



Research Article

Enhancement of the Glutathione Production by Mutated Yeast Strains and its Potential as Food Supplement and Preservative

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Abstract

Background and Objective: Production of glutathione through mutated yeast strains and the possible usage as antibacterial agent against some food borne bacteria. Also, the antioxidant activity of the glutathione considered as another value when added as food supplement and food preservative. Moreover development of a commercial medium mostly consists of secondary products for the high yeast propagation and high amount of the produced glutathione. The aim of this study was producing a mutated strains of *Saccharomyces cerevisiae* (*S. cerevisiae*) and *Candida utilis* (*C. utilis*); have high capability to produce high amount of glutathione.

Materials and Methods: In this regard, two yeast strains; *Saccharomyces cerevisiae* and *Candida utilis* were examined for glutathione production. For increasing the production of the two yeast strains; chemical mutation using Ethyl methanesulfonate (EMS) was approached and the mutated strains were selected on medium contains the glutathione analogue. Comparison of means was performed with Duncan's multiple range test using Costat software. **Results:** Only two mutated strains showed high ability to produce glutathione with 49 folds more than wild types (MG40/S.C/4 and MG20/C.U/5). Moreover, the antioxidant capacity for the two mutated strains was 9 folds increased compared to wild types. The fermentation process was performed to analyze different parameters and it was observed that the medium should contains molasses as carbon source, yeast extract as a nitrogen source, KH_2PO_4 of mineral and cysteine for amino acid. **Conclusion:** Glutathione could be used as antioxidant and antibacterial against wide range of human pathogens bacteria in addition used as food additive, supplement and food preservation to control human pathogenic bacteria.

Key words: Glutathione production, food additives, *Saccharomyces cerevisiae*, *Candida utilis*, mutation, glutathione analogue, fermentation medium, antioxidant, antibacterial capacity

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Data Availability: All relevant data are within the paper and its supporting information files.

INTRODUCTION

Glutathione is a tripeptide compound consists of glutamic acid, cysteine and glycine and it is presented in most living organisms^{1,2}. This compound plays an essential role in the metabolism of some toxic compounds and it has been used as a drug for hepatic insufficiency in humans, dogs and fish. In addition, for its importance as medicinal compound, glutathione was used also as an antiaging compound³. Glutathione peroxidase eliminates the active oxygen which resulted in both lipids and protein metabolism^{4,5,6}. Zhang and Duan⁷, Kipp *et al.*⁸ and Millman *et al.*⁹ reported that, the importance of the glutathione derived from its ability as antioxidative, immune inducer and detoxifying agents for some toxic compounds evolved in the cells. For that reasons, glutathione tablets and dried-yeast (producing glutathione) is widely used as food supplements in many different countries.

Glutathione (GSH) possesses life-sustaining functions as it is an important antioxidant synthesized by mammals. The deficiency of GSH has been reported to cause several diseases^{10,11} due to the oxidative stress¹². GSH a nonprotein thiol compound is found in cells at the concentration of 1-10 mM. GSH is found to be the most important antioxidant, because of its antioxidizing capability is 100 times more than simple antioxidants. Therefore, there is a high demand and research on production of synthetic antioxidant¹³⁻¹⁶.

Glutathione (GSH) plays important roles in pulmonary diseases and inhaled GSH therapy has been used to treat cystic fibrosis (CF) patients in clinical trials. The results in this report revealed that GSH altered the sensitivity of *Pseudomonas aeruginosa* (*P. aeruginosa*) to different antibiotics through pathways unrelated to the oxidative stress as generally perceived. In addition, GSH and its oxidized form inhibited the growth of *P. aeruginosa*¹⁷. The GSH show high antibacterial activity agents *Pseudomonas aeruginosa*; *Enterobacter*; *Staphylococcus aureus*; *Micrococcus luteus*; *Klebsiella pneumoniae* and *Escherichia coli*¹⁸.

The process of glutathione extraction from yeast cells is one of the inexpensive methods. In Japan, *Candida utilis* was used for production of glutathione since 1960¹⁹. Several studies were approached using both of *S. cerevisiae* and *C. utilis* for glutathione production and the optimization conditions which used to increase the glutathione productivity by the addition of amino acids, especially cysteine²⁰. Different studies used glucose and ethanol^{21,22} and optimal controls of oxygen and pH values¹² resulted in high productivity. In addition methanol was used as sole carbon source for glutathione production by *Pichia pastoris* and *Hansenula polymorpha*²³⁻²⁶.

Saccharomyces cerevisiae is easy eukaryotic organism to manipulate genetically and it produces a high amount of glutathione but there was little information about glutathione synthesis and regulation^{27,28}. It was reported that *S. cerevisiae* could be inhibited by methylglyoxal²⁸. Angelov *et al.*²⁸ reported that the mutant cells deficient in glyoxalase I are more sensitive to methylglyoxal than the wild type cells and the lack of glutathione resulted in deficiency of the glyoxalase system since the increase in yeast increase sensitivity to methylglyoxal. The main aims of this study to produce glutathione from two yeast strains; *Saccharomyces cerevisiae* ATCC 9763 and *Candida utilis* ATCC 9950 and improved the strains glutathione production by mutation.

Ethyl methanesulfonate (EMS) has the formula $C_2H_5SO_3$ and considered as mutagenic and possibly carcinogenic compound. Its mutagenic principle is depending on nucleotide substitution especially guanine alkylation and so it only cause a point mutation. The mutated gene could increase its production rate up to 5×10^{-2} without harm and undesired effects on the gene. It is mainly depending on place of thymine instead of cytosine that opposite O-6-ethylguanine (formed by reaction with the ethyl group of EMS) during DNA replication. The new formed nucleotide pair could be A:T instead of G:C. The new formed mutation could affect the behavior and the production rate of the mutated gene^{29,30}. The aim of this study was producing a mutated strains of *Saccharomyces cerevisiae* and *Candida utilis*; have high capability to produce high amount of glutathione. Tested the obtained glutathione as antioxidant and antibacterial against a wide range of human pathogenic bacteria as well.

MATERIALS AND METHODS

Chemicals and solutions: All chemicals and solutions used in this study are HPLC grade and purchased from Sigma-Aldrich Company (Germany).

Yeast strains and cultivation conditions: Yeast strains *Saccharomyces cerevisiae* DSM 70487 was obtained from The Department of Microbiology, Faculty of Agriculture, Ain Shams University, Cairo, Egypt, while *Candida utilis* EMCC 41 was obtained from Cairo MERCEN, Faculty of Agriculture, Ain Shams University, Cairo, Egypt. *S. cerevisiae* and *C. utilis* were obtained as lyophilized materials, then dissolved in 10 mL distilled H₂O and 10 μ L of each dilution was separated on solid Yeast Peptone Dextrose (YPD) medium free antibiotics. One colony from each strain was transferred and grown on broth YPD medium, 3 mL under aerobic conditions with shaking at 30°C (10 g of yeast extract, 5 g of peptone and 20 g of glucose L⁻¹¹⁸. *S. cerevisiae* and *C. utilis* were grown

under aerobic conditions on rotary shaker (225 rpm) in YPD media (10 g of yeast extract, 5 g of peptone and 20 g of glucose L⁻¹) at temperature 30°C.³¹

Induction of mutation and isolation of methylglyoxal resistant mutants: Mutations were induced by treatment of yeasts cells with ethyl methanesulfonate (EMS) with 2% concentration (20 mg mL⁻¹) according to Shiomi *et al.*¹⁸ In summarized; cells were precultured in 10 mL of YPD medium for 3 days. The precultured cells were inoculated at a concentration of 0.1 (OD₆₁₀) in 50 mL of YPD medium and cultured at 30°C with shaking at 120 rpm. After 1 day, the cells were suspended into a 2 mL microtube and washed 3 times with 10 mL of 0.1 M citric buffer (pH 5.5) and then cells were collected by centrifugation at 5000 rpm for 2 min, resuspended cells in 10 mL of buffer containing 2% ethyl methanesulfonate (EMS) and 5% glucose. The cultures were shaken and then incubated at 30°C for 1 h. The cells were washed 3 times with 1.0 mL of 0.1 M citric buffer (pH 5.5). The treated cells were spread on agar plates of YPD medium. Later, all colonies grown on the plates were collected and diluted and 1000 cells were spread on each agar plate of YPD medium containing 0.20 M methylglyoxal analogue. The plate was incubated at 30°C for 5 days and then colonies were isolated as methylglyoxal resistant mutants¹⁸.

Preparation of cells for glutathione production: The two yeast strains were prepared for the glutathione production¹⁸. Yeast strains were precultured in 20 mL YPD medium at 30°C for 3 days and washed with 20 mL of water and then were suspended in 1 mL water. The precultured cells were inoculated at optical densities (OD) of 0.1 at 610 nm into 100 mL of medium in a 500 mL flask and the cells were cultured for 3 days at 30°C with shaking at 120 rpm.

Glutathione extraction: Glutathione was extracted from the yeast cells according to Fan *et al.*³¹. The procedure was summarized in; after incubation cells were collected from centrifugation at 6400 rpm for 10 min and washed twice with distilled water and resuspended in 0.5 mL of distilled water. The cell suspension was incubated in a boiling water bath for 5 min and centrifugation at 6400 rpm for 10 min. The glutathione contents in the supernatant were determined by colorimetric method using 5, 5-Dithiobis (2-nitrobenzoic acid, DTNB).

Determination of glutathione in yeast culture filtrate: The glutathione was determined using colorimetric methods using

glutathione reduced kit (Glutathione Reduced colorimetric kit, Biodiagnostic) by measuring the absorbance of reaction solutions at 405 nm using a spectrophotometer (Konica Minolta, Europ). One milliliter from sample was added to 0.5 mL distilled water and mixed with 0.5 mL the kit reagent 1. The solution was mixed well and allowed to stand for 5 min and then centrifuged at 3000 rpm for 15 min. A 0.5 mL of supernatant was taken and mixed with 1 mL reagent 2 followed by addition of 100 µL reagent 3 and mixed well. After 10 min, the OD was measured at 405 nm against the blank (0.5 mL of mixture, 0.5 mL distilled water with 0.5 mL reagent 1 was added to 1 mL reagent 2 and 100 µL reagent 3). The glutathione concentration was calculated³² as = sample OD × 66.6 = mg dL⁻¹.

Fermentation optimization for glutathione production: For glutathione production enhancement both the yeast strains were grown in 500 mL flask containing 100 mL of yeast medium (YM) (1.0% glucose, 0.5% peptone, 0.3% yeast extract and 0.3% malt extract, at pH 6.0 for 24 h at 3°C)²¹. Culture cells were inoculated into 1 L flasks, each containing 200 mL of the same medium and then incubated at 3°C for 72 h with agitation at 100 rpm. After incubation, the culture was centrifuged at 7,000 rpm for 15 min, the supernatant removed and the yeast cells washed with distilled water 3 times. The harvested yeast cells analyzed for glutathione concentration and dry cell weight. Glutathione production under optimal culture conditions in YM was undertaken to investigate the influence of precursor amino acids (0.05% salt, (0.05%) carbon and nitrogen sources (1%) on glutathione production.

Antibacterial activity

Microorganisms and culture conditions: Pathogenic bacteria strains used were; four Gram-positive strains; *Bacillus cereus* EMCC 1006, *Staphylococcus aureus* EMCC 1351, *Streptococcus pyogenes* EMCC 1772 and *Streptococcus mutans* EMCC 1815 and three Gram-negative strains; *Salmonella* spp., *Escherichia coli* ATCC 25922., *Klebsiella pneumoniae* EMCC 1637 and *Pseudomonas aeruginosa* EMCC1256. All strains were obtained from Microbiological Resources Centres (MERCIN), Faculty of Agriculture, Ain Shams University, Cairo, Egypt. The strains were maintained in 60% glycerol/ LB culture at -80°C.

Effect of glutathione and minimum inhibitory concentration (MIC) determination: The antimicrobial activity of glutathione by agar well diffusion assay³³ against

pathogenic bacteria. The bacterial strains were grown in nutrient broth at 37°C. Briefly, 100 µL of overnight culture of each pathogens strain (106 CFU mL⁻¹) were aseptically spread over LB agar plates. About 100 µL of sterile glutathione was transferred to each agar well. The plates were then incubated at 37°C for 18 h and the formed clear zones (if found) were measured and recorded. A set of 6 concentration of reconstituted plant water extracts (0.5, 0.3, 0.1, 0.05 and 0.025 mg mL⁻¹), were examined to determine the Minimum Inhibitory Concentration (MIC) of each against a specific pathogenic strain.² The zone of inhibition was calculated by measuring the diameter of the inhibition zone around the well (mm), including the well diameter. The readings were taken in three different fixed directions in all triplicates and the average values were tabulated.

Total antioxidant determination of the obtained glutathione: Total Antioxidant Capacity (TAC) level was determined by using Biodiagnostic kit according to the manufacture process. The residual H₂O₂ was determined calorimetrically by an enzymatic reaction which involved the conversion of 3, 5-Dichloro-2-hydroxybenzenesulphate to a colored product which can be measured at OD₅₀₅ nm³⁴.

Statistical analysis: Comparison of means was performed with Duncan's multiple range test (Duncan, 1955)³⁵ at p≤0.05 using the statistical analysis software 'CoStat 6.4' (CoStat, 2005)³⁶.

RESULTS AND DISCUSSION

The production levels of glutathione are quantitatively determined and the results indicated that the original strain *Saccharomyces cerevisiae* (ATCC 9763) produced (16.5623 mg L⁻¹) whenever the *Candida utilis* (ATCC 9950) gave 14.4325 mg L⁻¹. The results revealed that *S. cerevisiae* is more productive than the *C. utilis* for glutathione by 12%. The highest amount of glutathione obtained by *Saccharomyces cerevisiae* ATCC 7754 was 25.1 mg³⁷. Whenever, about

90 mg L⁻¹ of glutathione was obtained by *Saccharomyces cerevisiae* FF-8 when cultivated on YM²¹. The previous studies and the obtained results revealed that the amount of glutathione vary from yeast strain to another.

After exposing the *Saccharomyces cerevisiae* strain to EMS, the mutated cells were cultivated on YPD medium containing glutathione analogue (methylglyoxal), it was observed that eighteen resistant mutants were obtained from 2% EMS treatment (Table 1). Moreover, the survival percentage was 55.8%. On the other hand, it was obvious that the increasing in methylglyoxal concentrations lead to decrease in the survival percentage and it was observed that the survival percentages; 0.39, 0.26 and 0.13% were obtained when the cells treated by concentrations of 20, 40 and 60 µg mL⁻¹, respectively.

Results obtained by the mutated *Candida utilis* were slightly differences on which obtained by *S. cerevisiae*. The survival percentage was 55.2% for treatments by 2% EMS. The different treatments showed different survival as shown in (Table 1). Results presented in this study revealed that the concentration of 20 µg mL⁻¹ is the best for the both examined fungal isolates. These results are similar to what obtained by previous studies^{38,18}. The same results were obtained by Ohtake *et al.*³⁹ when a mutagenesis was performed on *Saccharomyces cerevisiae* YNN 27 using EMS. They reported that 12 mutants were obtained and they classified these mutants into two classes.

Glutathione production by the mutant *Saccharomyces cerevisiae*: The production of glutathione by the mutant strain *Saccharomyces cerevisiae* were varied according to the concentration of the analogue concentration. The production of the glutathione was ranged from 0.01134-0.08048 g L⁻¹ with EMS methylglyoxal (20 µg mL⁻¹). Wherever, the production ranged from 0.02320-0.58330 g L⁻¹ with methylglyoxal (40 µg mL⁻¹) and it was 0.03308-0.05345 g L⁻¹ with methylglyoxal (60 µg mL⁻¹) (Table 2). Here in this study, it was obvious that the glutathione production by the mutant strain (MG40/S.C/4) was more 49 times than that obtained by

Table 1: Survival percentages of methylglyoxal resistant mutants of *Saccharomyces cerevisiae* and *Candida utilis*

EMS (mg mL ⁻¹)	Glutathione analogue (µg mL ⁻¹)	<i>Saccharomyces cerevisiae</i>			<i>Candida utilis</i>		
		Number of colonies	Survival (%)	Analogue resistant mutant (%)	Number of colonies	Survival (%)	Analogue resistant mutant (%)
0.00	0	4120	100		4120	100	
20	0	2300	55.8		2100	55.2	
	20	9		0.39	8		0.38
	40	6		0.26	7		0.33
	60	3		0.13	4		0.19

Table 2: Production of glutathione (mg L⁻¹) by EMS mutated *S. cerevisiae* treated with different concentrations of glutathione analogue (methylglyoxal)

Glutathione analogue methylglyoxal (20 µg mL ⁻¹)		Glutathione analogue methylglyoxal (40 µg mL ⁻¹)		Glutathione analogue methylglyoxal (60 µg mL ⁻¹)	
Mutant No.	Glutathione (g L ⁻¹)	Mutant No.	Glutathione (g L ⁻¹)	Mutant No.	Glutathione (g L ⁻¹)
MG20/S.C/1	0.03161 ^f	MG40/S.C/1	0.02826 ^e	MG60/S.C/1	0.03308 ^c
MG20/S.C/2	0.02395 ^g	MG40/S.C/2	0.03318 ^d	MG60/S.C/2	0.05345 ^a
MG20/S.C/3	0.08048 ^a	MG40/S.C/3	0.0683b ^c	MG60/S.C/3	0.04351 ^b
MG20/S.C/4	0.06565 ^b	MG40/S.C/4	0.58330 ^a		
MG20/S.C/5	0.02361 ^g	MG40/S.C/5	0.02320 ^f		
MG20/S.C/6	0.01134 ^h	MG40/S.C/6	0.04666 ^c		
MG20/S.C/7	0.03564 ^e				
MG20/S.C/8	0.05302 ^c				
MG20/S.C/9	0.04595 ^d				

Means with the same letter are not significantly different according to Duncan's multiple range test least significant difference (LSD) 0.01 = 1.37 in glutathione analogue methylglyoxal (20 µg mL⁻¹), LSD 0.01 = 1.4737 in glutathione analogue methylglyoxal (40 µg mL⁻¹) and LSD 0.01 = 1.7937 in glutathione analogue methylglyoxal (60 µg mL⁻¹). Each value represents the mean of 3 replicates

Table 3: Production of glutathione (mg L⁻¹) by EMS mutated *Candida utilis* treated with different concentration of glutathione analogue (methylglyoxal)

Glutathione analogue methylglyoxal (20 µg mL ⁻¹)		Glutathione analogue methylglyoxal (40 µg mL ⁻¹)		Glutathione analogue methylglyoxal (60 µg mL ⁻¹)	
Mutant No.	Glutathione (g L ⁻¹)	Mutant No.	Glutathione (g L ⁻¹)	Mutant No.	Glutathione (g L ⁻¹)
MG20/C.U/1	0.02938 ^f	MG20/C.U/1	0.04196 ^e	MG20/C.U/1	0.07114 ^a
MG20/C.U/2	0.02724 ^g	MG20/C.U/2	0.07746 ^b	MG20/C.U/2	0.03153 ^d
MG20/C.U/3	0.02685 ^g	MG20/C.U/3	0.08059 ^a	MG20/C.U/3	0.06136 ^b
MG20/C.U/4	0.29986 ^b	MG20/C.U/4	0.07741 ^b	MG20/C.U/4	0.04431 ^c
MG20/C.U/5	0.45919 ^a	MG20/C.U/5	0.04614 ^d		
MG20/C.U/6	0.03538 ^d	MG20/C.U/6	0.06833 ^c		
MG20/C.U/7	0.04717 ^c	MG20/C.U/7	0.03941 ^f		
MG20/C.U/8	0.03141 ^e				
MG20/S.C/9	0.04595 ^d				

Means with the same letter are not significantly different according to Duncan's p_{0.05} multiple range test least significant difference (LSD) 0.01 = 1.0629 in glutathione analogue methylglyoxal (20 µg mL⁻¹), LSD 0.01 = LSD 0.01 = 1.2552 in glutathione analogue methylglyoxal (40 µg mL⁻¹) and LSD 0.01 = 1.1343 in glutathione analogue methylglyoxal (60 µg mL⁻¹). Each value represents the mean of 3 replicates

the original strain. According to Angelov *et al.*²⁸; they exposed the *S. cerevisiae* strain to the mutagenic EMS and they observed that the mutant strains were completely different on the wild type based on their glutathione production. The same observation was obtained by Nishiuchi *et al.*⁴⁰.

Glutathione production capacity in *Candida utilis*: The results that presented in (Table 3), revealed that there are wide variations in glutathione production. The mutants *Candida utilis* that grew at 20 µg mL⁻¹ of methylglyoxal gave production ranged between 0.02685 and 0.459.19 g L⁻¹. Wherever, production ranged from 0.03941-0.08059 g L⁻¹ were obtained by the mutants of (methylglyoxal 40 µg mL⁻¹), also, the production was fluctuated from 0.03153-0.07114 g L⁻¹ with methylglyoxal 60 µg mL⁻¹ grown mutants. Here in this study, it was obvious that the glutathione production by the mutant strain (MG20/C.U/5) was more 31 times that obtained by the original strain. Shomai *et al.*¹⁸, reported that the mutated *Pichia* strains gave high glutathione production more than the wild types.

These results were confirmed by what postulated by Magherini *et al.*⁴⁰, that yeast can live on any carbon source either fermentable or non-fermentable. Beshay and Moreira⁴¹ reported that carbohydrate, nutrient, vitamins that are presented in molass are very essential for yeast performance.

Optimization conditions for high production of glutathione by the mutant strains: Different carbon sources were used to improve the fungal glutathione production and the results presented in (Table 4) revealed that molasses is the best carbon source. On contrary; Li *et al.*⁴² revealed that glucose is the best carbon source for glutathione production whenever, lactose reduce the glutathione production by 50% when compared with that obtained by glucose. For the nitrogen source, yeast extract showed the highest yield and this results was confirmed with what reported by Shin *et al.*⁴³. The KH₂PO₄ is the mineral salt which gave high glutathione production when compared with other salts. The same observation was obtained by Cha *et al.*²¹ that KH₂PO₄ is best mineral salt with concentration 0.06% for high production of glutathione by

S. cerevisiae. Moreover, it has been observed that, the presence of amino acids in the culture medium could increase the glutathione production compared with the absence of amino acids (Table 4). Li *et al.*⁴² reported that the addition of amino acids into the cultivation medium for the yeast increase the glutathione production by 1.4 fold. The same results obtained by Anschau *et al.*³⁷ and they postulated that molass is the best carbon source for glutathione production when used as carbon source of the medium of *Saccharomyces cerevisiae*. In addition, the biomass of the yeast was increased when molass was used as carbon source when Anschau and his colleges added molasses and glycerol in the medium for increasing the glutathione production³⁷.

But glucose is the best carbon source for glutathione production by the yeast strain *Hansenula polymorpha* DL-1⁴⁴. They reported that the production was increased from 900 up to 2300 mg L⁻¹ concerning the importance of the salts in the medium, Ito *et al.*⁴⁵ revealed that yeast intact cells could affect the gene expression when alkaline cations used in the cultivation medium. As well as they found that amino acids are essential for growth and glutathione production when both are supplied in the cultivation medium for yeast. The same observation was also reported by Beshay and Moreira⁴¹. In addition; it well known that the glutathione production controlled by enzyme pathway and this pathway affected by the substrate constitutions³⁷. Anschau *et al.*³⁷ found that the addition of amino acids into the yeast medium increased the production of glutathione from 236.1 mg L⁻¹ after 96 h. Cha *et al.*²¹ reported that the high glutathione production was obtained when used the glucose 3.0% (w/v), yeast extract 3.0%, KH₂PO₄ 0.06% and L-cysteine 0.06% in basal YM. Also, the addition of amino acids especially cysteine into the yeast medium increased the glutathione production⁴⁶. Yamada *et al.*⁴⁷, reported that *Candida tropicalis* pK 233 gave

high amount of glutathione when they added ethanol as a sole carbon source in the cultivation medium. Abegg *et al.*⁴⁸ revealed that *Candida albicans* when exposed to oxidative stress showed more production of glutathione.

Antibacterial activity and minimum inhibitory concentration (MIC):

Antibacterial activity of glutathione was studied individually against tested pathogenic bacteria was exhibited in (Table 5), expressed by inhibition zone diameters and MICs (Minimum Inhibition Concentration). Results showed good antibacterial activity against, Gram-positive strains, *Bacillus cereus* EMCC 1006, *Staphylococcus aureus*

Table 4: Effect of various medium constituents on both of glutathione production and cell dry weight of *Saccharomyces cerevisiae* (MG40/S.C/4)

Carbon source	Glutathione (g L ⁻¹)	Dry cell weight (g L ⁻¹)
Glucose	0.591 ^a	4.31
Sucrose	0.581 ^{ab}	4.33
Maltose	0.580 ^{ab}	3.94
Molasse	0.593 ^b	4.58
Nitrogen source		
Peptone	0.592 ^b	4.57
Yeast extract	0.796 ^a	5.71
Malt extract	0.469 ^c	4.74
Beef extract	0.465 ^c	4.00
Salt source		
K ₂ HPO ₄	1.192 ^b	8.53
KH ₂ PO ₄	1.592 ^a	8.76
ZnSO ₄	0.930 ^d	7.92
NaCl	0.928 ^d	7.73
Amino acid source		
Cysteine	2.32 ^a	8.47
Methionine	2.08 ^{ab}	7.86
Cystine	1.19 ^c	7.43
Glutamic acid	1.12 ^c	8.24

Means with the same letter are not significantly different according to Duncan's p_{≤0.05} multiple range test (LSD 0.01 = 1.06, LSD 0.01 = 1.25, LSD 0.01 = 1.134). Each value represents the mean of 3 replicates

Table 5: Inhibition zones of glutathione (GSH) and minimum inhibitory concentration (MIC) determination

Pathogenic strain	Inhibition zone diameter MIC (mm)**				
	0.5	0.3	0.1	0.05	0.025
Gram-positive bacteria					
<i>B. cereus</i> EMCC1006	24	18	10	ND	ND
<i>St. aureus</i> EMCC1351	21	16	9	ND	ND
<i>St. pyogenes</i> EMCC1772	ND	ND	ND	ND	ND
<i>St. mutans</i> EMCC1815	23	17	8	ND	ND
Gram-negative bacteria					
<i>Salmonella</i> spp.	20	16	6	ND	ND
<i>E. coli</i> ATCC 25922	ND	ND	ND	ND	ND
<i>Kl. pneumonia</i> ATCC12296	26	18	7	ND	ND
<i>Ps. aeruginosa</i> EMCC1256	29	19	8	ND	ND

MIC: Minimum inhibition concentration. *Concentrations of extract and MIC are in mg mL⁻¹. **Diameter included 5 mm well diameter. ND: Not detected

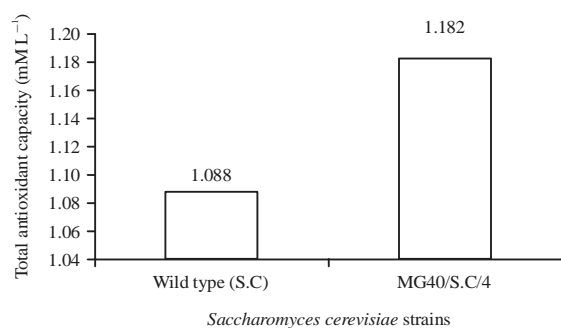


Fig. 1: Total antioxidant capacity of glutathione produced by mutant *Saccharomyces cerevisiae* compared with wild type

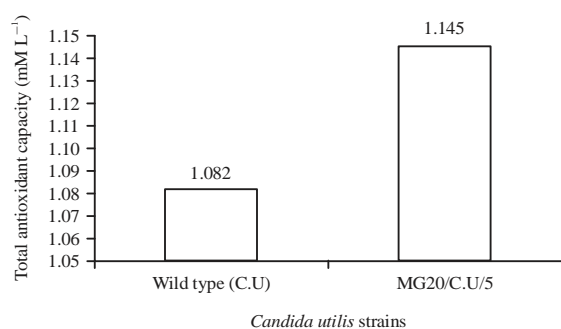


Fig. 2: Total antioxidant capacity of glutathione produced by mutant *Candida utilis* compared with wild type

EMCC 1351, *Streptococcus mutans* EMCC 1815 and *Bacillus cereus* EMCC 1006 with MIC 0.05 mg mL⁻¹, but glutathione did not show antibacterial effect on *Streptococcus pyogenes* EMCC 1772 and also the Gram-negative strains, *Salmonella* spp, *Klebsiella pneumonia* ATCC 12296 and *Pseudomonas aeruginosa* EMCC 1256 showed good antibacterial activity with MIC 0.05 mg mL⁻¹ but glutathione did not show antibacterial effect on *Escherichia coli* ATCC 25922. These results are consistent with previous reports regarding "Gram-positive" and "Gram-negative" bacteria, which reported that the later are more resistant¹⁷.

Total antioxidant capacity: The total antioxidant capacity for the glutathione produced by *Saccharomyces cerevisiae* (Wild type and MG40/S.C/4 mutant strain) was listed in Fig. 1. However, the antioxidant obtained by *Candida utilis* (Wild type and MG20/S.U/5 mutant strain) it was lower than *S. cerevisiae* as shown in Fig. 2. According to Kerksick and Willough⁴⁹ glutathione is considered strong antioxidant due to its ability to minimize oxidative stress and the lipid peroxidation of cellular membranes. The same opinion was

mentioned by Priscilla and Heather⁵⁰ who reported that usage of the antioxidant substances such as glutathione will help in improvement of human health.

CONCLUSION

In this study, our wild type yeasts showed ability to produce glutathione with considerable amount not exceeded more than 17 mg L⁻¹. The glutathione produced by yeast exposed to the mutagenesis and EMS up to 49 folds. The production of glutathione by the two examined yeast strains could be maximized if suitable fermentation medium of like molasses were approached. Glutathione showed no toxicity on the human cell and it has high antioxidant and antibacterial activity. Due to all the previous characters glutathione could be used as food additive and supplement to control human pathogenic bacteria.

SIGNIFICANCE STATEMENT

The study discovers that chemical mutation could affect the glutathione production by mutated yeast strains in compared with the wild ones. This study will help many researchers to do further studies in the importance of the glutathione as antibacterial and economic production of glutathione as food support.

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