



Research Journal of
**Medicinal
Plant**

ISSN 1819-3455



Academic
Journals Inc.

www.academicjournals.com

Protective Effect of *Avicennia alba* Leaves Extract on Gastric Mucosal Damage Induced by Ethanol

Atef M. Al-Attar

Department of Biological Sciences, Faculty of Sciences, King Abdul Aziz University, P.O. Box 139109, Jeddah 21323, Saudi Arabia

ABSTRACT

The present study was conducted to investigate the possible protective effect of *Avicennia alba* leaves extract on ethanol-induced gastric mucosal damage in Wistar female rats. The experimental animals were divided into five groups. The first group was received saline solution and served as control. The second group was intragastrically received ethanol. The third and fourth groups were pretreated with low dose (100 mg kg⁻¹, BW) and high dose (300 mg kg⁻¹ BW) of *A. alba* leaves extract and after 1 h they were administrated with ethanol. The fifth and sixth groups were intragastrically received low and high doses of *A. alba* leaves extract. Ethanol treatment increased the levels of serum creatinine, alanine aminotransferase, aspartate aminotransferase and gamma glutamyl transferase in the second group, while the levels of urea and uric acid were statistically unchanged compared with control group. Histopathologically, ethanol administration caused severe gastric mucosal damage in rats of the second group. Administration of low dose of *A. alba* leaves extract significantly decreased the physiological and histopathological alterations induced by ethanol. The pretreatment with high dose of *A. alba* leaves extract significantly inhibited the ethanol-induced physiological and histopathological changes in rats, confirming its nephroprotective, hepatoprotective and gastroprotective influence. The results suggest that *A. alba* leaves extract possesses significant nephroprotective, hepatoprotective, gastroprotective and antiulcerogenic properties which could be due to antioxidant action of chemical constituents of *A. alba* leaves extract.

Key words: Ethanol, gastric mucosal damage, *Avicennia alba*, protective effect

INTRODUCTION

Gastrointestinal diseases are widespread among the inhabitants of many countries. Peptic ulcers are a common disorder of the entire gastrointestinal tract that occur mainly in the stomach and the proximal duodenum. Peptic ulcer is a major health hazard both in terms of morbidity and mortality. The incident rate of peptic ulcer has increased in recent years (Szabo and Vincze, 2000). Peptic ulcer disease is a chronic inflammatory disease characterized by ulceration in the regions of upper gastrointestinal tract where parietal cells are found and where they secrete Hydrochloric Acid (HCl) and pepsin. The anatomic sites where ulcer occurs commonly are stomach and duodenum, causing gastric and duodenal ulcer, respectively (Rang *et al.*, 2003). Despite great advances in the understanding of the peptic ulcer illness, its etiology has not been completely elucidated. The basic physiopathological concept is that the peptic ulcer results from the imbalance between the mucosal defensive factors [mucus, bicarbonate secretion, prostaglandins, blood flow and the process of restitution and regeneration after cellular injury] and offensive factors [HCl-pepsin secretion,

Helicobacter pylori, refluxed bile, increased free radicals and decreased antioxidants] (Bandyopadhyay *et al.*, 2001; Bhattacharjee *et al.*, 2002; Tulassay and Herszényi, 2010). Ulcerative lesions of the gastrointestinal tract are one of the major side effects associated with the use of Non-Steroidal Anti-Inflammatory Drugs (NSAIDS), alcohol, stress and ischemic reperfusion (Mizui *et al.*, 1987; Kamsiah *et al.*, 2005; Bahrami and Ali, 2010; Guldur *et al.*, 2010). Although recent advances in our understanding have highlighted the multi-factorial pathogenesis of peptic ulcers, secretion of gastric acid is still recognized as a central component of this disease (Luiz-Ferreira *et al.*, 2010).

A number of anti-ulcer drugs like gastric anti-secretory drugs-H₂ receptor antagonists, anti-muscarinic agents, proton pump inhibitors, mucosal protective agents-carbenoxolone sodium, sucralfate and prostaglandin analogues are available which are shown to have side effects and limitations. Moreover, various reports have shown that commonly used drugs for peptic ulcers have danger of drug interaction, adverse effect and increased incidence of relapses during ulcer therapy (Bandyopadhyay *et al.*, 2002; Goel and Sairam, 2002; Rao *et al.*, 2004). In this context, the use of medicinal plants for the prevention and treatment of different pathologies is in continuous expansion all over the world (Mota *et al.*, 2009). Medicinal plants are valuable natural resource and regarded as potentially safe drugs. Numerous natural products derived from plant sources have been evaluated as therapeutics for the treatment of various ailments like dysentery, influenza, vaginitis, tumors, diabetes, diuretics, jaundice, kidney stone, dyspepsia, anti-hepatotoxic, anti-hepatitis-B, anti-hyperglycemic and also as anti-viral and anti-bacterial (Ahmad *et al.*, 2007; De Sousa Falcao *et al.*, 2008). Natural products are gaining space and importance in the pharmaceutical industry as well as inspiring the search for new potential sources of bioactive molecules (Schmeda-Hirschmann and Yesilada, 2005). The anti-ulcerogenic activity of many plant products is reported due to an increase in mucosal defensive factors rather than decrease in the offensive factors (Dharmani *et al.*, 2004; Narayan *et al.*, 2004; Khushtar *et al.*, 2009; Bahrami and Ali, 2010; Guldur *et al.*, 2010).

Mangroves are widespread in tropical and sub tropical regions, growing in the saline intertidal zones of sheltered coastlines. The ability to survive in mangrove habitats, characterized by high salt concentrations, low aeration of waterlogged soil and frequently changing water levels due to tidal cycles, has clearly evolved several times independently within angiosperms (Ricklefs and Latham, 1993). Tomlinson (1986) grouped plants that occur in mangrove habitats into three categories, major, minor and associates, based upon the degree to which they are restricted to these habitats and their importance in these communities. Mangrove plants are containing biologically active anti-viral, anti-bacterial and anti-fungal compounds (Bhattacharya *et al.*, 2003). The presence of compounds like tannins, alkaloids and polyphenols in mangrove plants which play an important role in the suppression of deleterious microorganisms (Ross *et al.*, 1980; Nishiyama *et al.*, 1987; Jamale and Joshi, 1998). Furthermore, mangrove plant extracts have been used for centuries as popular method for treating several health disorders plant-derived substances have recently become of great interest owing to their versatile applications. Avicenniaceae family is a member of true mangrove plants which has one genus (*Avicennia*), 11 species and several subspecies. Plants of *Avicennia* are trees and woody shrubs distributed in coastal and estuarine habitats in tropical and subtropical areas worldwide (Duke, 1991). *Avicennia* is considered a major or “true mangrove” element; these plants are endemic to mangrove habitats, play a predominant role in community structure and have the ability to form pure stands (Tomlinson, 1986). Additionally, *Avicennia* is the most species-rich and most frost tolerant of all mangrove genera; it

is one of only two true mangrove genera that are distributed along coastal habitats in both the New and Old World. The taxonomic placement of *Avicennia* is contentious. In some classifications it has been placed in the family Verbenaceae, but more recently has been placed by some botanists in the monogeneric family Avicenniaceae. Recent phylogenetic studies have suggested that *Avicennia* is derived from within Acanthaceae and the genus is included in that family in the Angiosperm Phylogeny Group system. *Avicennia alba* is one of the most current species among these plants in Southeast Asia mangrove forests. Vadlapudi and Naidu (2009) showed that the plant extracts of *A. alba* have greater potential as anti-microbial compounds against microorganisms and that they can be used in the treatment of infectious diseases caused by resistant pathogenic. Ito *et al.* (2000) studied the chemical constituents of *A. alba* and identified three new naphthoquinones and their analogues, named avicequinone-A (1), -B (2), -C (3) and avicenol-A (4), -B (5), -C (6). Furthermore, Itoigawa *et al.* (2001) investigated the cancer chemopreventive activity of naphthoquinones and their analogs from *Avicennia* plant including *A. alba* and they reported that six natural and four synthetic naphthoquinones and five of their analogs were tested for their inhibitory activities against Epstein-Barr virus early antigen activation induced by 12-O-tetradecanoylphorbol-13-acetate in Raji cells. Some of the 1,4-naphthoquinones and their analogs were found to show remarkably potent activities, without showing any cytotoxicity. 1,4-Furanonaphthoquinone and its analog isolated from *Avicennia* plants having an alcoholic OH group on the dihydrofuran-ring, displayed the most potent activity. Furthermore, avicenol-A exhibited a marked inhibitory effect on mouse skin tumor promotion in an *in vivo* two-stage carcinogenesis test. Additionally, they reported that some of these 1,4-naphthoquinones and their analogs might be valuable as potent cancer chemopreventive agents. Kim *et al.* (2003) demonstrated that the naphthoquinone analog, termed 2,3-dichloro-5, 8-dihydroxy-1,4-naphthoquinone (DDN), induces apoptosis in human promyeloid leukemic HL-60 cells and shows anti-tumor activity *in vivo*. Moreover, Suntar *et al.* (2010) showed that the naphthoquinones and some flavonoids (hyperoside, isoquercitrin, rutin and epicatechin) possess remarkable wound healing and anti-inflammatory activities. With this information, the extract of *A. alba* leaves has been evaluated in the present study to find out its possible effects against ethanol induced gastric mucosal damage in female rats.

MATERIALS AND METHODS

Plant material and extraction: Fresh leaves of *A. alba* were directly collected from mangrove area of Langkawi Island, Malaysia in September, 2010. The leaves were air-dried at room temperature and stored in dry plastic container until use for extract preparation. Two grams of leaves were powdered and mixed with 100 mL of cold water for 15 min using an electric blender. This mixture was later used for experimental supplementation at low (100 mg kg⁻¹, BW) and high (300 mg kg⁻¹ BW) doses.

Animals model: Female albino rats of Wistar strain used in this study were obtained from the Experimental Animal Unit of King Fahd Medical Research Center, King Abdul Aziz University, Jeddah, Saudi Arabia. The total number of rats used was 30 ranging in age from 6-7 weeks and weighing between 135-175 g, kept in standard cages at room temperature of 20±1°C, humidity 50-55% and 12 h day/night cycle. The experimental animals were fed standard rat chow and water. This study was conducted according to ethical guidelines of the Animal Care and Use Committee of King Abdul Aziz University.

Experimental treatments: The animals were divided into six groups of five animals each. The animals were fasted for 24 h prior to the experiment. They were allowed free access to water. After 24 h, the water was withdrawn and the groups of rats were then subjected to one of the following treatments:

- **Group 1:** Rats were intragastrically received saline solution and served as control
- **Group 2:** Rats were intragastrically received 1 mL of 99.9% ethanol, C₂H₅OH (Scharlab Co., Spain)
- **Group 3:** Rats were intragastrically pretreated with 100 mg kg⁻¹ BW of *A. alba* leaves extract and after 1 h they received 1 mL of 99.9% ethanol
- **Group 4:** Rats were intragastrically pretreated with 300 mg kg⁻¹ BW of *A. alba* leaves extract and after 1 h they received 1 mL of 99.9% ethanol
- **Group 5:** Rats were intragastrically treated with 100 mg kg⁻¹ BW of *A. alba* leaves extract
- **Group 6:** Rats were intragastrically treated with 300 mg kg⁻¹ BW of *A. alba* leaves extract

Blood sampling: After 1 h of the experimental treatments, the animals were sacrificed under ether anesthesia. Blood samples were collected from orbital venous plexus into plain tubes and centrifuged. Blood sera were carefully separated and stored frozen. Serum creatinine, urea, uric acid, alanine aminotransferase (ALT), aspartate aminotransferase (AST) and Gamma Glutamyl Transferase (GGT) were later determined using an automatic analyzer (Reflotron® Plus System, Roche, Germany).

Histological evaluation: The stomach of each rat was removed and opened along the greater curvature and washed in physiological saline solution. Gastric tissues were harvested from all treated animals and the fragments from tissues were fixed in 10% buffered formalin solution for 48 h. The tissues were subjected to the dehydration process through ascending grades of alcohol, cleared in xylene, infiltrated and embedded in paraffin wax. Subsequently, 5 μ sections were stained with haematoxylin and eosin according to routine technique of light microscopy. Qualitative evaluation of prepared tissues and the obtaining of their photos were carried out using Motic digital microscope, DM-B1 series, Motic Company.

Statistical analysis: The statistical differences of all data were determined by the Student's *t*-test. All values were expressed as mean±Standard Deviation (SD) for five observations. Statistical probability of less than 0.05 was used as a criterion for significance. All data were evaluated for statistical significance using the Statistical Package for Social Sciences, SPSS for windows, version 12.0.

RESULTS AND DISCUSSION

Serum creatinine, urea, uric acid, ALT, AST and GGT values were used as indexes of kidney and liver functions in control and experimental animals treated with ethanol and *A. alba* leaves extract as shown in Table 1. Results show that ethanol treatment increased the levels of serum creatinine (+9.4%), ALT (+18.0%), AST (+12.4%) and GGT (45.6%) in-group 2, while the levels of urea and uric acid were statistically unchanged compared with control data. The levels of serum creatinine (+6.3%) ALT (+5.2%) and GGT (+24.7%) were significantly increased in rats treated

Table 1: The values of serum creatinine, urea, uric acid, ALT, AST and GGT of control, ethanol, low dose of *A. alba* leaves extract (LD) plus ethanol, high dose of *A. alba* leaves extract (HD) plus ethanol, low dose of *A. alba* leaves extract (LD) and high dose of *A. alba* leaves extract (HD) treated rats (n = 5)

Treatments	Parameters					
	Creatinine (mg dL ⁻¹)	Urea (mg dL ⁻¹)	Uric acid (mg dL ⁻¹)	ALT (U L ⁻¹)	AST (U L ⁻¹)	GGT (U L ⁻¹)
Control	0.64±0.06	19.88±1.29	2.98±0.16	34.40±2.41	56.60±2.07	6.80±0.55
Ethanol	0.70±0.03* (+9.4)	21.46±1.81 (+8.0)	2.84±0.26 (-4.7)	40.60±3.21* (+18.0)	63.60±5.51* (+12.4)	9.90±2.25* (+45.6)
LD + ethanol	0.68±0.04* (+6.3)	19.50±1.29 (-1.9)	2.90±0.16 (-2.7)	36.20±2.28* (+5.2)	57.00±2.65 (+0.7)	8.48±1.14* (+24.7)
HD + ethanol	0.65±0.03 (+1.6)	20.28±2.48 (+2.0)	2.92±0.13 (-2.0)	35.40±3.91 (+2.9)	54.60±4.04 (-3.5)	7.30±0.71 (+7.4)
LD	0.64±0.10 (0.00)	20.14±0.83 (+1.3)	2.80±0.35 (-6.0)	35.60±3.21 (+3.5)	54.20±3.42 (-4.2)	6.50±0.60 (-4.4)
HD	0.63±0.07 (-1.6)	19.36±1.62 (-2.7)	2.74±0.33 (-8.1)	36.00±2.74 (+4.7)	56.20±3.56 (-0.7)	6.38±0.59 (-6.2)

*Indicates a significant difference between control and treated groups, Percentage changes are included in parentheses

with low dose of *A. alba* leaves extract plus ethanol (group 3), while the levels of urea, uric acid, AST and GGT were statistically unchanged compared with control group. Insignificant changes of all serum parameters were noted in rats treated with high dose of *A. alba* leaves extract plus ethanol (group 4), low dose of *A. alba* leaves extract (group 5) and high dose of *A. alba* leaves extract (group 6). Figure 1(a, b) showed the normal structure of stomach tissues including serosa, muscularis, submucosa and mucosa layers in control group. Ethanol administration resulted in marked gross mucosal damages in rats of group 2 (Fig. 2a-d). Rats pretreatment with low dose of *A. alba* leaves extract (group 3) showed mild protection against ethanol-induced gastric mucosal damage (Fig. 3a and b). Animals pretreatment with high dose of *A. alba* leaves extract (group 4) showed significant protection against ethanol-induced gastric mucosal damage (Fig. 4a and b). Figure 5a and b demonstrated the normal structures of stomach in rats treated only with low (group 5) and high (group 6) doses of *A. alba* leaves extract.

It is generally accepted that alcohol consumption can induce dramatic changes in the physiological and biochemical processes of the whole organism and in the cells (Clemens and Jerrells, 2004; Cook *et al.*, 2004; Poschl and Seitz, 2004; You and Crabb, 2004; Oba *et al.*, 2005). Alcohol is regarded as the most commonly abused drug in the world with profound consequences, both societal and medical (Masters, 2007). In this study, ethanol administration induced severe renal and hepatic injuries evident as elevations of serum creatinine, ALT, AST and GGT values. These results are in agreement with previous experimental studies (Enomoto *et al.*, 2003; Chung *et al.*, 2005; Alsaif, 2007; Hussein *et al.*, 2007; Arda-Pirincci *et al.*, 2009; Habib-ur-Rehman *et al.*, 2009; Das *et al.*, 2010; Chen, 2010; Yurt and Celyk, 2010). The liver is the main organ involved in the metabolism of ethanol, but other extrahepatic tissues, i.e. the kidney, may also contribute to the ethanol metabolism. The enzyme activities of ALT, AST and GGT are considered to be a sign of alcohol abuse and are in general increased with alcoholism (Halmesmaki *et al.*, 1992; Siddiqi *et al.*, 2007). Ethanol associated endotoxaemia and subsequent release of inflammatory mediators may cause hepatocyte injury via oxyradicaldependent and-independent mechanisms. Ethanol manifests its harmful effects either through direct generation

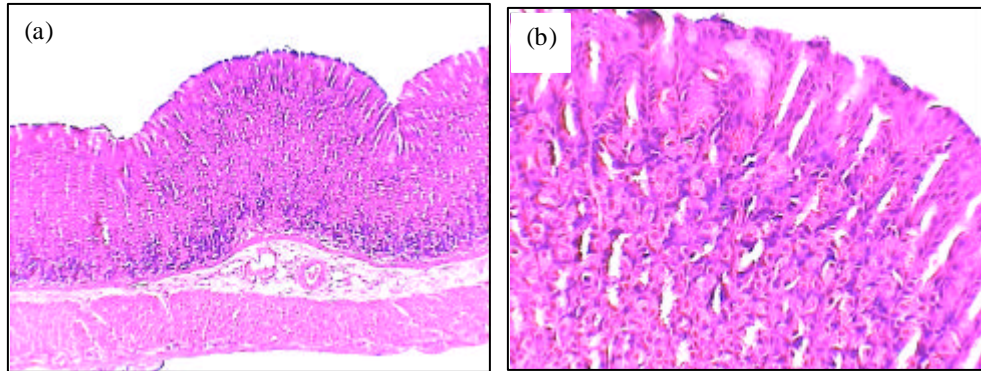


Fig. 1: The histology of stomach of normal female rats (a, X100). Gastric mucosal layer of normal female rats (b, X400)

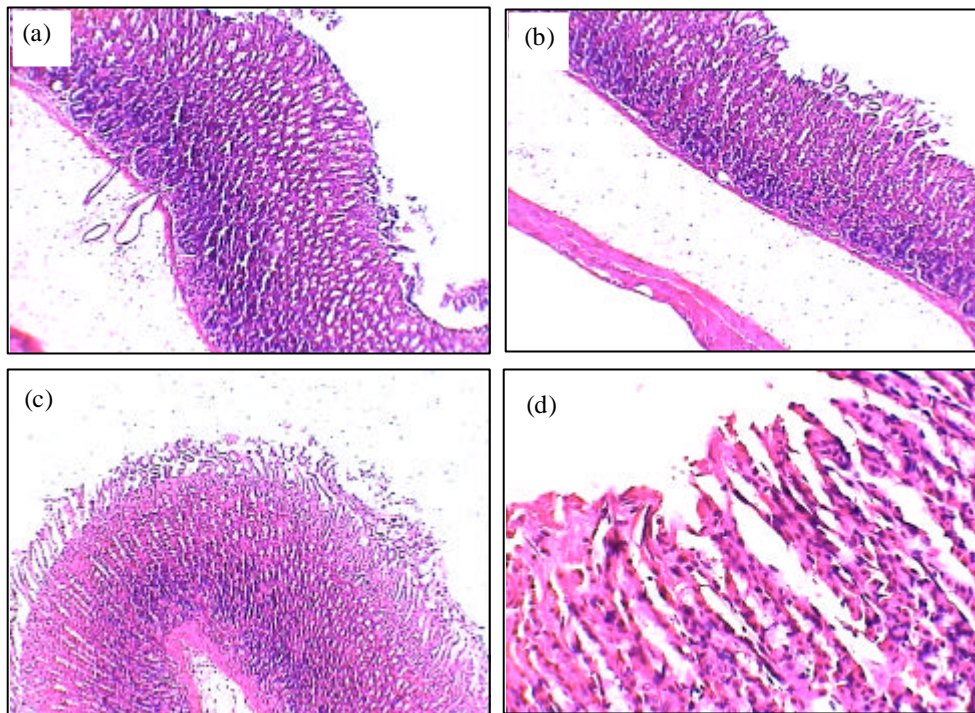


Fig. 2: The histology of stomach of ethanol treated female rats (a, b and c X100). Gastric mucosal layer of ethanol treated female rats (d, X400)

of reactive metabolites, including free radical species that react with most of the cell components, changing their structures and functions, or by contributing to other mechanisms that finally promote enhanced oxidative damage (Kato *et al.*, 1990; Nordmann, 1994). The histopathological evaluations in the present study demonstrated that ethanol administration caused severe gastric mucosal damage. Various of experimental investigations showed similar histopathological observations in experimental animals treated with ethanol and NSAID (Coskun *et al.*, 2004; Narayan *et al.*, 2004; Kamsiah *et al.*, 2005; Alhaider *et al.*, 2006; Karumi *et al.*, 2008; Li *et al.*, 2008; Sehirli *et al.*, 2008; Al-Rejaie, 2009; Zhao *et al.*, 2009; Abdulla *et al.*, 2010; Luiz-

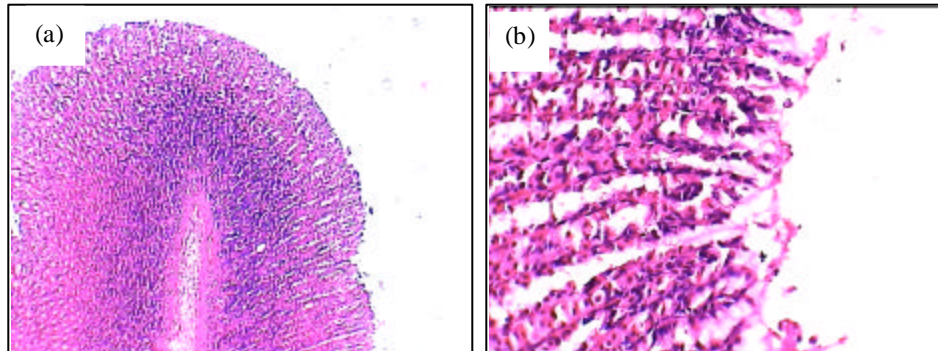


Fig. 3: The histology of stomach of low dose of *A. alba* leaves extract plus ethanol treated female rats (a, X100). Gastric mucosal layer of low dose of *A. alba* leaves extract plus ethanol treated female rats (b, X400)

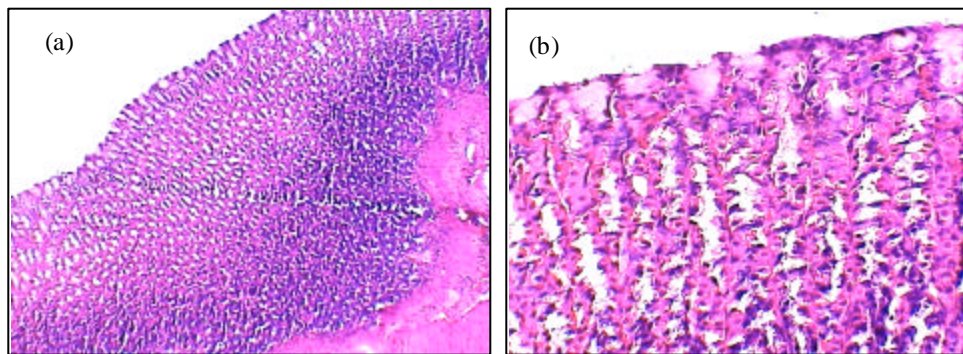


Fig. 4: The histology of stomach of high dose of *A. alba* leaves extract plus ethanol treated female rats (a, X100). Gastric mucosal layer of high dose of *A. alba* leaves extract plus ethanol treated female rats (b, X400)

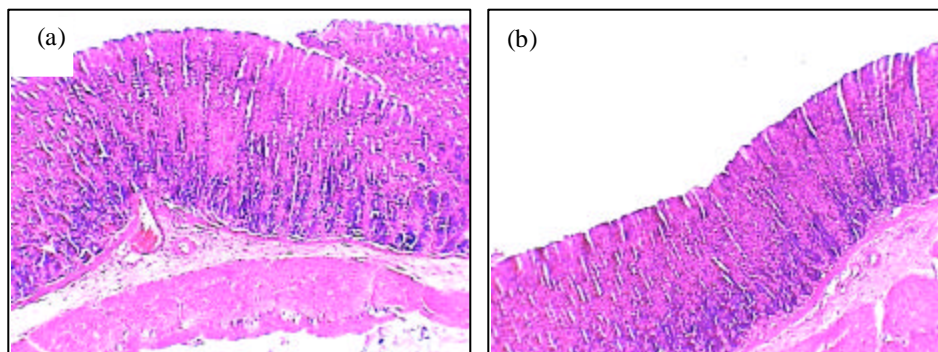


Fig. 5: The histology of stomach of low dose of *A. alba* leaves extract treated female rats (a, X100). The histology of stomach of high dose of *A. alba* leaves extract treated female rats (b, X100)

Ferreira *et al.*, 2010). Ethanol serves as the most common ulcerogenic agent and when given intragastrically to rats it produces severe gastric hemorrhagic erosions (Shetty *et al.*, 2000). Ethanol induced gastric mucosal injury is associated with extensive damage to mucosal capillaries and increased vascular permeability (Szabo *et al.*, 1985; Bou-Abboud *et al.*, 1988). Mucosal capillary necrosis, vascular congestion and thrombosis in the subepithelial microvasculature accompany disruption of the gastric mucosal barrier. In addition to the direct injurious effects of ethanol on gastric mucosa, other factors are also thought to be involved in the pathogenesis of injury (Konturek *et al.*, 1996).

In the present study, administration of low and high doses of *A. alba* leaves extract significantly decreased the physiological and histopathological alterations induced by ethanol exposure. In rats treated with low dose of *A. alba* leaves extract following by ethanol administration, the levels of serum creatinine ALT and GGT were statistically evoked, while the levels of other serum biochemical parameters were notably unchanged compared with corresponding control group. Furthermore, the histopathological analysis of stomach showed that the pretreatment with low dose of *A. alba* leaves extract reduced the severe changes attributed to ethanol influence. These data confirmed the ameliorative role of low dose of *A. alba* leaves extract against ethanol-induced physiological and histological disturbances. In addition, the pretreatment with high dose of *A. alba* leaves extract significantly inhibited the ethanol-induced physiological and histopathological changes in rats, confirming its nephroprotective, hepatoprotective and gastroprotective influence. Moreover, insignificant changes of all physiological parameters and histopathological evaluations were observed in rats treated with only low or high doses of *A. alba* leaves extract, indicating its safety as selective concentrations in the present study. Thirunavukkarasu *et al.* (2010) studied the anti ulcer effect of *Avicennia officinalis* leaves extract in albino rats and they reported that the pretreatment with leaves extract (both hot water and cold water) caused a beneficial effect on NASID-induced gastric ulcer as evidenced by the reduction in the ulcer score. Also, they showed that these finding may be attributed to polyphenolic compounds found in mangrove plants. Moreover, the wound healing capacity of *A. officinalis* and other plant species such as *Rizophora mangle* and *Excoecaria agallocha* during ulcer is due to several mechanisms, such as coating the wound, forming complexes with proteins of cell wall, chelating free radicals and reactive oxygen species, stimulating the concentration of the wound and increasing the formation of new capillaries and fibroblasts (Tsukimi and Okabe, 1994; Perera *et al.*, 2001, 2010; Thirunavukkarasu *et al.*, 2009, 2010).

Considerable scientific evidence suggested that under situations of oxidative stress Reactive Oxygen Species (ROS) such as superoxide, hydroxyl and peroxy radicals are generated and the balance between antioxidation and oxidation is believed to be a critical concept for maintaining a healthy biological system (Davies, 2000). Oxygen free radicals are implicated in the pathogenesis of ethanol-induced gastric mucosal injury (Szelenyi and Brune, 1988; Hiraishi *et al.*, 1999) apart from other mechanisms such as mucosal leukotriene release (Peskar *et al.*, 1986), submucosal venular constriction (Oates and Hakkinen, 1988). Accumulation of activated neutrophils in the gastric mucosa may be a source for free radicals (Tepperman and Soper, 1990). The ethanol induced gastric mucosal damage was shown to be associated with the significant reduction in the non-protein sulphhydryl concentration in cultured rat gastric mucosa cells (Szabo *et al.*, 1981). Oxygen derived free radicals have been implicated in the pathogenesis of a wide variety of clinical disorders and gastric damage is caused by physical, chemical and psychological factors that leads to gastric ulceration in human and experimental animals (Rao *et al.*, 2000). Recently interest has been focused on the role of ROS in gastroduodenal pathogenesis related to gastric hypersecretion and

gastroduodenal mucosal damage. Reports suggest that reactive ROS play an important role in the pathophysiological processes of acute gastric lesions (Parks, 1989; Vaananen *et al.*, 1991; Jainu and Devi, 2004). Although the mechanism of ethanol, NSAIDS and other drug induced gastric lesions is unclear, accumulating neutrophils, oxygen free radicals, inhibition of prostaglandins play a crucial role (Perry *et al.*, 1986; Szelenyi and Brune, 1988; Galvin and Szabo, 1992; Shetty *et al.*, 2000; Liu *et al.*, 2008). Ethanol induced ulcers are found mainly in the glandular part of the stomach are reported to potentiate the formation of leukotriene C4 (LTC4), mast cell secretory products and reactive oxygen species resulting in damage to the rat gastric mucosa (Peskar *et al.*, 1986; Mizui *et al.*, 1987; Oates and Hakkinen, 1988). A copious amount of gastric mucus is secreted during superficial mucosal damage and provides a favorable microenvironment for repair by restitution. An increase in gastric motility, vagal overactivity, mast cell degranulation, free radical generation, decreased gastric mucosal blood flow and decreased prostaglandin synthesis are involved in the production of stress-induced ulcers (Cho *et al.*, 1976; Cho and Ogle, 1979; Rao *et al.*, 2000). Ethanol induced ulcers were not inhibited by anti-secretory agents such as cimetidine, but are inhibited by agents that exhibit a gastroprotective action with an antioxidative cytoprotection (Arisawa *et al.*, 2006). Most of the anti-ulcer compounds or extracts are known for their scavenging activities on free radicals in the process of ulcer healing (Onasanwo *et al.*, 2010). Therefore, there is a possibility that the chemical constituents of *A. alba* leaves extract may possess antioxidative properties to protect the gastric mucosal layer from the severe injury induced by ethanol.

CONCLUSION

The present findings demonstrated that the leaves extract of *A. alba* appears to be effective against gastric mucosal damage induced by ethanol treatment. However, the gastroprotective activity of *A. alba* against ethanol treatment may be due to its effects on both offensive and defensive factors. Additionally, the present investigation might well suggest that the chemical constituents of *A. alba* leaves extract have nephroprotective, hepatoprotective, gastroprotective and antiulcerogenic effects, possibly by decreasing oxidative stress and increasing antioxidant enzyme activity. Further experimentation is needed to explore the exact mechanism of gastric mucosal and ulcer protection by *A. alba* leaves extract and to evaluate its chemical constituents effect as potential therapeutic and healing factors on gastric mucosal injury and ulcers induced by ethanol and other ulceration models.

REFERENCES

- Abdulla, M.A., K.A.A. Ahmed, F.H. Al-Bayaty and Y. Masood, 2010. Gastroprotective effect of *Phyllanthus niruri* leaf extract against ethanol-induced gastric mucosal injury in rats. *Afr. J. Pharm. Pharmacol.*, 4: 226-230.
- Ahmad, M., M.A. Khan, M. Zafar and S. Sultana, 2007. Treatment of common ailments by plant-based remedies among the people of district Attock (Punjab) of Northern Pakistan. *Afr. J. Tradit. Complement. Altern. Med.*, 4: 112-120.
- Alhaider, A.A., I.A. Al-Mofleh, J.S. Mossa, M.O. Al-Sohaibani, S. Rafatullah and S. Qureshi, 2006. Effect of *Carum carvi* on experimentally induced gastric mucosal damage in wistar albino rats. *Int. J. Pharmacol.*, 2: 309-315.
- Al-Rejaie, S.S., 2009. Inhibition of ethanol-induced gastric mucosal damage by carvedilol in male wistar albino rats: Possible biochemical changes. *Int. J. Pharmacol.*, 5: 146-154.

- Alsaif, M.A., 2007. Effect of thymoquinone on ethanol-induced hepatotoxicity in Wistar rats. *J. Medical Sci.*, 7: 1164-1170.
- Arda-Pirincci, P., B. Bilgin-Sokmen, R. Yanardag and S. Bolkent, 2009. Effects of zinc on intestinal injury and some serum parameters in ethanol-administered rats. *Biosci. Biotechnol. Biochem.*, 73: 260-267.
- Arisawa, T., T. Shibata, Y. Kamiya, M. Nagasaka, M. Nakamura and H. Fujita, 2006. Effects of sucralfate, cimetidine and rabeprazole on mucosal hydroxyproline content in healing of ethanol/HCl-induced gastric lesions. *Clin. Exp. Pharmacol. Physiol.*, 33: 628-632.
- Bahrani, A.M. and V. Ali, 2010. Effects of *Anethum chryseum* leaves extracts on gastric irritation. *Int. J. Pharmacol.*, 6: 134-137.
- Bandyopadhyay, D., K. Biswas, M. Bhattacharya, R.J. Reiter and R.K. Banerjee, 2001. Gastric toxicity and mucosal ulceration induced by oxygen derived reactive species, protection by melatonin. *Curr. Mol. Med.*, 1: 501-513.
- Bandyopadhyay, D., K. Biswas, M. Bhattacharyya, R.J. Reiter and R.K. Banerjee, 2002. Involvement of reactive oxygen species in gastric ulceration, protection by melatonin. *Indian J. Exp. Biol.*, 40: 693-705.
- Bhattacharjee, M., S. Bhattacharjee, A. Gupta and R.K. Banerjee, 2002. Critical role of an endogenous gastric peroxidase in controlling oxidative damage in *H. pylori*-mediated and non-mediated gastric ulcer. *Free Radic. Biol. Med.*, 32: 731-743.
- Bhattacharya, S., S. Virani, M. Zavro and G.J. Hass, 2003. Inhibition of *Streptococcus mutans* and other oral *Streptococci* by Hop (*Humulus lupulus* L.) constituents. *Econ. Bot.*, 57: 118-125.
- Bou-Abboud, C.F., H. Wayland, G. Paulsen and P.H. Guth, 1988. Microcirculatory stasis precedes tissue necrosis in ethanol-induced gastric mucosal injury in the rat. *Dig. Dis. Sci.*, 33: 872-877.
- Chen, X., 2010. Protective effects of quercetin on liver injury induced by ethanol. *Pharmacogn. Mag.*, 6: 135-141.
- Cho, C.H. and C.W. Ogle, 1979. Cholinergic-mediated gastric mast cell degranulation with subsequent histamine H1 and H2-receptor activation in stress ulceration in rats. *Eur. J. Pharmacol.*, 55: 23-33.
- Cho, C.H., C.W. Ogle and S. Dai, 1976. Acute gastric ulcer formation in response to electrical vagal stimulation in rats. *Eur. J. Pharmacol.*, 35: 215-219.
- Chung, F.M., Y.H. Yang, T.Y. Shieh, S.J. Shin, J.C. Tsai and Y.J. Lee, 2005. Effect of alcohol consumption on estimated glomerular filtration rate and creatinine clearance rate. *Nephrol. Dial. Transplant.*, 20: 1610-1616.
- Clemens, D.L. and T.R. Jerrells, 2004. Ethanol consumption potentiates viral pancreatitis and may inhibit pancreas regeneration: Preliminary findings. *Alcohol*, 33: 183-189.
- Cook, R.T., X. Zhu, R.A. Coleman, Z.K. Ballas and T.J. Waldschmidt et al., 2004. T-cell activation after chronic ethanol ingestion in mice. *Alcohol*, 33: 175-181.
- Coskun, O., M. Kanter, F. Armutcu, K. Cetin, B. Kaybolmaz and O. Yazgan, 2004. Protective effects of quercetin, a flavonoid antioxidant, in absolute ethanol-induced acute gastric ulcer. *Eur. J. Gen. Med.*, 1: 37-42.
- Das, S.K., S. Mukherjee, G. Gupta, D.N. Rao and D.M. Vasudevan, 2010. Protective effect of resveratrol and vitamin E against ethanol-induced oxidative damage in mice: Biochemical and immunological basis. *Indian J. Biochem. Biophys.*, 47: 32-37.
- Davies, K.J.A., 2000. Oxidative stress, antioxidant defenses and damage removal, repair and replacement systems. *IUBMB Life*, 50: 279-289.

- De Sousa Falcao, H., J.A. Leite, J.M. Barbosa-Filho, P.F. de Athayde-Filho and M.C. de Oliveira Chaves *et al.*, 2008. Gastric and duodenal antiulcer activity of alkaloids: A review. *Molecules*, 13: 3198-3223.
- Dharmani, P., V.K. Kuchibhotla, R. Maurya, S. Srivastava, S. Sharma and G. Patil, 2004. Evaluation of anti-ulcerogenic and ulcer-healing properties of *Ocimum sanctum* Linn. *J. Ethnopharmacol.*, 93: 197-206.
- Duke, N.C., 1991. A systematic revision of the mangrove genus *Avicennia* (Avicenniaceae) in Australasia. *Aust. Syst. Bot.*, 4: 299-324.
- Enomoto, N., Y. Takei, M. Hirose, A. Konno and T. Shibuya *et al.*, 2003. Prevention of ethanol-induced liver injury in rats by an agonist of peroxisome proliferator-activated receptor-gamma, pioglitazone. *J. Pharmacol. Exp. Ther.*, 306: 846-854.
- Galvin, G.B. and S. Szabo, 1992. Experimental gastric mucosal injury: Laboratory models reveal mechanisms of pathogenesis and new therapeutic strategy. *FASEB J.*, 6: 825-831.
- Goel, R.K. and K. Sairam, 2002. Anti ulcer drugs from indigenous sources with emphasis on *Musa sapientum*, *tamrebhesme*, *Asparagus racemosus* and *Zingiber officinale*. *Indian J. Pharmacol.*, 34: 100-110.
- Guldur, M.E., A. Ozgonul, I.H. Kilic, O. Sogut and M. Ozaslan *et al.*, 2010. Gastroprotective effect of *Cyperus rotundus* extract against gastric mucosal injury induced by ischemia and reperfusion in rats. *Int. J. Pharmacol.*, 6: 104-110.
- Habib-ur-Rehman, M., T. Mahmood, T. Salim, N. Afzal and N. Ali *et al.*, 2009. Effect of silymarin on serum levels of ALT and GGT in ethanol induced hepatotoxicity in albino rats. *J. Ayub Med. Coll. Abbottabad*, 21: 73-75.
- Halmesmaki, E., R. Roine and M. Salaspuro, 1992. Gamma-glutamyltransferase, aspartate and alanine aminotransferases and their ratio, mean cell volume and urinary dolichol in pregnant alcohol abusers. *Br. J. Obstet. Gynaecol.*, 99: 287-291.
- Hiraishi, H., T. Shimada, K.J. Ivey and A. Terano, 1999. Role of antioxidant defenses against ethanol-induced damage in cultured rat gastric epithelial cells. *J. Pharmacol. Exp. Ther.*, 289: 103-109.
- Hussein, J.S., F.S. Oraby and N. El-Shafey, 2007. Antihepatotoxic effect of garlic and onion oils on ethanol-induced liver injury in rats. *J. Applied Sci. Res.*, 3: 1527-1533.
- Ito, C., S. Katsuno, Y. Kondo, H.T. Tan and H. Furukawa, 2000. Chemical constituents of *Avicennia alba*. Isolation and structural elucidation of new naphthoquinones and their analogues. *Chem. Pharm. Bull. (Tokyo)*, 48: 339-343.
- Itoigawa, M., C. Ito, H.T. Tan, M. Okuda, H. Tokuda, H. Nishino and H. Furukawa, 2001. Cancer chemopreventive activity of naphthoquinones and their analogs from *Avicennia* plants. *Cancer Lett.*, 174: 135-139.
- Jainu, M. and C.S. Devi, 2004. Effect of ambrex (an amber based formulation) on gastric mucosal damage: Role of antioxidant enzymes and lipid profile. *Indian J. Physiol. Pharmacol.*, 48: 343-347.
- Jamale, B.B. and G.V. Joshi, 1998. Effect on age of mineral constituents poly phenoloxides and peroxides in mangrove leaves. *Indian J. Exp. Biol.*, 16: 117-120.
- Kamsiah, J., W. Muhaizan, M.T. Gapor and O. Roslin, 2005. Mucosal protective effect of vitamin E on aspirin-induced gastric lesions in rats. *Int. J. Pharmacol.*, 1: 93-97.
- Karumi, Y., A.I. Augustine and I.A. Umar, 2008. Gastroprotective effects of aqueous extract of *Adansonia digitata* leaf on ethanol-induced ulceration in rats. *J. Boil. Sci.*, 8: 225-228.

- Kato, S., T. Kawase, J. Alderman, N. Inatomi and C.S. Lieber, 1990. Role of xanthine oxidase in ethanol-induced lipid peroxidation in rats. *Gastroenterology*, 98: 203-210.
- Khushtar, M., V. Kumar, K. Javed and U. Bhandari, 2009. Protective effect of ginger oil on aspirin and pylorus ligation-induced gastric ulcer model in rats. *Indian J. Pharm. Sci.*, 71: 554-558.
- Kim, H.J., J.Y. Mun, Y.J. Chun, K.H. Choi, S.W. Ham and M.Y. Kim, 2003. Effects of a naphthoquinone analog on tumor growth and apoptosis induction. *Arch. Pharm. Res.*, 26: 405-410.
- Konturek, S.J., J. Stachura and J.W. Konturek, 1996. Gastric Cytoprotection and Adaptation to Ethanol. In: *Alcohol and the Gastrointestinal Tract*, Preedy, V.R. and R.R. Watson (Eds.). CRC Press, New York, pp: 123-141.
- Li, Y.G., D.F. Ji, T.B. Lin, S. Zhong, G.Y. Hu and S. Chen, 2008. Protective effect of sericin peptide against alcohol-induced gastric injury in mice. *Chin. Med. J. (Engl.)*, 121: 2083-2087.
- Liu, J.L., J. Du, L.L. Fan, X.Y. Liu, L. Gu and Y.B. Ge, 2008. Effects of quercetin on hyper-proliferation of gastric mucosal cells in rats treated with chronic oral ethanol through the reactive oxygen species-nitric oxide pathway. *World J. Gastroenterol.*, 14: 3242-3248.
- Luiz-Ferreira, A., A.C. Almeida, M. Cola, V. Barbastefano and A.B. Almeida *et al.*, 2010. Mechanisms of the gastric antiulcerogenic activity of *Anacardium humile* St. Hil on ethanol-induced acute gastric mucosal injury in rats. *Molecules*, 15: 7153-7166.
- Masters, S.B., 2007. The Alcohols. In: *Basic and Clinical Pharmacology*, Katzung, B.G. (Ed.). 19th Edn. Appleton and Lange, Boston, pp: 363-373.
- Mizui, T., H. Sato, F. Hirose and M. Doteuchi, 1987. Effect of antiperoxidative drugs on gastric damage induced by ethanol in rats. *Life Sci.*, 41: 755-763.
- Mota, K.S., G.E. Dias, M.E. Pinto, A. Luiz-Ferreira and A.R. Souza-Brito *et al.*, 2009. Flavonoids with gastroprotective activity. *Molecules*, 14: 979-1012.
- Narayan, S., R.S. Devi, M. Jainu, K.E. Sabitha and C.S.S. Devi, 2004. Protective effect of a polyherbal drug, ambrex in ethanol-induced gastric mucosal lesions in experimental rats. *Indian J. Pharmacol.*, 36: 34-37.
- Nishiyama, Y., P.C. Ryuzo, Sanchez and M. Kozaki, 1978. Inhibitory functions of Mangrove bark towards cell growth of microorganisms. *Hakko Kogaku Kaishi*, 56: 712-717.
- Nordmann, R., 1994. Alcohol and antioxidant systems. *Alcohol Alcohol*, 29: 513-522.
- Oates, P.J. and J.P. Hakkinen, 1988. Studies on the mechanism of ethanol-induced gastric damage in rats. *Gastroenterology*, 94: 10-21.
- Oba, T., Y. Maeno and K. Ishida, 2005. Differential contribution of clinical amounts of acetaldehyde to skeletal and cardiac muscle dysfunction in alcoholic myopathy. *Curr. Pharm. Design*, 11: 791-800.
- Onasanwo, S.A., N. Singh, S.B. Olaleye, V. Mishra and G. Palit, 2010. Anti-ulcer and antioxidant activities of *Hedranthera barteri* {(Hook F.) Pichon} with possible involvement of H⁺, K⁺, ATPase inhibitory activity. *Indian J. Med. Res.*, 132: 442-449.
- Parks, D.A., 1989. Oxygen radicals: Mediators of gastrointestinal pathophysiology. *Gut*, 30: 293-298.
- Perera, L.M.S., A. Escobar, C. Souccar, M.A. Remigio and B. Mancebo, 2010. Pharmacological and toxicological evaluation of *Rhizophora mangle* L., as a potential antiulcerogenic drug: Chemical composition of active extract. *J. Pharmacogn. Phytother.*, 2: 56-63.
- Perera, L.M.S., D. Ruedas and B.C. Gomez, 2001. Gastric antiulcer effect of *Rhizophora mangle* L. *J. Ethnopharmacol.*, 77: 1-3.

- Perry, M.A., S. Wadhwa, D.A. Parks, W. Pickward and D.N. Granger, 1986. Role of oxygen radicals in ischemia induced lesions in the cat stomach. *Gastroenterology*, 90: 362-367.
- Peskar, B.M., K. Lange, U. Hoppe and B.A. Peskar, 1986. Ethanol-stimulates formation of leukotriene C4 in rat gastric mucosa. *Prostaglandins*, 31: 283-293.
- Poschl, G. and H.K. Seitz, 2004. Alcohol and cancer. *Alcohol*, 39: 155-165.
- Rang, H.P., M.M. Dale, J.M. Ritter and P.K. Moore, 2003. *Pharmacology*. 13th Edn., Churchill Livingstones, Edinburgh, ISBN: 9780443071454, pp: 797.
- Rao, C.V., R.N. Maiti and R.K. Goel, 2000. Effect of mild irritant on gastric mucosal offensive and defensive factors. *Indian J. Physiol. Pharmacol.*, 44: 185-191.
- Rao, C.V., S.K. Ojha, K. Radhakrishnan, R. Govindarajan, S. Rastogi, S. Mehrotra and P. Pushpangadan, 2004. Antiulcer activity of *Utleria salicifolia* rhizome extract. *J. Ethnopharmacol.*, 91: 243-249.
- Ricklefs, R.E. and R.E. Latham, 1993. Global Patterns of Diversity in Mangrove Floras. In: *Species Diversity in Ecological Communities: Historical and Geographical Perspectives*, Ricklefs, R.E. and D. Schluter (Eds.). University of Chicago Press, Chiacgo, pp: 215-229.
- Ross, S.A., S.E. Megalla, D.W. Bisby and A.H. Awad, 1980. Studies for determining some antibiotic substance in some Egyptian plants. Screening of some antimicrobial activity. *Fitoterpia*, 51: 303-308.
- Schmeda-Hirschmann, G. and E. Yesilada, 2005. Traditional medicine and gastroprotective crude drugs. *J. Ethnopharmacol.*, 100: 61-66.
- Sehirli, O., E. Tatlidede, M. Yuksel, C. Erzik, S. Cetinel, B.C. Yegen and G. Sener, 2008. Antioxidant effect of alpha-lipoic acid against ethanol-induced gastric mucosal erosion in rats. *Pharmacology*, 81: 173-180.
- Shetty, R., K.V. Kumar, M.U.R. Naidu and K.S. Ratnakar, 2000. Protective effect of *Gingko biloba* extract on ethanol induced gastric mucosal lesions in rats. *Indian J. Pharmacol.*, 32: 313-317.
- Siddiqi, A.I., M. Siddiqeh, A. Mehmood and A.M. Siddiqui, 2007. Alanine aminotransferase/aspartate aminotransferase ratio reversal and prolonged prothrombin time: A specific indicator of hepatic cirrhosis. *J. Ayub Med. Coll. Abbottabad*, 19: 22-24.
- Suntar, I.P., E.K. Akkol, D. Yilmazer, T. Baykal, H. Kirmizibekmez, M. Alper and E. Yesilada, 2010. Investigations on the in vivo wound healing potential of *Hypericum perforatum* L. *J. Ethnopharmacol.*, 127: 468-477.
- Szabo, S. and A. Vincze, 2000. Growth factors in ulcer healing: Lessons from recent studies. *J. Physiol. Paris*, 94: 77-81.
- Szabo, S., J.S. Trier and P.W. Frankel, 1981. Sulphydryl compounds may mediate gastric cytoprotection. *Science*, 214: 200-202.
- Szabo, S., J.S. Trier, A. Brown and J. Schnoor, 1985. Early vascular injury and increased vascular permeability in gastric mucosal injury caused by ethanol in the rat. *Gastroenterology*, 88: 228-236.
- Szelenyi, I. and K. Brune, 1988. Possible role of oxygen free radicals in ethanol-induced gastric mucosal damage in rats. *Dig. Dis. Sci.*, 33: 865-871.
- Tepperman, B.L. and B.D. Soper, 1990. Effect of sialoadenoectomy on ethanol-induced gastric mucosal damage in rat: Role of neutrophils. *Can. J. Physiol. Pharmacol.*, 68: 207-210.
- Thirunavukkarasu, P., L. Ramkumar and T. Ramanathan, 2009. Anti-ulcer activity of *Excoecaria agallocha* bark on NSAID-induced gastric ulcer in Albino rats. *Global J. Pharmacol.*, 3: 123-126.

- Thirunavukkarasu, P., T. Ramanathan, L. Ramkumar and R. Shanmugapriya, 2010. Anti ulcer of *Avicennia officinalis* leaves in Albino rats. *World Applied Sci. J.*, 9: 55-58.
- Tomlinson, P.B., 1986. *The Botany of Mangroves*. Cambridge University Press, Cambridge, UK.
- Tsukimi, Y. and S. Okabe, 1994. Effect of anterior unilateral vagotomy on healing of kissing gastric ulcers induced in rats. *Jpn. J. Pharmacol.*, 66: 105-144.
- Tulassay, Z. and L. Herszenyi, 2010. Gastric mucosal defense and cytoprotection. *Best Practice Res. Clin. Gastroenterol.*, 24: 99-108.
- Vaananen, P.M., J.B. Meddings and J.L. Wallace, 1991. Role of oxygen-derived free radicals in indomethacin-induced gastric injury. *Am. J. Physiol.*, 261: 470-475.
- Vadlapudi, V. and K.C. Naidu, 2009. Bioactivity of marine mangrove plant *Avicennia alba* on selected plant and oral pathogens. *Int. J. Chem. Tech. Res.*, 1: 1213-1216.
- You, M. and D.W. Crabb, 2004. Recent advances in alcoholic liver disease II. Minireview: Molecular mechanisms of alcoholic fatty liver. *Am. J. Physiol. Gastrointest. Liver Physiol.*, 287: G1-G6.
- Yurt, B. and I. Celik, 2010. Hepatoprotective effect and antioxidant role of sun, sulphited-dried apricot (*Prunus armeniaca* L.) and its kernel against ethanol-induced oxidative stress in rats. *Food Chem. Toxicol.*
- Zhao, W., F. Zhu, W. Shen, A. Fu and L. Zheng *et al.*, 2009. Protective effects of DIDS against ethanol-induced gastric mucosal injury in rats. *Acta Biochim. Biophys. Sin. (Shanghai)*, 41: 301-308.