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## Novel Antibacterial Activity of *Enterococcus faecium* NM<sub>2</sub> Isolated from Urine of Healthy People

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### ABSTRACT

The present study was an endeavour to select a probiotic bacteria inhibitory to human pathogenic bacteria. Characterization of bacteria by methods based on phenotypic, biochemical and molecular characters were followed herein and bacteriocin activity was a scope of the present study. Out of 20 isolates of lactic acid bacteria isolated from urine of healthy people, one isolate only: the NM<sub>2</sub> strain inhibited other bacterial isolates isolated from patients with urinogenital infections and other bacterial pathogens of our strain collection. Based on biochemical, phenotypic characteristics and sequences of 16S rRNA gene the NM<sub>2</sub> strain was identified as belonging to *Enterococcus faecium* (*E. faecium* NM<sub>2</sub>) and its two sensitive strains TW<sub>5</sub>; TCH<sub>4</sub> were identified as *Enterococcus faecalis* (*E. faecalis* TW<sub>5</sub>); *Burkholderia cepacia* (*B. cepacia* TCH<sub>4</sub>). The inhibitory activity of cell free supernatant (CFS) of the NM<sub>2</sub> strain was lost by proteolytic enzymes, heat resistant and was not affected by organic solvents, lipase and amylase. Consequently the active substance in CFS was proved to be of proteinaceous nature and was, therefore, characterized as a bacteriocin. This bacteriocin was active at acidic pH levels (pH 2.0-6.5) and its activity was lost at neutral and alkaline pH values; indicating on wider application of this bacteriocin.

**Key words:** Lactic acid bacteria, *Enterococci*, *B. cepacia*, bacterial pathogens, bacteriocins

### INTRODUCTION

Lactic acid bacteria are Gram positive, catalase negative and have commonly been used in dairy, meat, bakery and dairy fermentations and are found in the healthy gut of all humans (Campos *et al.*, 2006). They possessed certain interest, due to their use as probiotic bacteria since they improve the nutritional benefits for health as they have been reported to antagonise pathogenic bacteria in human gut by their antimicrobial metabolites such as bacteriocins, diacetyl, hydrogen peroxide, acetaldehyde, ethanol, organic acids and carbon dioxide (Vaughan *et al.*, 1992).

Bacteriocins are proteinaceous compounds produced by bacteria that exhibit a bactericidal or bacteriostatic mode of action against sensitive Gram positive and Gram negative bacteria (Enan, 2006a, b, c; Sawa *et al.*, 2009). Among lactic acid bacteria, *Enterococcus* was widely distributed and generally associated with food substrates. Enterococci are part of the normal intestinal microflora and may become opportunistic pathogens in individuals with serious diseases whose immune systems are compromised (Jamaly *et al.*, 2010). Common diseases caused by enterococcal infections include endocarditis, abdominal abscesses, bacteremia and urinary tract

infections. On the other hand, *Enterococcus faecium* and *Enterococcus faecalis* are known to produce bacteriocins. Their bacteriocins are called enterocins with heat stability and antilisterial activity (Wilaipun *et al.*, 2004). The selection and identification of a bacteriocin produced by *Enterococcus* strain isolated from urine is of interest, because it can be used as probiotic bacterium to inhibit other bacterial pathogens. Nothing is mentioned in literature about inhibition of many bacterial pathogens including *Burkholderia cepacia* complex by a bacteriocin produced by *Enterococcus faecium*. In an attempt to fill this gap, this study described the identification of *Enterococcus faecium* NM<sub>2</sub> isolated from urine; and identification of two indicator strains isolated from urine (*B. cepacia* TCH<sub>4</sub> and *E. faecalis* TW<sub>5</sub>). The inhibitory activity of the *E. faecium* NM<sub>2</sub> strain and preliminary characterization of the active bacteriocin was studied.

## MATERIALS AND METHODS

**Bacterial strains and culture media:** Samples of urine were withdrawn from Egyptian population at random conditions. This was carried out to show the reasons of infections in patients and the reasons of resistance of some people to infections under the same conditions. Also sub-sectional analysis was done regarding age, gender and housing (Zakaria, 2013).

***E. faecium* NM<sub>2</sub>:** The producer of the inhibitory activity against other pathogenic bacteria, was isolated from urine of normal healthy man. It was isolated on brain heart infusion (BHI) agar (Oxoid) and was subcultured in BHI broth. This NM<sub>2</sub> strain was identified in this study and was stored in BHI broth plus 20% glycerol at -20°C (Pucci *et al.*, 1988). *E. faecalis* TW<sub>5</sub> and *B. cepacia* TCH<sub>4</sub> were isolated from urine of patients suffering from cystitis on BHI agar and were subcultured in BHI broth. The TW<sub>5</sub> and TCH<sub>4</sub> strains were used as an indicator organisms in this study and were stored at -20°C in BHI broth plus 20% glycerol (Klaenhammer, 1984; Enan *et al.*, 2012). Lactic acid bacteria used in this study were maintained as frozen stocks at -20°C in BHI broth plus 20% glycerol (Pucci *et al.*, 1988; Enan and Al-Amri, 2006) and were propagated in the same medium. All other indicator bacterial strains were maintained as frozen stocks at -20°C in glass beads (Oxoid) and were propagated in BHI broth (Klaenhammer, 1984; Enan, 2006a, b, c).

### **Bioassay of inhibitory activity produced by *E. faecium* NM<sub>2</sub> against pathogenic bacteria:**

The antibacterial spectrum of *E. faecium* NM<sub>2</sub> against different pathogenic bacteria was studied by the agar disc diffusion assay (Enan, 2000; Bello *et al.*, 2012). A 1% v/v suspension of log phase cells of the NM<sub>2</sub> strain was inoculated onto MRS agar (De Man *et al.*, 1960). After solidification, agar plates were incubated for 48 h at 35°C; then, agar discs were made with sterile 7 mm cork porer and transferred onto the surface of the soft agar top layer inoculated with lawns of the indicator organisms. Plates were incubated for 4 h at 4°C to allow diffusion of inhibitory substance(s). The plates were then incubated at 30°C. This is because incubation at 30°C was suitable for growth of all indicator bacteria. Plates were then examined for appearance of inhibition zones after 24 h of incubation as the indicator bacterial growth were recorded.

**Phenotypic and biochemical characterization:** The NM<sub>2</sub> strain which produced inhibitory activity against other pathogenic bacteria and both TW<sub>5</sub> and TCH<sub>4</sub> strains which were inhibited by the NM<sub>2</sub> strain; were subjected to phenotypic and biochemical characterization as previously published by Garvier and Muriana (1993) and Enan *et al.* (2013). Biochemical characteristics of the TCH<sub>4</sub> strain were examined using API20 strep following the manufacturer's instructions (Biomérieux, Montalieu-Vercieu, France).

**Molecular identification of the NM<sub>2</sub>, TW<sub>5</sub> and TCH<sub>4</sub> strain:** The three strains were identified using 16S rRNA cataloging analysis. Total DNA was extracted from exponentially growing cells (Sambrook and Russell, 2001). The gene encoding 16S rRNA was amplified for each isolate by polymerase chain reaction (PCR) using specific primers viz. 5'-AGAGT TTGATCCTGG CTCAG-3' as a forward primer and 3'-TTC AGCA TTGTTCCATTGG-5' as a reverse primer (Turner *et al.*, 1999; Chenbey *et al.*, 2000). PCR products were electrophoresed by running via 1% agarose gels. Then PCR products were cleaned up using Gene Purification kit (Fermentas). Amplified DNA fragments were partially sequenced at GATC Biotech AG (Konstanz, Germany) using ABI373 OXI DNA Sequencer. Sequences analysis and their comparison to the deposited data sequences in Gene Bank was made using Local Alignment Search Tool (BLAST) program at <http://blast.ncbi.nlm.nih.gov/Blast.cgi> (Altschul *et al.*, 1997).

**Preparation of cell free supernatant (CFS):** *E. faecium* NM<sub>2</sub> was grown in MRS broth (De Man *et al.*, 1960) for 16 h at 30°C. This is because the inhibitory substance showed maximum activity at this time of temperature of incubation (Zakaria, 2013). CFS was obtained by centrifuging the culture (10000x g for 15 min at 4°C). The pH of the supernatant was adjusted to pH 6.5 with 1 M NaOH and was sterilized by filtration (Amicon, 0.45 µm, Milipore). This pH-adjusted, filter sterilized cell free supernatant was further designated CFS and was used immediately in the experiments (Jack *et al.*, 1995; Enan, 2000).

**Estimation of the antibacterial titre of CFS preparation:** The quantitative estimation of the antibacterial titre of CFS preparation was performed as described previously (Pucci *et al.*, 1988). One arbitrary unit (AU mL<sup>-1</sup>) was defined as 5 µL of the highest dilution of CFS yielding a definite zone of the growth inhibition on the lawn of indicator organism. The highest dilution was multiplied by 200 (1 mL 5 µL<sup>-1</sup>) to obtain the arbitrary units per mL (Au mL<sup>-1</sup>).

**Sensitivity of inhibitory activity to enzymes, heat, organic solvents and pH values:** To test for heat sensitivity, aliquots of CFS (2400 Au mL<sup>-1</sup>) were heated for 60, 70, 80, 90, 100°C. Every 5 min, 1 mL samples from heat treatments were taken and tested for residual antibacterial activity.

To test for enzyme sensitivity, samples of CFS preparation (2400 AU mL<sup>-1</sup>) were treated with some filter sterilized enzymes listed in Table 4 at 1 mg mL<sup>-1</sup> final concentration in 10 mM potassium phosphate buffer (pH 6.5). Controls were buffers, CFS without enzymes. Samples and controls were incubated at 37°C for 1h and tested for remaining antibacterial activity (Pucci *et al.*, 1988; Enan, 2006a, b).

To test for possible effect of organic solvents, aliquots of CFS (2400 AU mL<sup>-1</sup>) were mixed with 10% (v/v) of the organic solvents listed in Table 4. Controls were CFS without organic solvents and 10 mM potassium phosphate buffer (pH 6.5) mixed with organic solvents. Samples and controls were incubated overnight at 60°C to allow solvents to evaporate and tested for remaining antibacterial activity (Kumari *et al.*, 2009).

To test the effect of pH values on the stability of the inhibitory activity, aliquots of CFS (2400 AU mL<sup>-1</sup>) and samples of fresh MRS broth (controls) were adjusted to different pH values listed in Table 4 and incubated for 24 h at 25°C. After setting pH to 6.5 with 10 mM potassium phosphate buffer, samples and controls were tested for remaining antibacterial activity (Enan *et al.*, 1996).

## RESULTS

Twenty isolates of lactic acid bacteria were isolated from urine samples of healthy people among Egyptian population. They were surveyed for production of inhibitory activity against other pathogenic bacteria. Results are given in Fig. 1. Only the NM<sub>2</sub> strain isolated from urine inhibited

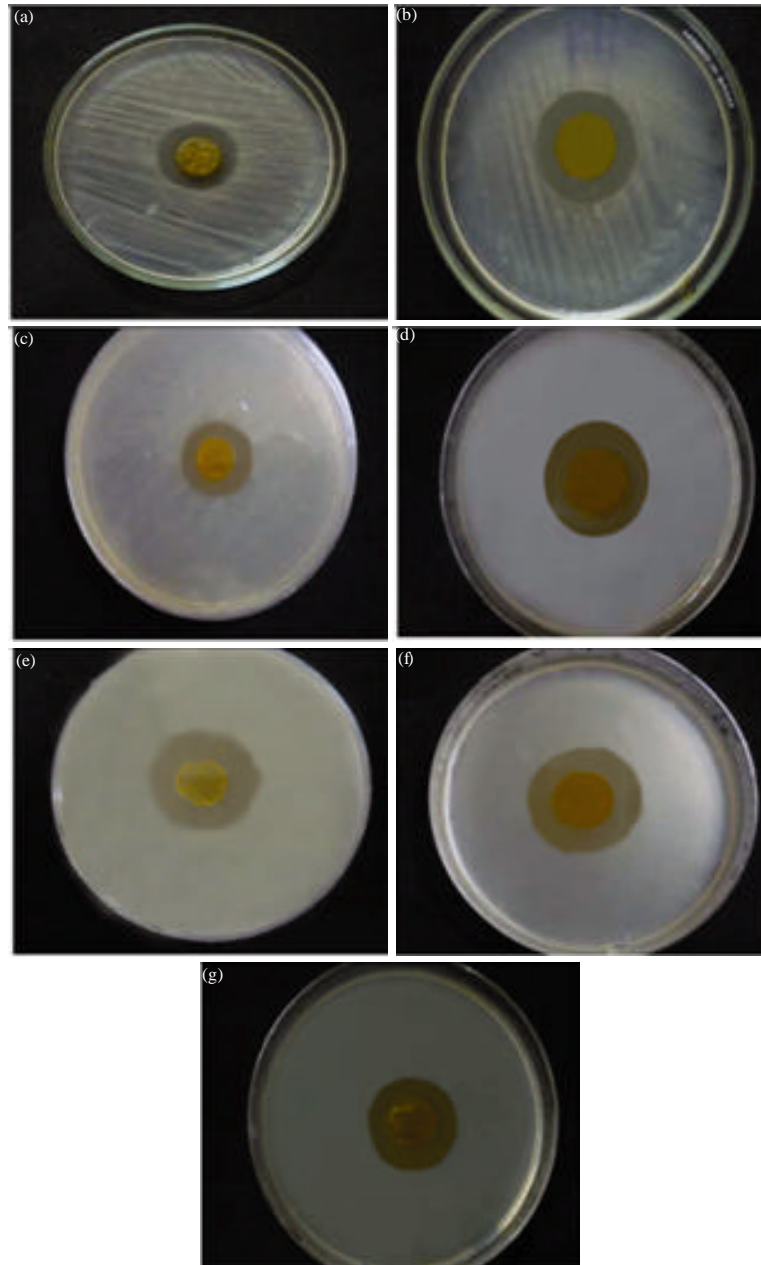


Fig. 1(a-g): Antibacterial activity of the NM<sub>2</sub> strain against (a) TW<sub>5</sub> strain, (b) TCH<sub>4</sub> strain, (c) *Streptococcus pyogenes*, (d) *Staphylococcus aureus*, (e) *Listeria monocytogenes*, (f) *Bacillus cereus* and (g) *Pseudomonas aeruginosa* as shown by agar disc diffusion assay onto anti nutrient agar media

Table 1: Biochemical characteristics of the NM<sub>2</sub> and TW<sub>5</sub> strains isolated from urine

Reactions and cultural features	Isolate No.	
	NM <sub>2</sub>	TW <sub>5</sub>
Gram stain	Positive	Positive
Cell morphology	Cocci	Cocci
Ammonia from arginine	+	+
Reduction of tetrazolium	-	+
Reduction of potassium telurite	-	+
Tyrosin decarboxylase	-	+
Acid from L-arabinose	-	-
Acid from arbutin	+	-
Acid from sorbitol	-	+
Acid from melezitose	-	+
Growth in 0.1% methelene blue milk	+	+
Growth in 6.5% NaCl	+	+
Growth at pH 9.6	+	+
Growth at 10 and 45°C	+	+

other pathogenic bacteria including *Streptococcus pyogens*, *Staphylococcus aureus*, *Listeria monocytogenes*, *Bacillus cereus* and *Pseudomonas aeruginosa*. Also this NM<sub>2</sub> strain inhibited both TW<sub>5</sub> and TCH<sub>4</sub> strains isolated from urine of patients suffering with cystitis.

It was necessary to identify the NM<sub>2</sub> strain producing obvious inhibitory spectrum against human bacterial pathogens; and the TW<sub>5</sub> and TCH<sub>4</sub> strains which were isolated from urine and were suppressed by the NM<sub>2</sub> strain. Both NM<sub>2</sub> and TW<sub>5</sub> strains were Gram positive, catalase negative and showed coccoid cells under light microscope (Table 1). Both strains produced, ammonia from arginine and were able to grow at 10 and 45°C and grew in 0.1% methelene blue milk and in 6.5% NaCl and grew in BHI broth adjusted at pH 9.6. The TW<sub>5</sub> strain showed positive results with regard to reduction of tetrazolium, reduction of potassium telurite, production of tyrosine decarboxylase and production of acids from both sorbitol and melezitose and showed negative results regarding other tests listed in Table 1. The NM<sub>2</sub> strain produced acid from arbutin, but showed negative results with regard to other tests listed in Table 1. Consequently NM<sub>2</sub> strain; TW<sub>5</sub> strain were identified following (Krieg and Holt, 1984) as belonging to *E. faecium* NM<sub>2</sub>; *E. faecalis* TW<sub>5</sub>, respectively. To identify TCH<sub>4</sub> strain, their morphological, cultural and biochemical characteristics were studied. Results are given in Table 2. The TCH<sub>4</sub> strain was Gram negative, oxidase positive and showed rod cells under microscope. Results of API 20 of Gram negative bacteria were taken following manufacturer's instructions. The TCH<sub>4</sub> strain produced β-galactosidase, gelatinase and fermented glucose, inositol, sorbitol and sucrose; but showed negative results regarding other tests listed in Table 2. Following diagnostic key of Krieg and Holt (1984) the TCH<sub>4</sub> strain was identified as belonging to *B. cepacia* TCH<sub>4</sub>.

To complete identification of the experimental bacteria, DNA was isolated from *E. faecium* NM<sub>2</sub>, *E. faecalis* TW<sub>5</sub>, *B.Cepacia* TCH<sub>4</sub> and 16S rRNA genes of those DNA samples were amplified by PCR. The amplified PCR products were electrophoresed via agarose gel (Fig. 2). The 16S rRNA genes of the three strains were amplified successfully as sharp bands ≥1500 bp were observed (Fig. 2). The amplified DNA was extracted from agarose gel by Gene Clean Kit (Promega). The 16S

Table 2: Cultural characteristics and API20 profile of isolate No. TCH<sub>4</sub> as described by the manufacturer's instructions

Reaction	Result
Oxidase	+
Beta-galactosidase	+
Arginine dihydrolase	-
Lysine decarboxylase	-
Ornithine decarboxylase	-
Utilization of citrate	-
H <sub>2</sub> S production	-
Urea production	-
Deaminase	-
Indole production	-
Acetoin production	-
Gelatinase	+
Fermentation/oxidation of glucose	+
Fermentation/oxidation of mannitol	-
Fermentation/oxidation of inositol	-
Fermentation/oxidation of sorbitol	-
Fermentation/oxidation of rhamnose	-
Fermentation/oxidation of sucrose	-
Fermentation/oxidation of melibiose	-
Fermentation/oxidation of amygdalin	-
Fermentation/oxidation of arabinose	-

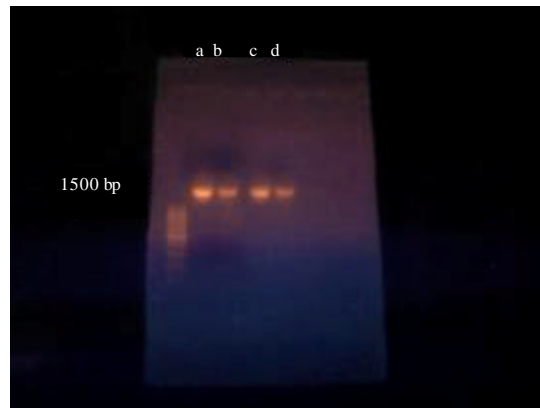


Fig. 2: Agarose gel electrophoresis of PCR products of the amplified 16S rRNA genes of (a) *E. faecium* NM<sub>2</sub>, (b) *E. faecalis* TW<sub>5</sub>, (c) *B. cepacia* TCH<sub>4</sub> and (d) Positive control

rRNA genes from *E. faecium* NM<sub>2</sub>; *E. faecalis* TW<sub>5</sub>; *B. Cepacia* TCH<sub>4</sub> were sequenced and sequence results are shown in Fig. 3, 4 and 5, respectively. Sequences were submitted to GeneBank under accession numbers IT 1606206KC660153; IT 606196KC660151; IT 606202KC660152, respectively and were compared to published sequences using Local Alignment Search Tool and showed similarities >97% to *E. faecium*; *E. faecalis*; *B. cepacia*, respectively.

The antibacterial titre of CFS preparation from *E. faecium* NM<sub>2</sub> against different test organisms was studied. Results are given in Table 3. The antibacterial activity showed distinctive titre(s)

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CTTAGGCGGCTGGCTCCAAAAGGTTACCTCACCGACTTCGGGTGTTACAAAACCTCGTGG
TGTGACGGGGCGGTGTGTACAAGGCCCGGGAACGTATTCACGCGGCGTGTGATCCGCGAT
TACTAGCGATTCCGGCTTCATGCAGGGCAGTTGCAGCCTGCAATCCGAACTGAGAGAAGC
TTTAAGAGATTAGCTTAGCCTCGCGACTTCGCAACTCGTTGTACTTCCCATTTGTAGCAAG
TGTGTAGCCCAGGTCATAAGGGGCATGATGATTTGACGTATCCCCACCTTCCTCCGGTT
TGTACCCGGCAGTCTTGCTAGAGTGCCCAACTGAATGATGGCAACTAACAATAAGGGTTG
CGCTCGTTGCGGGACTTAACCCAACATCTCACGACACGAGCTGACGACAACCATGCACCA
CCTGTCACTTTGCCCCGAAGGGGAAGCTCTATCTCTAGAGTGGTCAAAGGATGTCAAGA
CCTGGTAAGGTTCTTCGTGTTGCTTCGAATTAACCACATGCTCCACCGCTTGTGCGGGC
CCCCGTCAATTCCTTTGAGTTTCAACCTTGCGGTCTGACTCCCCAGGGGAGTGCTTAAT
GGGTTAGCTGCAGCACTGAAGGGGCGGAAAACCTCCAACACTTAGCACTCATCGTTTACGG
CGTGGACTACCAGGGTATCTAATCCTGTTTGTCTCCCCACGCTTTCGAGCCTCAGCGTCAG
TTACAGACCAGAGAGCCGCTTCGCCACTGGTGTTCCTCCATATATCTACGCATTTACC
GCTACACATGGAATTCACCTCTCCTCTTCTGCACTCAAGTCTCCAGTTTCCAATGAACC
TCCCCGGTTGAGCCGGGGGCTTTACATCAGACTTAAGAACCGCTGCGCTCGCTTTACG
CCCAATAAATCCGGACAACGCTTGCCACCTACGTATTACCGCGCTGCTGGCAGCTAGTT
AGCCGTGGCTTTCTGTTAGASTACCGTCAAGGGATGAACAGTTACTCTCATCCTTGTTC
TTCTCTAACAAACAGAGTTTACGATCCGAAAACCTTCTTCACTCACGCGGCGTTGCTCGG
TCAGACTTTCGTCCATTGCCGAAGATTCCCTACTGCTGCCTCCCGTAGAGTTGGGCGGT
GTCTCAGTCCCAATGTGGCCGATCACCCCTCTCAGGTGCGGCTATGCATCGTGGCCTTGGT
GAGCCGTTACCTCACCAACTAGCTAATGCACC
    
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Fig. 3: 16S rRNA cataloging analysis giving the sequence of 16S gene of isolate No. NM<sub>2</sub> and showing a similarity to *Enterococcus faecium* category of about 98.6%

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CTGACGGTATCTAACAGAAAAGCCACGGCTAACTACGTGCCAGCAGCCGCGGTAATACGT
AGGTGGCAAGCGTTGTCCGATTTATTGGGCGTAAAGCGAGCGCAGGCGGTTTCTTAAGT
CTGATGTGAAAGCCCCCGGCTCAACCGGGGAGGGTCATTGAAACTGGGAGACTTGAGTG
CAGAAGAGGAGAGTGAATTCATGTGTAGCGGTGAAATGCGTAGATATATGGAGGAACA
CCAGTGGCGAAGGCGGCTCTCTGGTCTGTAAGTACGCTGAGGCTCGAAAGCGTGGGGAG
CAAACAGGATTAGATACCCCTGGTAGTCCACGCGTAAACGATGAGTGCTAAGTGTGGAG
GGTTTCCGCCCTCAGTGTGCGAGCAAACGCATTAAGCACTCCGCCTGGGAGTACGACC
GCAAGGTTGAAACTCAAAGGAATTGACGGGGGCCCGCACAAGCGGTGGAGCATGTGGTTT
AATTCGAAGCAAACGCGAAGAACCTTACCAGGTCTTGACATCCTTTGACCACTCTAGAGAT
AGAGCTTTCCCTTCGGGGACAAAAGTGACAGGTGGTGCATGGTTGTCGTCAGCTCGTGTG
TGAGATGTTGGGTTAAGTCCCGCAACGAGCGCAAACCTTATTGTTAGTTGCCATCATTTA
GTTGGGCACTCTAGCGAGACTGCCGGTGACAAAACCGGAGGAAGGTGGGGATGACGTCAA
TCATCATGCCCTTATGACCTGGGCTACACACGTGCTACAATGGGAAGTACAACGAGTGC
CTAGACCGCGAGGTCATGCAAACTCTCTTAAAGCTTCTCTCAGTTGCGATTGCAGGCTGCA
ACTCGCCTGCATGAAGCCGGAATCGCTAGTAATCGCGGATCAGCACGCCGCGTGAATAC
GTTCCCGGGCCTGTACACACCGCCCGTACACCACGAGAGTTTGTAACACCCGAAGTCC
GTGAGGTAACCTTTTTGGAGCCAGCCGCTAAG
    
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Fig. 4: 16S rRNA cataloging analysis giving the sequence of 16S gene of isolate No. TW<sub>5</sub> are showing a similarity to *Enterococcus faecalis* category of about 99.2%

against many Gram positive bacteria. Also *Pseudomonas aeruginosa* and *B. cepacia* TCH<sub>4</sub> were also inhibited and titre(s) of inhibition were lower than that obtained against Gram positive bacteria.



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CTACCGTGGTGACCGTCCCTCGCGGTTAGACTAGCCACTTCTGGTAAAACCCACTCCC
ATGGTGTGACGGGCGGTGTGTACAAGACCCGGGAACGTATTCACCGCGGCATGCTGATCC
GCGATTACTAGCGATTCCAGCTTCATGCACCTCGAGTTGCAGAGTGCAATCCGGACTACGA
TCGGTTTTCTGGGATTAGCTCCCCCTCGCGGGTTGGCAACCCCTCTGTTCCGACCATTGTA
TGACGTGTGAAGCCCTACCCATAAGGGCCATGAGGACTTGACGTTCATCCCCACCTTCCTC
CGGTTTGTACCGGCAGTCTCCTTAGAGTGCTCTTGCCTAGCAACTAAGGACAAGGGTTG
CGCTCGTTGCGGGACTTAACCCAACATCTCACGACACGAGCTGACGACAGCCATGCAGCA
CCTGTGTATCGGTTCTCTTTGAGCACTCCCACCTCTCAGCAGGATTCCGACCATGTCAA
GGGTAGGTAAGGTTTTTCGCGTTGCATCGAATTAATCCACATCATCCACCGCTTGTGCGG
GTCCCGTCAATTCCTTTGAGTTTTAATCTTGCAGCCGTAATCCCCAGGCGGTCAACTTC
CGTGGACTACCAGGATCTAATCCTGTTTGCCTCCCACGCTTTTCGTGCATGAGCGTCAG
TATTGGCCCAGGGGGCTGCCTTCGCCATCGGTATTCCTCCACATCTCTACGCATTTCACT
GCTACACGTGGAATTCACCCCCCTTGCCTACTCTAGCCTGCCAGTCACCAATGCAGT
TCCCAGTTGAGCCCGGGGATTTACATCGGCTTAGCAAAACCGCCTGCGCACGCTTTAC
GCCCAGTAATTCGGATTAACGCTCGCACCCCTACGTATTACCGCGGCTGCTGGCACGTAGT
TAGCCCGTGCTTATTCTTCCGGTACCGTCATCCCCCGGCTGTATTAGAACCAAGGATTTT
TTTCCGGACAAAAGTGCTTTACAACCCGAAGGCCTTCTTACACACGCGGCATTGTGGA
ACAGGCTTTGCGCCATTGTCCAAAATTCGCCACTGCTGCCTCCCGTAGGAGTCTGGGCCG
TGCTCAGTCCCAGTGTGGCTGGTCTCCTCTCAGACCAGCTACTGATCGTC
    
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Fig. 5: 16S rRNA cataloging analysis giving the sequence of 16S gene of isolate No. TCH<sub>4</sub> and showing a similarity to *Burkholderia cepacia* category of about 99.8%

Table 3: Indicator strains and their sensitivity to cell free supernatants (CFS) from the *Enterococcus faecium* (NM<sub>2</sub>) strain isolated from urine of normal healthy man

Indicator strain	Strain origin and No.	Activity units per millilitre (AU mL <sup>-1</sup> )
<i>Enterococcus faecalis</i>	TW <sub>5</sub>	2400
<i>Burkholderia cepacia</i>	TCH <sub>4</sub>	1450
<i>Streptococcus pyogenes</i>	Our strain collection	1300
<i>Staphylococcus aureus</i>	Our strain collection	1600
<i>Listeria monocytogenes</i>	Our strain collection	2100
<i>Bacillus subtilis</i>	Our strain collection	1800
<i>Bacillus cereus</i>	Our strain collection	1650
<i>Escherichia coli</i>	Our strain collection	0
<i>Pseudomonas aeruginosa</i>	Our strain collection	1200
<i>Lactobacillus plantarm</i>	Our strain collection	0
<i>Lactococcus lactis</i> ATCC11454	Our strain collection	0
<i>Leuconostoc mesenteroides</i>	Our strain collection	0

The detection of inhibitory activity from one strain of lactic acid bacteria isolated from urine of healthy person is of interest since this strain could be used as probiotic culture to stimulate the immune system of the host and to inhibit other pathogenic bacteria. Consequently, the characterization of the inhibitory activity produced by *E. faecium* NM<sub>2</sub> was mandatory and of great interest. Results in this respect are given in Table 4. The inhibitory activity of *E. faecium* NM<sub>2</sub> did not affect by heating and lost by proteolytic enzymes and did not affect by amylase, lipase or organic solvents. This showed that one or more substances of proteinaceous nature were responsible for antibacterial activity. It also indicated on absence of carbohydrate or lipidic moieties in the substance(s) responsible for antibacterial activity. Consequently the properties of the inhibitory

Table 4: Characteristics of the inhibitory activity of CFS from *Enterococcus faecium* NM<sub>2</sub> using *Enterococcus faecalis* TW<sub>5</sub> as indicator organism

Treatment (°C)	Residual (Au mL <sup>-1</sup> )
<b>Heating for 10 min at</b>	
100	2400
90	2400
80	2400
70	2400
60	2400
<b>Enzyme treatment</b>	
Pepsin	400
Trypsin	0
Alfa-chemotrypsin	0
Protinase K	0
Amylase	2400
Lipase	2400
<b>Organic solvents treatment</b>	
Petroleum ether	2400
Ethyl acetate	2400
Isopropanol	2400
Toluene	2400
Methanol	2400
Hexane	2400
Butanol	2400
Acetone	2400
<b>Stability at different pH-values</b>	
2	2400
3	2400
4	2400
5	2400
6	2400
7	2200
8	0
9	0
10	0

activity coupled with criteria applied for bacteriocin characteristics (Tagg *et al.*, 1976). This bacteriocin was thermostable and was stable at acidic levels of pH, but partially degraded at pH 7.0. The bacteriocin activity of *E. faecium* NM<sub>2</sub> was lost at alkaline pH levels.

Further work will be necessary to purify the *E. faecium* NM<sub>2</sub> bacteriocin and to study its characteristics, structure and to elucidate its molecular weight and its application *in vitro* and *in vivo*.

## DISCUSSION

Enterococci are part of the normal intestinal microflora (Huycke *et al.*, 1998). They can survive in a variety of environments, such as soil, water, food, plants and animals (Graves and Weaver, 2010). In humans, they may become opportunistic pathogens in individuals with serious diseases whose immune systems are compromised and in patients who have been hospitalized for prolonged

periods. Consequently, numerous enterococci were isolated from stool, urine, or blood samples (Castillo-Rojas *et al.*, 2013). *Enterococcus faecium* and *Enterococcus faecalis* are the most frequently found species in dairy products (Jamaly *et al.*, 2010).

The selection and identification of a bacteriocin producer strain of enterococci is of interest, because it can be used as a probiotic bacterium to inhibit other bacterial pathogens. In this regard, the NM<sub>2</sub> strain isolated from urine of healthy people inhibited other pathogenic bacteria isolated from urine of patients infected by cystitis. It also inhibited other food borne pathogens. This shows the interest in this strain. It could be used as probiotic bacterium and can also be used as food additive. It was necessary to identify the NM<sub>2</sub> strain and other two sensitive strains (TW<sub>5</sub> and TCH<sub>4</sub>) strains. Traditional identification protocols including cultural, biochemical and morphological characteristics indicated that the NM<sub>2</sub> strain; TW<sub>5</sub> strain were belonged to *Enterococcus faecium*; *Enterococcus faecalis* and designated *E. faecium* NM<sub>2</sub>; *E. faecalis* TW<sub>5</sub> respectively (Facklam and Collins, 1989). Also, the sensitive TCH<sub>4</sub> strain was Gram negative rods, oxidase positive and utilized sorbitol. Additionally, results of carbohydrate fermentation and enzymes abilities were studied using API 20 according to manufacturer's instructions. By surveying literature (Coenye *et al.*, 2001) the TCH<sub>4</sub> strain was classified as belonging to *B. cepacia* complex. The *B. cepacia* complex consist of nine genomic species called genomovars (Miller *et al.*, 2002). The *B. cepacia* TCH<sub>4</sub> was isolated from urine of cystitis cases in this study and this strain was isolated previously from patients with cystic fibrosis, pyelonephrities, cystitis where *B. cepacia* have been obtained from catheters, wounds, sputum, urine and blood (Jones *et al.*, 2001). It also cause serious infections in neonatal intensive care units. To determine the *Burkholderia* species, the TCH<sub>4</sub> strain was oxidase positive and utilized D-sorbitol, sucrose, inositol and glucose. Following diagnostic key of Bergey's Manual of Systematic Bacteriology the TCH<sub>4</sub> strain was identified as *B. cepacia* and designated *B. cepacia* TCH<sub>4</sub>.

It was reported that both *E. faecium* and *E. faecalis* showed similar biochemical characteristics (Jamaly *et al.*, 2010) and in addition, to the reduction of tetrazolium and potassium telurite which differentiated *E. faecalis* TW<sub>5</sub> from *E. faecium* NM<sub>2</sub> (Table 1), molecular identification was necessary to confirm identification of both TW<sub>5</sub> and NM<sub>2</sub> strains. Because cultural conditions can give ambiguous and speculative biochemical results (Garde *et al.*, 1999), molecular identification was also necessary to confirm identification of *B. cepacia* TCH<sub>4</sub>. Consequently, the 16S rRNA gene from TW<sub>5</sub>; NM<sub>2</sub>; TCH<sub>4</sub> was sequenced and by comparison of their sequences to known ones in Gene Bank, they were identified as belonging to *E. faecalis*; *E. faecium*; *B. cepacia*, respectively (Turner *et al.*, 1999).

The inhibitory activity of *E. faecium* NM<sub>2</sub> against different bacterial pathogens noticed in this study could not be attributed to organic acids or hydrogen peroxide produced by the culture as CFS preparations were neutralized (pH 7.0) and treated with catalase. The antibacterial substances produced by *E. faecium* NM<sub>2</sub> was inactivated by proteolytic enzymes, was heat resistant. Consequently, it has been coupled with most definitions of bacteriocins (Klaenhammer *et al.*, 1978). It was, therefore, characterized as a bacteriocin. The activity of *E. faecium* NM<sub>2</sub> bacteriocin was not affected by organic solvents, lipase or amylase, probably because of the absence of lipid and carbohydrate moieties in the active molecule. The same was observed for some bacteriocins produced by enterococci (Nettles and Barefoot, 1993) but differs from the bacteriocins brevicin, pediocin N5P, nisin and enterocin (Carolissen-Mackay *et al.*, 1997). The bacteriocin employed herein was stable at acidic pH values, but destroyed at neutral and alkaline pH levels and this is promised result since the producer organism: *E. faecium* NM<sub>2</sub> can grow in acidic foods in dairy

fermentations. Ingestion of these foods improve the probiotic capabilities of human gut with inhibition of bacterial pathogens (Enan *et al.*, 2012, 2013). This is similar to enterocin S760 (Svetoch *et al.*, 2011) and differs from enterocin LR16 (Kumar *et al.*, 2010) and enterocin IJ-31 produced by *E. faecium* IJ-31 (Javed *et al.*, 2010).

Further work will be necessary to purify the *E. faecium* NM<sub>2</sub> bacteriocin, determine its molecular weight and its amino acid sequence to investigate wheaser it is new one or a variant of other enterocins. This will be important to use *E. faecium* NM<sub>2</sub> in dairy fermentations and as probiotic culture with good capabilities.

## CONCLUSION

*E. faecium* NM<sub>2</sub> isolated from urine of healthy man inhibited both *B. cepacia* TCH<sub>4</sub> and *E. faecalis* TW<sub>5</sub> isolated from urine of patients infected by cystitis. The above strains tested were identified by 16S rRNA sequence analysis. *E. faecium* NM<sub>2</sub> inhibited also other pathogenic and non-pathogenic bacteria from our strain collection. The inhibitory substance was characterized and coupled with most definitions of bacteriocins. It was, therefore, characterized as a bacteriocin which showed novel activity against *B. cepacia* isolated from urine.

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