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Research Article

Multivariate Statistical Evaluation of Ecological Risks Associated with the Uncontrolled Tipping Method of Urban Wastes at Uyo Village Road, Akwa Ibom State, Nigeria

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Abstract

Background and Objective: The activities of human beings have generated huge amounts of waste materials which are not properly managed by most countries of world thereby causing problems to the environment. **Materials and Methods:** This study used multivariate statistical approach to assess the accumulation and the actual source of Pb, Cd, Ni, Fe, Zn and Cu in the studied soil, stream and *Anacardium occidentale* in Uyo Village Road where open dumping of wastes is currently practiced. **Results:** Results obtained revealed that the levels of all the metals in samples investigated were higher than their corresponding levels in the background samples (control). The mean values of all the metals determined in studied soils and stream were also higher than their recommended limits whereas; some were within their limits in *Anacardium occidentale*. The study also indicated that Pb and Cd belong to the very high contamination class while the potential ecological risk index categorized the studied locations as the high risk class. **Conclusion:** The results obtained in the studied stream indicated a threshold of warning for the metals determined at all the locations. Multivariate analysis confirmed some fundamental factors responsible for the accumulation of these metals in the studied soil, water and fruits. Health risk assessment identified Cd as the metal with a very high risk potential and children were more vulnerable to the Cd toxicity through the consumption of *Anacardium occidentale*.

Key words: Multivariate analysis, trace metals, ecological risk, uncontrolled tipping, dumpsite soil, Uyo village road, *Anacardium occidentale*

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Data Availability: All relevant data are within the paper and its supporting information files.

INTRODUCTION

Human activities in the different areas of life have generated enormous waste materials into the environment however; these wastes are not properly managed by many countries of the world especially the developing and underdeveloped ones. Consequently, the environment has been heavily loaded with toxins which are circulated along the food chain. Reports have shown that the accumulation of contaminants, especially metals in the environments is a serious threat to life^{1,2}. The improper management of urban waste has also elevated the level of toxic substances including metals in the environment^{3,4}. The waste dumpsite in Uyo, Akwa Ibom State is located along Uyo village Road where fruits of *Anacardium occidentale* (cashew) widely consumed in the area are harvested. Apart the fruits, the bark and leaves of cashew are widely used for its various medicinal potentials⁵⁻⁸. The leachates from the dumpsite are emptied into the adjoining stream where some aquatic foods are obtained. The downward part of the stream is also used as a fish pond and for irrigation of vegetables. Reports have shown that plants parts are effective bio-indicators of soil contamination by trace metals⁹⁻¹¹. In this study, multivariate analysis was employed to evaluate the levels and the actual source of metals in the soil, water and fruits of *Anacardium occidentale*. It has been reported that the use of multivariate analysis for the assessment of a polluted environment gives the accurate pollution status of the area under investigation^{12,13}. According to Simeonov *et al.*¹⁴ the contamination and subsequent pollution of the environment is a multivariate process in principle and it is only a multivariate approach that is suitable for the evaluation. Multivariate analysis technique identifies the impact from natural and anthropogenic sources on the environment¹⁵. Accordingly, Pearson correlation analysis, principal component analysis and Hierarchical cluster analysis were utilized for the effective pollution assessment of the study area. The multivariate analysis resulted in the identification of relationships among the trace metals and the factors responsible for their availability in the studied environment. This research was undertaken to assess the levels of toxic and essential elements in the waste-impacted soil, water and fruits of *Anacardium occidentale* obtained from Uyo village Road, Uyo. Hence, the outcome of this study will reveal the negative impact of open dumping of wastes along Uyo village Road on the quality of soil, water and fruits of *Anacardium occidentale*. It is also expected that the result will create awareness on the health problems associated with the consumption of *Anacardium occidentale* harvested from the

study area on the consumers. This study will assist the State waste management Agency on the proper waste management methods and reduce the menace of environmental contamination/pollution.

MATERIALS AND METHODS

Sample collection, treatment and analysis: The soil, water and fruits used for this study were collected between November, 2018 and January, 2019 during the dry season using standard analytical procedures. Surface soil (0-15 cm) samples were obtained within Uyo Village Road dumpsite at 5 designated locations using soil Auger. Soil samples were also obtained from a location outside the waste dumpsite and used as the control. At each location, 3 sub samples were obtained and combined together to form a composite sample for the location. A total of 45 sub and 15 composite samples were collected for this study. These samples and control were sun dried for 3 days, homogenized and sieved through a 2 mm mesh. One gram of the sieved samples and control was digested using Aqua Regia on a hot plate and the filtrate preserved for metal analysis.

Water samples were collected from 5 different locations along Uyo Village Road stream according to APHA¹⁶ methods. Water samples were also collected at the upper part of the stream outside the vicinity of the waste dumpsite and used as control. Water samples and control were collected in plastic containers pre-treated with 0.1 M HCl acid and sun-dried. The plastic containers were first rinsed with the water to be sampled before collection. Samples and control collected were treated with 1 mL of concentrated HNO₃ to maintain the metals in one oxidation state. The samples were then preserved for the analysis of trace metals.

The fruits of *Anacardium occidentale* (cashew) were obtained from plants at 5 different locations within the vicinity of Uyo Village Road wastes dumpsite. At each location, fruits were obtained from 4 different cashew plants and merged together to form a composite sample. Fruits were also collected from 4 different stands of cashew outside the waste dumpsite and used as the control. These samples and control were transferred to the laboratory in a cooler. In the laboratory these samples and control were washed carefully with deionized water, peeled and sliced into smaller pieces. The sliced samples and control was oven dried at 60 °C for 24 h. The dried samples and control were later disaggregated using an agate mortar, homogenized, sieved and stored in clean bottles¹⁷. To 2 g of the sieved sample in a 100 mL beaker, 10 mL HNO₃ was added and heated for 15 min. The mixture was allowed to cool and then 5 mL conc. HNO₃ was added and

heated again for 30 min till the volume of the mixture was reduced to 5 mL. Five milliliter of deionized water and 3 mL 30% H₂O₂ were added to the mixture. The beaker was covered and the solution heated until intense effervescence evolved. Then 1 mL 30% H₂O₂ was added and heated gently until the effervescence disappeared. Five milliliter conc. HCl was added to the mixture followed by 10 mL deionized water and the solution heated for 15 min and allowed to cool. The cooled mixture was then filtered and diluted to 60 mL with deionized water. The concentrations of Pb, Cd, Ni, Fe, Zn and Cu in the filtrates obtained were analyzed using 710 Inductively Coupled Plasma Optical Emission Spectrometer (ICP-OES).

Determination of pollution indices

Contamination factor (CF): The contamination factor of trace metals in the studied dumpsite soils was determined using Eq. 1:

$$CF = \frac{C_i}{B_i} \quad (1)$$

where, C_i is the metal level in studied dumpsite soil, B_i is the reference value which in this study is the background concentration of metals determined in Table 1.

Ecological risk factor (E_i): The Ecological risk factor of trace metals determined was determined using Eq. 2:

$$E_i = Tr \times CF \quad (2)$$

where, Tr is the toxic-response factor for a particular metal and CF is the contamination factor. Toxic response factors for metals determined as reported by Hakanson¹⁸ are Pb (5.00), Cd (30.00), Ni (5.00), Fe (0.00), Zn (1.00) and Cu (5.00).

Potential ecological risk index (RI): The potential ecological risk index (RI) of the different locations where samples were collected within the dumpsite soil was determined using Eq. 3:

$$RI = \sum E_i \quad (3)$$

where, $\sum E_i$ indicates the summation of ecological risk factors of trace metals in the studied dumpsite soils¹⁹. According to Hakanson¹⁸ E_i and RI are classified as follows:

- Er < 40 : Low ecological risk
- 40 < Er ≤ 80 : Moderate ecological risk

- 80 < Er ≤ 160 : Appreciable ecological risk
- 160 < Er ≤ 320 : High ecological risk
- > 320 : Serious ecological risk
- RI < 150 : Low ecological risk
- 150 < RI < 300 : Moderate ecological risk
- 300 < RI < 600 : High ecological risk
- RI ≥ 600 : Significantly high ecological risk

Metal pollution index (MPI): Metal pollution index of trace metals in water was determined using Eq. 4:

$$MPI = \frac{\text{Concentration of metal in studied river}}{\text{Recommended limit for the metal in water}} \quad (4)$$

Health risk assessment: The health risk associated with the consumption of fruits of *Anacardium occidentale* was assessed by calculating the daily intake rate (DI), non-carcinogenic risk (HQ) and total chronic hazard index (THI).

Daily intake (DI): The risk associated with human exposure to these trace metals via the consumption of the fruits of *Anacardium occidentale* was assessed to appraise the non-cancer risk on human within the area investigated. Daily intake was calculated using USEPA²⁰ and HESP model²¹. Daily Intake (DI) of *Anacardium occidentale* fruits ingested was validated using equation 5:

$$DI = C \times \text{IngR} \times EF \times EDBW \times AT \quad (5)$$

where, C is the mean metal concentration, IngR is the soil ingestion rate, EF is the exposure frequency/day/year, ED is the exposure period in a year, BW is the body weight in (g) and AT is the average time for non-carcinogens^{20,22}. Numerical values for the parameters used for the computation of DI are indicated below.

Non-carcinogenic risk (HQ): A non-carcinogenic risk for individual metal expressed as hazard quotient was evaluated using Eq. 6:

$$HQ = \frac{DI}{Rfd} \quad (6)$$

where, HQ is the non-cancer hazard quotient and Rfd is the chronic reference dose for a metal. The Rfd mg kg⁻¹/day for trace metals are: Pb (0.00357), Cd (0.001), Ni (0.02), Fe (0.643), Zn (0.214) and Cu (0.14) by FAO/WHO²³.

Total chronic hazard index (THI): Total chronic hazard index (THI) which represents the sum of all the individual hazard quotients (HQ) was evaluated using Eq. 7:

$$THI = HQ = HQ_{Pb} + HQ_{Cd} + HQ_{Ni} + HQ_{Fe} + HQ_{Zn} + HQ_{Cu} \quad (7)$$

Risk assessment of parameters and values applied are ingestion rate (IR) (100 and 50 mg/day for children and adults, respectively^{22,24}). Exposure frequency (day/year) (350 days/year)²⁵, Exposure duration (year) (6 years-child²², 30 years-adult²²), Average time for non carcinogens (day/year) (365 days/year)²⁶, Body weight (kg) (15 kg-child^{20,26}, 70 kg-adult)²⁶.

Statistical analysis: The analysis of mean, standard deviation, pearson correlation analysis, principal component analysis, cluster analysis of trace metals determined in soil, water and fruit were carried out using IBM SPSS Statistics 20.

RESULTS AND DISCUSSION

Results for trace metals in soils, water and fruit samples from Uyo Village Road are shown in Table 1-3.

Distribution of trace metals in the studied dumpsite soil, water and fruits of *Anacardium occidentale*:

The results of trace metals in the studied dumpsite soil are shown in Table 1. Results in Table 1 indicate the following mean value: 247.569 ± 7.989 , 1.845 ± 0.159 , 41.804 ± 3.314 , 2735.484 ± 29.746 , 201.989 ± 16.070 and 41.552 ± 3.842 mg kg⁻¹ for Pb, Cd, Ni, Fe, Zn and Cu, respectively. These values are higher than the levels of these metals obtained in the control. This is an indication of anthropogenic addition of these metals to the soil environment by waste materials at the dumpsite. Consequently; the uncontrolled tipping method of waste management used by the government of Akwa Ibom State may have adverse effects on the environment if appropriate measures are not taken. These values are also higher than 85.00, 0.8, 35.00, 425.00, 50.00 and 36.00 mg kg⁻¹ recommended limits for Pb, Cd, Ni, Fe, Zn and Cu, respectively in soil by WHO²⁸. Thus; these metals might have polluted the soil environment investigated and could pose a serious risks in the area.

Results of trace metals in water samples from Uyo Village Road Stream are shown in Table 2. The results indicate the following values (mg kg⁻¹): 0.088 ± 0.029 , 0.052 ± 0.017 , 0.152 ± 0.059 , 0.587 ± 0.136 , 2.278 ± 0.097 and 0.157 ± 0.013 for Pb, Cd, Ni, Fe, Zn and Cu, respectively. These values are above

Table 1: Levels (mg kg⁻¹) of trace metals in soil samples from Uyo Village Road dumpsite soil

Location	Pb	Cd	Ni	Fe	Zn	Cu
SA	247.142	1.854	37.582	2764.621	183.683	41.560
SB	253.263	2.036	39.327	2738.716	205.375	46.732
SC	237.520	1.945	45.803	2752.364	211.532	43.413
SD	257.385	1.627	43.565	2686.548	221.718	36.631
SE	242.534	1.762	42.741	2735.173	187.635	39.422
Min	237.520	1.627	37.582	2686.548	183.683	36.631
Max	257.385	2.036	45.803	2764.621	221.718	46.732
Mean	247.569	1.845	41.804	2735.484	201.989	41.552
SD	7.989	0.159	3.314	29.746	16.070	3.842
Control	5.143	0.614	3.410	272.872	11.422	8.626
BGC	20.00	0.30	68.00	46,000.00	95.00	45.00

SA-SE: Different locations where soil samples were collected, Min: Minimum, Max: Maximum, SD: Standard deviation, BGC: Background concentration of metals in average shale (ppm) is after Turekian and Wedepohl²⁷

Table 2: Levels (mg L⁻¹) of trace metals in water from Uyo Village Road stream

Location	Pb	Cd	Ni	Fe	Zn	Cu
WA	0.127	0.074	0.252	0.762	2.162	0.173
WB	0.092	0.031	0.134	0.534	2.225	0.156
WC	0.101	0.040	0.152	0.682	2.312	0.142
WD	0.063	0.052	0.118	0.542	2.421	0.148
WE	0.056	0.064	0.102	0.415	2.270	0.165
Min	0.056	0.031	0.102	0.415	2.162	0.142
Max	0.127	0.074	0.252	0.762	2.421	0.173
Mean	0.088	0.052	0.152	0.587	2.278	0.157
SD	0.029	0.017	0.059	0.136	0.097	0.013
Control	0.002	0.001	0.001	0.102	0.628	0.054

WA-WE: Locations where water samples were collected along the studied stream, Min: Minimum, Max: Maximum, SD: Standard deviation

Table 3: Levels (mg kg⁻¹) of trace metals in *Anacardium occidentale* from Uyo Village Road

Location	Pb	Cd	Ni	Fe	Zn	Cu
FA	0.090	0.033	0.028	16.231	0.083	0.051
FB	0.081	0.024	0.025	14.543	0.062	0.033
FC	0.064	0.022	0.021	11.820	0.065	0.031
FD	0.052	0.020	0.022	9.512	0.041	0.024
FE	0.046	0.017	0.024	7.624	0.038	0.019
Min	0.046	0.017	0.021	7.624	0.038	0.019
Max	0.090	0.033	0.028	16.231	0.083	0.051
Mean	0.067	0.023	0.024	11.946	0.058	0.032
SD	0.019	0.006	0.003	3.526	0.019	0.012
Control	0.026	0.001	0.002	1.264	0.026	0.013

FA-FE: Different locations where fruits of *Anacardium occidentale* were collected in Uyo Village Road, Min: Minimum, Max: Maximum, SD: Standard deviation

0.002, 0.001, 0.001, 0.102, 0.628 and 0.054 mg kg⁻¹ obtained in the control. Hence; a substantial quantity of these metals in the studied stream might have emanated from the waste dumpsite. This should be closely monitored to forestall the risk of metal toxicity and associated problems within the study area. These values are also higher than 0.05, 0.003, 0.02, 0.30, 5.00 and 2.00 mg kg⁻¹ recommended limits for Pb, Cd, Ni, Fe, Zn and Cu, respectively for potable water by WHO²⁹. Consequently; the utilization of untreated water from the studied stream may result in serious health problems in the consumers.

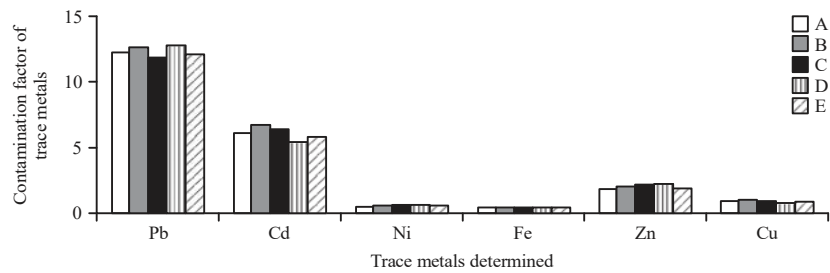


Fig. 1: Contamination factor of trace metals determined in soil

Table 4: Ecological risk factor and potential ecological risk index

Location	Pb	Cd	Ni	Fe	Zn	Cu	RI	Risk grade
A	61.80	185.40	2.75	0.00	1.93	4.60	256.48	High
B	63.30	203.70	2.90	0.00	2.16	5.20	277.26	High
C	59.40	194.40	3.35	0.00	2.23	4.85	264.23	High
D	64.35	162.60	3.20	0.00	2.33	4.05	236.53	High
E	60.65	176.10	3.15	0.00	1.98	4.40	246.28	High
Mean	61.90	184.44	3.07	0.00	2.13	4.62	256.16	High

Results for the trace metals in the fruits of *Anacardium occidentale* from Uyo Village Road are shown in Table 3. The results indicate the following mean values (mg kg^{-1}): 0.067 ± 0.019 , 0.023 ± 0.006 , 0.024 ± 0.003 , 11.946 ± 3.526 , 0.058 ± 0.019 and 0.032 ± 0.012 , for Pb, Cd, Ni, Fe, Zn and Cu, respectively. These values are higher than their corresponding values in the control (Table 3). This shows anthropogenic inputs for the metals into the studied plants. The mean values for Pb, Ni and Fe are also higher than 0.050, 0.02 and 0.30 mg kg^{-1} recommended limits for these metals in fruit by FAO/WHO³⁰. However; the mean levels of Cd, Zn and Cu were within their stipulated limits of 0.050, 5.000 and 1.000 mg kg^{-1} by FAO/WHO³⁰. Consequently, the consumption of *Anacardium occidentale* obtained from Uyo Village Road may result in health problems associated with the high levels of Pb, Ni and Fe in the consumers over a long time. This should be controlled to forestall a devastating condition in the area as the fruit is extensively consumed in the State.

Pollution indices of trace metals in the studied soil: The extent to which the soil at Uyo Village Road dumpsite has been contaminated by trace metals was also assessed using contamination factor (CF), ecological risk factor (Er) and potential ecological risk index (RI). Contamination factor signifies the relation between trace metals in the studied soil and the background concentration. In this study the average crustal values of the trace metals in Table 1 by Turekian and Wedepohl²⁷ were used as the background concentrations. Results obtained are illustrated in Fig. 1 and based on

Hakanson¹⁸ classifications; Pb and Cd belong to the very high contamination class. Ni, Fe and Cu belong to the no metal enrichment class while Zn belongs to the moderate contamination class.

Ecological risk factor (E_i^r): Results for the ecological risk factor of the trace metals determined are shown in Table 4. The results indicate that Pb and Cd belong to the appreciable and high ecological risk classes, respectively while Ni, Zn and Cu are in the low ecological risk class³¹. Due to the relative high toxic response factor of Cd, the metal indicated very high ecological risk factors that are devastating in the studied ecosystem. The ecological risk factors of the metals followed the order: $\text{Cd} > \text{Pb} > \text{Cu} > \text{Ni} > \text{Zn} > \text{Fe}$. Consequently, the ecological risk factors for the toxic metals were higher than for the essential ones and it calls for concern.

Potential ecological risk index (RI): The results for potential ecological risks of the different locations designated in the studied dumpsite soil are shown in Table 4. The results revealed that the studied locations have RI values between 150 and 300. Thus; all the locations belong to the moderate ecological risk class according to Yang *et al.*³¹. The major contributors to these high RI values at all the locations are Cd and Pb. These metals are known to be very dangerous to human as they affect major organs in the body^{32,33}. Exposure to this environment directly or indirectly by both children and adults should be minimized to forestall attendant health problems. This problem could be exacerbated by the continuous dumping of metal-containing waste materials at the dumpsite.

Metal pollution index of trace metals in water: The quality of Uyo Village Road stream was examined using metal pollution index (MPI) as described by Teodorovic *et al.*³⁴. Metal pollution index is used to differentiate a polluted from an unpolluted aquatic environment. When the MPI is higher than 1 then the environment under investigation is

Table 5: Results of metal pollution index of trace metals in water from Uyo Village Road stream

Location	Pb	Cd	Ni	Fe	Zn	Cu	Sum	Remark
WA	2.54	24.67	12.60	2.54	0.43	0.09	42.87	TOW
WB	1.84	10.33	6.70	1.78	0.45	0.08	21.18	TOW
WC	2.02	13.33	7.60	2.27	0.46	0.07	25.75	TOW
WD	1.26	17.33	5.90	1.81	0.48	0.07	26.85	TOW
WE	1.12	21.33	5.10	1.38	0.45	0.08	29.46	TOW

WA-WE: Designated locations were collected, TOW: Threshold of warning

Table 6: Correlation matrix for trace metals in soil, water and fruits of *Anacardium occidentale*

Parameters	Pb	Cd	Ni	Fe	Zn	Cu
Dumpsite soil						
Pb	1.000					
Cd	-0.324	1.000				
Ni	-0.377	-0.272	1.000			
Fe	-0.676	0.702	-0.380	1.000		
Zn	0.384	-0.164	0.603	-0.692	1.000	
Cu	-0.218	0.993	-0.316	0.634	-0.127	1.000
Water						
Pb	1.000					
Cd	0.116	1.000				
Ni	0.917	0.480	1.000			
Fe	0.918	0.186	0.888	1.000		
Zn	-0.675	-0.286	-0.656	-0.364	1.000	
Cu	0.272	0.745	0.515	0.067	-0.751	1.000
Fruits of <i>Anacardium occidentale</i>						
Pb	1.000					
Cd	0.923	1.000				
Ni	0.708	0.753	1.000			
Fe	0.995	0.922	0.647	1.000		
Zn	0.925	0.930*	0.575	0.934	1.000	
Cu	0.927	0.996	0.718	0.929	0.958	1.000

*Significant difference

considered polluted by metals determined. The results of MPI of trace metals determined in the studied river are shown in Table 5. The MPI values obtained for locations A, B, C, D and E are 42.87, 21.18, 25.75, 26.85 and 29.46, respectively. The highest MPI value (42.87) was obtained at the point source where metal contaminants are leached into the stream. This reveals the negative impact of the studied dumpsite on the quality of the adjoining stream. Results in Table 5 indicate that all the locations studied were highly polluted with metals determined. Thus, untreated water from this source may not be suitable for drinking and other domestic use. The MPI values of metals determined at all the locations were higher than 1 signifying threshold of warning to those exposed to the water directly or indirectly³⁵.

Multivariate analysis: This research used Pearson correlation Analysis, Principal Component Analysis and Cluster Analysis for the determination of pollution status and relationships among of trace metals in the studied soil, water and fruits of *Anacardium occidentale*.

Pearson correlation analysis: In this study, the strength of correlation was based on the following classifications of correlation coefficients by Evans³⁶. The ranges of r-values used are as follows: 0.00-0.19 = very weak, 0.20-0.39 = weak, 0.40-0.59 = moderate, 0.60-0.79 = strong and 0.80-1.0 = very strong. Results in Table 6 indicate that Pb correlated negatively and weakly with Cd, Ni and Cu but positively and weakly with Zn. However; Pb exhibited a strong negative correlation with Fe. Cd showed a very weak negative relationship with Zn and a weak negative association with Ni. Cd exhibited a strong positive relationship with Fe and a very strong positive correlation with Cu. Ni exhibited a weak negative association with Fe and Cu but a strong positive relationship with Zn. Fe showed a strong negative association with Zn and a strong positive correlation with Cu. Zn showed a very weak negative association with Cu.

Results for the correlation analysis of trace metals in water are shown in Table 6. Pb showed a very weak positive relationship with Cd and a weak positive association with Cu. Nevertheless; Pb exhibited a very strong positive association with Ni and Fe but a strong negative correlation with Zn. Cd showed a moderate positive correlation with Ni and a very weak positive association with Fe. Ni showed a weak negative association with Zn and a strong positive association with Cu. Ni correlated positively and significantly with Fe but moderately with Cu. Ni also showed a strong negative relationship with Zn. Fe exhibited a weak negative correlation with Zn and a very weak positive relationship with Cu. Results obtained also showed a strong negative correlation between Zn and Cu.

Results for the Pearson correlation analysis of trace metals in *Anacardium occidentale* are shown in Table 6. Based on Evans³⁶ classifications of correlation coefficients, Pb exhibited a very strong positive relationship with Cd, Fe, Zn and Cu but a strong positive one with Ni. Cd showed a very strong positive correlation with Fe, Zn and Cu. Ni correlated positively and strongly with Fe and Cu but moderately with Zn. Fe indicated a very strong positive association with Zn and Cu. Zn showed a very strong positive correlation with Cu. The correlation analysis has shown the variable relationship that existed among the metals determined in the studied soil and water. Consequently, metals in the studied soil and water might have originated from various and diverse sources³⁷. However, the relationship exhibited by metals determined in the studied fruits has shown that they might have emanated from a common source^{38,39}.

Principal component analysis: Principal component analysis (PCA) was used for the identification of the sources of

Table 7: Total variance explained for trace metals in dumpsite soil, water and fruit of *Anacardium occidentale*

Components	Initial eigenvalues			Extraction sums of squared loadings			Rotation sums of squared loadings		
	Total	Variance (%)	Cumulative (%)	Total	Variance (%)	Cumulative (%)	Total	Variance (%)	Cumulative (%)
Soil samples									
1	3.199	53.314	53.314	3.199	53.314	53.314	2.353	39.217	39.217
2	1.444	24.073	77.387	1.444	24.073	77.387	1.900	31.672	70.889
3	1.280	21.340	98.726	1.280	21.340	98.726	1.670	27.837	98.726
Water samples									
1	3.704	61.727	61.727	3.704	61.727	61.727	2.994	49.897	49.897
2	1.555	25.918	87.645	1.555	25.918	87.645	2.265	37.748	87.645
<i>Anacardium occidentale</i> (cashew)									
1	5.313	88.548	88.548	5.313	88.548	88.548	-	-	-

Extraction method: Principal component analysis

Table 8: Matrix of the major principal components

Metals	Component					
	Soil			Water		Fruit
	1	2	3	1	2	1
Pb	-0.529	-0.708	0.468	0.885	0.454	0.975
Cd	0.855	0.147	0.496	0.532	-0.658	0.982
Ni	-0.470	0.880	-0.006	0.972	0.162	0.767
Fe	0.950	0.089	-0.235	0.781	0.564	0.968
Zn	-0.631	0.367	0.663	-0.803	0.209	0.951
Cu	0.817	0.073	0.566	0.663	-0.726	0.984

trace metals in the studied samples⁴⁰. The results for PCA of trace metals in the studied soil are shown in Table 7. The results revealed three principal factors with eigenvalues greater than one with 98.73% of total variance. Factor one (F1) contributed 53.31% of the total variance with very strong positive loadings on Fe, Cd and Cu. It also showed a strong negative loading on Zn and moderate negative loadings on Ni and Pb (Table 8). Factor one represents the negative impact of both the natural and anthropogenic inputs on the soil quality⁴¹. Factor two (F2) contributed 24.07% of the total variance with a very strong positive loading on Ni and a strong negative loading on Pb (Table 8). Factor two also showed weak positive loadings on Fe, Cd, Cu and Zn. Factor two represents the negative impact of wastes materials on the quality of the soil⁴². Factor three (F3) contributed 21.34% of the total variance with moderate positive loadings on Cd, Cu and Pb but a strong positive loading on Zn (Table 8). Factor 3 also indicated weak negative loadings on Fe and Ni. Factor 3 signifies a moderate negative impact of waste materials at the dumpsite on the quality of the soil^{42,43}.

Results of PCA of trace metals in water samples are shown in Table 7. Results obtained indicated 2 major factors with eigenvalues higher than one with 87.65% of total variance. Factor one (F1) contributed 61.73% of the total variance with strong positive loadings on Ni, Pb, Fe and Cu, a moderate positive loading on Cd but; a very strong negative loading on Zn (Table 8). This represents the negative impact of industrial and agricultural wastes at the dumpsite on the water quality

of Uyo Village Road Stream^{44,45}. Factor two (F2) contributed 25.92% of the total variance with strong negative loadings on Cu and Cd but moderate positive loadings on Pb and Fe. Factor 2 also showed weak positive loadings on Ni and Zn (Table 8). This represents the negative impact of anthropogenic and natural factors on the quality of water from the studied stream⁴⁶.

Results for the Principal components analysis of trace metals determined in the fruits of *Anacardium occidentale* are also shown Table 7. The results revealed one major factor with eigenvalue greater than one and 88.55% of the total variance. The factor showed very strong positive loadings on all the metals namely: Cu, Cd, Pb, Fe, Zn and Ni (Table 8). This represents the negative impact of anthropogenic contaminants on the quality of the fruits. Consequently; the strong positive correlations exhibited by all the metals determined indicated that these metals might have originated from a common source³⁸. The result of Principal component analysis has corroborated the outcome of correlation analysis of trace metals in the different samples.

Cluster analysis: The pair-wise associations that existed among trace metals in the studied soil are shown in Fig. 2a. The figure shows 2 major clusters namely: Cluster one linking Ni, Cu, Cd, Pb and Zn together and cluster 2 linking Fe only. Accordingly, majority of Ni, Cu, Cd, Pb and Zn might have emanated from the waste materials at the dumpsite. However, the figure shows that a greater proportion of Fe might have originated from the natural soil forming processes.

The relationships among trace metals determined in water samples from Uyo Village Road are illustrated in Fig. 2b. Results in Fig. 3 indicate 3 main clusters namely: Cluster one linking Pb, Cd, Ni and Cu together; Cluster 2 linking Fe alone and Cluster 3 linking Zn only. Consequently, the different clusters revealed that there might have been three major sources for the metals determined in water samples from the studied stream.

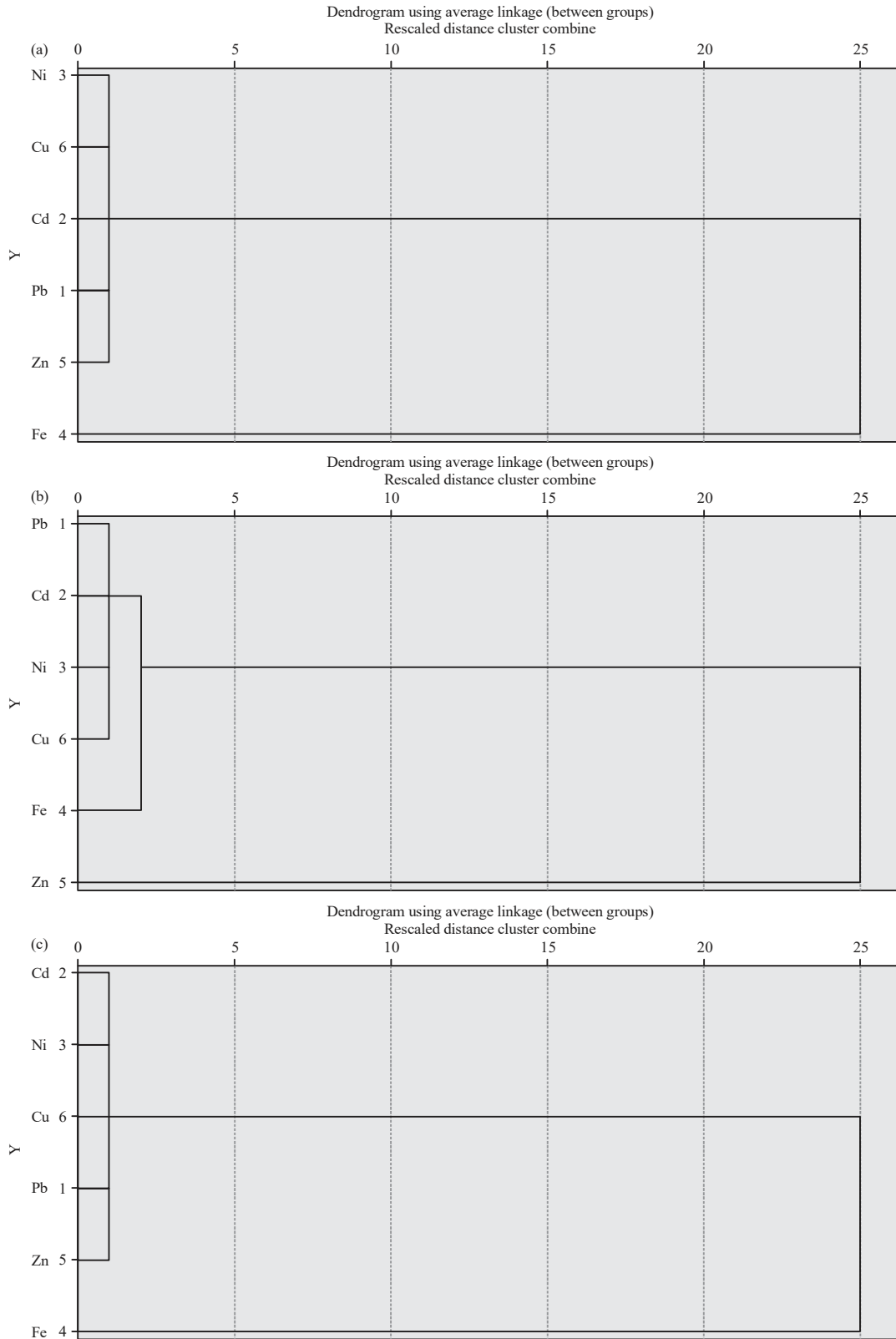


Fig.2(a-c): Hierarchical dendrogram for classification of trace metals in (a) Dumpsite soils studied, (b) water samples studied and (c) *Anarcardium occidentale*

Table 9: Result for non-carcinogenic risk for each trace metal and exposure pathway

Metals	DI ($\times 10^{-4}$)		HQ ($\times 10^{-3}$)	
	Child	Adult	Child	Adult
Pb	0.052	0.028	1.40	0.80
Cd	0.018	0.09	1.80	0.90
Ni	0.019	0.01	0.095	0.05
Fe	9.2	4.9	1.40	0.80
Zn	0.092	0.024	0.021	0.011
Cu	0.025	0.013	0.017	0.0093
THI			4.8 E-03	2.5 E-03

DI: Daily intake, HQ: Hazard quotient, THI: Total chronic hazard index

Cluster analysis for trace metals determined in the fruits of *Anacardium occidentale* revealed 2 major clusters as shown in Fig. 2c. The clusters are (1) one linking all the trace metals determined except Fe together and (2) the one linking Fe alone. Thus; all the metals determined in *Anacardium occidentale* except Fe might have originated from a common source (wastes at the dumpsite) while most of the Fe content in *Anacardium occidentale* might have emanated from a different source probably natural. Generally, the study has shown that the improper management of urban wastes might have contributed immensely to the accumulation of these metals in the soil, adjoining stream and cashew plants. Thus, the current method of managing waste in the State should be reviewed and an appropriate method adopted to forestall the impending calamity.

Results of health risk assessment: The daily intake rate (DI), non-carcinogenic risk (HQ) and a total chronic hazard index (THI) were the parameters determined to assess the health risk associated with the consumption of the fruits of *Anacardium occidentale* fruits.

Daily intake rate: Results for the daily intake (DI), hazard quotient (HQ) and total chronic hazard index (THI) are shown in Table 9. The consequence of metal toxicity on human beings through the consumption of cashew could be explained by evaluating the daily intake (DI) rate. The daily intake rate of all the metals for both the children and adults was lower than their recommended oral reference dose (RfDs) stipulated by USEPA⁴⁷. The results indicated Fe as the metal with the highest daily intake rate for children and adults. Generally, the daily intake rate for the metals followed the order Fe>Zn>Pb>Cu>Ni>Cd for children and Fe>Cd>Pb>Zn>Cu>Ni for the adults. The high daily intake of Fe obtained is in agreement with the report by Ebong *et al.*⁴⁸. Conversely; the high Fe intake via the consumption of cashew fruit may

not have a serious health implication on the consumers as an essential element but should be controlled to avoid problems associated with bioaccumulation over time⁴⁹. Nevertheless; the low intake rate of toxic metals determined (Pb, Cd and Ni) should not be overlooked because these metals could be highly toxic even at a very low concentration. These toxic metals can also bio-accumulate in human body over time thereby resulting in serious health problems.

Hazard quotient representing the non-carcinogenic risk:

Table 9 shows the results of hazard quotient (HQ) for the metals determined in the studied fruits. Results in Table 9 indicate that the HQ for the metals determined is <1 consequently; these metals may not pose a serious health risk in both the children and adults. The results also identified Cd as the metal with the highest HQ values for both the children and adults. The HQ values for both children and adults followed the order Cd>Pb = Fe>Ni>Zn>Cu (Table 9). The potential health risk of Cd through the consumption of cashew fruit is much higher in children than in adults. This should be closely monitored since Cd is a highly toxic even metal in a very minute quantity^{50,51}. Even though the THI value of each of the metals is less than one, there is a tendency that the consumers of the fruits are being exposed to non-carcinogenic health problems which according to Man *et al.*⁵² are directly related to the THI value.

Total chronic hazard index (THI): Results for the total chronic hazard index (THI) of oral exposure to Pb, Cd, Ni, Fe, Zn and Cu via the consumption of cashew are indicated in Table 9. The average THI values for both the children and adults are 4.8E-03 and 2.5E-03, respectively. The THI results revealed that hazard quotient of Cd in the children and adults contributed 38 and 35%, respectively to the total hazard index. Pb, Ni, Fe, Zn and Cu contributed 30, 2, 30, 0 and 0%, respectively to the total hazard index for children. For the adults, Pb, Ni, Fe, Zn and Cu contributed 31, 2, 31, 1 and 0%, respectively to the overall hazard index. The THI values for the children and adults followed the order Cd>Pb = Fe>Ni>Zn>Cu.

Consequence of the study: This study has shown the negative impact of open dumping of waste materials at Uyo Village Road dumpsite on the quality of the environment. The ecological risk assessment has indicated the negative impact of waste materials at the dumpsite on the soil environment. The principal factor responsible for the accumulation of metals in the area has been attributed to the waste materials. The poor quality of the adjoining stream is a consequence of

leachate from the waste dumpsite. Consequently, the quality of both the fish from the pond and edible plants in farms irrigated with water from the studied stream might be seriously affected. The study has also revealed that the major route of toxic metals into the fruits of *Anacardium occidentale* is the waste materials at the open dumpsite. Hence, the consumption of these fruits from Uyo Village Road over time may exposed the consumers especially children to metal toxicity and its attendants' effects. The use of multivariate analysis in this work has proven to be an effective tool for the identification of the source and pathway of toxic metals in the environment as reported by Hou *et al.*⁵³.

CONCLUSION

This study has shown that the uncontrolled tipping method of waste management currently practiced in the study has a significant negative impact on the ecosystem. These waste materials have impacted negatively on the quality of soil, water, air and edible plants within the environment. Consequently, the uncontrolled tipping method of waste management should be discouraged to forestall the impending disaster that may occur in the area. Water obtained from the stream investigated should be properly treated before consumption to avoid metal toxicity and associated problems on the consumers. Cultivation of edible plants within the vicinity of this waste dumpsite should be discouraged to avoid problems along the food chain. The consumption and the use of cashew parts from the study area for the treatment of ailments should be discouraged to avoid metal toxicity. The consequences associated with the open dumping of wastes at Uyo Village Road highlighted in this study should be widely publicized.

SIGNIFICANCE STATEMENT

This study discovers the negative impact of open dumping of wastes at Uyo Village road, Akwa Ibom State on the quality of the soil, stream and cashew in the area. This study will assist the researchers to discover the influence of these wastes on the metal loads in the study area. It will also help the researchers to identify the possible health risks associated with the long term consumption of the cashew fruits harvested from the area which previous works might have overlooked. Consequently, the outcome of this study will help the Agency responsible for the disposal of wastes to arrive at adopting a better method of waste management in the State.

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