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## Alleviation of the Harmful Effects of Soil Salt Stress on Growth, Yield and Endogenous Antioxidant Content of Wheat Plant by Application of Antioxidants

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**Abstract:** Two field experiments were carried out during the two growing seasons (2005/2006; 2006/2007) to investigate the role of some plant antioxidant materials such as ascorbic acid, glutathione,  $\alpha$ -tocopherol and spermine in alleviating the harmful effects caused by soil salt levels (3840 and 6080 mg L<sup>-1</sup>) on wheat plant. The grains were pre-soaked then the plants sprayed with any of antioxidants used. Moreover, the data showed that 6080 mg L<sup>-1</sup> soil salt level alone or in combination with any of applied antioxidants increased the activity of total peroxidase, ascorbic peroxidase, superoxide dismutase and catalase in wheat leaves. In addition, salinity level (6080 mg L<sup>-1</sup>) alone or in combination with any of applied antioxidants increased the endogenous contents of ascorbic acid and glutathione and total phenols but decreased carotenoids. It could be concluded that salt soil stress depressed all of growth parameters and yield components. The data also revealed that the different antioxidants could partially alleviate the harmful effect of salinity stress which reflected on growth and yield of wheat plant.

**Key words:** Salt, antioxidant, wheat, ascorbic acid, glutathione,  $\alpha$ -tocopherol, spermine

### INTRODUCTION

Soil salinity is one of the major abiotic stress affecting crop growth and productivity. Salt stress causes inhibition of growth and development, reduction in photosynthesis, respiration and protein synthesis and disturbs nucleic acid metabolism (Sairam and Srivastava, 2002). Sakr *et al.* (2007) indicated that salinity suppressed both cell division and cell enlargement proportionally in wheat plants.

Regarding the effect of antioxidant on wheat under salinity stress. Shalata and Neumann (2001) found that ascorbic acid acts directly to neutralize superoxide radicals, singlet oxygen or superoxide and as a secondary antioxidant during reductive recycling of the oxidized form tocopherol.

It is now widely accepted that Reactive Oxygen Species (ROS) are responsible for various stress-induced damage to macromolecules and ultimately to cellular structure. Consequently the role of antioxidant enzymes viz. superoxide dismutase (SOD), ascorbate peroxidase (APX), Glutathione Reductase (GR) and catalase (CAT), as well as metabolites like ascorbic acid, glutathione,  $\alpha$ -tocopherol, flavonoids and carotenoids (CAR) are responsible for the quenching of ROS becomes very important (Sairam and Srivastava, 2002).

Regarding enzymatic antioxidants activity: Vaidyanathan *et al.* (2003) reported that the non-enzymatic antioxidants (glutathione and ascorbate) showed an accumulation in root tissues in plants subjected to salt stress. Plants must possess efficient antioxidant system such as SOD, APX, GR, DIAR and CAT as well as metabolites viz., ascorbic acid, glutathione,  $\alpha$ -tocopherol, carotenoid and flavanoids etc. (Smirnoff, 1995).

As for the effect of polyamines: (Zhao and Qin, 2004) has established the specific role of polyamines in maintaining a cation-anion balance in plant tissues and by stabilizing membranes at high external salinity. Polyamines had ameliorating effect on all morphological and physiological characters and prevented degradation of chlorophyll, however polyamines enhanced accumulation of all organic compounds under salinity stress study, except phenols. Therefore, the present investigation aimed to improve the productivity of wheat plant grown under soil salt stress by using some external antioxidant.

### MATERIALS AND METHODS

Two field experiments were carried out at Seed Technology Unit, Tag El-Ezz Research Station, Dakahlia Governorate, Agric. Res. Center, Ministry of Agric., Egypt

during 2005/2006 and 2006/2007 growing seasons to investigate the role of selected antioxidants on mitigation or alleviation the harmful effect of soil salt stress on wheat plant. Wheat (*Triticum aestivum*) grains (var. Gemeza 9) kindly were supplied by Plant Breeding Section, Agric. Res. Center, Ministry of Agric., Giza, Egypt. Two different soil areas differ in their soil salt stress were chosen. Soil salt stress in the first area equal  $850 \text{ mg L}^{-1}$  ( $1.32 \text{ dS m}^{-1}$  control). While the second equal  $3840 \text{ mg L}^{-1}$  ( $6 \text{ dS m}^{-1}$ ) and the third salt soil area was  $6080 \text{ mg L}^{-1}$  ( $9.5 \text{ dS m}^{-1}$ ). Each area was divided into 5 groups represented by the different applied antioxidants. Uniform grains were presoaked for 6 h before sowing in any of antioxidants i.e., ascorbic acid ( $100 \text{ mg L}^{-1}$ ), glutathione ( $100 \text{ mg L}^{-1}$ ),  $\alpha$ -Tocopherol ( $50 \text{ mg L}^{-1}$ ), spermine ( $10 \text{ mg L}^{-1}$ ) as well as tap water. Uniform presoaked wheat grains were sown on November 15th 2005 in the two different soil salt areas. The wheat plants were sprayed with the same antioxidant concentrations at 30, 60 and 90 days from sowing. Automatic atomizers were used for spraying the applied antioxidants after adding tween-20 as a wetting agent (0.05%). All the normal culture practices of growing wheat plants were applied as usual manner followed by the farmer in the distinct. Growth parameters were measured at vegetative stage (75 days after sowing) at harvesting stage yield and its components were recorded. The leaves were collected after 75 days from sowing for each treatment then frozen and stored till analysis. Each treatment replicated 3 times and arranged in a complete randomized block design. The data of experiments were statistically analyzed as technique of the Analysis of Variance (ANOVA) according to Gomez and Gomez (1984). The treatment means were compared using the Least Significant Differences (LSD).

### Biochemical constituents

#### Non-enzymatic antioxidant contents

**Ascorbic acid determination:** The 0.5 g of fresh leaves was ground in 50 mL of 2% (w/v) metaphosphoric acid using mortar and pastel and centrifuged for 30 min at 13000 rpm at  $4^{\circ}\text{C}$ . The ascorbate content ( $\mu\text{mol g}^{-1}$  FW) was measured in the supernatant at  $25^{\circ}\text{C}$ . The absorbance of red color was measured at 520 nm according to Omaye *et al.* (1979).

**Total glutathione determination:** The level of total glutathione (GSH) was determined in the fresh leaves with Ellman's reagent according to De Vos *et al.* (1992). Three hundred microliter of sample buffer were mixed with  $630 \mu\text{L}$  of  $0.5 \text{ M K}_2\text{HPO}_4$  and  $25 \mu\text{L}$  of  $5 \text{ mM}$  5, 5-dithiobis (2-nitrobenzoic acid) (final pH 7). The absorbance at 412 nm was read after 2 min GSH was used as a standard.

**Total phenols determination:** One gram of the fresh leaves were macerated in 5-10 mL 80% ethanol for at least 24 h at  $0^{\circ}\text{C}$ , the alcohol was clarified, the remained residue was re-extracted with 5-10 mL 80% ethanol 3 times. At the end, the clarified extract was completed to 50 mL using 80% ethanol. The colorimetric method of Folin-Denis as described by Daniel and George (1972) was employed for the chemical determination of phenolic compounds by reading the developed blue color at 725 nm. using 0.5 mL 80% ethanol and reagents only as a blank.

**Carotenoids determination:** Leaf samples (0.5 g from the third upper foliage leaf) were subjected to extraction by methanol for 24 h at laboratory temperature after adding a trace from sodium carbonate (Robinson *et al.*, 1983) then carotenoids were determined spectrophotometrically (Spekoll 1) at wave length 452 and calculated by equation introduced by Mackiny (1941).

#### Enzymatic antioxidant activity determination:

**Ascorbate peroxidase activity determination:** Ascorbate Peroxidase (As-POD) was assayed spectrophotometrically according to Fielding (1978). The assay was carried out at  $25^{\circ}\text{C}$  in 1.0 cm light path cuvette and the reaction mixture consisted of  $1500 \mu\text{L}$  phosphate buffer,  $20 \mu\text{L}$  EDTA,  $1000 \mu\text{L}$  sodium ascorbate and enzyme extract ( $20 \mu\text{L}$ ). After mixing the reaction was initiated by adding the  $480 \mu\text{L H}_2\text{O}_2$  and decreasing in optical density at 290 nm against blank (without extract) was continuously recorded every minute (2 min).

**Total peroxidases activity determination:** Peroxidase was assayed spectrophotometrically according to Amako *et al.* (1994). The assay was carried out at  $25^{\circ}\text{C}$  in 1.0 cm light path cuvette and the reaction mixture consisted of  $1500 \mu\text{L}$  phosphate buffer,  $1000 \mu\text{L}$  pyrogallol and  $480 \mu\text{L H}_2\text{O}_2$  solution. After mixing the reaction was initiated by adding the enzyme extract ( $20 \mu\text{L}$ ) and the increase in optical density at 430 nm against blank (without extract) was continuously recorded every minute (for 3 min).

**Super Oxide Dismutase (SOD) activity determination:** Leaf samples were collected in an ice bucket and brought to the laboratory. Leaves were then washed with distilled water and surface moisture was wiped out. Leaf samples (0.5 g) were homogenized in ice cold 0.1 M phosphate buffer (pH 7.5) containing 0.5 mM EDTA with pre-chilled pestle and mortar. The homogenate was transferred to centrifuge tubes and was centrifuged at  $4^{\circ}\text{C}$  in Beckman refrigerated centrifuge for 15 min at  $15000 \times g$ . The supernatant was transferred to 30 mL tubes and referred to enzyme extract.

SOD activity was estimated by recording the decrease in absorbance of superoxide-nitro blue tetrazolium complex by the enzyme. About 3 mL of reaction mixture containing 0.1 mL of 1.5 M sodium carbonate, 0.2 mL of 200 mM methionine, 0.1 mL of 2.25 mM Nitro-blue tetrazolium, 0.1 mL of 3 mM EDTA, 1.5 mL of 100 mM potassium phosphate buffer, 1 mL distilled water and 0.05 mL of enzyme were taken in test tubes in duplicate from each enzyme sample. Two tubes without enzyme extract were taken as control. The reaction was started by adding 0.1 mL riboflavin (60 mM) and placing the tubes below a light source of two 15 W florescent lamps for 15 min reaction was stopped by switching off the light and covering the tube with black cloth. Tubes without enzyme developed maximal color. A non-irradiated complete reaction mixture which did not develop color served as blank. Absorbance was recorded at 560 nm and one unit of enzyme activity was taken as the quantity of enzyme which reduced the absorbance reading of samples 50% of comparison with types lacking enzymes (Dhindsa *et al.*, 1981).

Catalase activity was determined by measuring the rate of H<sub>2</sub>O<sub>2</sub> conversion to O<sub>2</sub> at room temperature using a lipid-phase O<sub>2</sub> electrode (Hansatech, Norfolk, UK). Approximately 0.5 g of plant tissue, consisting of the apical region of the shoot including the cotyledons, was extracted in 1.5 mL of 0.1 mM Hepes/KOH buffer (pH 7.4)

and then centrifuged at 10000 g for 5 min. The rate of O<sub>2</sub> production was measured by adding 50 µL of the supernatant to 0.1 M Hepes (pH 7.4) containing 530 mM H<sub>2</sub>O<sub>2</sub>. Catalase activity was calculated on a fresh weight basis to keep the data uniform with the H<sub>2</sub>O<sub>2</sub> measurements and to reduce the chances of distribution as a result of protein synthesis alteration due to heat shock (Vierling, 1991; Bettany, 1995).

## RESULTS

**Plant growth:** The data in Table 1 show that any of applied antioxidants (Ascorbic acid, Glutathione, α-Tocopherol, Spermine) significantly increased dry matter accumulation in stem and leaves of wheat plant compared with untreated plants in the two soil salt areas (A<sub>1</sub> and A<sub>2</sub>) throughout the two growing seasons (2005/2006; 2006/2007). The data also show that applied antioxidants were more effective in soil salt area (A<sub>1</sub>).

It could be concluded that, the different applied antioxidant materials could counteract the harmful effect of high soil salt stress levels on growth of wheat plant. However, ASA was more effective in this respect.

**Yield and its components:** The data in Table 1 shows that applied antioxidants significantly increased yield and its components (as spike length, spike weight, number of

Table 1: Effect of exogenous applied antioxidants on growth and yield of wheat plant grown under high soil salt stress conditions (3840 and 6080 mg L<sup>-1</sup>), during the two growing seasons (2005/2006; 2006/2007)

Treatments (mg L <sup>-1</sup> )	Stem d. wt (g plant <sup>-1</sup> )	Leaves d. wt. (g plant <sup>-1</sup> )	Spike length (cm)	No. of spikes plant <sup>-1</sup>	Spike weight (g plant <sup>-1</sup> )	No. of grains spike <sup>-1</sup>	Grains weight (g spike <sup>-1</sup> )	Grains yield (g plant <sup>-1</sup> )
<b>First season</b>								
A <sub>1</sub> + tap water	3.50	3.80	8.80	3.20	3.00	31.0	2.00	12.20
A <sub>1</sub> + ASA 100	3.90	4.10	9.50	3.70	3.30	37.0	2.40	13.60
A <sub>1</sub> + Glut 100	3.70	3.90	9.40	3.60	3.20	36.0	2.30	13.50
A <sub>1</sub> + Tocoph 50	3.80	4.00	9.30	3.40	3.20	36.0	2.20	12.90
A <sub>1</sub> + Sper 10	3.80	4.00	9.00	3.50	3.20	36.0	2.20	12.90
LSD at 5%	0.02	0.02	0.20	0.20	0.20	1.1	0.02	0.30
A <sub>2</sub> + tap water	2.90	3.10	7.30	2.30	2.60	28.0	1.60	10.30
A <sub>2</sub> + ASA 100	3.30	3.90	8.10	2.80	3.00	34.0	2.00	12.50
A <sub>2</sub> + Glut 100	3.10	3.70	8.00	2.70	2.90	32.0	1.90	12.30
A <sub>2</sub> + Tocoph 50	2.90	3.70	8.00	2.60	2.80	33.0	1.80	12.40
A <sub>2</sub> + Sper 10	3.20	3.70	7.70	2.70	2.80	32.0	2.20	12.40
LSD at 5%	0.02	0.02	0.22	0.30	0.12	0.55	0.02	0.20
<b>Second season</b>								
A <sub>1</sub> + tap water	3.70	4.10	9.70	3.50	3.30	35.0	2.30	12.00
A <sub>1</sub> + ASA 100	4.10	4.30	10.40	3.90	3.60	41.0	2.50	13.50
A <sub>1</sub> + Glut 100	4.00	4.20	10.30	3.70	3.50	40.0	2.40	13.40
A <sub>1</sub> + Tocoph 50	4.00	4.20	10.30	3.70	3.50	40.0	2.30	12.80
A <sub>1</sub> + Sper 10	4.00	4.20	10.10	3.80	3.50	39.0	2.30	12.90
LSD at 5%	0.05	0.05	1.00	0.65	0.10	2.1	0.13	0.55
A <sub>2</sub> + tap water	2.60	3.40	8.20	2.60	2.90	32.0	1.90	10.20
A <sub>2</sub> + ASA 100	3.60	4.10	9.30	3.20	3.30	37.0	2.10	12.60
A <sub>2</sub> + Glut 100	3.40	3.80	9.10	3.10	3.10	35.0	1.90	12.40
A <sub>2</sub> + Tocoph 50	3.20	3.60	9.10	2.90	3.10	36.0	1.90	12.00
A <sub>2</sub> + Sper 10	3.50	3.80	8.80	2.90	3.10	35.0	2.30	12.00
LSD at 5%	0.03	0.03	0.25	0.34	0.03	0.65	0.03	0.23

ASA: Ascorbic acid, Glut.: Glutathione, Tocoph: Tocopherol, Sper.: Spermine, A<sub>1</sub>: Area 1 (Salinity 3840 mg L<sup>-1</sup> or dS m<sup>-1</sup>), A<sub>2</sub>: Area 2 (Salinity 6080 mg L<sup>-1</sup> or 9.5 dS m<sup>-1</sup>)

Table 2: Effect of exogenous applied antioxidants on endogenous enzymatic and non-enzymatic antioxidants in wheat plant grown under soil salt stress conditions (3840 and 6080 mg L<sup>-1</sup>) during the growing seasons (2006/2007)

Treatments (mg L <sup>-1</sup> )	Enzymatic antioxidants activity				Non-enzymatic antioxidants controls			
	TPX	APX	SOD	CAT	CART	ASA	GSH	T. phenols
<b>First season</b>								
A <sub>1</sub> + tap water	180	133	350	60	0.36	8.5	238	190
A <sub>1</sub> + ASA 100	219	145	370	61	0.48	9.0	245	225
A <sub>1</sub> + Glut 100	215	135	360	60	0.45	8.8	260	215
A <sub>1</sub> + Tocoph 50	206	140	365	60	0.45	8.8	240	225
A <sub>1</sub> + Sper 10	212	140	360	60	0.45	8.6	245	215
LSD at 5%	3.5	2.7	4.1	ns	0.02	0.2	3.5	3.5
A <sub>2</sub> + tap water	193	141	362	63	0.25	8.9	246	226
A <sub>2</sub> + ASA 100	226	178	398	62	0.38	10.9	281	236
A <sub>2</sub> + Glut 100	222	154	396	63	0.31	10.1	296	234
A <sub>2</sub> + Tocoph 50	223	157	366	63	0.37	9.6	278	233
A <sub>2</sub> + Sper 10	226	168	368	62	0.32	9.1	235	237
LSD at 5%	3.2	2.2	3.8	ns	0.02	0.10	2.8	2.6
<b>Second season</b>								
A <sub>1</sub> + tap water	186	130	356	60	0.39	8.0	230	180
A <sub>1</sub> + ASA 100	222	144	363	61	0.45	8.9	240	220
A <sub>1</sub> + Glut 100	220	130	362	60	0.45	8.2	260	210
A <sub>1</sub> + Tocoph 50	215	140	360	61	0.45	8.2	240	212
A <sub>1</sub> + Sper 10	217	136	360	60	0.45	8.2	240	211
LSD at 5%	3.5	2.7	4.1	ns	0.02	0.2	3.5	3.5
A <sub>2</sub> + tap water	198	140	360	66	0.25	9.1	240	230
A <sub>2</sub> + ASA 100	235	170	390	66	0.30	10.0	280	246
A <sub>2</sub> + Glut 100	230	150	380	66	0.30	10.0	290	240
A <sub>2</sub> + Tocoph 50	227	150	369	66	0.33	9.9	270	240
A <sub>2</sub> + Sper 10	230	160	370	67	0.33	9.8	255	240
LSD at 5%	3.2	2.2	3.8	ns	0.02	0.10	2.8	2.6

TPX: Total peroxidase activity (units/g fresh weight), APX: Ascorbic peroxidase activity (units/g fresh weight), SOD: Superoxide dismutase activity (units/mg protein/min), CAT: Catalase activity  $\mu\text{mol H}_2\text{O}_2$  red/mg protein/min, CART: Carotenoids content (mg/g fresh weight), ASA: Ascorbic acid content (mg/g fresh weight), GSH: Reduced glutathione ( $\mu\text{mol g}^{-1}$  fresh weight), T. phenols: Total phenols content ( $\text{mg g}^{-1}$  fresh weight), ASA: Ascorbic acid, Glut.: Glutathione, Tocoph.: Tocopherol, Sper.: Spermine, A<sub>1</sub>: Area 1 (Salinity 3840 mg L<sup>-1</sup> or 6 dS m<sup>-1</sup>), A<sub>2</sub>: Area 2 (Salinity 6080 mg L<sup>-1</sup> or 9.5 dS m<sup>-1</sup>)

spikes/plant, number of grains/spike, grains weight/spike and grains yield/plant) in the two salt soil areas especially (A<sub>1</sub>) compared with the untreated plants throughout the two growing seasons. The data also show that applied antioxidant materials could alleviate the harmful effect of high soil salt stress levels on yield and its components of wheat plant and ASA more effective in this respect.

**Enzymatic antioxidants activity:** The data in Table 2 shows that applied antioxidants significantly increased enzymatic activity of total peroxidase (TPX), Ascorbic peroxidase (APX) and Super Oxide Dismutase (SOD) in the two soil salt areas (A<sub>1</sub> and A<sub>2</sub>) compared with untreated plants throughout the two growing seasons. While, catalase activity did not showed any significant response and ASA was the most effective in this respect. It could be noticed that enzymatic activity in A<sub>2</sub> was more than that in A<sub>1</sub> throughout the growing seasons.

**Non enzymatic antioxidant contents:** The data in Table 2 shows that any of applied antioxidants increased the contents of endogenous non enzymatic antioxidants (carotenoids, ascorbic acid, glutathione and total phenols). Ascorbic acid treatment proved to be more effective in improving endogenous non-enzymatic

antioxidants and the increasing effect in A<sub>1</sub> was higher than that of A<sub>2</sub> throughout the two growing seasons.

## DISCUSSION

The inhibitory effect of soil salt stress areas (A<sub>1</sub> and A<sub>2</sub>) on wheat growth in the present investigation may be due to a decrease in water absorption, metabolic processes, meristematic activity and/or cell enlargement (Sakr *et al.*, 2007) or by damaging growth cells so that they can not perform their functions (Chen and Murata, 2002).

The reduction in seed yield caused by soil salt stress in the two areas (A<sub>1</sub> and A<sub>2</sub>) is largely due to (1) reduction in pollen viability which has been related to decreased calcium mobilization from plant leaves treated with sodium chloride, which is important in pollen germination and pollen tube growth, (2) abscission of flowers or young fruit due to ethylene induction by salinity, (3) moreover, decreasing production of pollen grain, mean number of perfect flowers and fruit set and (4) decreasing the leaf area and number per plant, resulting reduction in the supply of carbon assimilate due to decreasing the net photosynthetic rate and biomass accumulation (Sakr *et al.*, 2007).

**As for  $\alpha$ -Tocopherol, ascorbic acid and glutathione:** It could be concluded that, these plant antioxidants can alleviate the harmful effect of reactive oxygen species (ROS) caused by soil salt stress (3840 and 6080 mg L<sup>-1</sup>) through several ways such as: (1) inhibiting the lipid photoperoxidation (Thomas *et al.*, 1992), (2) involving in both electron transport of PS II and antioxidizing system of chloroplasts, (3) as membrane stabilizers and multifaceted antioxidants, that scavenge oxygen free radicals, lipid peroxy radicals and singlet oxygen (Diplock *et al.*, 1989), (4) reacting with peroxy radicals formed in the bilayer as they diffuse to the aqueous phase, (5) scavenging cytotoxic H<sub>2</sub>O<sub>2</sub> and reacts non-enzymatically with other ROS: singlet oxygen, superoxide radical and hydroxyl radical (Blokina *et al.*, 2003), (6) regenerating another powerful water-soluble antioxidant, ascorbic acid, via the ascorbate-glutathione cycle, (7) stabilize membrane structures (Blokina, 2003), (8) modulating membrane fluidity in a similar manner to cholesterol and also membrane permeability to small ions and molecules (Foyer, 1992) and (9) decreasing the permeability of digalactosyl diacyl glycerol vesicles for glucose and protons (Berglund *et al.*, 1999).

**Regarding polyamines (PAs):** It has been suggested that PAs may play a role in antioxidative system and protect membrane from peroxidation. The alleviating effect of polyamines on plants grown under salinity stress may be due to one or more of the following factors: (1) through activating antioxidative defense system, (2) suppressed the level of superoxide and H<sub>2</sub>O<sub>2</sub> in leaf stressed plants (Hernandez *et al.*, 1995), (3) Suppress H<sub>2</sub>O<sub>2</sub> level and thereby membrane damage is being evaluated in terms of antioxidative system, (4) caused reduction in ROS through quenching of singlet oxygen and excited chlorophyll by elevating level of CAR thereby maintained chloroplastic membrane (Velikova *et al.*, 2000), (5) reduce membrane leakage and lipid peroxidation and decreased MDA contents in sugarcane leaves (Zhang and Kirkham, 1996), (6) stabilization of membrane damage may be due to its polycationic nature (Tiburcio *et al.*, 1994), (7) increasing AXP and GR activity as well as CAR and GSH at all salinity levels (Tiburcio *et al.*, 1994), (8) stimulation of chlorophyll synthesis and prevent chlorophyll degradation (Krishnamurthy, 1991) and (9) increasing all organic concentrations, that may be attributed to that polyamines are involved in important biological processes, e.g., ionic balance and DNA, RNA and protein synthesis.

Generally speaking, the application of antioxidants proved to be more effective in alleviating the harmful effect of salinity on wheat plant.

**Regarding enzymatic antioxidant activity:** Dash and Panda (2001) reported that higher activity of antioxidant enzymes viz., SOD, GR and CAT caused lower H<sub>2</sub>O<sub>2</sub> production, lipid peroxidation and higher membrane stability. Beneficial effect of higher osmolyte concentration (soluble sugars, glycine-betaine, proline and potassium) is reflected in stabilization of essential enzyme proteins such as SOD and GR resulting in higher activity under salinity stress.

Plants possess antioxidant systems in the form of enzymes such as SOD, APX, GR, DIAR and metabolites viz., ascorbic acid, glutathione,  $\alpha$ -tocopherol, carotenoid and flavonoids etc. These antioxidant enzymes and metabolites are reported to increase under various environmental stress as well as comparatively higher activity has been reported in tolerant cultivars than the susceptible ones (Sairam and Srivastava, 2002).

**Non enzymatic antioxidants:** Ascorbic acid has been implicated in several types of biological activities in plants: (1) as an enzyme co-factor, (2) as an antioxidant and (3) as a donor/acceptor in electron transport at the plasma membrane or in the chloroplasts, all of which are related to oxidative stress resistance (Conklin, 2001).

Total phenols in the wheat leaves tended to increase gradually with increasing salinity levels in soil as shown in Table 2. This increase showed some tendency of wheat to adjust osmotically against salt stress. Moreover, stress condition leads to an increase in phenolic compounds (Naimiki, 1990). These phenolic compounds could be a cellular adaptive mechanism for scavenging oxygen free radicals during stress and this free radical scavenger and others such as ascorbate could be readily oxidized in the system of tissue representing sub-cellular damages.

Reducing glutathione (GSH) can act as an antioxidant in many ways. (1) It can react chemically with singlet oxygen, superoxide and hydroxyl radicals and therefore function directly as a free radical scavenger (Noctor and Foyer, 1998), (2) GSH may stabilize membrane structure by removing acyl peroxides formed by lipid peroxidation reactions and (3) GSH is the reducing agent that recycles ascorbic acid from its oxidized to its reduced form by the enzyme dehydroascorbate reductase (Loewus, 1988).

The increase in reducing glutathione (GSH) contents as reported in Table 2 may be due to the role of the enzymes ascorbate peroxidase, glutathione reductase and superoxide dismutase which involved in the regeneration of glutathione and ascorbate that are important in detoxification of ROS (Foyer *et al.*, 1994).

Generally, it could be concluded that  $\alpha$ -tocopherol, ascorbic acid and glutathione can help to alleviate the harmful effect of ROS may be through several ways such as: (1) inhibits the lipid photoperoxidation (Thomas *et al.*, 1992), (2) involves in both electron transport of PS II and antioxidizing system of chloroplasts (Thomas *et al.*, 1992), (3) membrane stabilizers (Thomas *et al.*, 1992), (4) can react with peroxy radicals (Sairam and Servastava, 2002), (5) it scavenges cytotoxic  $H_2O_2$  and reacts non-enzymatically with other ROS (Sairam and Servastava, 2002), (6) regenerates another powerful water-soluble antioxidant and ascorbic acid (Blokhina *et al.*, 2002), (7) stabilizes membrane structures (Blokhina, 2002), (8) modulates membrane fluidity in a similar manner to cholesterol and also membrane permeability to small ions and molecules (Foyer, 1992) and (9) decrease the permeability of digalactosyldiacylglycerol vesicles for glucose and protons (Berglund *et al.*, 1999).

As for, role of exogenous antioxidants polyamine on alleviating salinity stress effects: the polyamines (PAs) including spermine (SPM, a tetramine), spermidine (SPD, a triamine) and their obligate precursor putrescine (a diamine) are implicated in induction of plant adaptation to stress (Mishra *et al.*, 2003). It has been suggested that PAs may play role in antioxidative system and protect membrane from peroxidation. The alleviating effect of polyamines on plants grown under salinity stress was previously discussed.

From the above mentioned results it could be noticed that the applied antioxidants could alleviate or minimize the harmful effect of NaCl salinity on wheat plant growth and ascorbic acid and spermine proved to be more effective in this respect.

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