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Case Study

The Scientific Vision and Wisdom of the Science of Schizophrenic Ailment and the Visionary Future

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Abstract

Today human beings and medical science are facing immense scientific and technological ardor. Schizophrenia is a serious mental health ailment. The author is severe schizophrenia for the last 30 years. This is a case study of the so many difficulties and travails he faced over the last 30 years. In addition to schizophrenia, he has glaucoma in both his eyes. This article deeply pronounces the need for psychological help from doctors and family. Since November 1993, there are ailments of immense proportions. The author with deep and lucid insight relates and recounts the vast era of health and mental difficulties in the path of life. There is tremendous agony, trials and tribulations in his life today. The author as a schizophrenic patient conveys a deep and subtle message to doctors and patients who are suffering from schizophrenia. Surely a newer dawn of human civilization will emerge if man and mankind move towards newer scientific and medical innovations and discoveries in mental health research.

Key words: Schizophrenia, ailment, illness, vision, struggle, mankind, treatment

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INTRODUCTION

Science, vision, capability and human mankind are today on the path of newer scientific regeneration. In a similar vision medical science are in the pathways of scientific ingenuity and deep scientific forbearance. The science of psychiatry and psychology is today drastically moving towards a newer scientific frontier and vast knowledge prowess. The author is a schizophrenic patient for the last 30 years. He had experienced so much agony, pain, trials and tribulations in life. Till today he is replete with immense hurdles and barriers in the path of life. In this article, the author deeply describes the years of vast mental health challenges and mental disorders. Today he is also suffering from an eye ailment of glaucoma. He addresses the scientific community and the need for help, support and understanding from parents, relatives and friends. A newer scientific vision and scientific profundity will widen the scientific advancements in the field of medical science, psychology and psychiatry. Today there is an immense need for counselling in the field of psychology. The author addresses these scientific and medical issues in the futuristic emancipation of research and development initiatives in the field of psychiatry.

Challenges, tribulations and ardor of a schizophrenic patient and the needs for help and understanding: Mental health challenges and other health issues for a schizophrenic patient are immense as science and technology move towards one boundary over another¹. Today science and technology have few answers to the cure for schizophrenia. From 1988 to 1992 he did his graduation in chemical engineering and from 1992 to 1994 he did his post-graduation in chemical engineering from a reputed university in Kolkata. Suddenly during his post-graduation in chemical engineering in the month of November 1993, he was having serious mental delusions and mental confusion due to tremendous academic rigor. One day in November 1993, he went to his teacher's house at 1 AM at night due to immense bewilderment. The trials and tribulations in his life started. The mental situation is pathetic and immensely difficult to comprehend. Almighty is so mean and unkind to him. Immense academic and scientific rigor in the academic curriculum is responsible for this catastrophe in his life. Humankind's scientific provenance, scientific and technological stance and scientific ingenuity in the field of medical science and health science are then in total disaster as schizophrenic took over the health of the author. Soon he was taken to a psychiatrist. Psychological counseling also started at the same time. There was a total

breakdown of his health condition. At that moment, he was about to complete his post-graduation in chemical engineering. He was successful in completing his post-graduation and moved to New Delhi, India for his first job in spite of the medication. But he started discontinuing his psychiatric medication. Thus a newer chapter started in his life. Relapses of serious medical health issues took over him and he became totally helpless. He changed jobs frequently. That created much more difficulties in his mental and physical health. He got a job at a renowned university in Rajasthan, India. There is the absence of his parents, he started discontinuing medicines. Things became much more difficult for him. Frequent auditory and visual hallucinated ensconced his health and he felt in immense agony. He lost that job. Then after coming back to Kolkata from Rajasthan, he was admitted to a mental health nursing home in Kolkata. Life became bitter and awful to him. But still, he got a job and continued his scientific work. Human nature is so cruel. Even relatives behaved with him rudely in many instances in his last 30 years. Providence and the almighty at the same time were cruel to him. Scientific benevolence and scientific understanding in the field of medical science played cruel roles in his life. Today, in 2023 he is working as an assistant professor in chemical engineering at a reputed university in Dehradun in Uttarakhand State of India. Since August 2020, he is having relapsed but he is adept at writing scientific literature. At the beginning of his illness, he was prescribed traditional anti-psychotic medications. In 1998, he was prescribed clozapine by doctors at the National Institute of Mental Health and Sciences, Bangalore, India. Today he is continuing with the same medication but at a higher dosage¹⁻⁷.

A deep scientific and insightful wisdom in the field of schizophrenia treatment and the vast visionary future: In those early years of mental illness and psychological disorder, the author was helpless and in a similar vision confounded. In the next few years after 1993, the author was seriously ill. There were serious mental health issues. Tears, resilience and agony were immense as days went by. The author due to agony and frustration discontinued medicines. This aggravated the ailment of auditory and visual hallucinations. Suddenly the author discontinued taking medicines due to the increased trauma of auditory hallucinations. Frustration reigned supreme as well as hallucination. The scientific prudence and insightful wisdom in the field of schizophrenia treatment today are in the middle of deep scientific introspection. The author has suffered a lot in life and still struggling. In the early years of his illness, the author also faced immense travails, trials and tribulations at home and the

workplace. The new day and newer dawn in the author's health situation is still a medical uncertainty and a medical mirage. Medical science perspectives today stand immensely in the midst of deep triumph, scientific inquiry and scientific ingenuity. Health science and technology also today are in the middle of deep scientific introspection and vision and redemption of science¹⁻⁴.

Early years of illness and suffering due to schizophrenia and the triumph and scientific revelation:

Man and mankind today are in the aisles of deep scientific regeneration and scientific upheavals. In the early years of his illness, the author with deep pain and agony thwarted the immense difficulties and travails which lay ahead in his life. The visionary eras of the science of medical science and health science technology are today absolutely latent as science, technology, civilization and intuition moves forward. The science of psychology and psychiatry also today stands in the deep crevice of scientific understanding, knowledge prowess and scientific discernment. Mankind has today no answers to the science of schizophrenia. After 1994, the author got an opportunity to teach at a reputed university in North India. Out of fear and frustration, he discontinued medicines and that created untold disaster. The science of psychology is a huge colossus with a true vision of its own. In that year at Birla Institute of Technology and Science, Pilani, India, the author was almost suffering from paranoid schizophrenia. The situation became extremely difficult for him as auditory hallucination was at its height as days passed by. Suspicion, uncertainty and worries increased as the years went away. Scientific provenance, deep scientific benediction and vast scientific struggles were the scientific orders of the day as regards the science of schizophrenia^{1,4-7}.

Loss of mental balance for 10 years of schizophrenia and immense need for psychiatric help:

Schizophrenia is such an ailment that cannot be overcome. Patience and grit are the only coin words of this devastating illness¹. The author faced trials and tribulations from friends as well as relatives in various stages of his life. Scientific grit, determination and perseverance are needed in the true pathway in the research endeavour of the ailment of schizophrenia. The world of medical science is in turmoil as doctors and scientists across the world fail to achieve success in the true treatment of schizophrenia. The author was in a state of disaster in the difficult years 1998-2006. He was unemployed and trance and stupor took over him. Today, in the year 2023, the author is beset with immense health difficulties and ardor. Life has

become meaningless to him. Till today, he is struggling a lot in life. There is an immense of psychiatric help from his relative and his mother. The vision of the science of psychology and psychiatry has practically no answers to the full treatment of schizophrenia. As advised by a psychiatrist from NIMHANS, Bangalore, India, he is still continuing with clozapine at a higher dose. Almighty is so mean to the author as worries and uncertainties bedraggle his mind and brain^{1,6,7}.

Vast road ahead in chemical engineering practice in spite of this debilitating illness:

The author in spite of this debilitating illness wrote many chapters in renowned publishing houses¹. His Google Scholar recommendations are good. He is continuing his teaching at a reputed engineering university in North India with immense vision, capability and vision. He is always thinking that a new day will surely come in his life. He has struggled and fought a lot in life. His schizophrenic symptoms are still ensconcing him at every step of his life. Scientific ingenuity, scientific far-sightedness and scientific foresight will surely open new doors of innovation and scientific instinct in the field of psychology for decades to come. This is an article that conveys a deep message about the agonies and travails of a psychiatric patient. Till today the author is replete with immense trials, tribulations, uncertainties and worries. He is always hoping that one day he will face a deep rendezvous of happiness and saturnalia. Surely that day will usher in^{1,4,5}.

Immense sufferings, agonies and supports of a psychological patient:

Years and decades of struggle against schizophrenia and glaucoma in eyes have transformed the author to be more agonizing and fearful. Continuous auditory hallucination in the workplace has brought within him weariness, agonizing and bedraggled. Today, the author is so much sick that he feels that everything is falling down before him like the house of cards. Effective treatment of schizophrenia in the global platform is today absent and there is absolutely no cure. He is taking clozapine in high doses since 1998. Still, there is no happiness, good health and exuberance in his life. Surely he is yearning and envisioning a newer dawn in his life. Sufferings for a schizophrenic patient are unimaginable as science, vision and mankind move forward. The struggles, travails, rugged path of life, trials and tribulations of a psychiatric patient are immense and incomparable as mankind treads forward. There should be a newer vision in the vast and holistic field of medical science. A newer regeneration and a newer revamping are needed as regards the treatment of schizophrenia. The author with immense agony and ability treads on this scientific issue¹⁻⁷.

Absolute needs of psychological therapy, treatment and the insightful wisdom of humankind ahead:

Psychological therapy as regards the treatment of schizophrenia or paranoid schizophrenia today has not developed as regards the vision of medical science and health science. The author deeply discusses the conundrums and agony of his life due to his suffering over the last 30 years. Scientific and social forbearance as well as social fortitude are today in a difficult state of disaster as regards schizophrenia treatment. The agony and pain due to auditory hallucination are enormous as medical science and the science of psychology moves in the right and positive direction. This article profoundly discusses these trying circumstances in his life which till today replete with immense agony and pain. From 1996 to till date there were serious health-related issues as regards eyesight (glaucoma in both eyes) and recurrent auditory hallucination. He is always praying to God or the Almighty to give him a fresh breath and fresh air in his life. Medical science thus stands in the middle of deep introspection and contemplation as well as challenges. Therapy and treatment were vast and varied for these long agonizing years. The author truly believes that one day God almighty will look after him. Support from the parents and relatives was absent throughout these long twenty years. He highly is hoping against hope that someday he will be free from hearing voices and auditory hallucinations. He describes these issues and problems regarding his health with great agony¹.

Science, vision, capability and humankind and the march of the psychiatry science ahead:

Insightful wisdom, alacrity, acuity and prudence are today in the heart of the science of psychology and psychiatry as humankind and civilization trudge forward. The road to vision and purpose in the field of psychiatry and psychology is today bleak and ever-alarming. At every moment of his life, he is without any hope or ecstasy. Truly there is no proper treatment for schizophrenia. The author with immense agony and plight relates these twenty years of health-related struggles and neglect from his family. The futuristic vision and futuristic profundity are so much bleak as the author fears he will lose his job and there will be a relapse of his illness. Auditory hallucinations and voice hearing are in the midst of deep telling and trying circumstances. The author deeply believes that one day he will regain his health. That is the only futuristic vision and future forbearance in long years of struggle against mental health issues as well as eyesight issues. He really wishes that someday he will be fit to keep his job and move forward in life^{1,6,7}.

Vast and varied needs of the world of the science of psychiatry and the futuristic vision:

Today, in this era of the Fifth Industrial Revolution, the Fifth Internet Revolution and the United Nations Sustainable Development Goals, the roles of medical science and health science and technology are immense and replete with vision, vast scientific introspection, capability and deep comprehension. The science of psychiatry and clinical psychology stands high in the middle of a deep crevice of scientific profundity and scientific, engineering and technological vision. The visionary road ahead is cloistered with vision, ingenuity, revelation and provenance. Scientific grit and determination in the field of medical science and the science of psychology are in the process of newer rejuvenation. The author faced tremendous agony, pain, neglect and travails throughout his thirty years of schizophrenia. There was no hope and choice in life in the early years of schizophrenia. He is under constant medication since his early years and since 1996, he is taking clozapine. After 2020, he fell seriously with a disastrous form of this ailment which is paranoid schizophrenia. Today in 2022, he has fallen ill seriously and is under a high dosage of clozapine. Without medication, the author is in the middle of immense stress, tribulations and worries. Today he is in the midst of an immense crisis as he also feels claustrophobic and in need of help. Surely medical science has no feasible and effective solutions to this illness. But the joy of writing research papers is helping his mind, brain and health to move forward. The futuristic vision lies in the joy of creative writing¹.

Futuristic vision and outlook in the treatment of schizophrenia:

Schizophrenia, its vision, ingenuity and resilience are today in the middle of a deep crevice of scientific regeneration, ability, purpose and rejuvenation. The medical treatment of schizophrenia is still not that developed and is in a latent stage. The futuristic vision and scientific prowess of medical science of psychology need to be re-envisioned and reframed with the march of science and technology globally. This article is also a deep message to patients, sufferers and medical practioners¹.

The futuristic vision of the science of psychiatry and psychology still remains unclear and unanswered as medical science and health science tread forward. The vast march of science and human mankind will one day veritably open up newer doors of innovation, vision, profundity and instinct in the field of psychological illness. This article stresses and encompasses these scientific issues. There are today no developments in the field of medical science mainly psychology and psychiatry. For the last 30 years, he is under

constant anti-psychotic medication and psychological help and support. There is today an immense need for medical support from psychiatrists and psychologists in developing, underprivileged and developed nations across the world^{5,7}. The author with utter devastation, agony and pain recounts the years of his ailment and the diagnosis of schizophrenia and other mental health issues such as obsessive-compulsive disorder. There is an immense need for scientific belief and scientific ingenuity in the treatment of psychological and psychiatric illness. The author deeply and profoundly reiterates the need for global medical and health science research and development initiatives. The dawn of the scientific world is not that far and humankind is frantically waiting for the treatment of schizophrenia. Today the author's life is falling down before him like a house of cards^{5,7}. At every moment of his life, he is ensconced with numerous mental health illnesses and also obsessive-compulsive disorder. He is really waiting for a fresh breath of life and fresh mental health free from auditory and visual hallucinations. This article deeply with lucid insight and far-sightedness addresses these psychological issues^{1,5-7}.

CONCLUSION AND FUTURE PERSPECTIVES

The world of science and technology medical science and health sciences has no answer to the cure for schizophrenia. The future scientific perspectives need to be re-envisioned and reframed as man and mankind move forward. Worries and uncertainties are the symptoms of paranoid schizophrenia. The challenges and ardor will surely pave the scientific path toward a newer era in medical science and the science of psychiatry. Mental patients are hapless in today's journey of life. In every moment of his 54 years of life, he is replete with immense neglect from family members and relatives. Retribution and help are absent in his life. Future scientific and medical science perspectives will surely bring happiness to a mental patient's life as innovations, discoveries and scientific breakthroughs will create wonders of science. Scientific provenance, technological innovation and deep scientific

profundity will surely open a newer dawn in the field of psychology and medical science. The author has experienced so many difficulties in his life. This article is a message to the vast scientific community and is replete with vision and profundity.

SIGNIFICANCE STATEMENT

The purpose of this treatise is to elucidate the importance of the science of schizophrenia treatment. The author is suffering from this ailment for the last thirty years. He is today replete with many health issues like glaucoma in both eyes. This is a message to all sufferers of this ailment. The key finding of his treatment is that there are today few medicines in the treatment of schizophrenia. Clozapine is a wonder drug for schizophrenia. He is seriously ill in the COVID era. These scientific visions and scientific findings will surely help doctors and patients with this mental illness. Patients with this mental illness are just hapless. There is an immense need of help from relatives, parents, psychiatrists and psychologists. The author deeply stresses these factors.

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