<i>M. zonata</i> Linnemann ex W. Gams	-	-	37 $\pm$ 5
<i>Mucor</i> Total count	37	48	53
<i>M. pusillus</i> Lindt	-	-	1 $\pm$ 0
<i>M. mucedo</i> L. ex Fr.	13 $\pm$ 4	32 $\pm$ 7	34 $\pm$ 2
<i>M. hiemalis</i> Wehmer	-	-	18 $\pm$ 5
<i>M. racemosus</i> Fres.	24 $\pm$ 1	16 $\pm$ 5	-
<i>Penicillium</i> Total count	55	127	187
<i>P. lanosum</i> Westl.	-	29 $\pm$ 3	26 $\pm$ 5
<i>P. notatum</i> Westl.	8 $\pm$ 1	25 $\pm$ 2	11 $\pm$ 0
<i>P. citrinum</i> Thom	12 $\pm$ 4	-	43 $\pm$ 8
<i>P. nigricans</i> (Bain.) Thom	7 $\pm$ 2	-	-
<i>P. expansum</i> Link	-	14 $\pm$ 1	32 $\pm$ 5
<i>P. frequentans</i> Westl.	16 $\pm$ 5	-	40 $\pm$ 6
<i>P. chrysogenum</i> Thom	-	31 $\pm$ 5	38 $\pm$ 4
<i>P. islandicum</i> Sopp	12 $\pm$ 3	28 $\pm$ 2	-
<i>Rhizopus</i> Total count	18	20	17
<i>R. microsporus</i> van Tieghem	11 $\pm$ 5	15 $\pm$ 2	9 $\pm$ 3
<i>R. stolonifer</i> (Ehrenb.:Fr.) Vuill	7 $\pm$ 0	5 $\pm$ 1	8 $\pm$ 2
<i>Scytalidium</i> Total count	-	38	45
<i>S. album</i> Beyer & Klingstrom	-	6 $\pm$ 1	-
<i>S. aurantiacum</i> Klingstrom & Beyer	-	9 $\pm$ 2	45 $\pm$ 7
<i>S. hyalinum</i> Campbell & Mulder	-	23 $\pm$ 5	-
<i>Stachybotrys</i> Total count	6	-	35
<i>S. kamplensis</i> Hansford	2 $\pm$ 1	-	11 $\pm$ 3
<i>S. bisbyi</i> (Srin.) Barron	-	-	24 $\pm$ 5
<i>S. atra</i> Corda	4 $\pm$ 2	-	-
<i>Torula</i> Total count	-	14	-
<i>T. herbarum</i> Link:Fr.	-	-	9 $\pm$ 3
<i>T. ndjilensis</i> Kiffer	-	14 $\pm$ 2	42 $\pm$ 7
<i>Trichoderma</i> Total count	38	45	118
<i>T. hamatum</i> (Bon.) Bain.	31 $\pm$ 6	-	12 $\pm$ 1
<i>T. harzianum</i> Rifai	-	10 $\pm$ 4	67 $\pm$ 8
<i>T. inhamatum</i> Veerkamp & W. Gams	7 $\pm$ 2	23 $\pm$ 3	16 $\pm$ 2
<i>T. koningii</i> Oudem	-	12 $\pm$ 2	23 $\pm$ 5
<i>Ulocladium atrum</i> Preuss	7 $\pm$ 0	15 $\pm$ 4	-

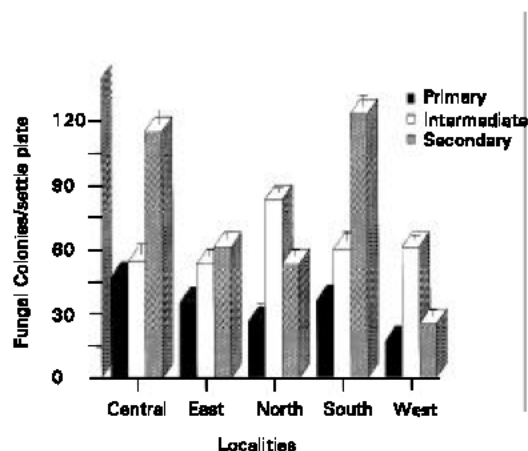


Fig. 1: Total number of fungal colonies per settle plate collected from schools at different localities of Riyadh, all values are means of triplicates  $\pm$  S.D.

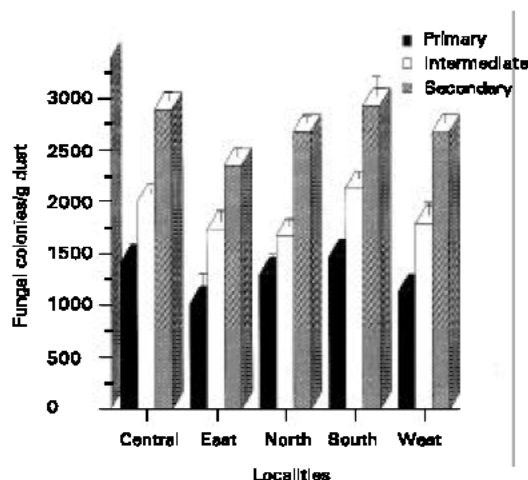


Fig. 2: Total number of fungal colonies per gram of schools dust collected from different localities of Riyadh, all values are means of triplicates  $\pm$  S.D.

greater in densely populated stage (secondary) than in less populated stages (Fig. 2). Schools in the south of Riyadh yielded the highest number of colonies per gram of school dust (2923 colonies / g dust) followed by central localities with 2890 colonies per gram of school dust.

A total of 36 fungal species belonging to 6 genera were isolated from the air of schools at different places in Riyadh (Table 1). *Aspergillus* was the most common genus and was represented by 11 species. It was followed by *Penicillium* (8 species), *Alternaria* (5 species), *Fusarium* and *Mucor* (4 species each). *Penicillium expansum* exhibited the highest number of colonies per plate among the fungal species (52) followed by *Penicillium notatum* and *Mucor hiemalis*.

Fungi isolated from the school dust samples are given in Table 2. A total number of 68 fungal species belonging to 21 genera were isolated. The highest number of species was found in the secondary stage (50 species) followed by intermediate stage (45 species), while the lowest number of fungal species was observed in the primary stage, that was 36 species.

*Aspergillus* was also a common genus here, with 13 species followed by *Penicillium* (8 species), *Chaetomium* (6 species), *Alternaria* (5 species), *Fusarium*, *Mucor*, and *Trichoderma* (4 species each). *Mortierella*, *Scytalidium* and *Stachybotrys* (3 species each). Two species were isolated from each of the genera *Blastobotrys*, *Cladosporium*, *Curvularia*, *Dimargaris*, *Rhizopus* and *Torula*. On the other hand, one species each of *Botrytis*, *Embellisia*, *Epicoccum*, *Eurotium* and *Ulocladium* were isolated from the school dust of Riyadh city. *Aspergillus apicalis* exhibited the highest number of colonies per gram of school dust among the fungal species (89) followed by *Aspergillus clavatus* with 84 colonies per gram of school dust. *Aspergillus*, which yielded the highest number of dust species, and the second ranking *Penicillium* were also recorded earlier as the most prevalent genera in air of Riyadh city (Ali *et al.*, 1977; Baggy and Gohar, 1988; Bokhary and Parvez, 1995). *Aspergillus* and *Penicillium* species together with other common genera like *Alternaria*, *Fusarium*, *Mucor*, *Trichoderma*, *Cladosporium*, *Curvularia*, and *Ulocladium* which are prevalent genera in school dust, are also common in different types of environments and dusts (Palmgren *et al.*, 1983; Robert *et al.*, 1984; Abdel-Hafez and Shoreit, 1985; Abdel-Hafez *et al.*, 1986). These genera were reported as common genera of house dust (Hamada and Yamada, 1991; Bokhary and Parvez, 1995).

Fungi together with school dust and mites have become the allergens most frequently associated with allergic diseases like bronchial asthma (Bokhary and Parvez, 1995). Mites are associated with house-dust allergens and fungi may stimulate the population growth of the house-dust mites (Samson and Lustgraaf, 1978; Bokhary and Parvez, 1995). Most of the fungal genera found here were also reported from floor dust of schools (Mercantini *et al.*, 1986; Al-Shatayel and Arda, 1989), while *Aspergillus* and *Penicillium* were the prevalent genera of Muna atmosphere (Al-Falih, 2000) and air-conditioning dust from houses in Riyadh (Saad and El-Gindy, 1990; Bokhary and Parvez, 1995).

**Conclusion:** The study provides evidence of the air-borne fungal flora inhabiting school environments at different places in Riyadh city, Saudi Arabia. A total of 36 fungal species belonging to 6 genera were isolated from the air of schools at different places in Riyadh, while a total of 68 fungal species belonging to 21 genera were isolated from the schools dust. The highest number of fungal species was found in the secondary stage followed by intermediate stage. The primary stage, which had a less populated classroom, recorded the lowest number of fungal species. The commonest genera of fungi isolated were *Aspergillus* and *Penicillium*. Overall, the highest number of fungal colonies were obtained from schools in the south of Riyadh city followed by schools in the central area of Riyadh.

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